

ALASKA PRIMARY PREVENTION SUMMIT

2019 Evaluation Report



Alaska's Council on
Domestic Violence
& Sexual Assault



STRATEGIC
PREVENTION SOLUTIONS
Bringing Communities to Wellness Through Research, Evaluation and Training

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Executive Summary

In March 2019, Alaska's Council on Domestic Violence & Sexual Assault (CDVSA) hosted its fifth Primary Prevention Summit, now established as biennial events. The Summit was developed to provide training and support to community-based prevention teams (CPTs) as they develop and implement primary prevention strategies related to domestic violence, sexual assault, dating violence, and stalking in their communities. The Summit aims to enhance baseline knowledge in the area of primary prevention. To evaluate its overall impact in this domain, as well as gather feedback from attendees about their experiences, CDVSA contracted with Strategic Prevention Solutions to complete an external evaluation of this year's Prevention Summit.

The survey that was administered to Prevention Summit attendees utilized a retrospective pre-post design and a variety of forced-choice and open-ended questions to gather attendees' perceptions about this year's Summit. Attendees provided feedback related to their demographics, work setting, experience working with their community prevention team, the Prevention Summit overall, and the individual sessions offered during the Prevention Summit.

Survey respondents represented a wide range of communities, organizations, and levels of experience. The vast majority of the feedback related to the Prevention Summit overall, as well as the individual sessions, was positive in nature. Several respondents described how prevention is viewed in their community, highlighting the differences in readiness for prevention and factors that contribute to it. Most respondents reported the time they spent with their Community Prevention Team was beneficial, and their belief that attending the Prevention Summit would impact their Team's efforts. Most of the feedback related to areas for improvement was related to logistical aspects of the Prevention Summit, like offering multiple sessions of a certain workshop, an advanced training track, and access to the Summit online. Several respondents commented about the lack of men present at this year's Summit, as either presenters or attendees. Overall, respondents expressed appreciation for and satisfaction with this year's Prevention Summit, and nearly all of the survey respondents indicated they would recommend the Prevention Summit to others.

Comparisons with prior Prevention Summits revealed several positive and encouraging trends. These include that 70% of this year's respondents who work in the field of domestic violence and sexual assault reported they spend at least half of their time on primary prevention, a substantial increase from previous years. Along with this, a higher percentage of respondents this year identified as "very experienced with prevention," continuing an upward trend.

These positive trends suggest that the individuals attending the Prevention Summit are increasingly familiar and experienced with prevention efforts. They may reflect the increases in stabilized funding for community-based primary prevention programming that began in 2019 and provides funding to 12 communities to focus on primary prevention efforts. They may also indicate an increase in the value placed on prevention efforts by victim service agencies and partnering agencies.

Executive Summary

An unexpected trend was noted in relation to respondents' reported levels of personal confidence in their ability to plan programming to prevent violence in their community, work at the outer (community and societal) levels of the social ecology, and explain the connection between their current prevention programming and the outer levels of the social ecology. Across the previous three Prevention Summits, a continued trend was noted for each of the confidence items, with more respondents indicating that they felt "a little" or "somewhat" confident, and fewer indicating that they felt "very" confident.

Considering the reported experience levels of the survey respondents (i.e., more than half of respondents reported they were "very" experienced), this trend is surprising. It may simply be reflecting the survey sample, in that attendees who feel more confident in these abilities may not have provided as much (or any) feedback on the survey. They may also indicate a growing awareness among respondents of what it means to actually carry out these tasks.

A similarly unexpected trend was noted in relation to the level of complexity of Community Prevention Team meetings. In general, respondents indicated they were having more team meetings and discussions of a lower level of complexity. This trend may reflect a shift toward less experienced prevention teams, or may be the result of recent changes to Community Prevention Teams (i.e., newly formed or restructured teams). Like the previous item, this trend may also be related to the survey sample, in that attendees who are engaged in higher level work may not have provided as much (or any) feedback on the survey.

The findings from the 2019 Alaska Primary Prevention Summit evaluation can be used to guide decisions and efforts related to primary prevention across the state in several ways, including:

- *Help shape future iterations of the Summit to support the needs of local providers.* Some respondents recommended developing and offering an "advanced track" at the Prevention Summit. This could provide more experienced attendees an opportunity to engage in a deeper level of inquiry and dialogue related to their prevention efforts. Additionally, respondents provided a variety of suggestions related to ways in which they believed the Summit could be improved.
- *Consider seeking input related to areas that are trending in an unexpected direction.* It may be worthwhile to consider reaching out to stakeholders and collecting additional data to understand the relationship between amount of time / experience in the prevention field, confidence with certain tasks, and level of discussion complexity among Community Prevention Teams. Having a sense of how these items are related could provide valuable information in terms of how best to support individuals.
- *Make decisions about training and technical assistance needs and offerings.* Respondents provided a great deal of feedback related to areas in which they were still struggling, training topics and presenters they would like to see, and unanswered questions. Using this feedback to develop and offer training and technical assistance would likely result in timely, relevant trainings that have a direct impact on the attendees' prevention efforts.

Introduction

Alaska's Council on Domestic Violence & Sexual Assault (CDVSA) hosted their fifth Alaska Primary Prevention Summit, "Finding Common Ground: Working Together to Prevent Violence" on March 06-08, 2019. The intention of this year's Prevention Summit was to provide participants an opportunity to acquire new skills and make connections to strengthen the prevention work being done in communities throughout the state.

Summit workshops were designed to build knowledge in the area of primary prevention work related specifically to domestic violence, sexual assault, dating violence, and stalking. This year, Summit topics included:

- Shared protective factors and sexual violence prevention
- Strategic planning
- Community planning
- Collective impact
- The role of mind-body practices in primary prevention
- Tools to promote resilience, self-regulation, and well-being
- Decolonization
- Sustainability

Funding for this year's Primary Prevention Summit was provided by the State of Alaska, Council on Domestic Violence and sexual Assault, and the Department of Health and Human Services, Section of Women's, Children's, and Family Health.

DEFINITIONS

In order to have a shared understanding of key concepts, it is important to use consistent definitions; these were discussed at the Summit and are used in this report.

Prevention

Public health classifies prevention efforts into three levels (see CDC's Beginning the Dialogue <https://www.cdc.gov/violenceprevention/pdf/svprevention-a.pdf>):

- **Primary prevention** approaches aim to stop domestic and sexual violence before they occur by preventing initial victimization and perpetration;
- **Secondary prevention** approaches are immediate responses to domestic and sexual violence to deal with short-term consequences; and
- **Tertiary prevention** approaches are long-term responses to domestic and sexual violence to deal with lasting, long-term consequences

Introduction

While it is important to work across the levels of prevention, historically prevention has occurred at the secondary and tertiary levels. Primary prevention efforts address the root causes of domestic and sexual violence. In line with public health, this approach shifts the responsibility of prevention to society (<https://wcsap.org/prevention-concepts>). These efforts seek to bring about change in individuals, relationships, communities, and society to work against the root causes of domestic and sexual violence.

Social Ecological Model

A four-level model that demonstrates how human behavior (e.g., perpetration of violence) is influenced by the complex interplay of individual, relationship, community, and societal factors. The perpetration of domestic and sexual violence occurs for a wide variety of reasons **and as a result of many different influences on an individual's life**. The social ecological model provides a framework for understanding these different influences, as well as their relationship to one another (<https://www.cdc.gov/ViolencePrevention/overview/social-ecologicalmodel.html>). This model is one of the most commonly used models for comprehensive prevention programming.

Comprehensive prevention programming

Interconnected prevention strategies that include multiple types of activities, across multiple settings and levels, with multiple audiences, in multiple doses, over long periods of time. True comprehensive prevention programming takes a concerted investment of resources at all levels and considers the complex interplay between individual, relationship, community, and societal factors.

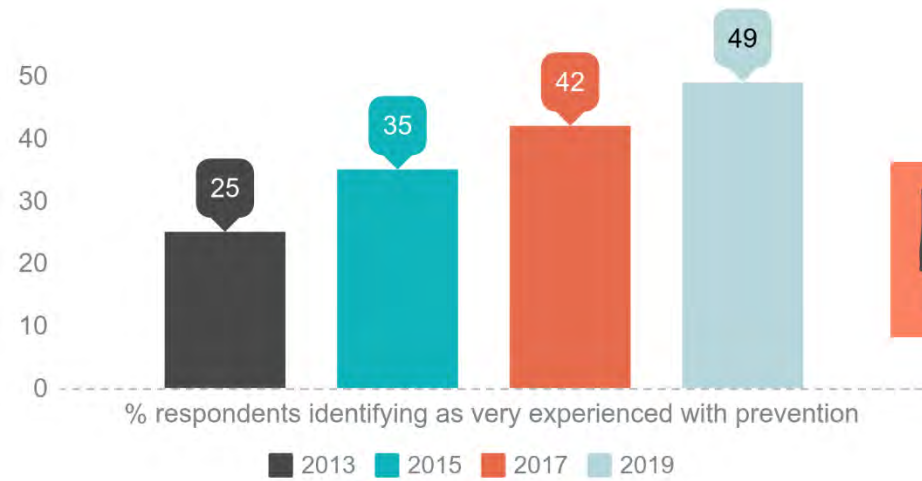
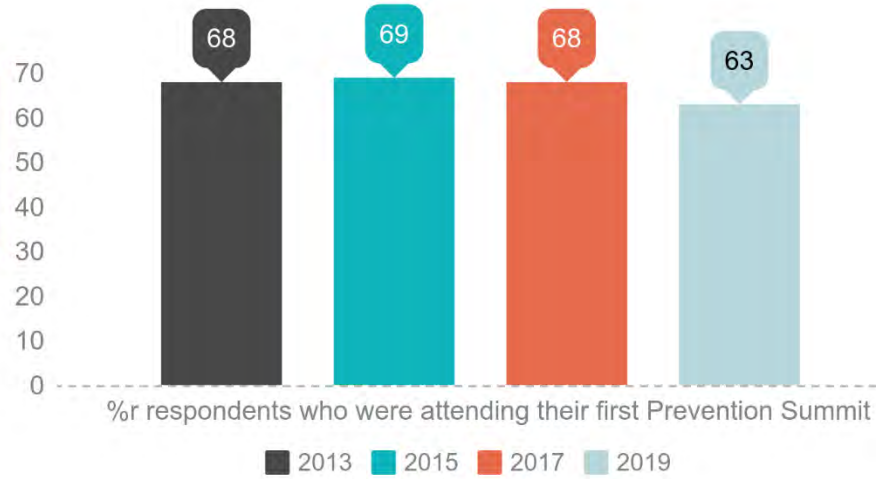
METHODOLOGY

A retrospective pre-post survey design was used to gather Summit participants' perspectives on the impact of the Summit and their overall experience attending it. A survey link was sent via email by Council staff to individuals who registered for the Prevention Summit, and those individuals were given approximately one month to complete the survey.

The report that follows opens with some overall comparisons between this and prior years' Prevention Summit data (i.e., 2013, 2015, and 2017). It provides an overview of participant information for the survey respondents, such as the type of organization they represent and whether they have attended the Prevention Summit in the past. Following this, the report **presents respondents' feedback related to the overall Prevention Summit, their experiences related to the Community Prevention Team, and their perspectives related to the individual Prevention Summit sessions**.

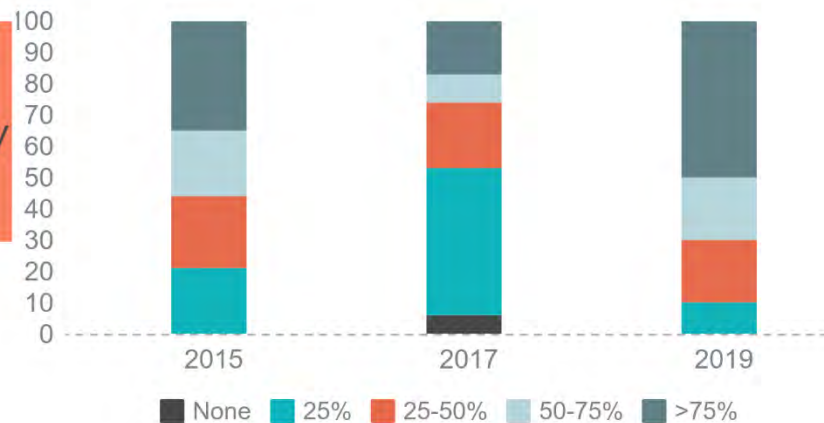
Comparisons with Prior Summits

63% of respondents reported this was their first Prevention Summit, a slight decrease from previous years



49% of respondents identified as "very experienced with prevention," continuing an upward trend for this item

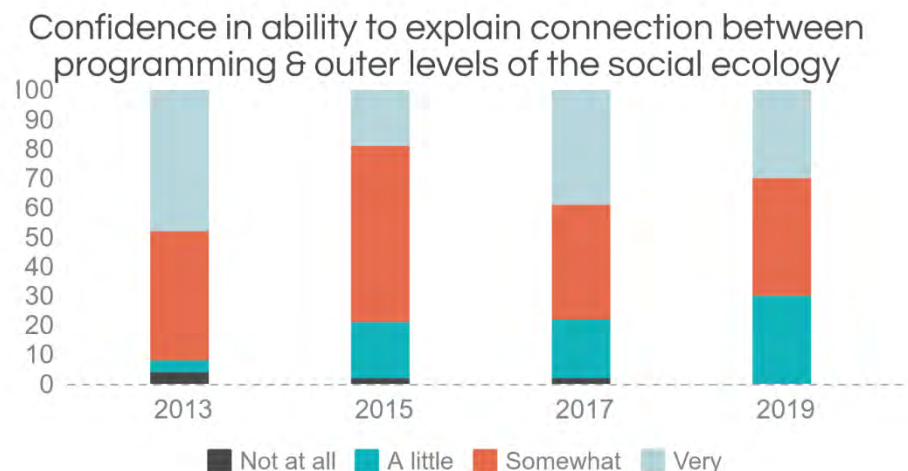
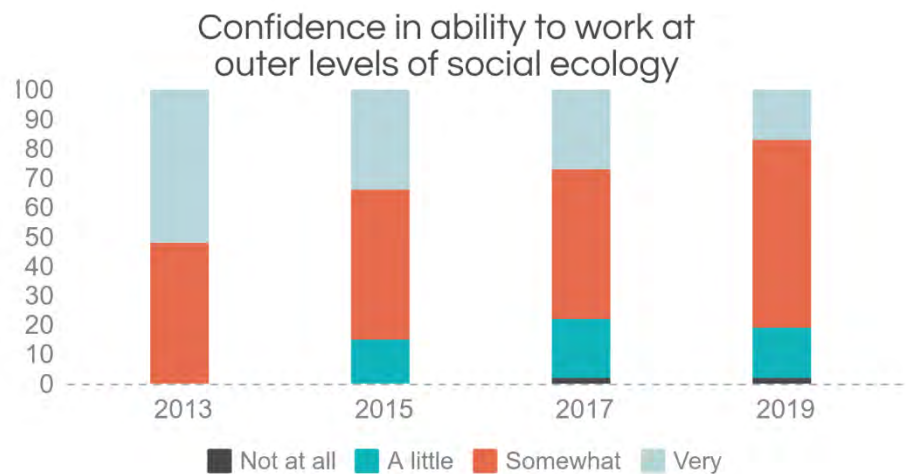
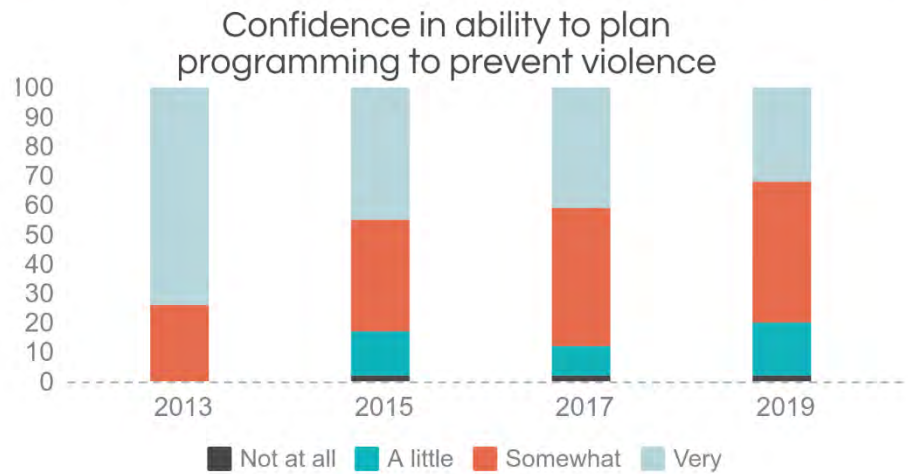
70% of respondents working in DVSA agencies said they spend at least 50% of their time on primary prevention, a substantial increase from previous years



Comparisons with Prior Summits

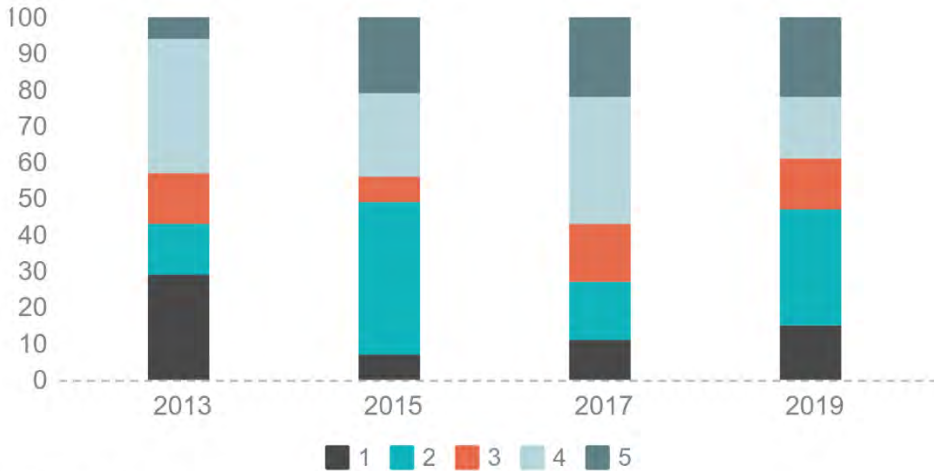
Confidence in Personal Abilities Related to Prevention

A continued trend was noted for each of the confidence items, with more respondents indicating that they felt "a little" or "somewhat" confident and fewer indicating that they felt "very" confident. Given that nearly half of respondents reported they were "very experienced" in prevention work, this is an unexpected trend. It may be reflecting the survey sample, in that attendees who feel more confident in these abilities may not have provided as much (or any) feedback on the survey. It may also be illustrating respondents' growing awareness of what it fully means to carry out each of these tasks. It does highlight an opportunity for gathering additional information, which could be used to provide targeted support.



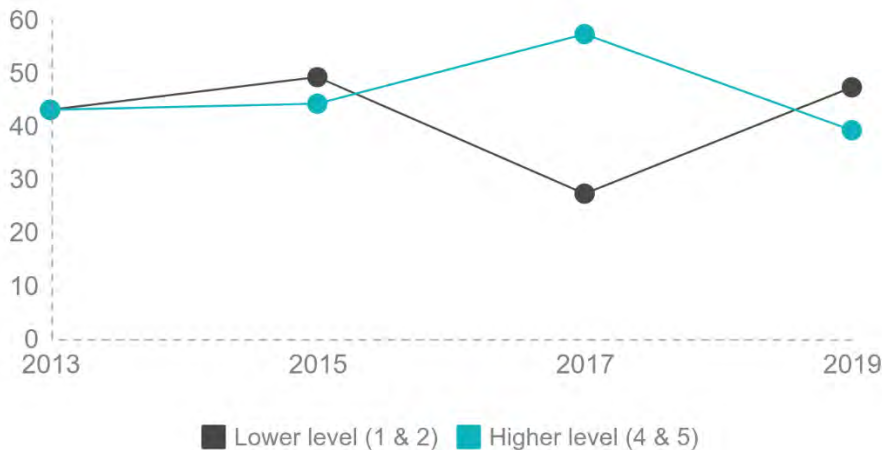
Comparisons with Prior Summits

Level of Community Prevention Team Meetings



Response options:

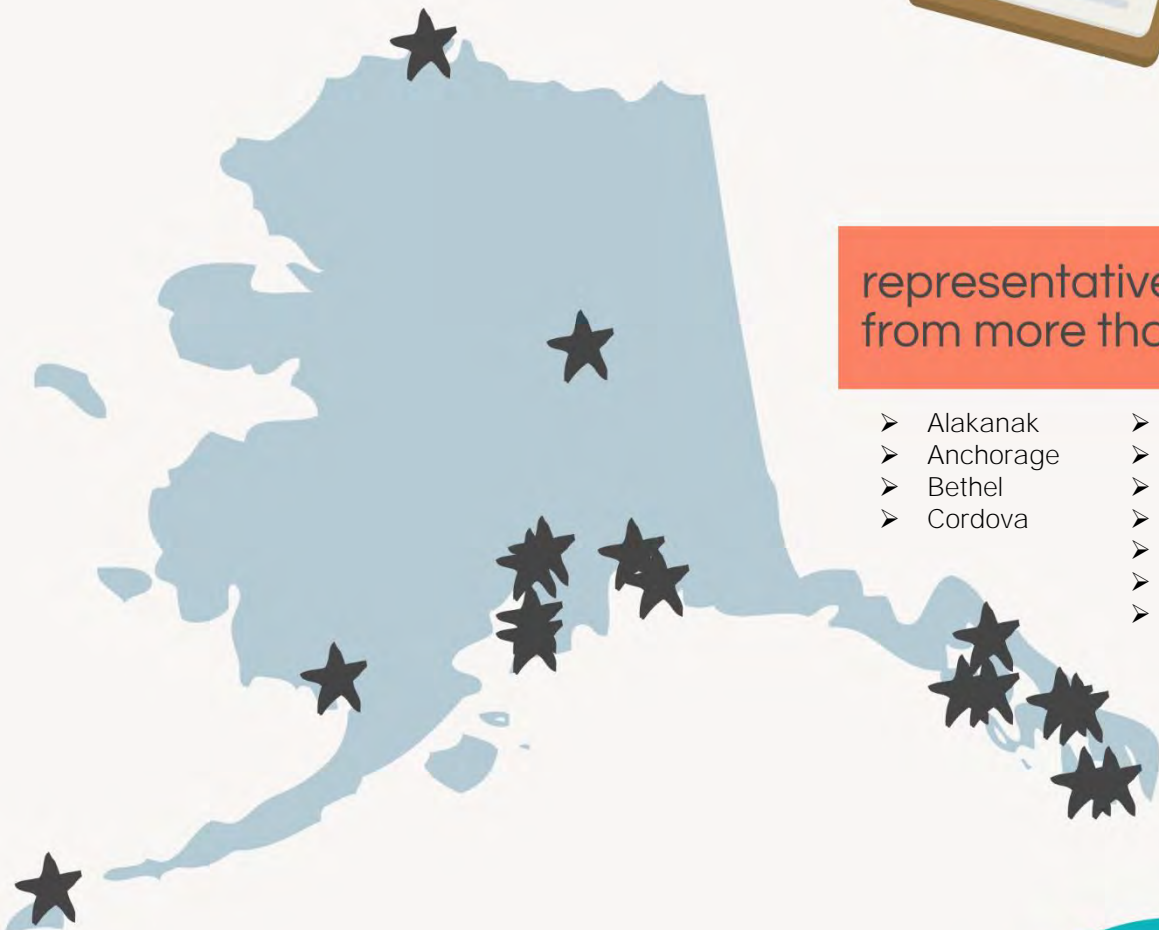
- 1. Our team is working to understand the basics of prevention
- 2. Our team understands the basics of prevention and is ready to implement a collaborative prevention strategy
- 3. Our team is ready to implement a prevention strategy and evaluate its impact
- 4. Our team is ready to do more advanced planning for comprehensive prevention
- 5. Our team is implementing comprehensive prevention programming in our community



This year was more similar to 2015 than 2017, with generally fewer higher level (4 & 5) and more lower level (1 & 2) team meetings and discussions. This trend is also unexpected, considering the reported experience levels of respondents. It may be that this shift is due to less experienced teams. It may also be reflecting changes in Community Prevention Teams that have taken place (i.e., newly formed or restructured teams). It may also reflect the survey sample, in that attendees who are engaged in higher level work may not have provided as much feedback on the survey.

Participant Information

40 complete surveys received
*15 partially complete responses received



representatives from more than **15** Alaskan communities

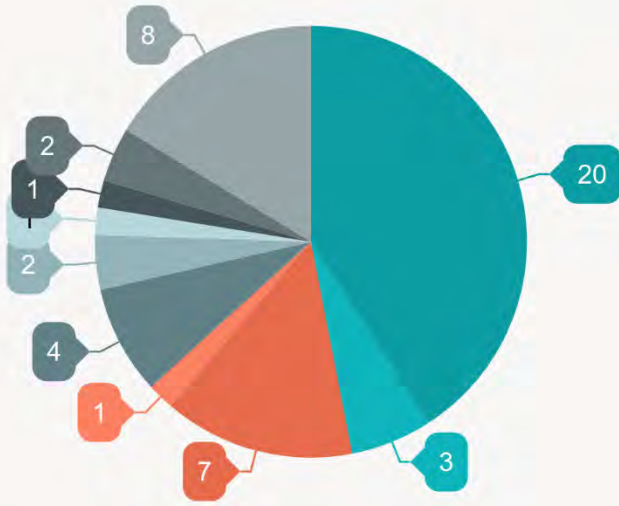
- Alakanak
- Anchorage
- Bethel
- Cordova
- Dillingham
- Fairbanks
- Homer
- Hydaburg
- Juneau
- Kenai
- Ketchikan
- Old Harbor
- Petersburg
- Port Heiden
- Sitka
- Valdez
- Unalaska
- Utqiagvik

No responses on the survey were received from 3 of the 20 total communities represented at the Prevention Summit.

63% of respondents were attending the Prevention Summit for the first time



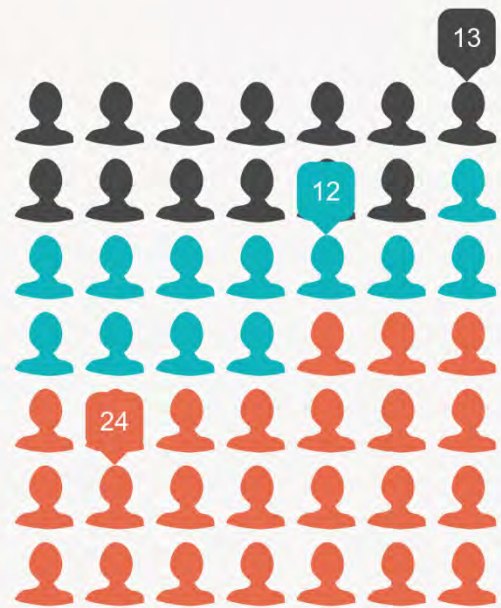
Participant Information



41% of respondents represented DV/SA programs

- DV/SA program (40.82%)
- Tribal org / gov't (6.12%)
- Non-profit (14.29%)
- Public health (2.04%)
- School / District (8.16%)
- Behavioral health (4.08%)
- Faith community (2.04%)
- Law enforcement (2.04%)
- N/A; Adult community member (4.08%)
- Other (16.33%)

49% of respondents have been doing prevention work for 2+ years



- New to prevention (<1 year) (26.53%)
- Experienced (1-2 years) (24.49%)
- Very experienced (2+ years) (48.98%)

Participant Information

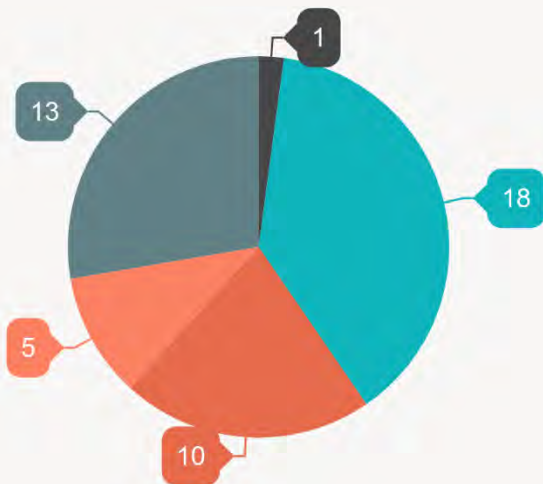
64% of respondents are able to dedicate "a great deal of time" to prevention work

Response options:

- Not at all
- Somewhat. I can make time for Prevention, but often get called away to do advocacy (i.e., advocacy comes first)
- A great deal. I am able to dedicate as much time to doing prevention work as I feel is needed

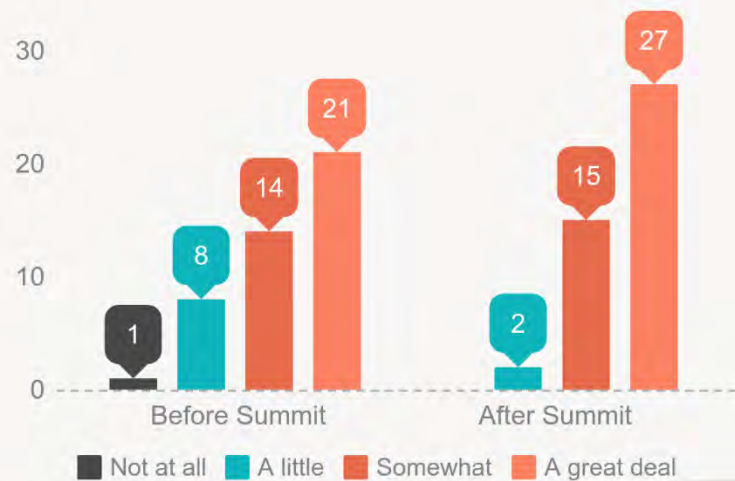


■ Not at all (4.26%) ■ Somewhat (31.91%) ■ A great deal (63.83%)



■ None (2.13%) ■ <25% (38.30%) ■ 25% - 50% (21.28%)
 ■ 51% - 75% (10.64%) ■ >75% (27.66%)

38% of respondents spend at least half of their time on primary prevention

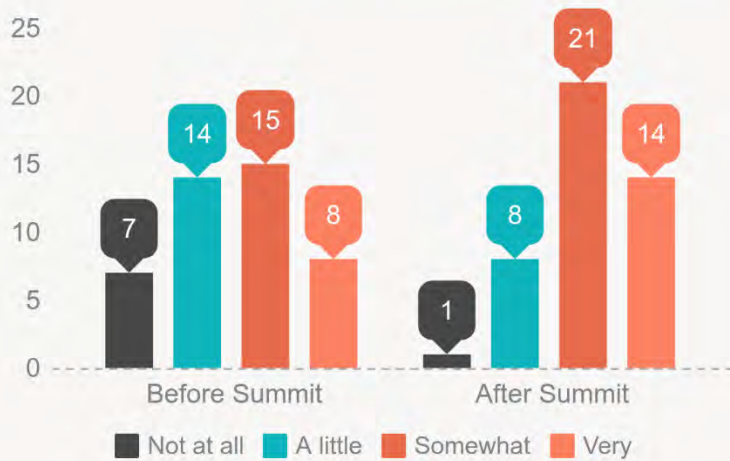


■ Not at all ■ A little ■ Somewhat ■ A great deal

14% more respondents prioritize prevention "a great deal" after attending the Summit

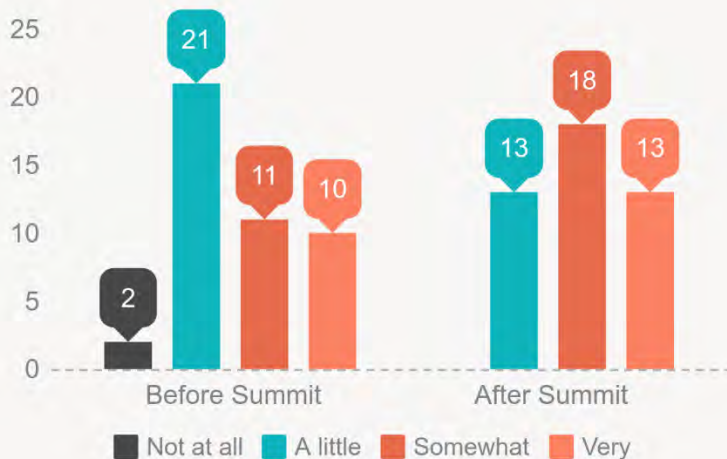
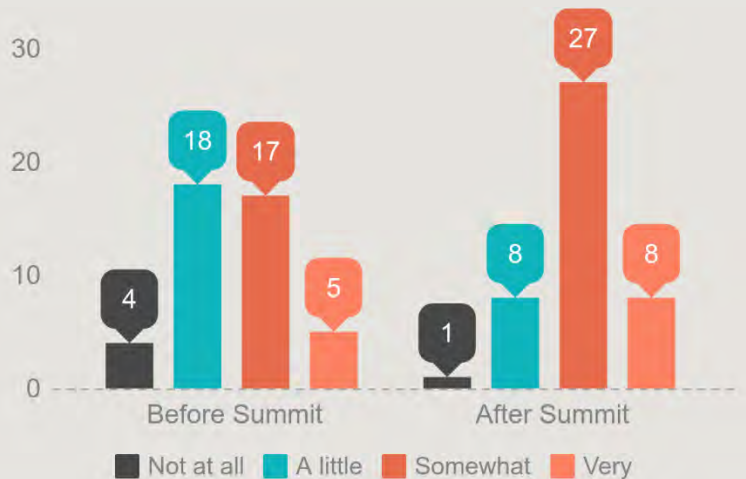
Participant Information

How confident are you in your ability to...



Plan programming to prevent violence in your community?

Work at the outer levels of the social ecology (the community & societal levels)?



Explain the connection between your current prevention programming and the outer levels of the social ecology?

Participant Information

In your opinion, how is prevention work viewed in your community? How has the perception of prevention work in your community changed over time? What do you think contributed to that change (or lack of change)?

Prevention work is viewed as a priority in Sitka after years and years of advocacy and education around primary prevention. Many people now speak the language and are on board with moving primary prevention forward. Years of conversations, relationship building, implementing programs and showing the impact, coalition planning and learning have contributed to this change.

We are just learning to see our community in this light. We are soon to conduct a survey to determine readiness to develop a comprehensive response to DA/SA. Thought it is reactive, hopefully, it will put more of us on the same page, We have some prevention measures in place now but need to expand, coordinate and embrace more of our agencies.

I think our community is becoming more aware of the importance of prevention. I believe trainings like the summit have helped change people's views.

ADDITIONAL COMMENTS

A great deal. Homer is a continuous changing community to make needed changes

We need to start up some prevention programs, we don't have any currently that work with the youth.

Prevention work is very vital in our community.

I believe there is more awareness around prevention, but it's still growing. Valdez still lacks awareness that there's a problem that needs to be prevented, frankly.

Prevention is still very new in my community. The perception has definitely changed over the last year or so. I think that implementing our 4thR and GOTR programs is what helped contribute to the change, as well as spreading awareness.

I believe prevention work will be new to most people in Angoon - our community is more reactionary. I think that many years and generations of dysfunction have created multiple levels of negative patterns in Angoon.

Prevention work is viewed in a positive way; however, there needs to be more support from those in leadership/political positions.

Prevention work in my community has been viewed as primarily the work of the domestic violence agency. Our community coalition is working to change that perception. I think the change has come with our most recent needs assessment and the participation of some key people at other agencies.

According to our needs assessment, our community is at a 2.3 (denial/resistance). People see the high rates of IPV/SV in Anchorage; I assume it feels too big to be able to stop it. Our coalition came apart after disagreements about strategies so we had to start over with our coalition, which doesn't help if the community is not aware of how to prevent IPV/SV.

Depends. As a dv/sv agency it is a priority but it is always based and driven by the intervention programming. Intervention seems to always take precedence. In schools secondary prevention seems to take priority though that's changing. In the men's community there is so much denial and resistance I don't even think they consider gender-based violence an issue or one that they have agency over so primary prevention is not a consideration. We get some funding from the City for primary prevention programs. It just really depends.

Our Police Dept. is not supportive. In fact, they don't give due process to every woman in DV. Very corrupt. They need SART training and should be accountable for their attitude with women with PTSD. We need to have Public Safety to be aware that two of these officers have committed DV to his wife and another a Section 8. They bully women when they are most vulnerable.

I don't think people have an idea of what prevention work looks like in our community. I think this is because of a lack of awareness.

Prevention is viewed as important in my community

Most of our community is likely not aware of our prevention work, or if they are aware of the work they are not aware that it is intended to prevent violence. I'm not sure how is it changing.

ADDITIONAL COMMENTS

We have recently done a community needs assessment and we were scored very low on the scale. I do think that the community has a better perception of prevention work, even in just the past few years. A great deal of this I think can be contributed to the political climate. I think there's more of an organized effort now and our community is more aware of their ability to get involved in prevention efforts.

Prevention work is viewed as a priority in Sitka after years and years of advocacy and education around primary prevention. Many people now speak the language and are on board with moving primary prevention forward. Years of conversations, relationship building, implementing programs and showing the impact, coalition planning and learning have contributed to this change.

Good awareness but maybe that it's someone else's problem. Greater awareness. The work of S.A.F.E. Women's Shelter

We are just learning to see our community in this light. We are soon to conduct a survey to determine readiness to develop a comprehensive response to DA/SA. Thought it is reactive, hopefully, it will put more of us on the same page, We have some prevention measures in place now but need to expand, coordinate and embrace more of our agencies.

N/A we do statewide work, but over time prevention has grown in work happening shelters, in schools and with other community organizations.

I think our community is becoming more aware of the importance of prevention. I believe trainings like the summit have helped change people's views.

At the moment, I feel like there is not any prevention work. I feel like there is a change coming and there is going to be a lot more work being done in that area.

I believe there are a lot of folks that do not believe we have the problems here in Valdez because they have their head in the sand. We now have a prevention coalition made up of community members. This will benefit the community by bringing more involvement and awareness with the programs being implemented.

Primary prevention is not the majority of the budget. If focused on prevention, the budget is focused on secondary or tertiary prevention.

I haven't found prevention work to be evident in my community. The school is working on a bullying program and working on ACEs training.

Everyone wants prevention, but no one will pay for it.

As we as a team bring more awareness to our community it may look bad but people are coming forward with more reports enough is enough

In Ketchikan I believe there is minimal understanding of prevention at the community level. While community members "hear" of programs such as Girls On The Run, it is not widely understood what the intent of these programs are. Also, in our attempt to devote more time to certain programs, we have steered away from educating the community. So, basically, understanding of "primary" prevention is mostly at the agency level. It is a matter of "connecting" and "communicating" efforts better.

It is viewed positively but people don't necessarily know how to support it.

Prevention is viewed as an investment to deter the burden of injury and violence.

ADDITIONAL COMMENTS

I think the communities I grew-up in, both Nenana and Ft. Yukon, really focus much more on prevention than when I was growing up. When I was growing up, people didn't really talk about these things. Now prevention is talked about in all circles.

We tend to respond rather than be proactive with prevention. I do see this changing with the participation we are having with our new Community Prevention Coalition.

In the community, it is viewed as women's work and also not diverse demographically. Currently, it feels it has evolved to include more men holding men accountable, being conscious about racial equity, shifted towards rooting itself in respect for peoples and land (being culturally relevant).

For DV/SA I know a lot is being done in the schools for prevention. I didn't know students were forming their own groups to do prevention work inside their schools until I attended the summit. I don't know how much is being done at the adult level in my community

I think prevention is viewed positively in our community. I think it's still not prioritize as much as I think it should be. I think our organization's consistent prevention efforts (such as our school outreach, after school programs and coordination with other organizations) has made us visible in the community and that has increased support for our efforts.

My community does not yet understand the concept of prevention. We are just beginning to acknowledge intervention and the idea of stopping something before it starts is still too new.

I think that Prevention is well received in the community. SAFE has done a very good job of advertising the word Prevention. I believe there are a lot of people in the community that use this word and don't have a good grasp on what this would translate to for us. Probably me included in some respects.

I feel that prevention work is viewed as the "fluff" of dv/sa

Participant Information

How has your perspective of prevention changed as a result of attending the 2019 Prevention Summit?

My zeal for prevention was re-energized! It has been a few years since I have been actively involved with primary prevention at the community level and this summit helped spark that creative process again.

Truly I have always known that prevention is the most important aspect to cleaning up any mess. The summit has shown me there are so many folks out there fighting to make change by creating programs to prevent and educate rather than always just responding.

I think I have a deeper appreciation of the "shared risk and protective factors" so that depending on how we choose our efforts it can cross many serious issues: DV/SA; suicide; substance abuse and misuse. Thus, we can concentrate our work to affect many issues. I know for Ketchikan we are focusing more on trauma informed and trauma responsive.

ADDITIONAL COMMENTS

Need programs in our community

Made me aware of programs such as Girls on the run and coaching boys into men

Prevention can be drastically altered if Alaska executes the "Iceland Prevention Model". This model could be changed for successful prevention measures in communities. Basically, prevention is achievable!

I am definitely going to be making more time for it in my day.

The conference helped me realize that progress isn't linear, and that it is often circular.

My perspective has changed dramatically. I knew about prevention but didn't know the extent it goes to.

For many years I have taught self-regulatory skills to children, including play therapy with children, so in a way I can now see that that in itself has been a bit of prevention work. In Angoon my work has been focused on building systems and creating positive programming for kids. But at the summit I really had my eyes opened to focusing on prevention, rather than reacting to problems. It makes perfect sense to me and it is a shift in my thinking. I hope to spread the word about the importance of prevention around my community. I know that Angoon would benefit from a focus on prevention work.

It has changed a bit. I was not expecting to work with law enforcement when it comes to prevention. I was excited to see that one officer from our community attended the summit.

My zeal for prevention was re-energized! It has been a few years since I have been actively involved with primary prevention at the community level and this summit helped spark that creative process again.

I see how long-term prevention is and the struggles that are inherent in prevention work.

I do feel more proud of the work we are doing and the network statewide. It's hard work and it was really special to be surrounded by people in the same field.

Made me more of an activist for prevention, started looking for grants, trying to get the board to form a 501 3C.

It hasn't really changed my perspective but it is brighter and I believe that prevention can be done in our community.

Glad to see so many dedicated Alaskans working to end violence

I now see that integrating native Alaskan culture is very important for our work.

I have some new tools for my tool box and I am very excited to start implementing them!

Honestly I was very ignorant of prevention as a career. I'm really impressed with the important work being done in the prevention arena in our state!

The number of people who are now interested in prevention and motivated to get more tools, skills, and knowledge was inspiring.

It is much more important.

ADDITIONAL COMMENTS

The Summit has strengthened my perception of the importance of primary prevention, adding tools and resources going forward.

I have always known that prevention is important. The summit strengthened this view and gave me ideas of what I can do.

I want to be a part of the violence prevention in my community.

Truly I have always known that prevention is the most important aspect to cleaning up any mess. The summit has shown me there are so many folks out there fighting to make change by creating programs to prevent and educate rather than always just responding.

It was an impressive conference line-up to teach primary prevention.

I think that prevention is the only avenue that will result in an overall decrease in violence in our communities. Addressing the problem using the criminal justice system has not been effective.

How inter-related all of our issues (tobacco, DV, alcohol misuse), and how we need to do a better job of working together across agencies and issues (remover silos!).

You know as we go though prevention like this there needs to be healing the helpers conference too how we can take care of ourselves culturally. I loved the one that was about the brain and how we can breathe and take care of self. Also having people of color elders there too.

I think I have a deeper appreciation of the "shared risk and protective factors" so that depending on how we choose our efforts it can cross many serious issues: DV/SA; suicide; substance abuse and misuse. Thus, we can concentrate our work to affect many issues. I know for Ketchikan we are focusing more on trauma informed and trauma responsive.

I'm reminded of how important it is to integrate emotional self-regulation tools and activities into every presentation and all facilitation opportunities.

I heard that community readiness is high on the list of assessments.

I am not sure, still processing that, but definitely, I assume the attendees, including myself, left feeling inspired and ready to continue to make positive change.

I better understand that change can be slow. We must be persistent and consistent with educating and using our voice to create action for prevention.

It has changed in seeing how much great work is being done in other communities and created a sense of urgency to be more transparent (not competing with each other) and be open to working together or helping each other succeed.

The summit just showed me how many programs are out there that are doing prevention work. It got my brain going on how we can apply prevention to all types of violent crime in Alaska.

It has not. I am still very pro prevention.

I am encouraged by the possibilities that prevention provides and energized by the programming that is going on statewide.

I have received tools and better confidence to promote this work. I think that the worst thing I can do is forget my roots in this movement and not translate the basics for other people.

Participant Information

Please describe anything that was new, creative, or innovative that you learned at the 2019 Prevention Summit

The session on decolonization was a great way to educate people on the "history and trauma" of the people in Alaska. This made the most impact on me and helped me to see people and their behaviors in a different light. Very powerful session.

I loved the high school kids coming and telling us about their groups and work they do. Kids respond better to people their own age, so we really should rely more on students to teach other students about prevention work. Also the Alaska Native perspective of using culture as medicine to heal is amazing. When you feel like you are a part of a group (culture), and that group holds you accountable for your actions, and also lift you up to be a better person....you are much more likely to succeed in life and not turn towards violence. It makes a world of sense to me.

Culture is resilience, and building strength and resilience is key to prevention of violence. Youth are key partners, allies and change makers. Full youth partners make a difference for their peers and for their communities.

ADDITIONAL COMMENTS

One new truth I learned was in the Decolonization session. I learned some new truths that was never taught to me in public schools growing up about the Native American history.

I was extremely impressed with Dr. Chamberlin's work.

I loved the community impact session, the self-care (for clients, for us!) and the tribal perspective on protective factors.

All of it was new! I loved every second. I was never bored or lacking in anything while attending and all of the presenters and facilitators were amazing. I really like Brittany and Lexi's activity with the bridge and protective factors.

For me, a lot of it was new. Just the entire concept of prevention work was new. Again, I may have been doing some prevention work previously, but I wasn't seeing it clearly through that lens.

working together with my local partners from AWIC, Public Health and the local police department on a 6-month action plan.

The use of targeted social media to carry the message of prevention to the next generation.

The sustainability talk by SPS was very informative and gave me new ideas about how to sustain our community coalition.

The workshop on rural alaskan communities was very relevant and gave me some new thoughts.

SART training, Alaska Grant Opportunities, and wonderful workshops. I learned so much and know how much we need a legal advocate for the women who have no money to hire a lawyer.

I really enjoyed listening to the youth led groups.

I learned a lot from the other GOTR council in terms of marketing our program. I learned about valuable resources available online, like Connecting the Dots, and also about innovative programs like Garden of Roses. I also learned a lot from Dr. Chamberlain about innovative calming techniques.

I really enjoyed the workshop on making facilitation fun. I think that if you can make a not-so-fun topic a little more enjoyable, it will be more readily received.

I loved learning about Collective Impact--was previously unfamiliar with the concept.

I loved Linda Chamberlain's plenary and workshop. She has a wealth of knowledge and I love that she is bringing mindfulness and self regulation tools into the work.

High school students their groups like S.I.L.K. Was powerful.

I loved the high school kids coming and telling us about their groups and work they do. Kids respond better to people their own age, so we really should rely more on students to teach other students about prevention work. Also the Alaska Native perspective of using culture as medicine to heal is amazing. When you feel like you are a part of a group (culture), and that group holds you accountable for your actions, and also lift you up to be a better person....you are much more likely to succeed in life and not turn towards violence. It makes a world of sense to me.

ADDITIONAL COMMENTS

* I appreciated starting sessions with prayer. * The River Parable and interactive activity that went with it (not new to me, but a good way to set the stage for the Summit). * "People that are hurting hurt people; people that are healing heal people". * Shifting from becoming "trauma-informed" to "wellbeing centered"? * All of the tools and information provided by Linda Chamberlain about self-regulating, especially those that can be used AT NO COST with children to help them calm or reduce stress. She, herself, exudes such positive energy. I appreciate the handouts and multiple resources given. * The idea of holding an annual community-wide baby shower to welcome new life....possibly even a meet n' greet for "new neighbors". Why not? I want to explore this with our community. (We already have a Dove Ceremony at Christmas to honor those to have left us). *Bottled up emotions come out as unwanted behavior". (Linda C).

Culture is resilience, and building strength and resilience is key to prevention of violence. Youth are key partners, allies and change makers. Full youth partners make a difference for their peers and for their communities.

I learned several new ideas and techniques during the workshop on making trainings and facilitation fun.

The facilitating training was very helpful and the Decolonization class was very eye opening and I would like to learn my community history and why violence started here in the first place.

The session on decolonization was a great way to educate people on the "history and trauma" of the people in Alaska. This made the most impact on me and helped me to see people and their behaviors in a different light. Very powerful session.

Actually it was all new.... The function and progression of using surveys to develop successful programs. The use of sensory and movement skills for stress and emotion control. The very cool "Rape prevention program at UAA." Hurt people, hurt people.

Linda Chamberlain's presentation was very informative and helpful.

Never to have anything heavy on the last day. The 1/2 day thing that they had was should not been on the last day.

I learned about the new "connections" information on the CDC website which will be hugely helpful going forward. Also, the importance of a well organized and dedicated youth group was brought home to me again.

Liked the presentation about community research.

I attended the "How to Make Your Facilitations and Trainings 'Fun'omenal" and acquired numerous creative ideas that will be easy and meaningful to implement into my everyday work.

I participated in the Decolonizing workshop hosted by Kawerak and saw the potential of how this could be a conversation starter around Adverse Childhood Experiences.

I guess I didn't really realize how many youth are involved in this prevention [of domestic violence and sexual assault] work and it was really inspiring and got me excited for future work with youth that I know to get involved in this work.

Decolonization had a huge impact on me. I felt honored to be present when accounts of family history were shared with the group. This was life changing in the way I feel about "entitlement" and "privilege". Also, the history of statehood in Alaska.

ADDITIONAL COMMENTS

What was new was hearing beautiful examples of prevention work/resources happening in other communities. I enjoyed the youth panel which was wonderful to experience and very necessary to incorporate.

I do not feel like I was given anything particularly new or innovative. I was a little frustrated by the summit because I was hoping for more concrete examples of successful prevention and more substance in some of the presentations I attended. I felt like a lot of examples I was given were things we have tried in my community that have either succeeded, in which case we are still doing them, or failed for reasons that were not addressed at the summit. It is always exciting to connect with other prevention specialists around the state and learn what other programs are doing but I did not leave the summit feeling like I had anything new to take home.

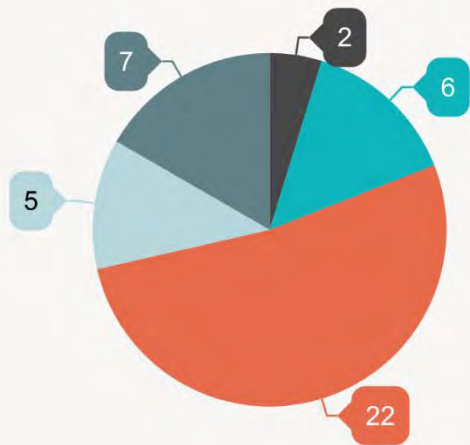
Loved it all

I loved the decolonizing workshop and would love to see that offered in a full day format and/or required for all attendees in a shortened format. Prioritizing anti-oppression work in our prevention approaches is critical to success.

I was really excited about the framework for trauma informed schools. That could be major.

Community Prevention Teams

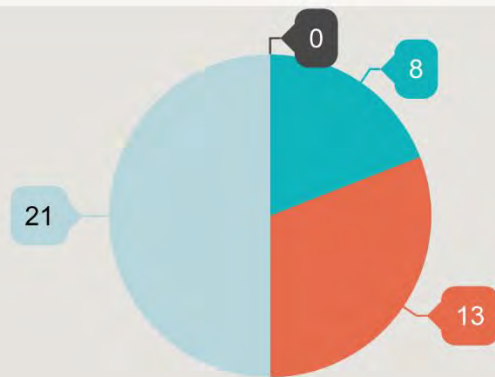
Prioritizing Primary Prevention



■ A lot lower (4.76%) ■ Somewhat lower (14.29%)
■ About equal (52.38%) ■ Somewhat higher (11.90%)
■ A lot higher (16.67%)

Prior to attending this year's Prevention Summit, how much did your CPT prioritize efforts to prevent violence compared to other issues?

In your opinion, how much will attending this year's Prevention Summit impact your CPT's ability to prioritize the primary prevention of violence in your community?



■ Not at all (0%) ■ A little (19.05%) ■ Somewhat (30.95%)
■ A great deal (50%)

ADDITIONAL COMMENTS

We are working on starting up Girls on the Run

The STEPS grant that I am managing in Angoon is prevention focused. But again, I didn't have a clear picture of what that meant, even though I was doing the work. I have been very focused on creating a trauma engaged school, and while that can be preventive, I was seeing it through a reactive lens. This shift in mindframe is very important and helps me to feel more sure of what I am doing and why.

The opportunity to take the time as a community group to talk about prevention will help us raise the priority of prevention in our coalition.

I think there was a lot of great education. From the time we had in our community group, it seemed people were taking things back for their work in their jobs, not really the coalition.

A lot of our team members are new - and this is in fact the case every couple of years - and this prevention summit helps bring them on and give perspective to the scope of the work in the state. It's also a great way to spread and share the work of individual communities or to get more in depth with programs happening. To be able to have the pre-conference allowed for face-to-face interaction and problem-solving. That in person connection is invaluable.

We need to work, but our board is so divided in what direction to go. Having WISH come her once a month is not going to help. So many young women, especially Alaska Natives are targeted by abusers. When I was flying home and people knew where we had been, they started telling me horror stories about the Wrangell Police, and one teacher who has sex with his students and sends them out for abortions. I ask who and they say they are afraid of retribution by the police. I know what happened to me, and it is a pattern for the cops to label a woman involved in DV as a meth head, and deserve what they get. Then you start getting followed hoping they can get you driving drunk, with drugs, so they can through you in jail.

I heard from partners, particularly newer partners at the table, that this field is very "word heavy." They shared some of the struggles they were experiencing to understand the language or make the translation. They also stated they felt very exhausted by the efforts it took to really listen and understand the concepts and wished there had been some more tactile or experiential workshops to help them process the information differently i.e. collage, dance, movement, etc...

There is a strong desire to build a coordinated response for DV/SA. We are somewhat related to WISH (shelter in Ketchikan). A few friends are training to become advocates in order to help "stop the bleeding", As we work this out, I trust we will be able to turn our attention more toward prevention efforts.

#13 is worded weird, not sure how to answer it so I just hit the middle option. Our community prevention team prioritizes prevention work.

Up to this point I have not been directly involved with the community prevention team. I am however aware of the great things our prevention team is doing. Implemented the coalition, got the "girls on the run" program in Valdez, and continuing to work on bringing future programs to our community.

Somewhat make things a lot clear

ADDITIONAL COMMENTS

Again, while I appreciate global prevention and interagency collaboration, there truly needs to be broader community based involvement in the prevention of violence.

I don't live in the villages I grew-up in, so it's hard for me to remain connected to what is happening. I am motivated to share what I learned and offer my time to get things started or support what is already happening.

I have not been a part of the Community Prevention Coalition here in Valdez. This was my first involvement and it has inspired me to want to be a part of it.

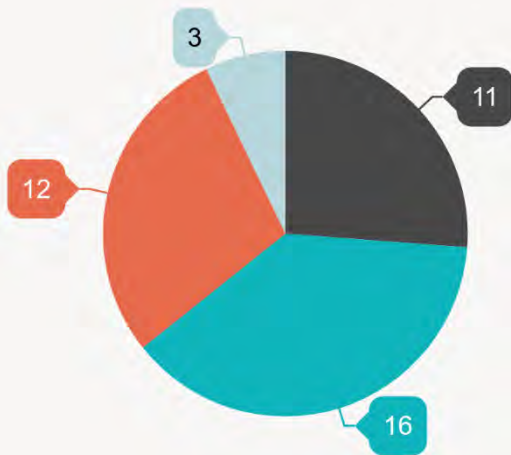
The summit gave us a lot of tools and ideas to use.... but will it actually prevent violence from happening around us? I'm not so sure on that, but I hope I can make the difference in a few lives.

We already are prioritizing prevention.

You take people out of the distractions of the everyday and then we can take the time that we need to to have the conversations that are important for our community. This is rudimentary but important.

Community Prevention Teams

Comprehensiveness of Prevention Programming



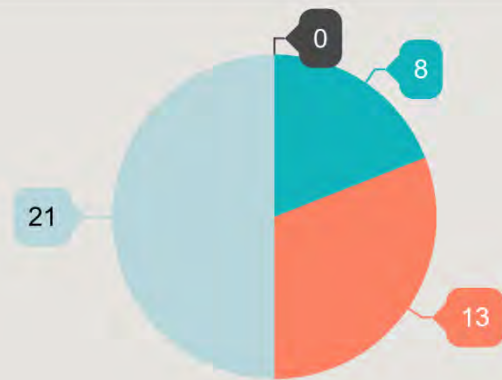
Prior to attending this year's Prevention Summit, how comprehensive was your CPT's overall programming to prevent violence in your community?

■ Low (26.19%) ■ Medium (38.10%) ■ High (28.57%)
■ I don't know (7.14%)

Response options:

- Low. We mainly implement awareness-building activities, one-time prevention awareness talks, and/or programs that address only one population within one setting
- Medium. We implement prevention strategies in different settings or populations (e.g., students, teachers, parents), and the same message is reinforced across those settings
- High. We implement prevention strategies in different settings or populations (e.g., students, teachers, parents), across most or all levels of the social ecology (including community and societal levels)
- I don't know. I honestly do not know enough about the variety of prevention programs offered by my organization to be able to answer this question

In your opinion, how much will attending this year's Prevention Summit impact your CPT's ability to plan comprehensive prevention programming?



■ Not at all (0%) ■ A little (19.05%) ■ Somewhat (30.95%)
■ A great deal (50%)

ADDITIONAL COMMENTS

My goal is to get others on board with me to implement prevention strategies in Angoon

This year's Prevention Summit helped us form as a team which will make prevention planning across agencies and across the social ecology much easier to accomplish.

We've already created our prevention plan with a comprehensive strategy. We want to continue to build on that work; I'm not sure how much more planning the group is able to do at this point.

I think community partners and new prevention team members have much more guiding light, we bonded, we are connected to other communities. This will also impact our work moving forward.

WE need funding and I am a grant writer and would like to write one, but our board moves so slowly.

It gave people more tools, reiterated concepts, and brought us together as a team to discuss steps moving forward.

We need time to sort things out and synthesize, then report back and share with the larger group. It will be ongoing

This was a great shot in the arm with "prevention ideas". Making the connections with other communities and what they are doing. Networking to create a contact list. Working with others whom have implemented similar programs and learning what works!!

We have a sense of re-dedication to work at on the Social Ecological aspects more.

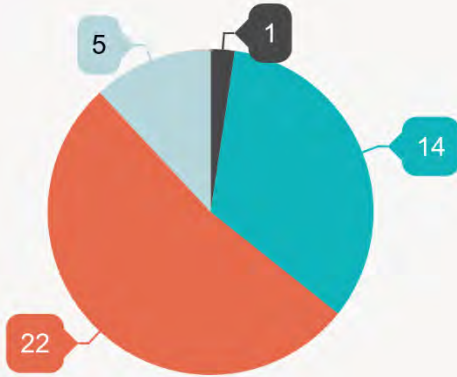
Again, I do not live in my community, so it's hard for me to push things when I don't live there. I will support the ongoing conversation.

It is hard for me to say because I am not on the Prevention Coalition.

We have been lucky enough to be a recipient of the prevention planning grant. This has brought people together and provided a mission.

Community Prevention Teams

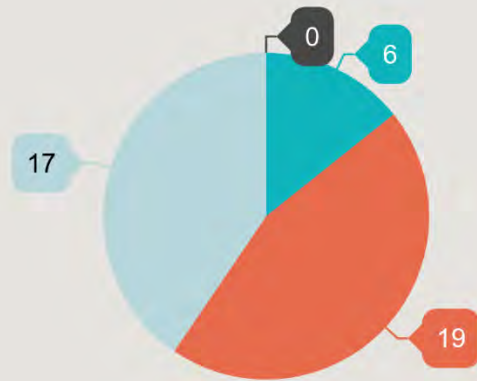
Building Partnerships



■ Not at all (2.38%) ■ A little (33.33%) ■ Somewhat (52.38%)
■ Very (11.90%)

Prior to attending this year's Prevention Summit, how easy was it for your CPT to build partnerships with people or organizations in your community who should be part of preventing violence?

In your opinion, how much will attending this year's Prevention Summit impact your CPT's ability to build partnerships with people or organizations in your community who should be part of preventing violence?



■ Not at all (0%) ■ A little (14.29%) ■ Somewhat (45.24%)
■ A great deal (40.48%)

ADDITIONAL COMMENTS

I came away from the Summit with ideas of who to connect with and why. Plus, I also plan to connect with others outside of Angoon, with connections that I made during the Summit. Relationship building can be very hard. I am looking to move from community outreach to genuine community engagement. I am looking for more information around how to communicate primary prevention with different groups.

We want to work with AWARE and have Kirk come down for Boys on the Run. I will talk to our school's superintendent soon and see if she will support it.

Again...we need some time to distill and refine what was gained and to discuss what steps come next. Though we don't have funding sources of our own, we are gaining credibility as a viable group of volunteers.

You know we are all busy and we need someone to get us together all the time set time not just to do grant stuff but to actually work on the other stuff too.

Again the challenge of "busting" out of our comfort level with work inter-agency. We have become a little complacent...we need more "people" power as agency members have only so much time, or teachers in classrooms can only dedicate so much time.

Growing up in the village everyone works with everyone, so building partnerships is a natural instinct.

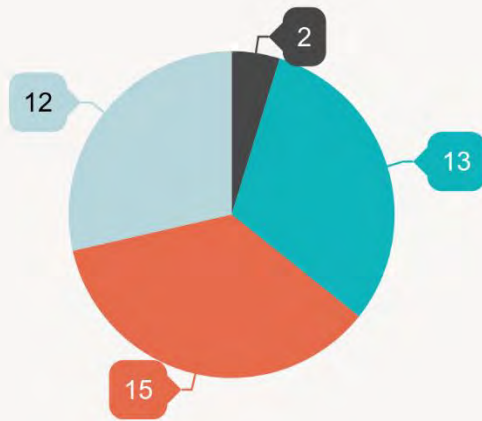
AVV has a good relationship with the community. We do get good support from community members.

The summit gave a glimpse of people/orgs doing the work. Obviously not everyone across the state could have attended but opened up my eyes to network with others.

Building partnerships with other organizations and people is an ongoing effort with our team. We are constantly trying to bring new people to the table to engage in prevention with us.

Community Prevention Teams

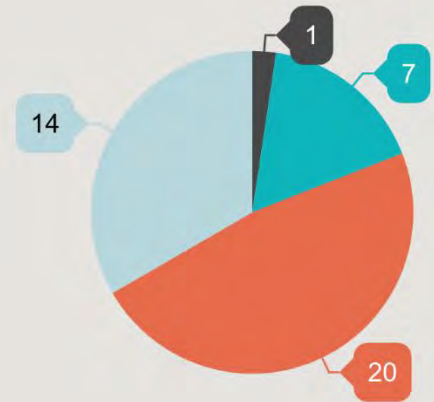
Supporting Healthy Environments



■ Not at all (4.76%) ■ A little (30.95%) ■ Somewhat (35.71%)
■ A great deal (28.57%)

Prior to attending this year's Prevention Summit, how much did your CPT support healthy socio-emotional environments through practices such as inclusion and equity?

In your opinion, how much will attending this year's Prevention Summit impact how well your CPT supports healthy socio-emotional environments through practices such as inclusion and equity?



■ Not at all (2.38%) ■ A little (16.67%) ■ Somewhat (47.62%)
■ A great deal (33.33%)

ADDITIONAL COMMENTS

Social Emotional health is a challenge in Angoon. It is not something that is valued by the adults, or at least there are many layers on top of them valuing it.

We are volunteer and all work different jobs. Makes it hard to impact the community.

Is this referring to the presentations by those in First AK Institute, AKNWRC and other native oriented sessions? Our name: BRAVE (Building Respect and Valuing Everyone) speaks to this.

It is hard to talk about without anyone getting hurt we are all people and should be treated the same but everyday I work on how people should treat me. :(

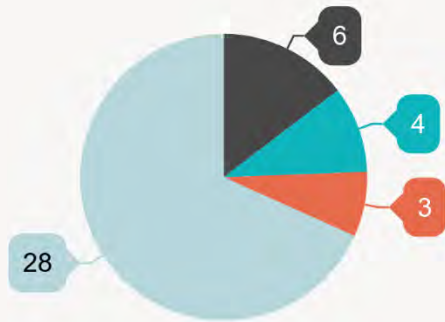
Like before, I am not a part of the coalition.

I do think the prevention summit helped us think a little more about the way we engage youth and the ways we try to be sensitive to intergenerational trauma.

there are asterisks after the sentence but no reference

Community Prevention Teams

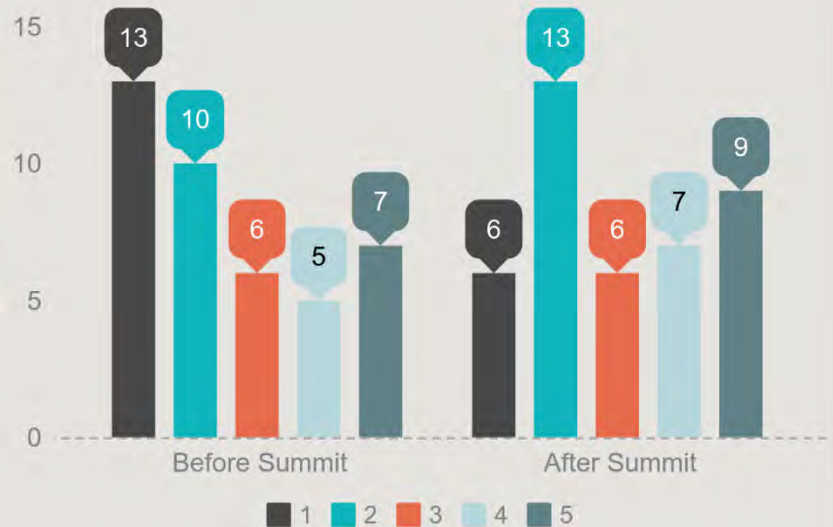
Community Prevention Team Meetings



- Had not yet met as a team (14.63%)
- Once or twice (9.76%)
- More than twice, not re.. (7.32%)
- Scheduled to meet regularly (68.29%)

Prior to attending this year's Prevention Summit, how often did you meet with your CPT to plan how to prevent violence in your community?

When your CPT discusses prevention, what is the level of your team discussions?



Response options:

- 1. Our team is working to understand the basics of prevention
- 2. Our team understands the basics of prevention and is ready to implement a collaborative prevention strategy
- 3. Our team is ready to implement a prevention strategy and evaluate its impact
- 4. Our team is ready to do more advanced planning for comprehensive prevention
- 5. Our team is implementing comprehensive prevention programming in our community

ADDITIONAL COMMENTS

Helps up to collaborate on a much more frequent level

It really introduced us and allowed us to figure out how to move forward as a community, instead of one entity attempting to do it all

Showing that attendance for monthly/bi-weekly meetings are needed to maintain collaborative efforts within community agencies.

I think we will be working toward a comprehensive plan.

I think it has refocused our efforts a bit.

We will still meet monthly but it will help us be able to focus more on the tasks at hand.

I need to create a prevention team. My plan is first to present the information I came away from the Summit with to my school team, to our tribal leaders, and to the community as a whole

Because of the Summit, we were able to meet and spend some time together discussing different issues.

I hope the increase in interest in primary prevention will be a catalyst for more opportunities to meet and work on primary prevention plans for our community.

We're still on track to meet monthly. We are planning to talk about structure at our next meeting.

We took advantage of the time together to further think through and plan next steps for building bridges with groups that are missing.

All the wonderful information we received will help us plan. Our next BRAVE meeting is March 27. I plan on presenting the need for a 501 3 c.

I think it will lead to more projects being done in the coalition.

sparked a fire

not sure yet

This may give us a bit more direction

We discussed the possibility of rescheduling our monthly meetings due to conflicts on our standing date.

I think the summit strengthened relationships on our team and helped us feel more cohesive in approaching the work.

After the Summit I will be joining the prevention team and attending the summit will help greatly help me. I am now much more aware of what needs to be done for prevention

I'm not sure.

More meetings or subcommittees will be scheduled

It will impact our community tremendously

ADDITIONAL COMMENTS

I am not a community prevention coalition member. This is a question that our Prevention Coordinator, Makayla Songer, will answer.

We'll focus on prevention strategies for young men.

We now understand the process to plan a prevention program. We will complete a survey of our community by May. From the results of the survey, we will move forward with programs.

We are now all aware of the importance of collaboration and strategic planning.

We meet on a monthly bases

We will concentrate on being more strategic: e.g. we will update and modify our community IVP prevention plan, hopefully.

I think we will have different partners at the table.

Unsure at this time

Working remotely is always tough with statewide grantees so we work instead to tailor the intervention to their needs.

This is a question for the Prevention Team.

Puts youth focus at the forefront. Or at least a constant reminder in our minds.

I think the summit helped us to realize that we spend our meetings just talking about how much we want to help and prevent. After the summit we had a meeting and at least talked about making plans to actually go out and be involved with our community.

Our team has already been utilizing many of the resources (such as strategic prevention solution's evaluation workbook and a collective impact model) to engage the community in prevention.

Collective Impact workshop and networking provided us with resources to reinvigorate the way we plan prevention in our community.

Well I think it will have a little more content. I think gleaning Ideas about coalition building is good but too often we compare ourselves and forget that we know the approaches for our community. I think we are planning on doing an intensive.

I am not super sure as we did not seem to have much guidance when we had our community team time

ADDITIONAL COMMENTS

A reminder of how much we need to meet

Brought all members together to allow us to all work together instead of one group trying to do it all.

unsure

I believe we will be working more on our Community Prevention plan so that we can make sure to coordinate our efforts.

The summit made the members realize that we can focus our efforts on a smaller number of strategies in the near future.

We have not had any discussions yet, as we are scheduled to meet at the end of the month.

No change as of yet, but there was no conversation about prevention prior to the Summit

We had not yet met.

Our team discussions before the summit were primarily addressing the needs assessment we had done and how to gather more information. During the Prevention Summit we discussed some primary prevention strategies and possible plans.

No change.

Not yet.

Team discussions were mostly just updates from the different agencies. There wasn't collaborative communication and it hasn't been moving forward. We will meet at the end of March and hope to talk more about moving forward then.

Have not yet gotten together to discuss

We have been focusing on equity as our primary strategy for the community team. While several members of our team learned a good deal at the summit, I'm not yet sure if our discussion will change as a result.

We have created and discussed a plan but seem to be stuck there

We haven't yet met as a team after the summit.

We have a process in place and are meeting on a regular basis. Our content is usually centered around aligning work, identifying overlaps, working to make a greater impact on our community collectively. I don't think that our conversations will change much, but I do sense a greater team approach to the work. There is more shared leadership with partners.

I was not on the community team prior to the Prevention Summit

We haven't had time to reflect on our learning. Our immediate focus is conducting the readiness survey (with help from SPS).

We have ideas of what to do and who to target. Now we have more ideas.

Before the summit I have not met with prevention team. After summit, I plan to meet with team and discuss action steps to create a plan.

ADDITIONAL COMMENTS

I am not a coalition member. This will be answered by Prevention Coordinator, Makayla Songer.

We discussed how to engage partners more effectively.

Our discussions are now 1/2 prevention. Prior to the summit, our discussions were about reaction to domestic violence.

We have not yet met afterwards.

We do the basic and we can build on it

Again, focusing more on broader based community development such as establishing a youth leadership group.

I am new to the team so I am learning.

Unsure at this time; our first team meeting since the summit will be occurring later this week.

Not much has changed.

This is a question for the Prevention Team.

We have been focusing on how to bring more intersectional lenses to the table and identifying who are missing. And from there, how to strategize and "infiltrate" organizations or systems of power

same thing I said above.... now we are at least talking about getting out and working with our community.

Our discussions have not changed yet.

No changes really, as of yet.

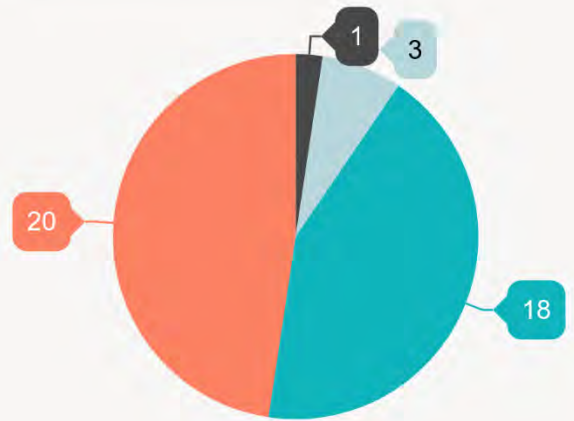
Mostly about the CNA process and basics of prevention along with awareness. Now we are reviewing the CNA and looking to strat plan.

not sure

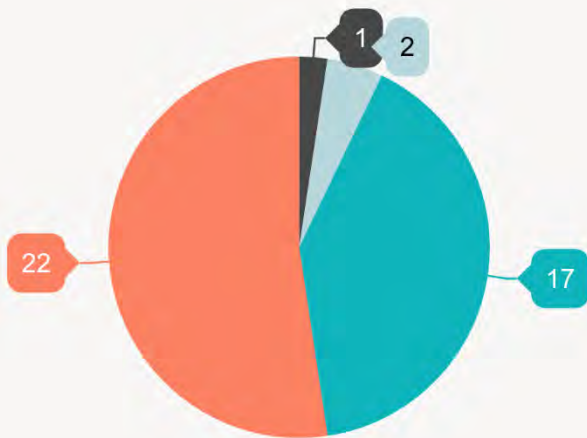
Overall Summit Feedback

48%

of respondents strongly agreed the Prevention Summit met their expectations and learning objectives



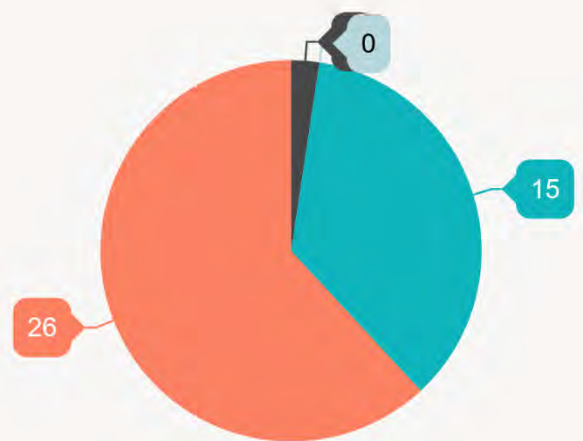
Strongly disagree (2.38%) Disagree (7.14%)
Agree (42.86%) Strongly agree (47.62%)



Strongly disagree (2.38%) Disagree (4.76%)
Agree (40.48%) Strongly agree (52.38%)

52%

of respondents strongly agreed the Prevention Summit content would be useful to their work



Strongly disagree (2.38%) Disagree (0%)
Agree (35.71%) Strongly agree (61.90%)

62%

of respondents strongly agreed that they would recommend the Prevention Summit to others

Overall Summit Feedback

What are the two most important things you learned during this Prevention Summit? Please include any "aha" moments you experienced during the Summit

Culture is resilience. Programs need to be comprehensive, and partnerships are key.

Linda Chamberlain's presentations
Just the act of coming together with all kinds of people doing prevention across the state and realizing we all are working together on the same problem.

I learned to stop plugging the hole, which will never be plugged no matter how many resources we use, and shift to prevention. I also thought the Native focus on many of the talks were important and a unique opportunity - often people in Angoon say that we shouldn't go to conferences because they don't know anything about rural villages or Native values. This one felt different. So I would say that a strength of the summit and something I believe you should continue, is having a Native focus, or to be Native-centered.

Two most important things learned during this Prevention Summit

ADDITIONAL COMMENTS

About how stress affects our bodies

Prevention is Key and should be focused on the youth

Iceland Presentation Model New Fun-sentation skills

Dr. Chamberlin's stress reduction information and info on Data Collection.

Native prevention factors, collective impact work

Learning Sustainability and Data Collection/Organization really helped me to understand how to keep our Prevention Plan and Community Needs and Readiness Assessment up to date and also will assist me in implementing our programs to their fullest capabilities.

I learned to stop plugging the hole, which will never be plugged no matter how many resources we use, and shift to prevention. I also thought the Native focus on many of the talks were important and a unique opportunity - often people in Angoon say that we shouldn't go to conferences because they don't know anything about rural villages or Native values. This one felt different. So I would say that a strength of the summit and something I believe you should continue, is having a Native focus, or to be Native-centered.

Prevention is a separate movement Prevention is as important as intervention

The power of social media to carry our message and to "influence" and the mind/body science information from Linda Chamberlain

I learned more about sustainability and that collective impact can look messy.

Thinking about what is lost in a community, or what shifts, when a survivor flees a perp or seeks help or vice versa. It was really interesting to collaborate with the Southcentral GOTR Council on the pre-conference because we really got an idea for how the same program can be run so differently with a shift in perspective.

AHA moment one: Grants available AHA moment two: great workshops!

This was an amazing agenda to train primary prevention. The SAMHSA grants for youth substance and suicide should model it.

EFT with Linda Chamberlin Facilitator training with Timmi Tullus

"Our culture IS prevention, intervention and healing" - Naomi Michalsen How to facilitate a day-long training!

I had heard the term "protective factors" before the Summit but this was the first time I recall seeing them listed out. I learned more about the pain caused by colonization and am more dedicated to racial reconciliation.

Key to prevention is connection. Men (me) are taught/conditioned/etc to be disconnected. That is going to make prevention work with men very tricky.

* Everything shared by Linda Chamberlain was of extreme value - self-regulating tools (and extensive resources). * Possibly to begin thinking in terms of becoming "well-being centered" rather than "trauma-informed".

Training techniques, made community connections

Only attended day 1. Enjoyed the workshop about the school curriculum development.

ADDITIONAL COMMENTS

The student presentations about their school groups. The greater acceptance of the use of pressure points to promote personal wellness

What is going on in the state. Also having a side conversation was useful as far as how to approach legislators.

Culture is resilience. Programs need to be comprehensive, and partnerships are key.

Since I am not a coalition member it was great traveling here with some of our community members that are a part of the Valdez coalition. I was able to learn what they are doing in prevention and what their involvement with the community is. Decolonization and the meaning of this had a huge effect on me. I am more aware of the true history of the people of Alaska.

Evaluation is not about the end of a program. It takes about 8 years to get doing work and evaluating it. Hurt people, hurt others. Healing people, heal others.

Linda Chamberlain's presentations Just the act of coming together with all kinds of people doing prevention across the state and realizing we all are working together on the same problem.

Never have a heavy session at the end of the summit and yes we can work together and the brain stuff was amazing

That our coalition is ready for a project. A youth led group is entirely possible.

The obvious, but frequently overlooked, appreciation of the impact of culture and traditional ways of healing and prevention. The power of youth to be community leaders...reminder.

Communities need a lot of support and TA to do this work effectively.

Always make time for relationship-building and introvert-friendly story telling; prioritize identifying the intersections of oppression issues with DV/SA as much as possible

The plenary with Linda Chamberlain was very helpful in regards to asking what happened to you vs what's wrong with you. I also loved the breathing exercise with the straw to slow down our body's response to stress.

Decolonization was my "aha" moment. It changed the way I look at the land we live on here in Alaska. It has made me question the things I have been taught about the history of statehood.

If we want to work with kids/youth leaders, we need to listen to them and provide space for their ideas. We need to meet them where they are at and trust them. Existence of the Garden of Roses program

that I need to make my own strategic plan for my position- not just follow our organizations plan. I really need to stretch more

I really liked the presentation on rape prevention on the UAA campus. I think finding passionate young people to peer educate is a great idea.

The importance of culture in prevention work. The importance of brain-mind-body practices and healing in prevention.

We must prioritize anti-oppression work. Our coalition is ready for rebirth and new organizational structures.

The need for site specific TA given the diversity of factors

Overall Summit Feedback

What burning questions do you have after attending this year's Prevention Summit (e.g., TA needs, resources to follow up on, how to actually do X), if you have any?

How can we get rural outreach models, communities, coordinators more deeply connected. How can we move past 101 and talk more about challenges in strategic planning to solutions. Instead of just 101 building up on that so that people or agencies who are further along can connect and grow together. And then more on making programs more sustainable would be helpful.

How can we share more at a State level with ongoing programs in other communities to maximize our learning. While an annual summit is good, how do we maintain the networking?

We really need help with staffing and money. We need help with making local leaders understand the importance of primary prevention- and the need to fund it!

ADDITIONAL COMMENTS

More about stress

How can we engage more with men and boys?

Is there a way to do research in order to be able to measure each community's needs so we can establish a curriculum that can be changed to better accommodate the needs of those community members and kids and focus on things that may be unique for each individual community? ie. islands or very remote (in the bush) communities where they think, "This is how it is here, why change?" or "it has always been this way, why should we change our ways?" ie. cultural barriers

How do I get Angoon youth involved in Lead On?

How will my community actually come together to really make an impact and work on prevention.

How to make our coalition sustainable; how to continue in my work; examples of a partner inventory; best practices for facilitating coalition meetings to gain buy-in.

How can we get rural outreach models, communities, coordinators more deeply connected. How can we move past 101 and talk more about challenges in strategic planning to solutions. Instead of just 101 building up on that so that people or agencies who are further along can connect and grow together. And then more on making programs more sustainable would be helpful.

How can we get the police in this small town to understand the impact of DV and IPV?

Wanting to see sessions I was unable to attend

How to help Juneau schools integrate brain-body practices

Would it be possible to share the presentations with attendees? I would really like to go back and reference some of them.

Alignment across grants - still figuring that out.

The presentations were excellent and gave me baseline information but I need more personal involvement to promote my understanding of how some of these things will work. Personally, I'm in a little bit of a limbo state. The travel getting there was arduous (no one's fault...just exhausting and disorienting). I left afterward to go to Seattle for a pacemaker/defib implant and am still recovering from this. Just have not been able to focus my thoughts back on the Summit until this morning. Still foggy!

Anxious to figure out where to go from here.

We really need help with staffing and money. We need help with making local leaders understand the importance of primary prevention- and the need to fund it!

the brain stuff should have been after the 1/2 session

How can we share more at a State level with ongoing programs in other communities to maximize our learning. While an annual summit is good, how do we maintain the networking?

Were there any groups sharing evaluation plans on social media?

ADDITIONAL COMMENTS

How to engage men in the work? How to create space for diversity and how to effectively engage communities so that our programs feel inclusive to all? How to diversity youth leaders?

How do I prevent all violent crimes in my community

What next steps to take to make coalitions more inclusive.

Maybe an opportunity for speed dating type of workshop to allow for digging or diving deep into implementation or evaluation challenges. The workshop I delivered were general. Some hoped for a 201 version - more advanced and applied to their context.

yeah how to actually do x no I think we just need to stay course and continue to work on our plan.

Overall Summit Feedback

What is one specific actionable thing you learned at this year's Prevention Summit that you will bring back to your work? This could also include an immediate next step (or two) for your coalition

We are going back to our coalition with a better idea of what we're going to focus on this year, and how to involve our members.

Integrate more engaging activities into all presentations (regardless of age of audience)

Dr. Chamberlain's stress reduction techniques.

ADDITIONAL COMMENTS

Dr Linda Chamberlain

Starting up Girls on the Run

Fun-sentation skills

Dr. Chamberlin's stress reduction techniques.

We are going back to our coalition with a better idea of what we're going to focus on this year, and how to involve our members.

We decided it would be best to focus on our Awareness Campaign instead of trying to split everyone into smaller groups, this way we can have more minds, opinions, and ideas.

I want to focus on building youth advocacy programs in Angoon

Setting up an action plan

The power and positivity of active planning. The SYLC students really inspired me to get planning!

Developing a partner inventory

Reaching out to connections.

Grants

Attending LeadOn in the Fall

Many, EFT, Planning and Data use, activities for facilitation

Our immediate next steps for our coalition are to brainstorm contacts and then inviting them so that we round out our group with representatives of important agencies in our community.

One handout we got was a matrix to help us identify who is working in the various areas in our community. We can use it to examine and connect who is working collaboratively across the following prevention areas: youth, DVSA prevention, strengthening families, community education, substance abuse prevention, parenting, basic needs, and social connections.

Move our next workgroup forward.

The value of Implementing traditional healing and wellness

My commitment to the values of primary prevention was reinforced. The school is hosting a training in April that is open to the community. I THINK it may be about ACEs. If so, encourage as many to attend as possible. I would like to explore the idea of an annual community-wide "baby shower" (or some such welcoming event) as a way to bring the community together. Becoming more unified is essential.

Using a sticky wall for trainings

This summit helped with being realistic in what is needed in implementing the Green Dot program. I have asked to be a part of this committee in Valdez.

ADDITIONAL COMMENTS

Listening to other experts in Alaska.

Get the results from the survey and set a SMART goal. that describes the change desired.

We will use some of the relaxation strategies we learned we have already implemented in our work in schools with the students.

step out of our comfort zone and move forward

We will tackle two efforts: Revise our IVP prevention plan. Work to establish a youth leadership group.

Prevention works. Young people rock.

Integrate more engaging activities into all presentations (regardless of age of audience)

Loved the Decolonizing workshop but need more information on how to parse out some of the activities as a stand alone activity. This would be helpful as a conversation starter for many communities.

I have asked to be a part of the committee that brings Green Dot to Valdez.

Engage youth leaders to develop a trusted relationship.

Teach kids to teach other kids

I did not leave the summit with one actionable thing to bring back to the summit. My team wanted to talk more about youth engagement but I felt like we have been trying to do more youth engagement for years and have been unsuccessful.

Self- care and mind-body-brain practices are essential for all the work we do and need to be implemented. I want to try to use the tools Dr. Chamberlain introduced.

Need to reach out to coalition with similar path to ours to gain resources for transition.

Liked the school map about safe zones. Am going to use it in our school

Strategic planning. I will have to review to answer this. I look forward to sharing Framework for trauma informed schools.

To be honest there were not a lot of action opportunities or solid skills offered.

Overall Summit Feedback

What is one thing about this Prevention Summit that could be improved?

I was so impressed with all of the presenters and subjects. It was difficult to choose between some of the 4-hour workshops that looked interesting and other shorter sessions. Possibly have repeats of some of the sessions so folks have more than one opportunity. I would have loved to go to the decolonization workshop, but also wanted to attend some of the other sessions.

accessibility needs to be improved. When a microphone is available ALL presenters need to use it. Bottom line, no exceptions. When a presenter chooses not to use the mic and asks publicly if everyone can hear that poses a problem. Maybe the person couldn't hear them ask.....and then you are asking people to self identify if they have an issue.....

Have the complete summit available online. It would make the summit available to others that couldn't attend and allow us who attended to review and clarify. There was so much information

ADDITIONAL COMMENTS

nothing

Open up to more Law Enforcement, don't have it only focus on Shelter/Teachers. Be mindful that other people are coming so try to stay away from all the abbreviations

More topics on how to engage with men and boys

A little more break time between sessions.

WHERE ARE THE MEN? It was so disappointing (but not necessarily surprising) that men only made up < 10% of attendees. I know that it's probably a reflection of who's doing the work, but this just makes me more depressed. Since this was my first summit, I'm not sure if this has been addressed in previous sessions. The men who attended were thoughtful and had some great contributions.

Add more days possibly? I was overwhelmed with having to choose between all of my options for workshops. I really liked that they had multiples of one workshop on different days.

I thought it was great. Maybe a few of the more popular sections could happen more than once? To be able to attend more without missing great info. I know that is a challenge, and one that I especially felt since I was the only person there from my community.

More space for the workshops. One workshop allowed only 20 people in because space was so limited.

I was so impressed with all of the presenters and subjects. It was difficult to choose between some of the 4-hour workshops that looked interesting and other shorter sessions. Possibly have repeats of some of the sessions so folks have more than one opportunity. I would have loved to go to the decolonization workshop, but also wanted to attend some of the other sessions.

The community coalition meeting time: it would be really helpful if there could be some kind of structure for the time. Without structure, our group was at a loss and discussions were not helpful to group cohesion. Also, as a facilitator of the group in my community, facilitation during the time fell to me and I was really hoping to get more filled up during the summit. I spent a fair amount of time both days being anxious about the community meeting, having a feeling I would have to come up with something to fill the time.

Having 101, 201, 301, etc. so that people can dive in at different stages. Fun time organized for multiple communities.

It was great and well organized. Thank you so much.

Moving the content to the next level. It seems that communities are moving forward but the content seems to be on the base level of prevention.

bigger rooms better setting

If it would be possible to meet in a more pedestrian-friendly neighborhood or walkable park area that would have improved my experience.

Possibly record presentations so we could go back and tune in to those we couldn't attend in person?

One thing about this Prevention Summit that could be improved

ADDITIONAL COMMENTS

More tactile workshops to help process the information being given. It is very heady and people have a threshold around how much information can be absorbed mentally. Learning takes place on multiple levels, it would be beneficial to establish workshop that allow people to learn through experience or movement.

This was my first time there was lots of wonderful information And plenty of opportunity to meet experts that can be contacted to help implement prevention strategies

The Community Planning session on Thursday was hard for me. I felt the 3 of us from Wrangell needed time just to be with one another and share, reflect, off-load some of what we were taking in. (We had mostly gone to different sessions). Not necessarily to do any planning at this time. Rather, someone came to our table (doesn't matter who) and began describing stages of planning that we were not ready for (in my opinion). She monopolized our brief time together without caring to know where "we were at". I felt annoyed and expressed myself (kindly) about it to her later. It just wasn't what I needed or wanted during that timeframe. Perhaps more importantly....where are the men in the picture?? None were presenters or speakers....need balance.

Putting the Decolonization session at the beginning of the Summit rather than the last day. It would have been nice to talk about this with others that were there.

It was really impressive.

Have the complete summit available online. It would make the summit available to others that couldn't attend and allow us who attended to review and clarify. There was so much information

Breakaway lanyards!!! Both for self-protection (i.e. getting nametags caught in a door), and for protection from others (it can easily be used to strangle someone).

make sure heavy stuff are not last

If workable, a directory of attendees and presenters for follow up efforts.

Please don't stack awesomeness against awesomeness. It was all too awesome.

Microphones need to be utilized by all presenters at all times in the Birch room, including conference hosts. This is an accessibility issue and I was frustrated to hear multiple presenters/hosts refuse to use the microphones, oftentimes saying out loud that they don't need to because they have a loud voice or don't want to use the mic. There were many times where I couldn't hear the presenters (during workshops and community break outs) and I know I'm not the only one. It's unfair to expect audience members to out their disability status in front of the entire room in order to be able to hear the presentation. This is something that really should be best practice at all future Summits and any large trainings. More info on it here: <https://www.chronicle.com/article/a-note-from-your-colleagues/245916?fbclid=IwAR0MqQeDqhragNXNR5nnvj-JK-xcjzXrb4ELOy5qZ8v9j3476xWVfzYBFfc>

Survey folks on who they would like to see as plenary speakers.

It was pretty great.

Diversifying the attendees

One thing about this Prevention Summit that could be improved

ADDITIONAL COMMENTS

The first day was wayyyy too much info, and we were given all this info so quickly by trying to cram all of it into 1.5 hour break outs. It was very overwhelming.

It's great to hear about the programs that other communities are implementing to engage with youth leaders but I would like to know more about how to specifically connect with youth who are interested in doing this work. I also would like it if the summit had acknowledged that some conditions that support youth leadership do not exist in all communities. For example, one teen mentioned that her parents work for a DV shelter and so she was already motivated to do teen leadership work due to her family's work. It's not enough to hear about the successes of other communities, I want to know what actual steps they took to reach those successes.

More time for structured interaction between communities- time to engage in dialogue or maybe "speed dating" between communities and Summit participants.

The content of the workshops wasn't exactly clear to my team. We ended up attending a lot of presentations that had content that seemed quite different than the summary.

Time for community groups to workshop with facilitators available. The groups I interacted with were receptive and voiced appreciation for the space

Day one breakouts not so spread out

Right now I cant come up with anything

accessibility needs to be improved. When a microphone is available ALL presenters need to use it. Bottom line, no exceptions. When a presenter chooses not to use the mic and asks publicly if everyone can hear that poses a problem. Maybe the person couldn't hear them ask.....and then you are asking people to self identify if they have an issue.....

Overall Summit Feedback

What is one thing about this Prevention Summit that you really appreciated?

I really appreciated the time for the community groups to work together. As most of us work for different agencies, we don't often have blocks of time to talk about how we can create a healthy community. I appreciated being able to talk to others from my community who care about prevention like I do.

The second day was much more active and hands on. It made the day much better for learning

The variety of topics. The youth panel. Linda Chamberlain's work.

One thing about this Prevention Summit that was really appreciated

ADDITIONAL COMMENTS

the workshops

The amount of different speakers/topics

The youth panel and having their voices heard.

The beauty of the location and the local fauna visit.

The self-care sessions with Dr. Chamberlain were wonderful.

I really appreciated how hard everyone worked to put it together and make it happen. It showed and you all are so incredibly appreciated!!!

I really appreciated getting to see and hear Linda Chamberlain in person. I also loved listening to and spending time with Liz Sunnyboy - what an inspiration!

Hearing all the work that is being done in the area of prevention. Networking.

I really appreciated the time for the community groups to work together. As most of us work for different agencies, we don't often have blocks of time to talk about how we can create a healthy community. I appreciated being able to talk to others from my community who care about prevention like I do.

I always like getting to see friends and co-workers from other parts of the state.

How much around equity and decolonization there was.

The communication

The youth Led panel and workshop and seeing all the prevention people

the kindness of everyone

I really appreciated being given the opportunity to present GOTR alongside the other council. Other than the low participation it was an amazing day!

I really appreciated how you started each day in a good way and how you honored the Dena'ina people/land.

The variety of topics. The youth panel. Linda Chamberlain's work.

The wonderful powerful people that were attending this meeting

Everyone's enthusiasm and the general, sense of "we can do this!"

Including elders and students.

All of it

Connecting with all the wonderful like minded people that are so passionate about Prevention!!

Interactive sessions

It was wonderful to see the efforts of communities around the state.

One thing about this Prevention Summit that was really appreciated

ADDITIONAL COMMENTS

I really appreciated the work groups/sessions during the workshop. It was very important for us to reflect and come together during the summit!

friendly greeting every morning

The diversity, passion and Alaska spirit.

The lunch panel with young people

I appreciated the longer (half or full day) workshops; I felt these allowed participants to delve much deeper into the content and walk away with more concrete tools and skills for this work.

Everything ran on time! Nice job coordinators!

Networking with all the Prevention folks in the state and hearing about the programs they have implemented.

The Decolonization Training

The second day was much more active and hands on. It made the day much better for learning

I do appreciate everyone's willingness to share their expertise, their experiences, their successes and failures. I think the Summit is a really great place to get recharged for prevention. It's always very uplifting to make connections with other communities and other prevention staff and helps remind me why I love doing this work and get excited about the other things going on the state. It's good to make those connections.

All of the cultural components that were included- the decolonization workshop and the presence of elders.

Decolonization workshop.

Seeing the communities come together

That I was able to attend day 1 while in Anchorage for a different conference

The helpfulness of the organizers. Having guidance in the workgroups with my community.

The opportunity to connect with other communities

Overall Summit Feedback

What are some topics you would like us to consider for the next Prevention Summit?

How to be a good coalition member, roles & responsibilities within coalitions, longevity in prevention, a ToP trainer to provide consensus workshop training

Men's role in violence prevention. Sustainability of prevention efforts. Building strong youth programming.

I can't think of anything off the top of my head other than offering hands on workshops like an art workshop or movement workshop to deepen the learning.

ADDITIONAL COMMENTS

More about Self care for providers

Instead of talking about all the different organizations out there maybe have a class on "how to" start it, what resources are out there, what funding or grants could be requested

HOW TO ENGAGE WITH MEN AND BOYS

How substance abuse coincides with domestic violence/SA

See above, re: more men.

Workshops on different prevention programs you can implement in your community.

Prevention through cultural integration

Difficulty of prevention efforts in rural communities.

For new members of the prevention team, who may not be coming from a DVSA background, a short basic Prevention 101 would be nice. I know there is a lot to cover, but some basic prevention terminology and concepts would be good. I suspect there are always new people joining the work.

How to be a good coalition member, roles & responsibilities within coalitions, longevity in prevention, a ToP trainer to provide consensus workshop training

Serving rural communities better.

Stick with the same plan.

Engaging males and kind of the next steps for prevention and move away from the base level.

more community engagement

I'd like to see all of our prevention strategies mapped out to see where the gaps are in terms of both the social-ecological model and the human lifespan.

An intro to skills/tools such as EFT/tapping, meditation, acupuncture, mindfulness, etc.

I can't think of anything off the top of my head other than offering hands on workshops like an art workshop or movement workshop to deepen the learning.

* Specific ways and means of strengthening and supporting newly "born" families...helping them get on the right track (skill building) * Faith communities and prevention - what do we need to know; what are we doing that is helpful; what might we be doing that could be harmful?

Trauma informed tools, and aces.

Everything here was very beneficial. Thank you.

The shared factors work of the Alaska Injury Prevention Center.

How to develop a seminar series. A list of guest speakers who might be available in the state or Pacific Northwest. How to integrate with other SE communities and share information, agenda's, programs, speakers, etc.

ADDITIONAL COMMENTS

Sexuality for sexual assault victims

everything was amazingly good

Building relationships with the Native community. Reaching and involving parents at a deeper level. Reaching the business community in a meaningful way.

Restorative practices

This isn't topic specific, but I would like to see more workshop options geared towards people who have been doing prevention work for some time. That could look like having 101 and 201 tracts/options at times and allowing people to self-select based on what seems most useful based on experience level. In many of the workshops I attended this year, presenters spent a significant amount of time establishing/visiting basic prevention principles or framework, oftentimes leaving little time for deeper discussion or skill/knowledge development. I know that it's very challenging hosting a conference of this size with attendees from everywhere in Alaska and each community on its own journey of prevention work; I think you all do really great work and don't want this to discourage from that! I just also know that I talked to a handful of other people who have been in DV/SA prevention work for some time and we had similar feelings that we would have appreciated more workshops where there was an assumption of shared understanding and the opportunity to delve deeper based on it.

Developing evaluation plans to measure your activities impact.

Would be best to have Decolonization at a time that does not conflict with "Community Planning".

Men's focused work

Great question.... I don't have an answer to that right now

I don't have anything off the top of my head.

Men's role in violence prevention. Sustainability of prevention efforts. Building strong youth programming.

Evaluation of programming. The workshop provided this time did not have enough time available to cover this topic adequately. Most of the presentations I was in actually ended up running long and not covering a lot of the proposed information.

Using shared indicators. Creative evaluation methods [photovoice].

Boy prevention programming

Hmm. I really am at a blank. Impactful outreach and celebrations. Audience recognition. Meta analysis of meetings.

I would like to see more concrete skills and tool offered.

Overall Summit Feedback

Please share any additional feedback you have about this year's Prevention Summit

I had so much fun learning and meeting people. It was really powerful and overall and AMAZING experience!
Thank you all!

It was a great experience for those that joined and had deep conversations. It is extremely helpful to be out of the community and have time to plan, think and delve into prevention, outside of the pushes and pulls from the work, and from community. It was helpful to hear traditional ways of healing, promoting resilience, as well as good practices that prevention programs employ to make end violence before it starts.

As a first time attendee, I appreciated the structure and coordination. There were some fantastic resources presented and am sure that it'll evolve and even better next time. Some things to address next time would look into incorporating more communities (Asian, black, LGBT, etc) and have resources to make these communities feel safer and/or included in the conversation of violence prevention.

ADDITIONAL COMMENTS

I so appreciate the time and work that went into the Summit.

I am thankful for the experience, and do feel like a bit of an interloper, since I'm just a volunteer. I was heartening to see all the work going on, and I'm glad our coalition has the connections to the broader Alaska prevention community. Thank you for such a special experience.

I had so much fun learning and meeting people. It was really powerful and overall and AMAZING experience! Thank you all!

A wonderful experience. I definitely hope that Angoon will participate as a team in the future.

Thank You.

Please automatically order more vegetarian food. Even meat eaters eat vegetarian. So I, and other vegetarians, had no lunch Thursday because the veggie options had been taken and there was a lunch event planned. Thank you for all the hard work getting this together. Thank you for the opportunity to have a pre-conference event. It was so helpful and so greatly appreciated.

I need to get the number of someone that can help us have this corrupt police dept. looked at closely.

Thank you!

What a wonderful summit! Thank you so much for this opportunity.

Thanks so much to everyone who worked hard to make it happen. And THANK YOU for the scholarship! There's no way I could have attended without it!

I know that I was not in the best space for this (partly due to the extended travel up) and also knowing that I was heading down to Seattle for surgery right after. In our confusing departure, I had left my printouts of the program schedule at the airport and had not been able to review/decide on sessions/presenters until the morning everything began. In hindsight, I probably would have made several different choices. I DO want to thank everyone for working so hard to put this together and for paying for the rooms for all 3 of us from Wrangell to attend. We have yet to meet (I'm still in Seattle) but am looking forward to finally having a chance to go over things with the other two and see what we gained from it.

It was a great experience for those that joined and had deep conversations. It is extremely helpful to be out of the community and have time to plan, think and delve into prevention, outside of the pushes and pulls from the work, and from community. It was helpful to hear traditional ways of healing, promoting resilience, as well as good practices that prevention programs employ to make end violence before it starts.

Thank you so much for the opportunity to attend this summit. The financial assistance was so appreciated. I left realizing there's a big job ahead but with patience, networking, and collaboration in my community, change can occur.

Thank you for giving me the opportunity to attend this year's Summit! I really learned a lot, and are implementing some of what I learned in to our programming.

it was over all good

ADDITIONAL COMMENTS

It is clear that a tremendous amount of planning and effort went into this summit, so kudos to all who helped. There were many PRACTICAL presentations, as we often get stagnated with theoretical matters. There were many takeaways that will benefit our community now and in the future. Thank you all for your hard work.

As a first time attendee, I appreciated the structure and coordination. There were some fantastic resources presented and am sure that it'll evolve and even better next time. Some things to address next time would look into incorporating more communities (Asian, black, LGBT, etc) and have resources to make these communities feel safer and/or included in the conversation of violence prevention.

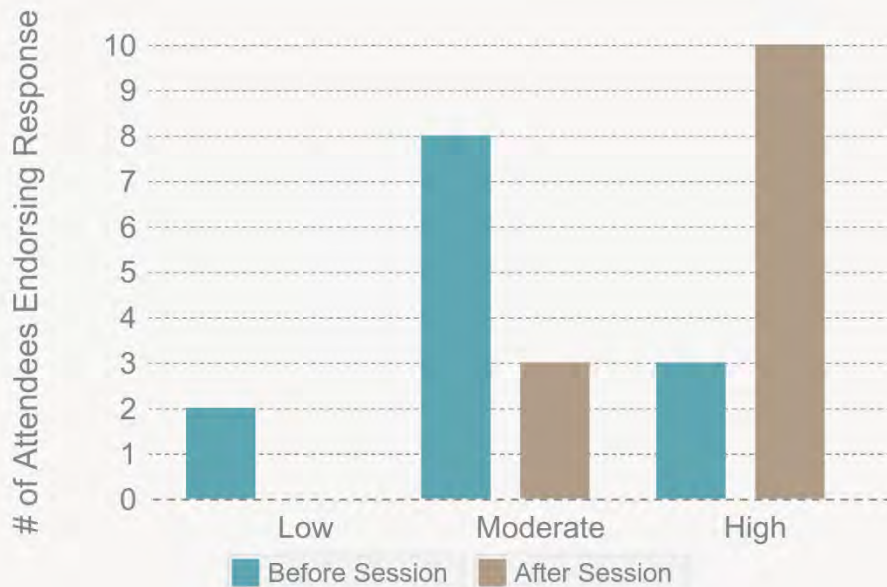
Thank you!

Thank you so much. That was a lot of questions but so was putting on such a successful prevention summit and I thank everyone involved.

How to Make Your Facilitations and Trainings "FUN"omental

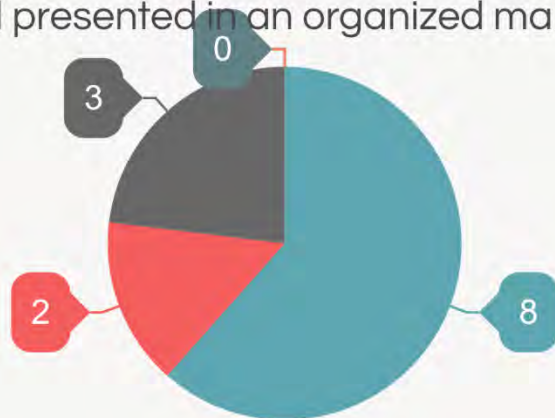
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OVERALL KNOWLEDGE OF SESSION CONTENT

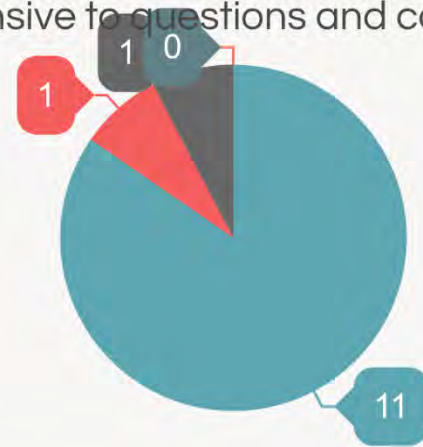


PERCEPTIONS OF CONTENT & PRESENTATION

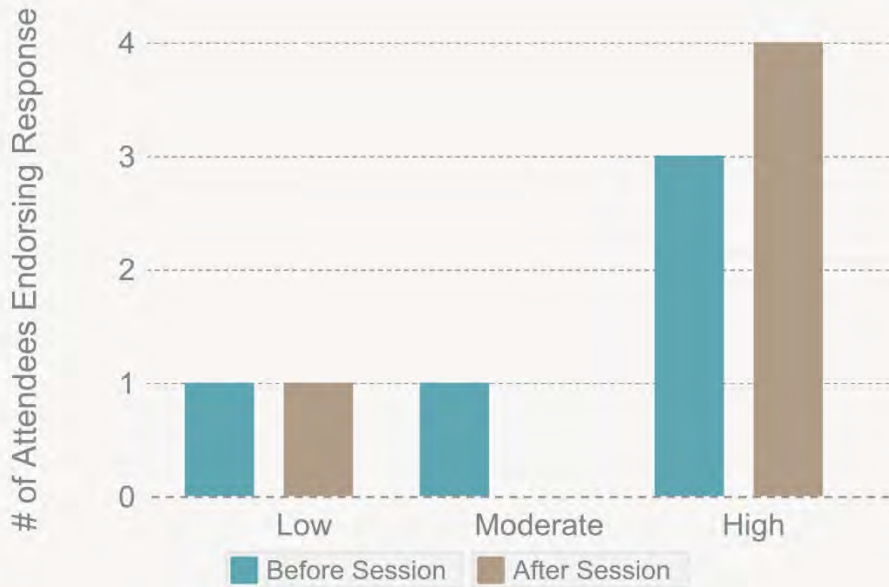
Overall, this session's content was useful, appropriate for my level of experience, and presented in an organized manner



Overall, this presenter knew the subject matter, maintained my interest, and was responsive to questions and comments



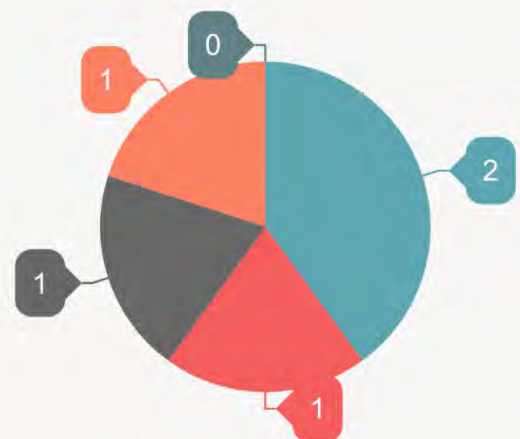
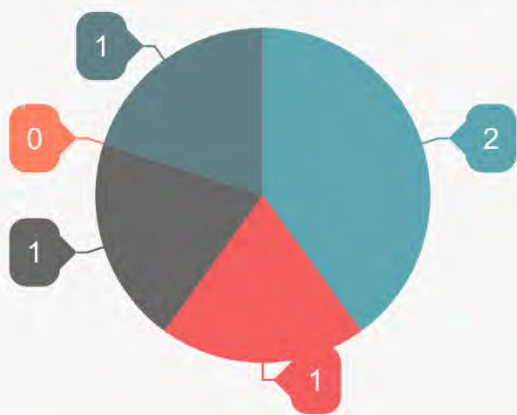
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Very true (40%) Mostly true (20%) Somewhat true (20%)

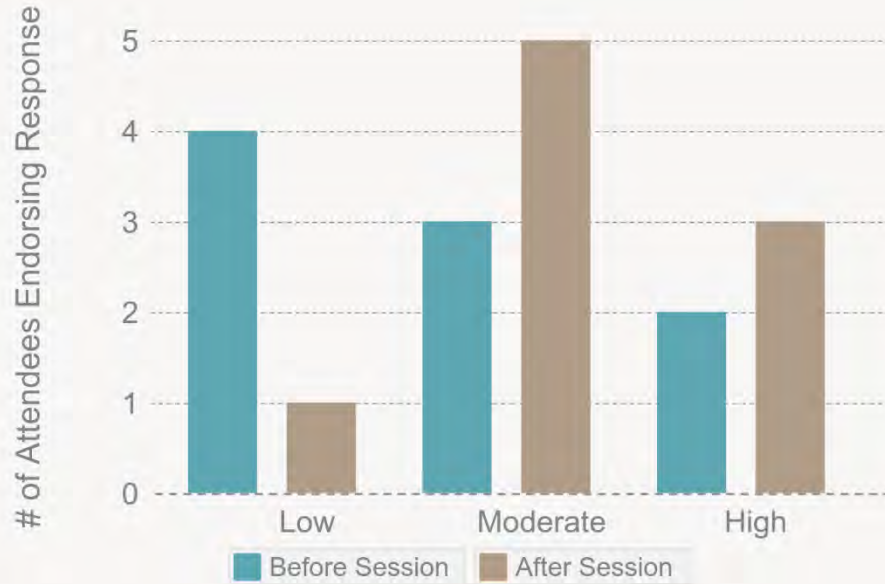
A little true (0%) Not at all true (20%)

Very true (40%) Mostly true (20%) Somewhat true (20%)

A little true (20%) Not at all true (0%)

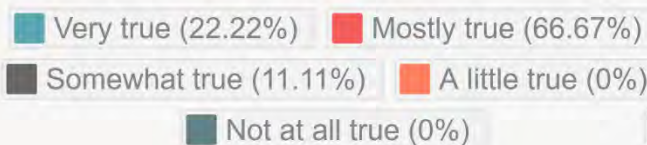
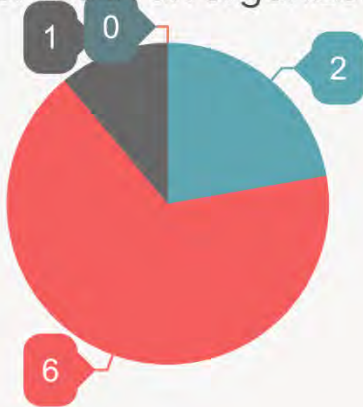


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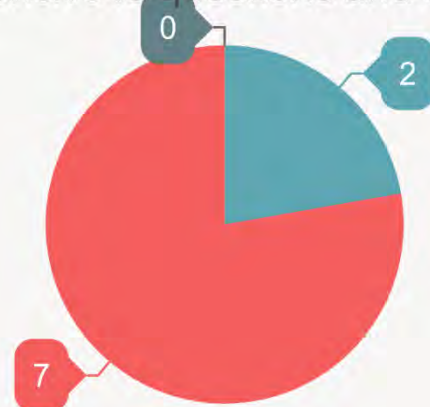


PERCEPTIONS OF CONTENT & PRESENTATION

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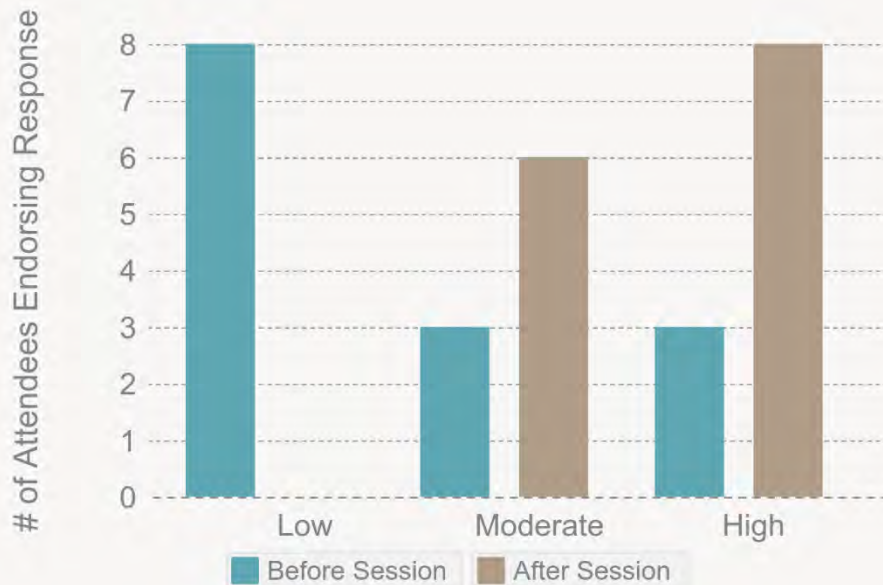
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Social Media & Marketing: Leveraging Both to Instill Change

14

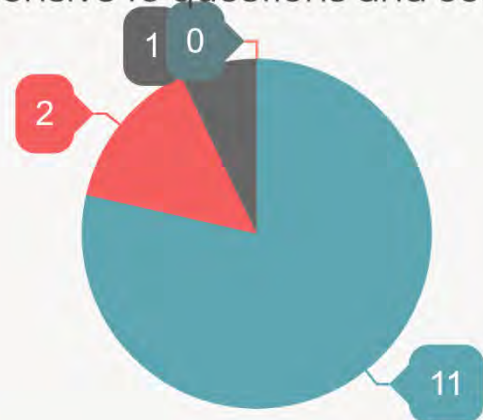
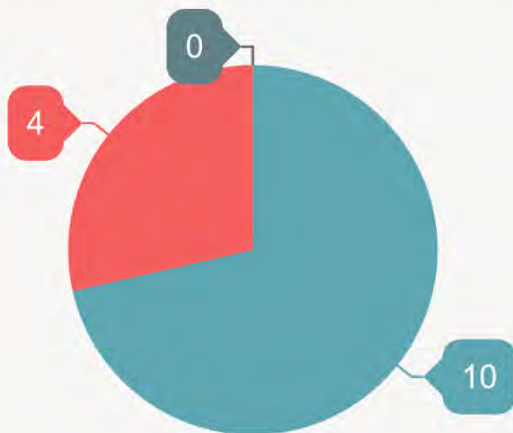
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Very true (78.57%) Mostly true (14.29%)

Somewhat true (7.14%) A little true (0%)

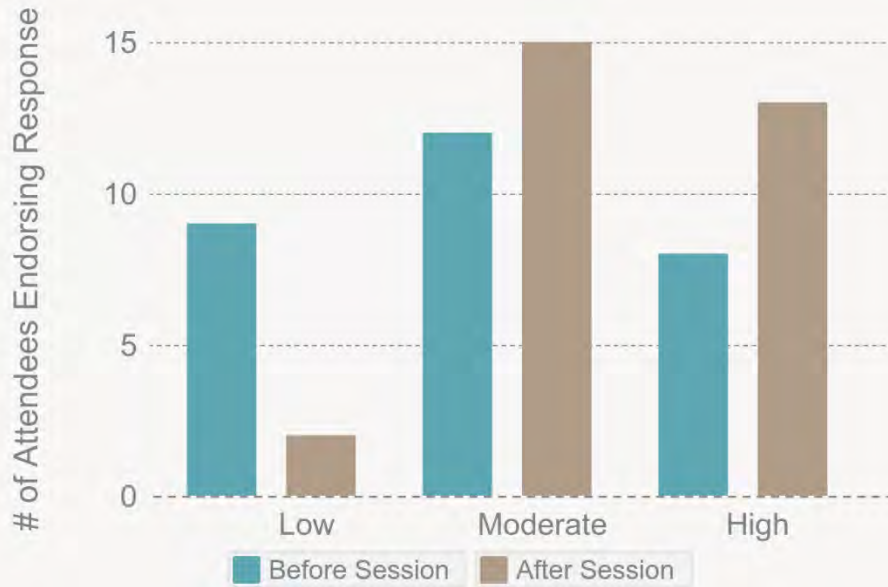
Somewhat true (0%) A little true (0%) Not at all true (0%)

Not at all true (0%)

Where are Your Connections? Working Towards a Coordinated Community Approach to Primary Prevention

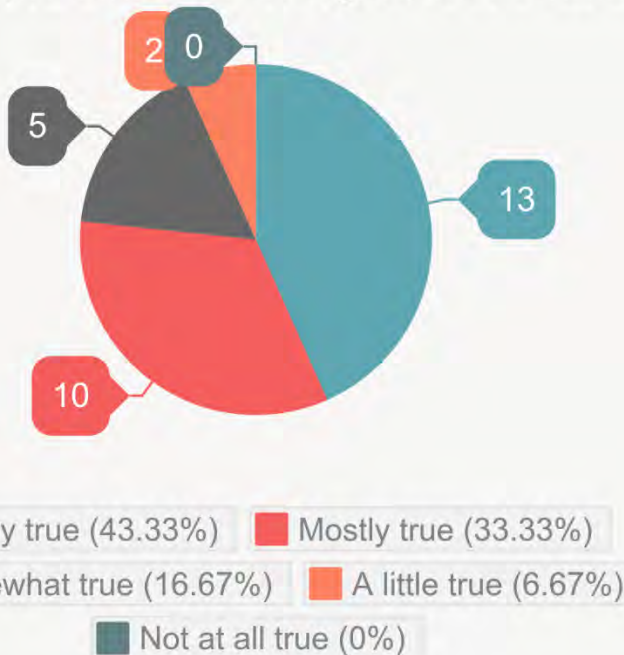
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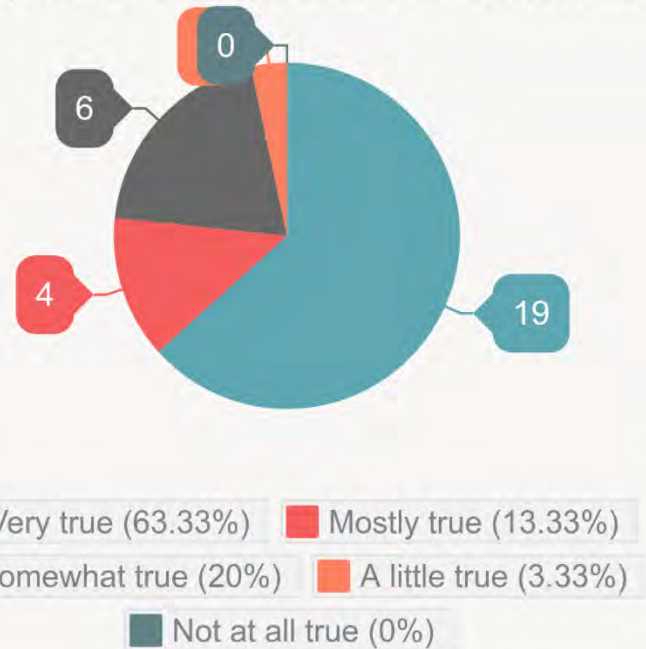


PERCEPTIONS OF CONTENT & PRESENTATION

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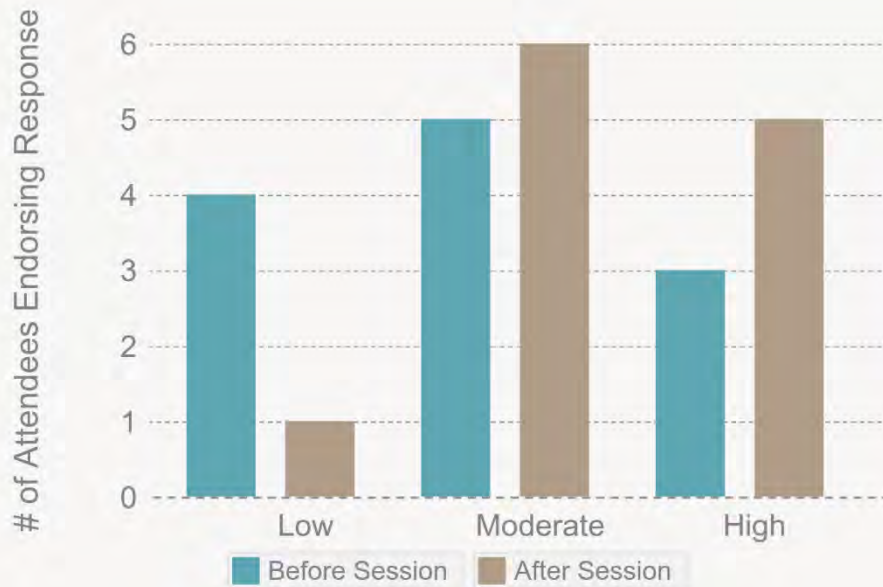


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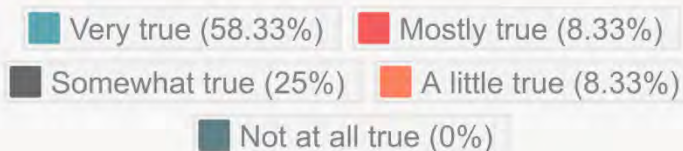
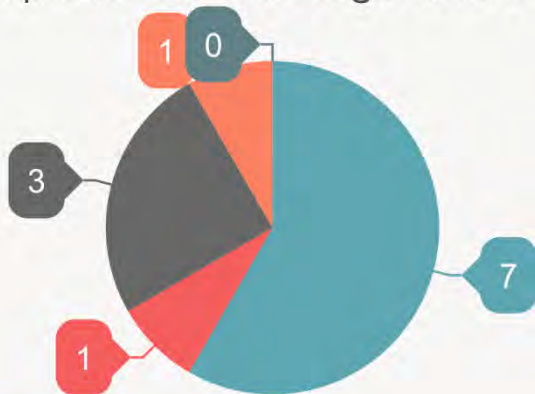


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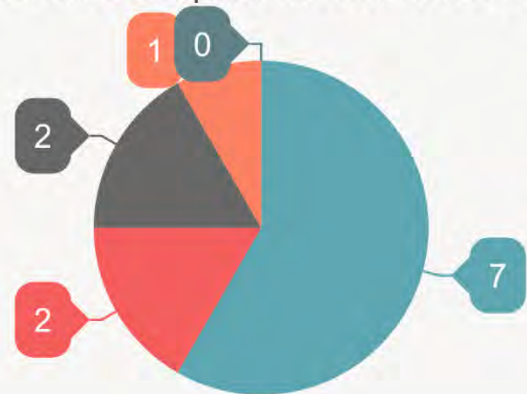


PERCEPTIONS OF CONTENT & PRESENTATION

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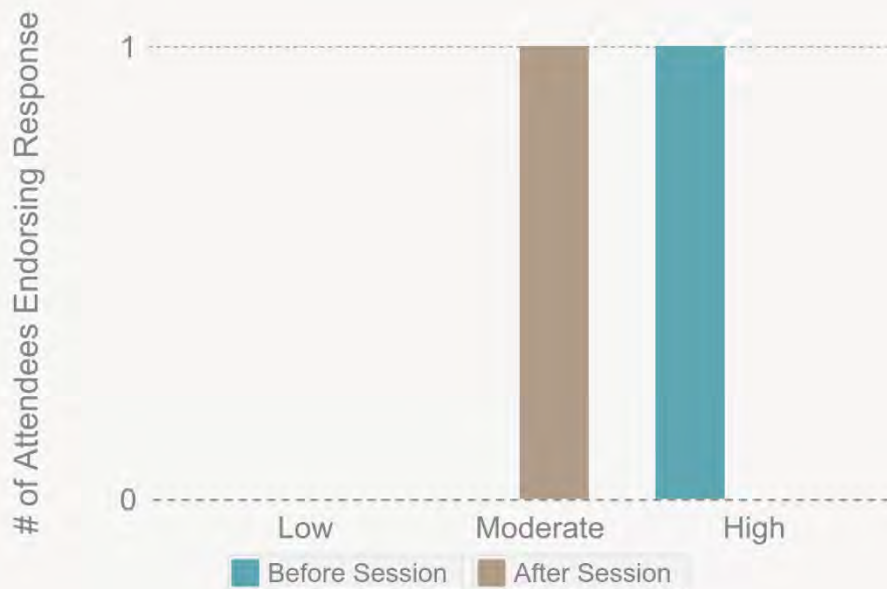


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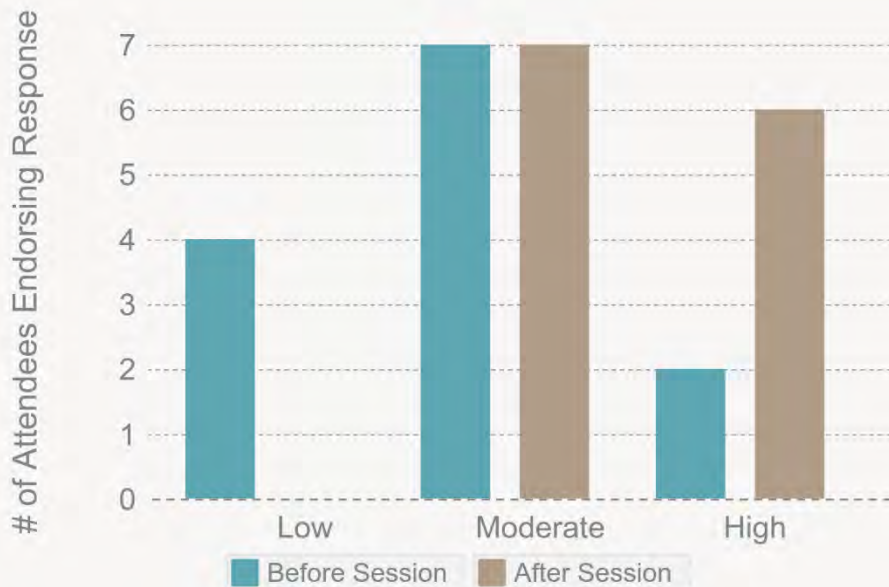


- Very true (100%)
- Mostly true (0%)
- Somewhat true (0%)
- A little true (0%)
- Not at all true (0%)

Understanding Strengths, Resiliency, and Well-Being from an Alaska Native Perspective

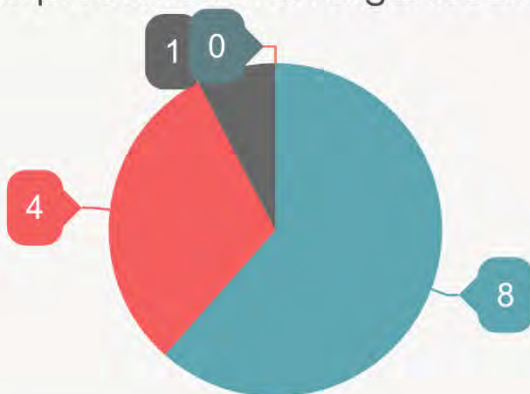
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OVERALL KNOWLEDGE OF SESSION CONTENT



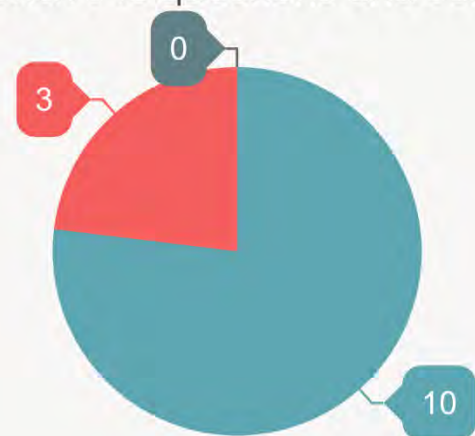
PERCEPTIONS OF CONTENT & PRESENTATION

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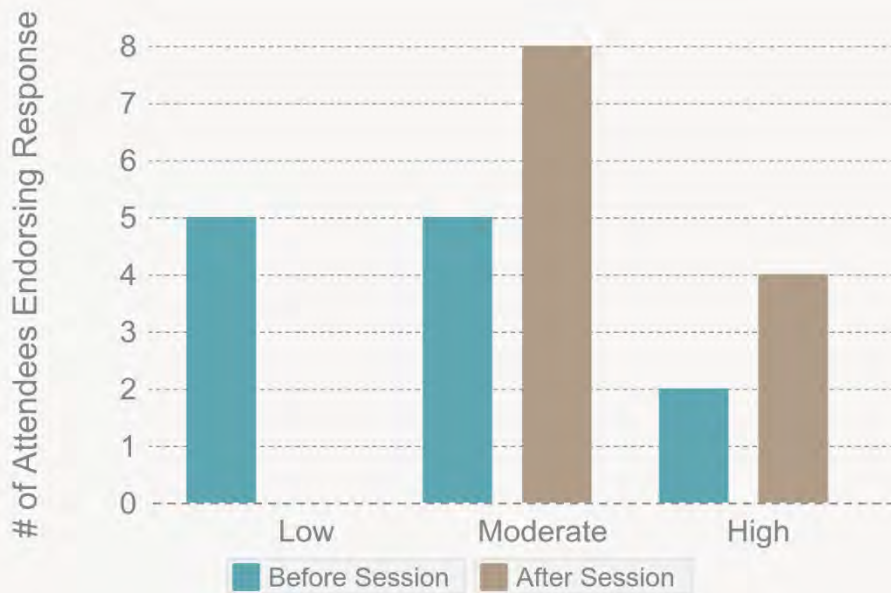
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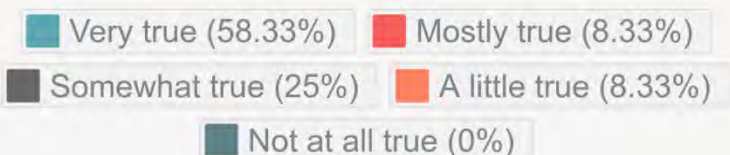
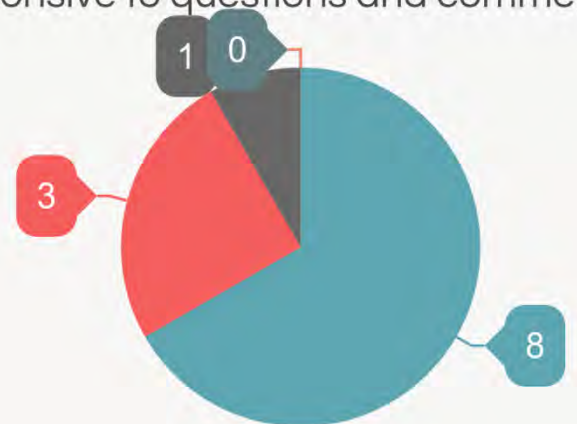
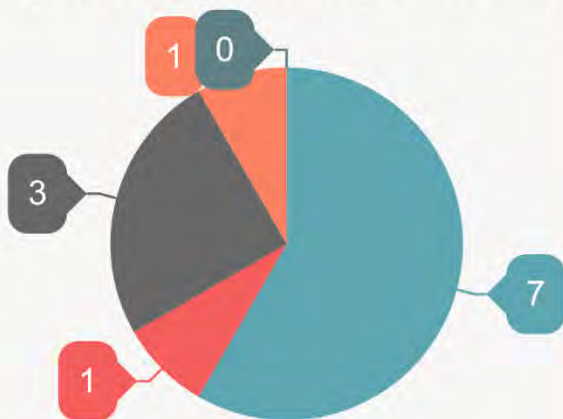
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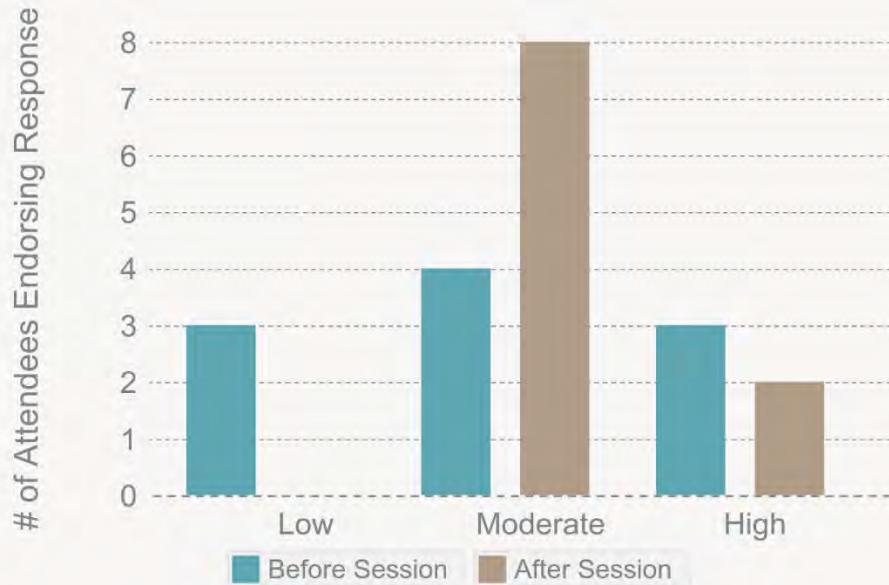
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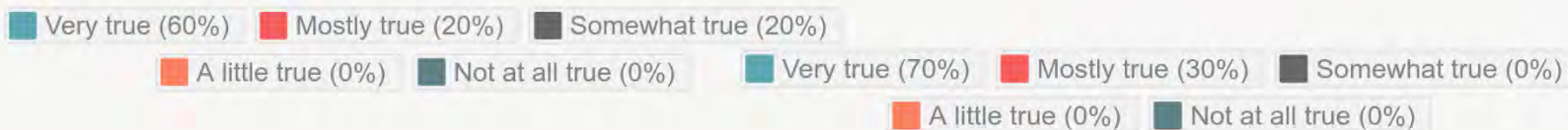
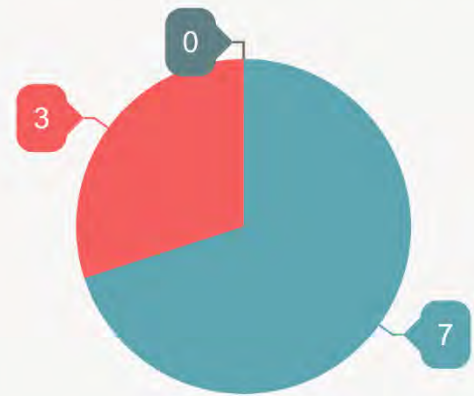
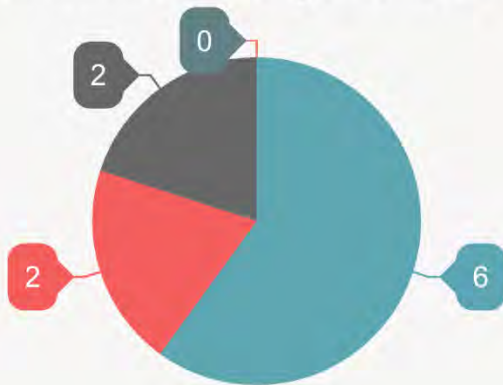
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PERCEPTIONS OF CONTENT & PRESENTATION

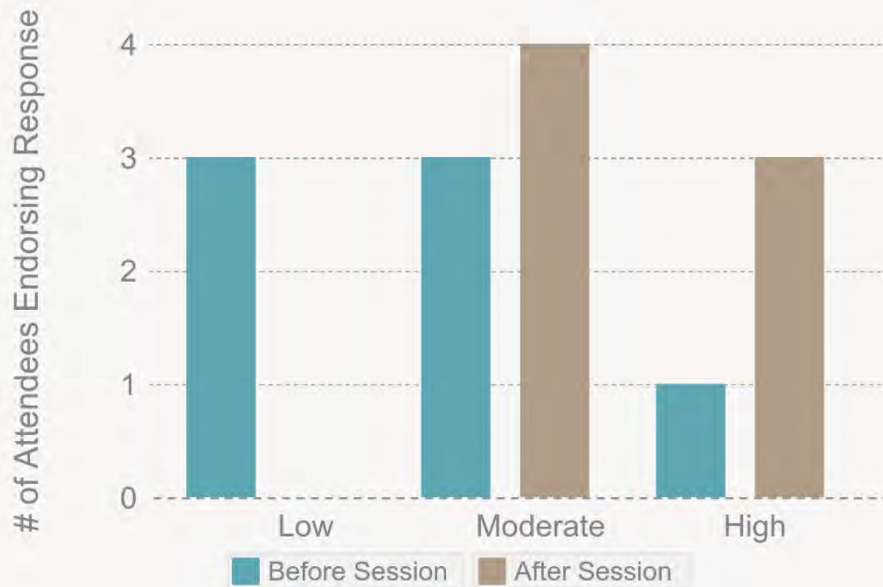
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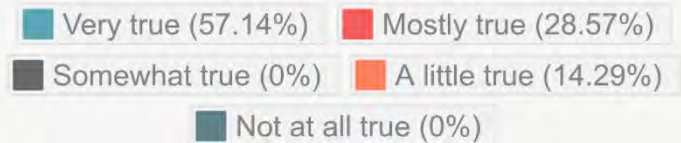
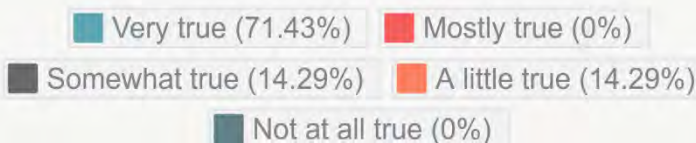
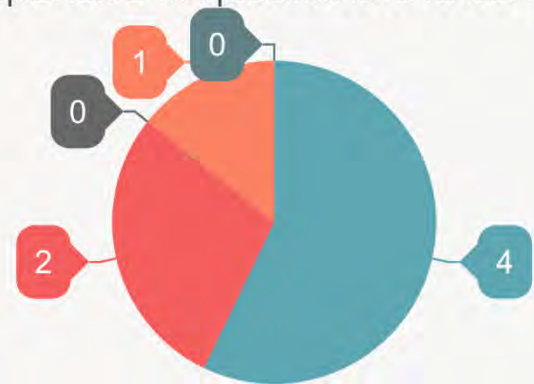
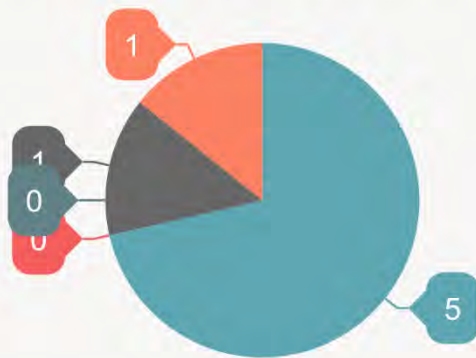
OVERALL KNOWLEDGE OF SESSION CONTENT



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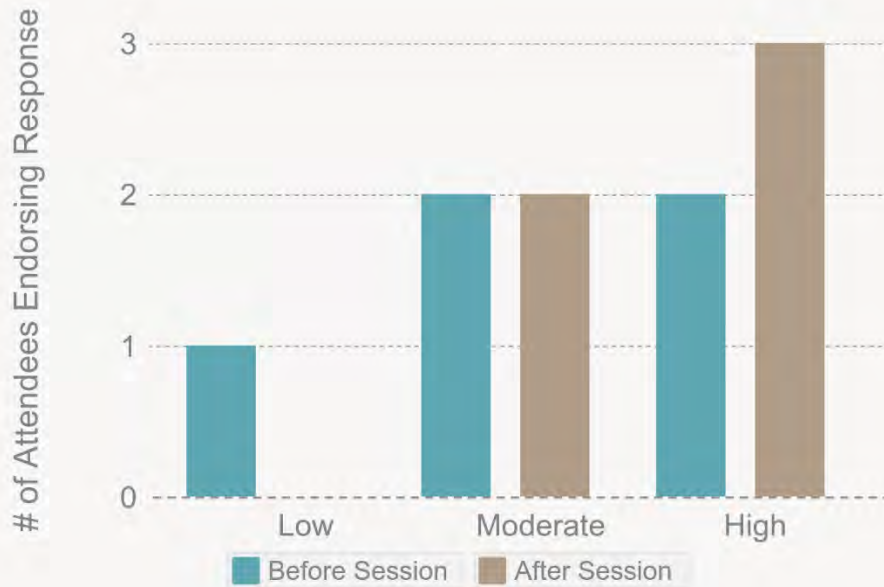
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Nuts, Bolts, and Benefits of Youth Led Programs

 5

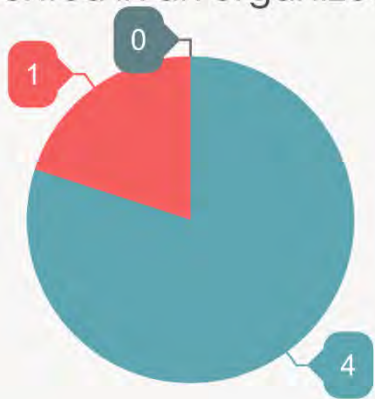
OVERALL KNOWLEDGE OF SESSION CONTENT



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Very true (80%) Mostly true (20%) Somewhat true (0%)

A little true (0%) Not at all true (0%)

Very true (100%)

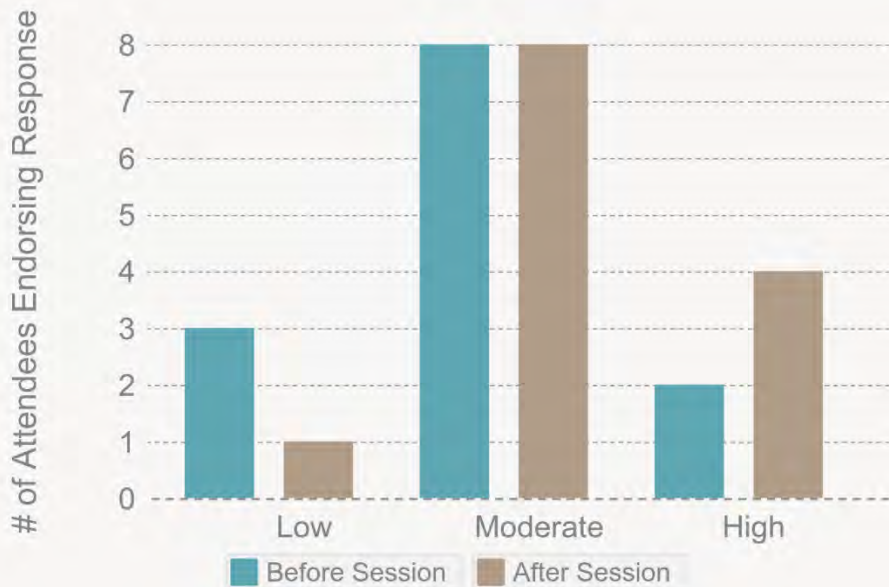
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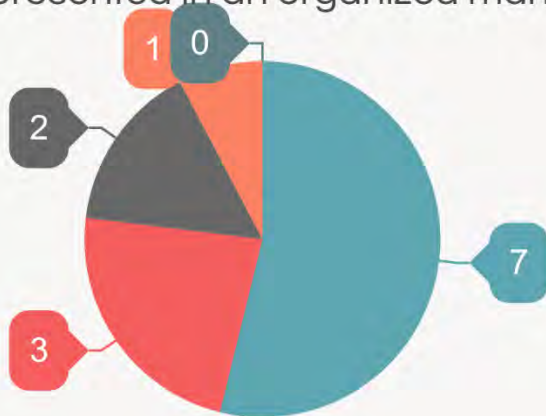
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OVERALL KNOWLEDGE OF SESSION CONTENT

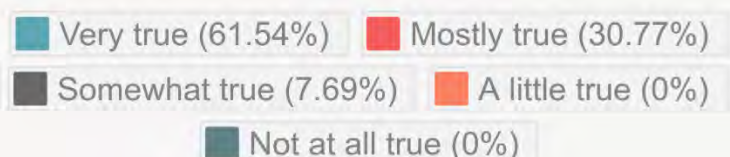
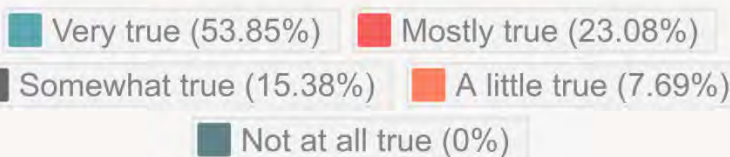
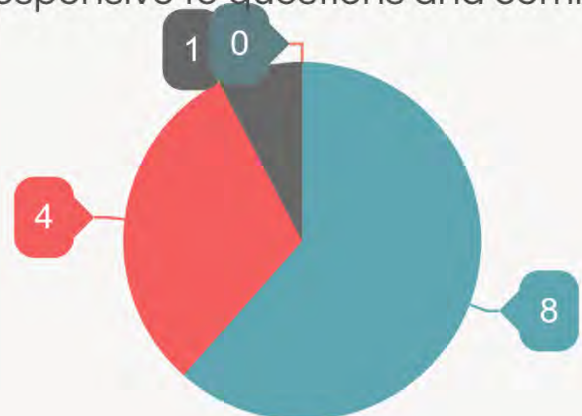


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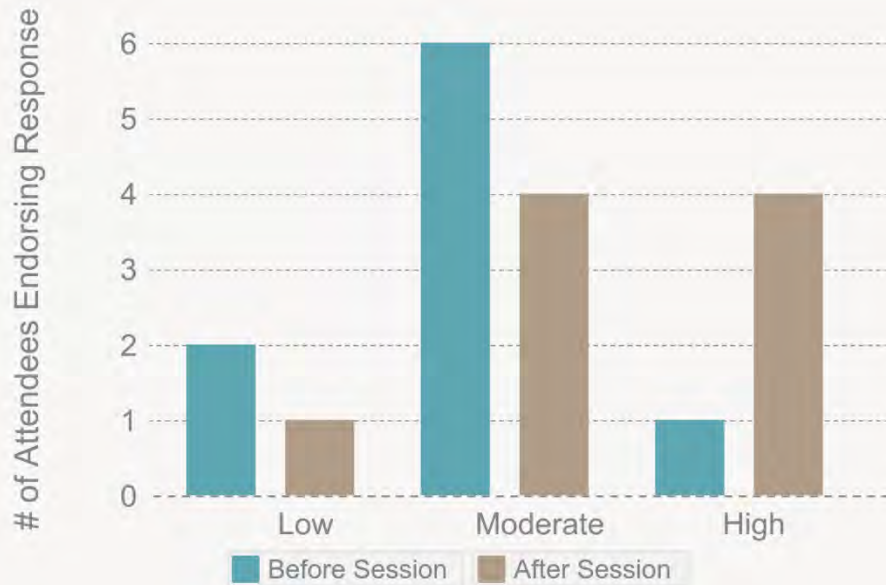


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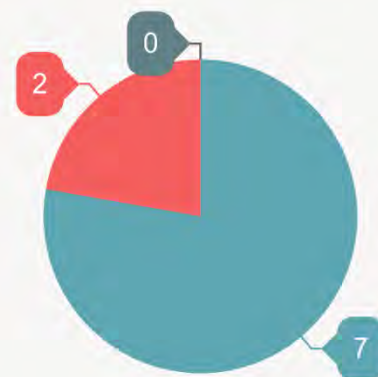
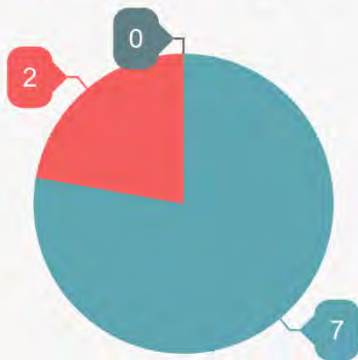
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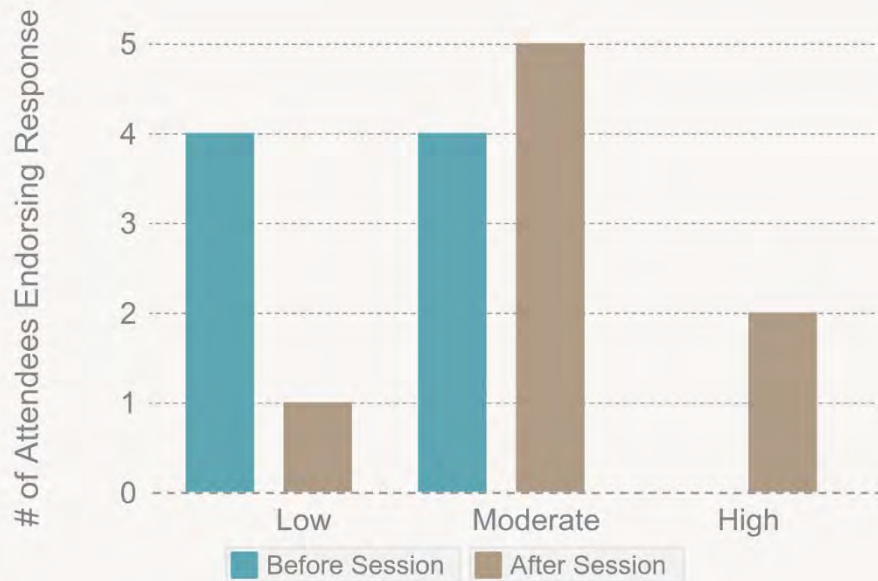
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Coordinating Our Efforts to Reduce Disparities in Alaska's Response to Domestic Violence of Alaska Native Victims in Rural Alaska



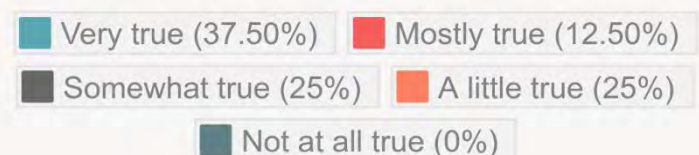
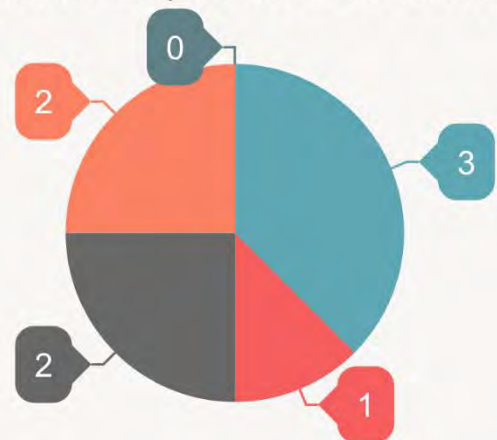
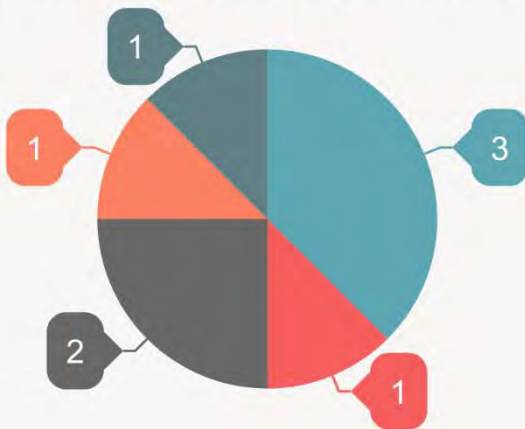
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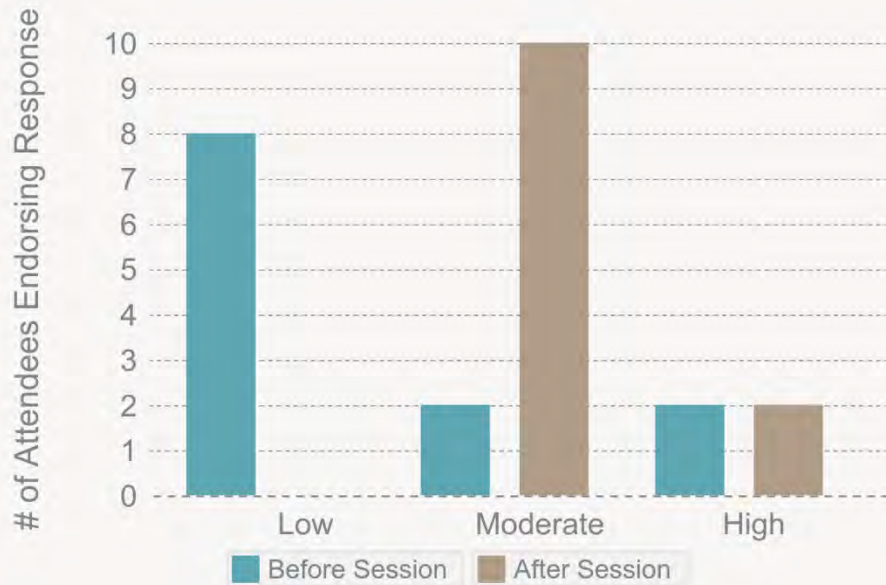
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Collective Impact: What is it? How do you make it happen?

 12

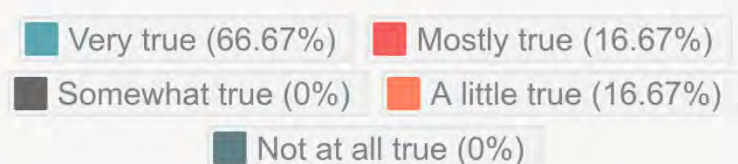
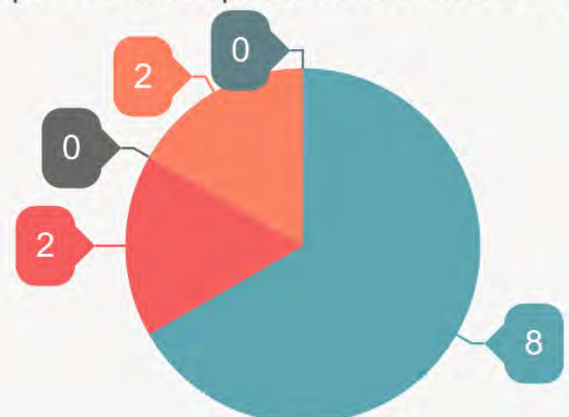
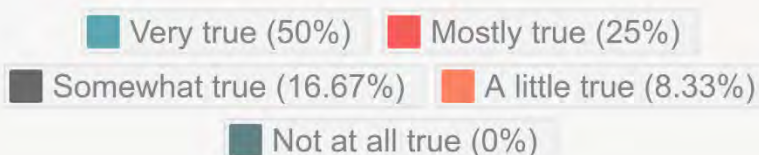
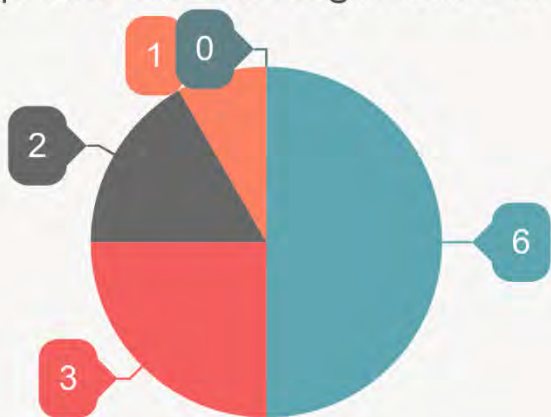
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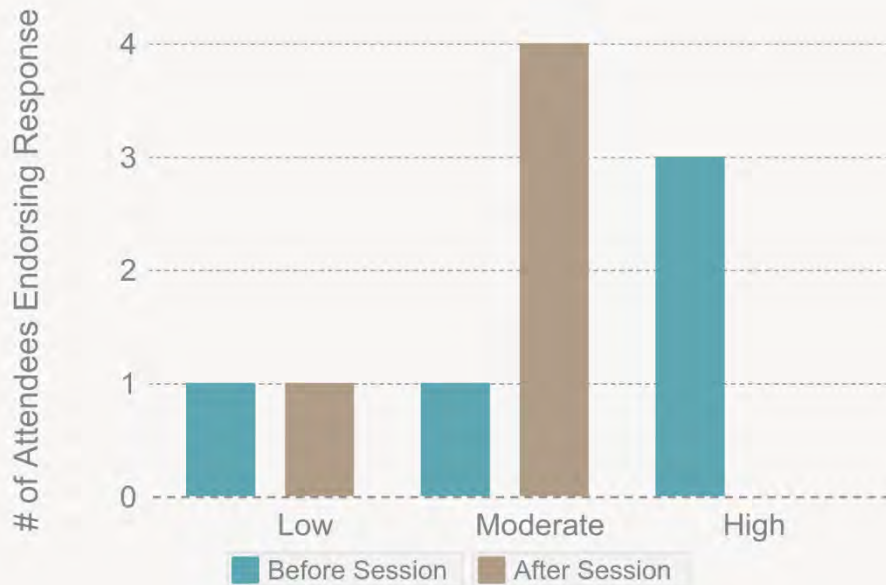
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Because of Her, We Can! An Alaskan Story of Hope and Friendship Honoring Rita Blumenstein and Dottie Baumgartner

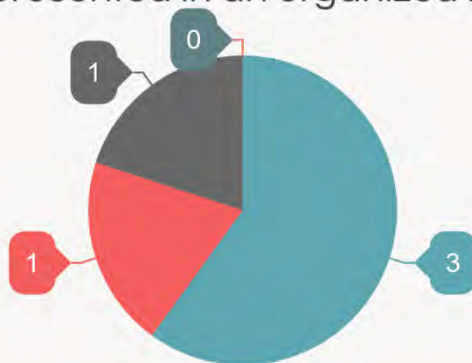


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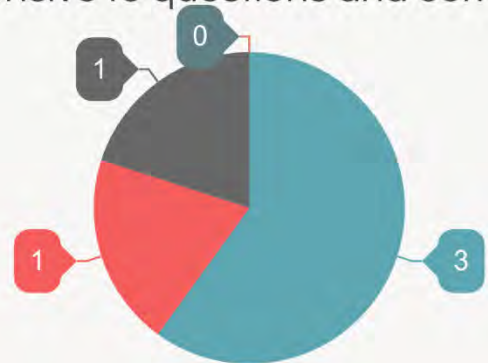


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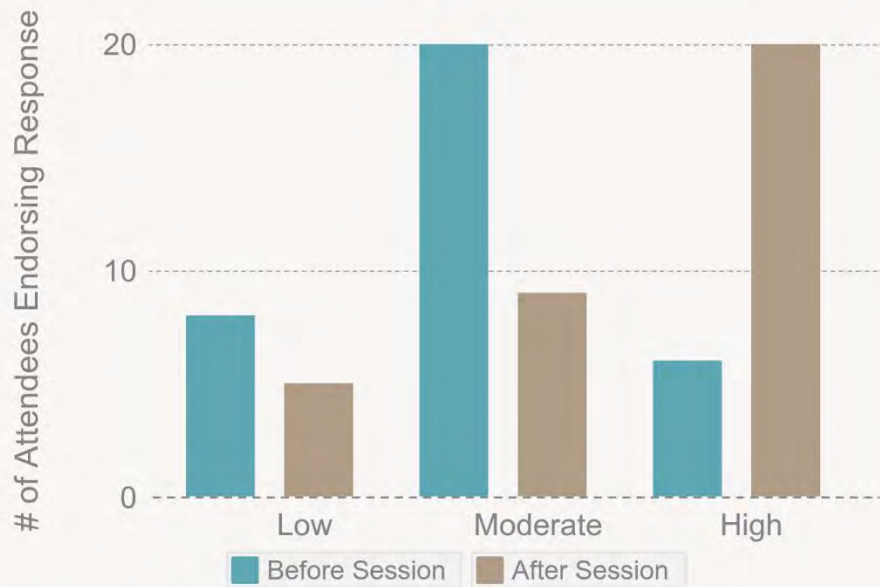


■ Very true (60%)
 ■ Mostly true (20%)
 ■ Somewhat true (20%)
 ■ Very true (60%)
 ■ Mostly true (20%)
 ■ Somewhat true (20%)
 ■ A little true (0%)
 ■ Not at all true (0%)

The Brain, Body, and Stress: The Essential Role of Mind Body Practices in Primary Prevention

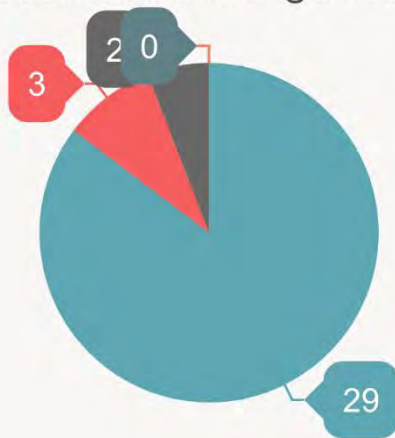
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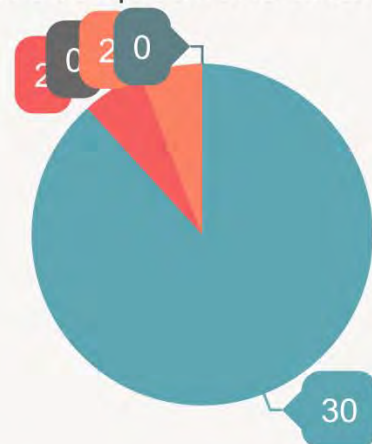


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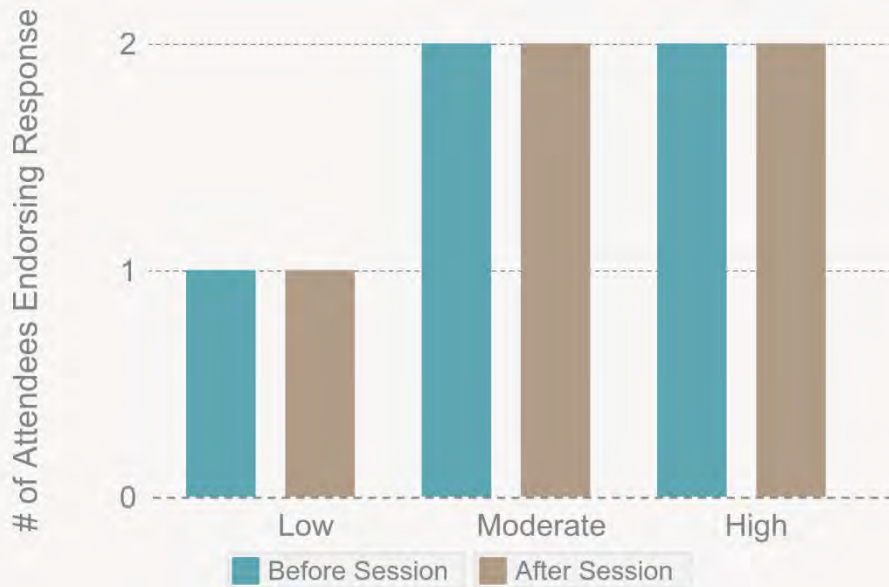


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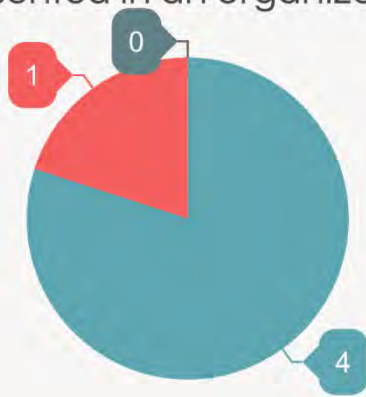


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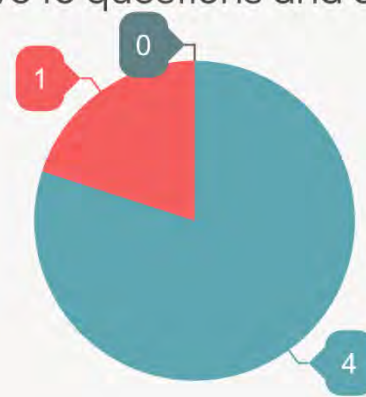


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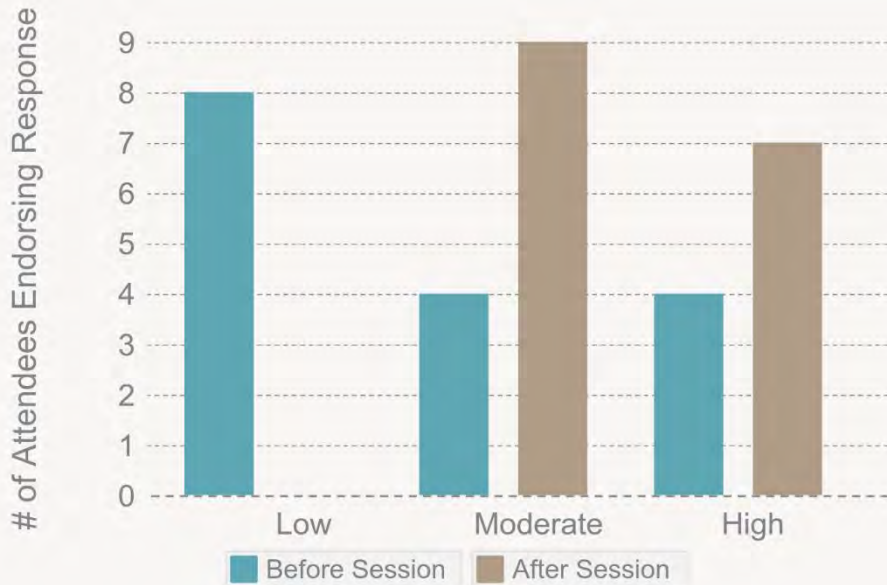


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■ Very true (80%)
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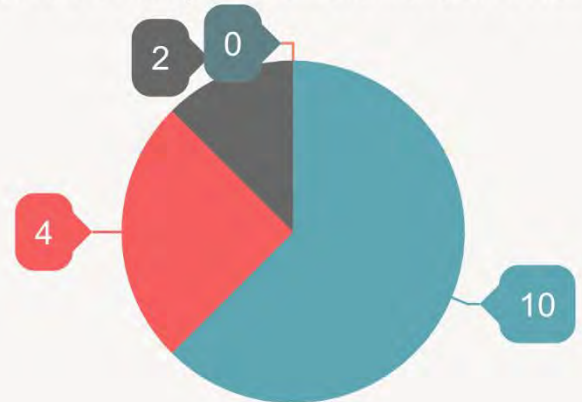
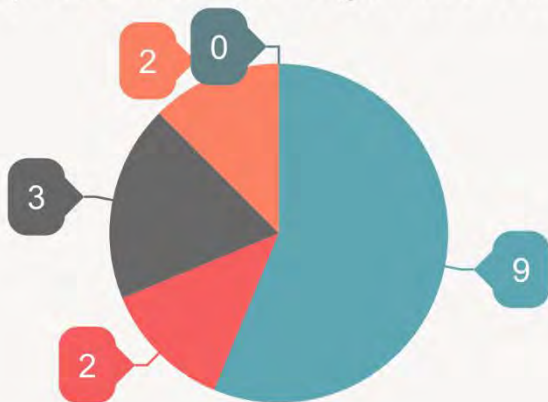
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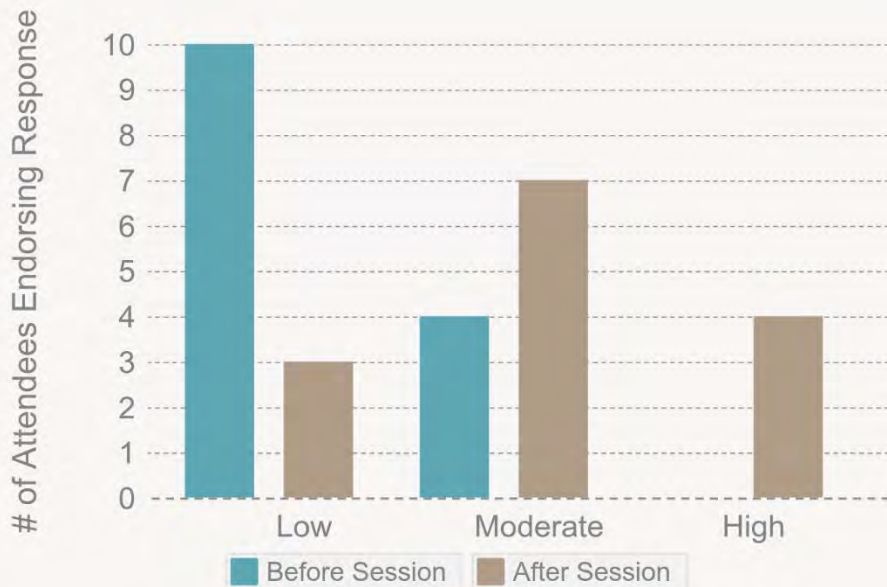
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Garden of Roses: A Traditional Approach to Healing from Sexual Assault

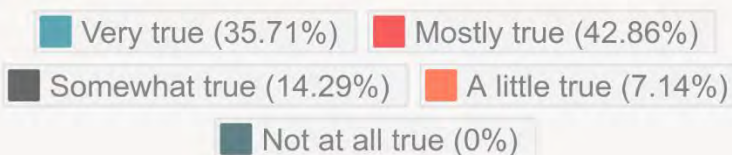
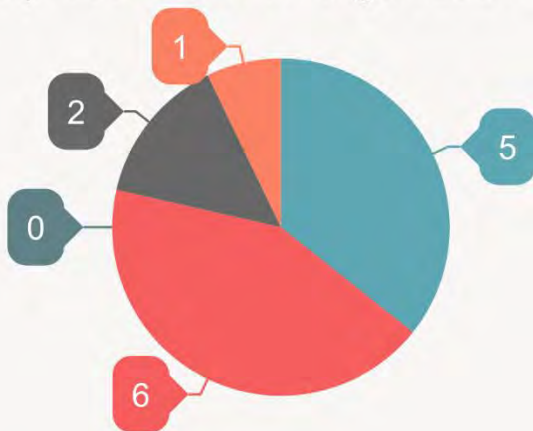
 14

OVERALL KNOWLEDGE OF SESSION CONTENT

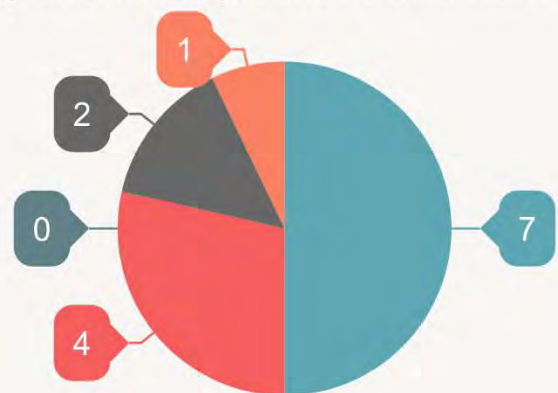


PERCEPTIONS OF CONTENT & PRESENTATION

Overall, this session's content was useful, appropriate for my level of experience, and presented in an organized manner

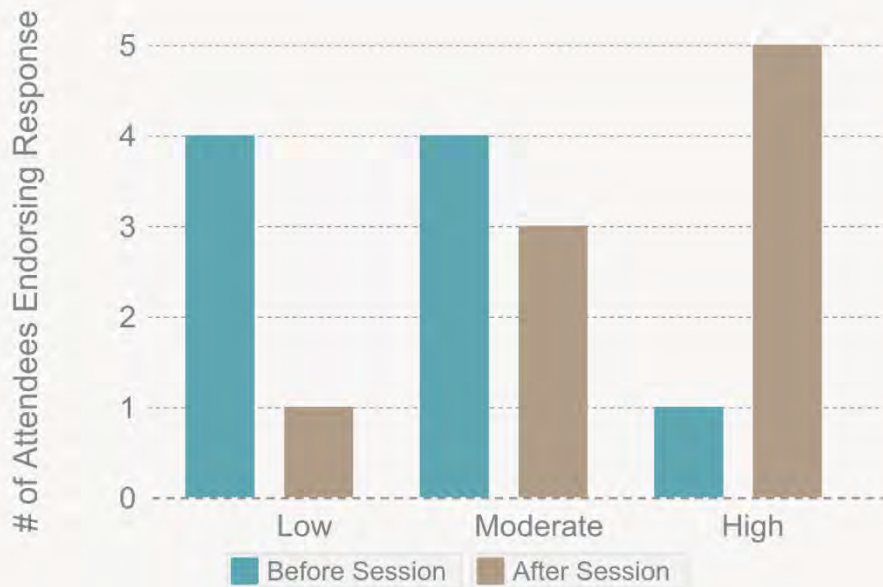


Overall, this presenter knew the subject matter, maintained my interest, and was responsive to questions and comments





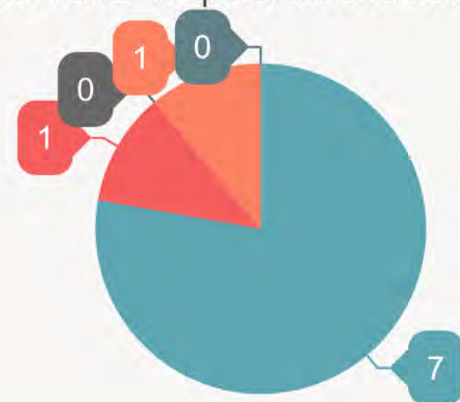
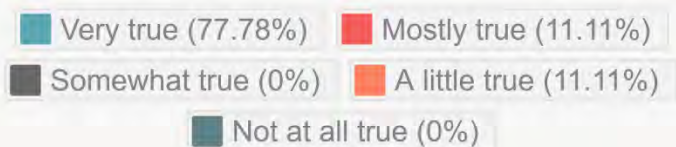
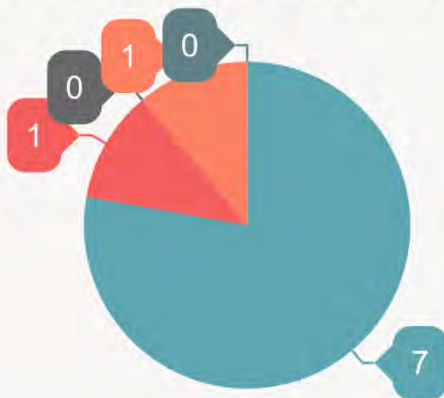
OVERALL KNOWLEDGE OF SESSION CONTENT



PERCEPTIONS OF CONTENT & PRESENTATION

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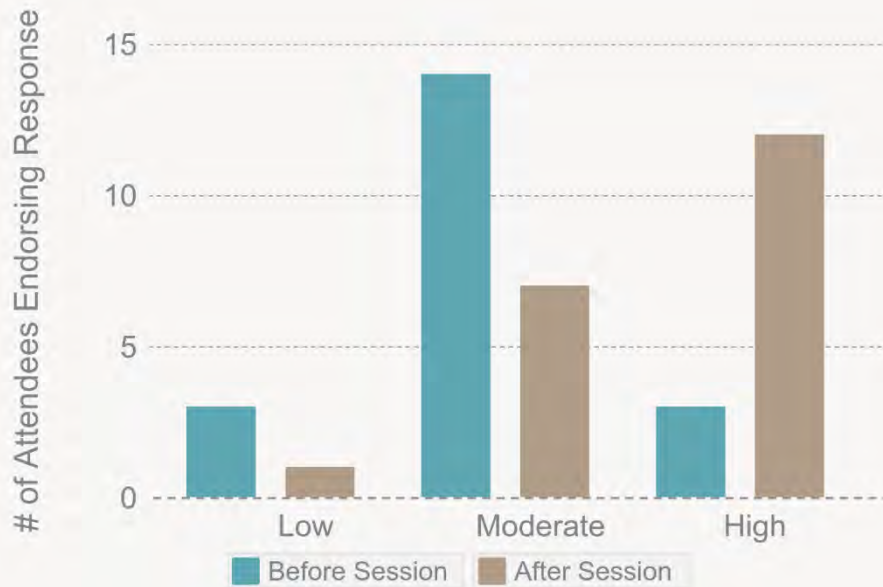
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Good News: Simple Tools to Promote Resilience, Self-Regulation, and Well-Being

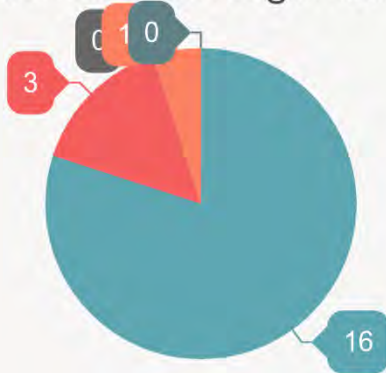
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OVERALL KNOWLEDGE OF SESSION CONTENT



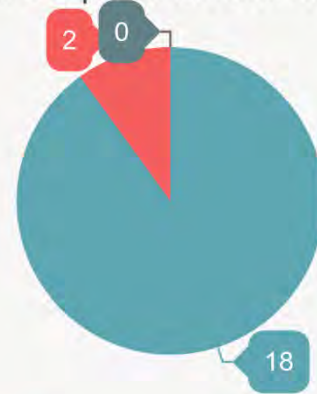
PERCEPTIONS OF CONTENT & PRESENTATION

Overall, this session's content was useful, appropriate for my level of experience, and presented in an organized manner



Very true (80%) Mostly true (15%) Somewhat true (0%)
A little true (5%) Not at all true (0%)

Overall, this presenter knew the subject matter, maintained my interest, and was responsive to questions and comments

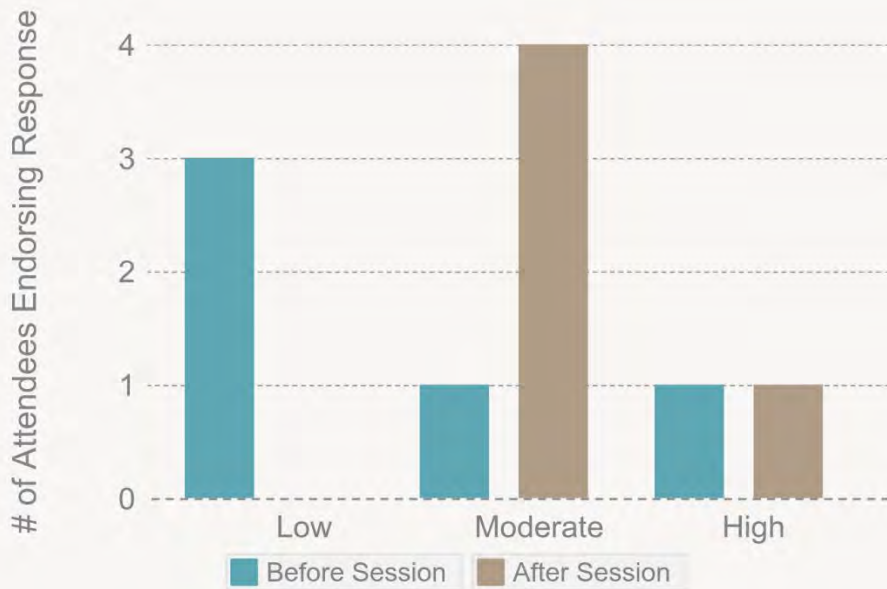


Very true (90%) Mostly true (10%) Somewhat true (0%)
A little true (0%) Not at all true (0%)

Sustainability - What Did We Find and What Do We Do With It?

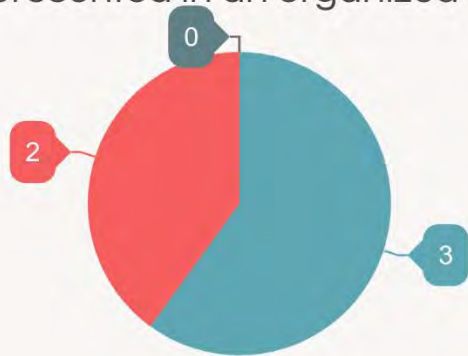
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OVERALL KNOWLEDGE OF SESSION CONTENT



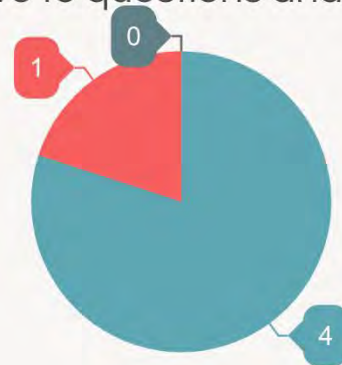
PERCEPTIONS OF CONTENT & PRESENTATION

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Very true (60%) Mostly true (40%) Somewhat true (0%)
A little true (0%) Not at all true (0%)

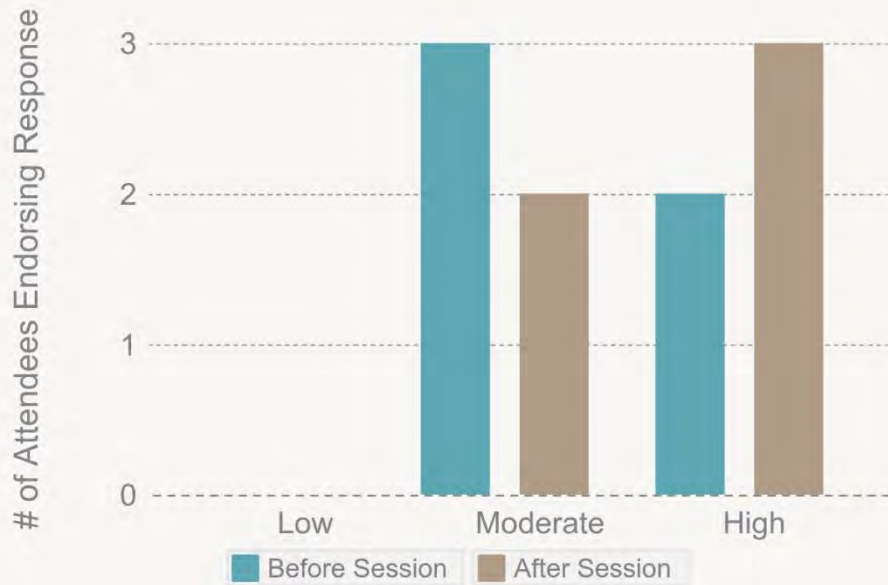
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Very true (80%) Mostly true (20%) Somewhat true (0%)
A little true (0%) Not at all true (0%)

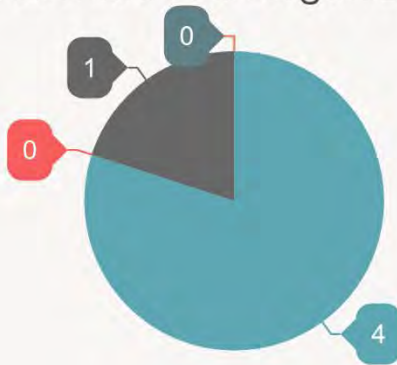


OVERALL KNOWLEDGE OF SESSION CONTENT

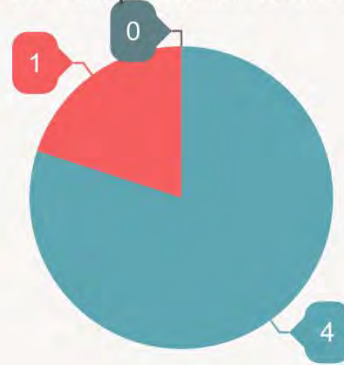


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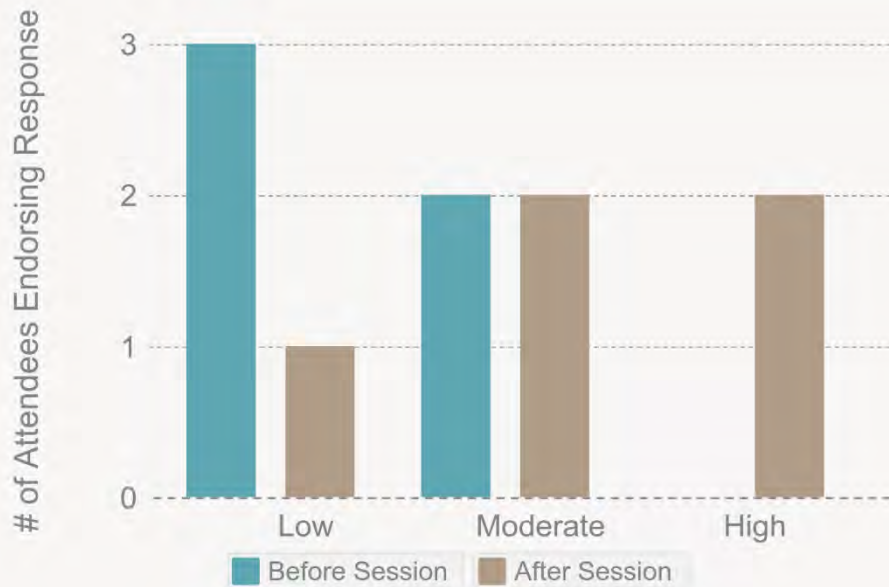
Very true (80%) Mostly true (0%) Somewhat true (20%) A little true (0%) Not at all true (0%)

Very true (80%) Mostly true (20%) Somewhat true (0%) A little true (0%) Not at all true (0%)

Rape Prevention Education and the UAA Bringing in the Bystander Program

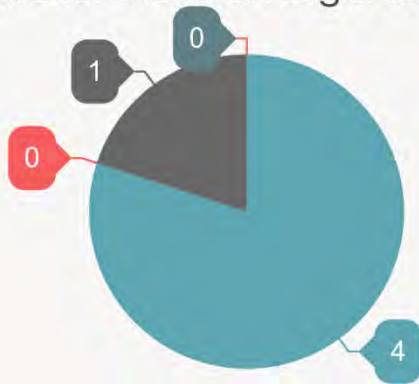


OVERALL KNOWLEDGE OF SESSION CONTENT

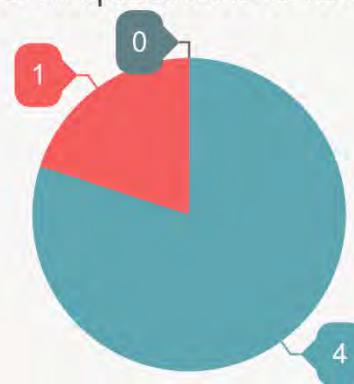


PERCEPTIONS OF CONTENT & PRESENTATION

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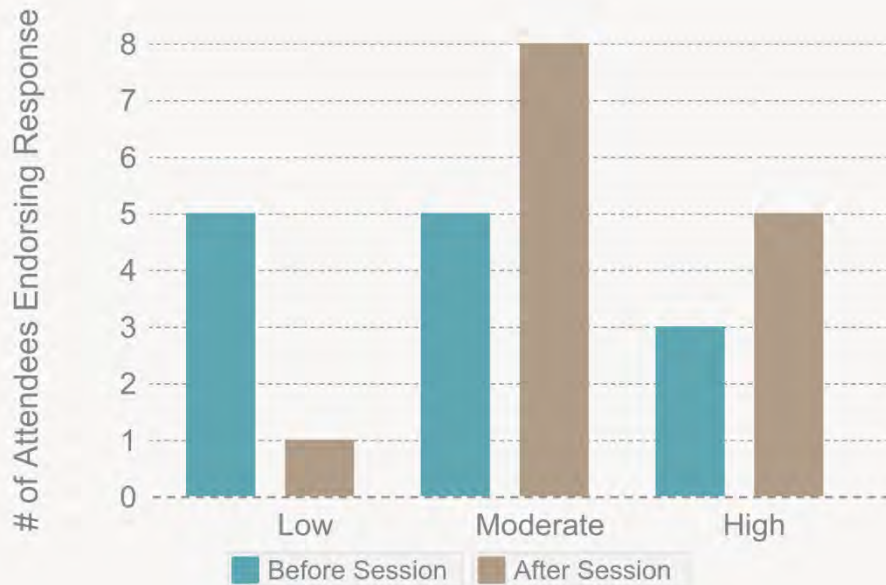


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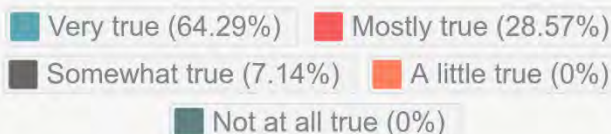
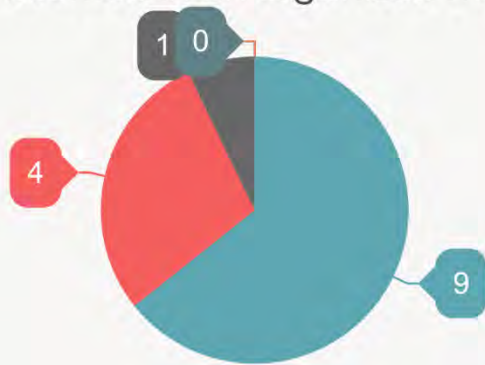
- Very true (80%)
- Mostly true (0%)
- Somewhat true (20%)
- A little true (0%)
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OVERALL KNOWLEDGE OF SESSION CONTENT



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