

1st Quarter Budget Meeting

July 22-23,

2015

Council on Domestic Violence & Sexual Assault

Alaska State Crime Lab
4805 Dr. Martin Luther King Jr. Ave
Anchorage, AK 99507

Attend via Teleconference Line

Call: 1-800-315-6338
Enter Code: 23872



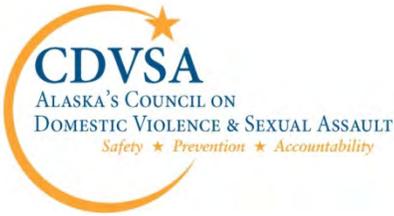


FY2017 Budget Prep Work Session
July 22-23, 2015
Crime Lab: 4805 Dr. MLK Jr. Ave
Anchorage

Draft Agenda

Wednesday, July 22nd

10:00am	Roll Call, Agenda Review, Conflict Inquiry, Chair Comments	Richard Irwin
10:15	FY2016-Emerging Programs- <i>Action Item</i>	
10:30	FY2016-Prevention Funds- <i>Action Item</i>	
11:00	FY2017 Guidance from Office of Management and Budget Necessary Information to produce by end of August meeting Funding Process Flow Chart	
11:30	FY16 Increments that were not accepted FY16 Cuts	
Noon	LUNCH	
1:30pm	Potential Available Funding Sources Review Current State and Federal Funds Explore Potential of New Revenue	
2:15	Victim Services Overview Unmet Grant Requests Staff Retention Loss from other Funders	
3:00	BREAK	
3:15	Outcome Measures Budget: Prevention, Crisis Intervention, Accountability Programs: Victim Service and Batterer Intervention Pro Bono and Research	
3:45	Comments from ANDVSA	
4:15	Council Comments	
4:30	RECESS	



FY2017 Budget Prep Work Session
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Draft Agenda

Thursday, July 23rd

10:00am

Office Budget
Personal Services
Travel
Contractual
Commodities
Equipment

10:45

Research/Evaluation
Regional AVS
BRFSS
YRBS
Prevention Projects

11:15

Federal Projects
Formula
STOP-includes SART
SASP
Competitive
GTEA
SVSEP

12:15

LUNCH

1:45

Prevention- Categories of Prevention
CDVSA Prevention Strategy Mapping
Specific Strategies
4th R
Green Dot
Prevention Summit
GOTR
CBIM
Alaska Men Choose Respect Mini-grants/Compass
guidebook
Media
Respect is Always the Right Choice
Real Alaskans Choose Respect/Real Alaskan Men
Choose Respect

Stand Up Speak Up
When I am an Elder

3:45 Council Comments

4:00 pm Adjourn

Times are approximate. The Council may move up the schedule as discussion allows.

FY16-

EMERGING PROGRAMS-ACTION ITEM



Emerging Program Funding FY2016

The Emerging Program grantees are in the third year of a three-year award. Funding in FY16 will allow each program to complete the Emerging Program project. There are federal funds available to assist in fully funding the programs through June 30, 2016. There will not be funds available to continue the program with new grantees starting July 1, 2016 (FY17).

Staff recommends funding the three grantees for the third and final year of the Emerging Program project with a combination of state general funds, federal sexual assault services program funds and federal services*training*officers*prosecutors funds.

The total grant award to each program would be:

Helping Ourselves Prevent Emergencies (HOPE)	\$140,000
Working Against Violence for Everyone (WAVE)	62,000
Upper Tanana Wellness Court (UTWC)	40,000

FY16-

PREVENTION FUNDS-ACTION ITEM



Proposed Prevention Budget 2016 \$500,000

ANDVSA-Prevention

Budget: \$135,000:

- Male Engagement: Compass Trainings
- Youth Leadership: LeadON!, WIAE
- Parent Engagement: TALK NOW TALK OFTEN-Community events

COMPASS: A Guide for Men is a resource for adult male mentors who work with young Alaskan men aged 12 to 18. COMPASS presents mentors with opportunities and activities that are designed to support young men as they explore and identify their values, goals and unique identities. The activities, teachable moments and discussions described in the guide create a safe atmosphere for men and boys to learn about and practice healthy lifestyles. In addition, these strategies are designed to be easily incorporated into the day-to-day interactions that already exist between mentors and youth like team sports, camping, hiking, fishing, hunting, etc. Ultimately the guide promotes meaningful conversations between men and male youth that promote healthy identities, build positive relationships, and strengthen safe and violence-free communities.

There have been 6 COMPASS Trainings in Ketchikan, Anchorage, the McLaughlin Youth Center, Unalaska and Homer. There are two upcoming trainings in Old Harbor and Metlakatla.

Participating communities: Cordova, Dillingham, Hoonah, Ketchikan, Manokotak, Old Harbor, Palmer, Sitka, Unalaska, Nome, Anchorage, Bethel, Fairbanks, Homer, Juneau, and Soldotna

LeadON! is a yearly youth leadership conference which takes place in Anchorage, and which engages youth to help change norms around teen dating violence in their schools and communities. Lead On focuses on activities that allow participants to learn how to use their leadership abilities as well as develop healthy relationship skills. Perhaps most significantly, is the youth take what they have learned and start projects in their own communities, which focus on ending violence at the grass root level, and promote respect.

During the conference, national and local speakers use workshops on film, storytelling, peer education, and self-expression to help youth gain leadership and healthy relationship skills, as well as to inspire youth to bring positive change back to their communities. In fiscal year 2015; 80% of youth attendees have already carried out youth led projects in their home communities which focus on making their communities stronger and healthier. Examples of projects that took place include a school lock-in strategy that was implemented by youth in Atmautluak and Anchorage. Both projects used a school setting to engage youth in discussions that promoted respect among peers and a positive school climate. In addition, the events promoted healthy dating relationships through the

development of digital stories/expressions on teen dating violence prevention that were shared among participating youth.

Lead On 2014 Digital Story : <https://www.youtube.com/watch?v=70Jl9aI5PRg>
Lead On 2013 Digital Story: <http://www.youtube.com/watch?list=UUJ2PJDED-uHucGrn41mNgBw&v=c66fBMt-rKE>

Stand Up, Speak Up (SUSU) is a media and engagement campaign that was developed in partnership with the Alaska Network on Domestic Violence and Sexual Assault; the Council on Domestic Violence and Sexual Assault; Alaska Department of Health and Social Services Division of Public Health; Alaska Native Tribal Health Consortium and youth ages 12-18 from across Alaska. Youth from Ketchikan, Sitka, Bethel, Anchorage, Gustavus, Buckland, Kiana, Juneau, Dillingham, Akiak, Kipnuk, Mt. Edgecumbe High School and Youth Alliance for a Healthier Alaska participated in the development of SUSU materials.

Through this campaign, youth learn how to more effectively speak up and encourage other youth to stand up to end violence. The campaign focuses on six key areas: relationship basics; building a peer culture; respecting yourself; leading the way; keep respect going and getting help. The campaign includes media, a standalone website, posters and informational cards and social networking sites.

The campaign measures changes through focus groups, surveys and media metrics in: relationship values and attitudes towards respect; social norms or attitudes about violence in relationships; recall of prevention messaging; and youth engagement measures.

It includes mini-grants to support community-based projects. The community-based projects are youth led and promote leadership skills, healthy relationships and respect among their peers. A complete listing of completed projects from can be accessed at <http://www.andvsa.org/?s=mini+grant+projects>.

“WHEN I AM AN ELDER” is part of the Stand Up Speak Up prevention campaign. The PSA’s are based on a poem, called “When I’m an Elder”(WIAE) created and written by Bethel Teens Acting Against Violence (TAAV) in 2002. In fiscal year 2014, the community of Old Harbor participated in the development of a new WIAE TV PSA which was then rotated into the existing spots including: Bethel, Barrow, Southeast Alaska and Minto. The WIAE campaign was awarded an Alaska Broadcast Association Goldie Award in fiscal year 2014. To learn more about WIAE and the Stand Up Speak Up prevention campaign visit: [When I Am An Elder](#)

The Talk Now Talk Often (TNTO) parent engagement project provides parents of teenagers with resources, an interactive website and conversation cards that are intended to assist parents and teens talk together about healthy dating relationships. The project was developed with the input from Alaskan parents who participated in focus group discussions across the state. The project launched statewide in February 2014 during Teen Dating Violence Awareness month. During the launch an additional 8 parents were interviewed in the communities of Barrow, Dillingham, Kotzebue, Kodiak, Sitka and Unalaska. To learn more visit the TNTO website at: <http://www.tntoak.org/>

CDVSA-Prevention

Budget: \$365,000

Green Dot

Budget: \$30,000

Green Dot is a bystander intervention program with the goal of preparing organizations/communities to implement a strategy of violence prevention that consistently, measurably reduces power-based personal violence (including sexual violence, domestic violence, dating violence, stalking, child abuse, elder abuse and bullying). Green Dot developers worked in Alaska for 3 fiscal years (2013-2015). While here they worked with six-pilot sites (Anchorage, Bethel, Fairbanks, Homer, Kenai, Prince of Wales) to adapt the original curriculum for use and implementation in those communities. An additional community, Nome, has become an unofficial pilot for the Green Dot strategy.

Green Dot also worked with CDVSA and participating communities to develop a training bureau of Alaska based Green Dot instructors. Ten Alaskans completed the Train the Trainer and are now available to train communities across the state. Certified trainers include representatives from Nome, Anchorage, Fairbanks and Homer. Each pilot community contributed a small, one time match to maximize the budget by off-setting the cost of on-site travel and technical assistance in Alaska.

A green dot is any behavior, choice, word, or attitude that promotes safety for everyone and communicates intolerance for violence. A green dot is pulling a friend out of a high risk situation – a green dot is donating a few dollars to your local service provider– a green dot is displaying an awareness poster in your room or office – a green dot is putting a green dot message on your Facebook page – a green dot is striking up a conversation with a friend or family member about how much this issue matters to you. A green dot is simply your individual choice at any given moment to make our world safer.

The \$30,000 will allow CDVSA to support the newly formed training bureau to provide booster trainings to existing communities; train two additional communities on the program; and, maintain the recently developed [GDAK](#) website.

Coaching Boys Into Men (CBIM)

Budget: \$25,000

CBIM engages athletic coaches of high school male athletic teams through the ***Coaches Leadership Program*** to help shape the attitudes and behaviors of young male athletes. Athletic coaches play an extremely influential and unique role in the lives of young men, often serving as a parent or mentor to the boys they coach. Because of these special relationships, coaches are poised to positively influence how young men think and behave both on, and off, the field. From speeches to the team, practice sessions, or simply casual conversation, coaches have many opportunities to impart their philosophies to athletes. The ***Coaches Leadership Program*** equips coaches to talk with their athletes about respect for women and girls and that violence doesn't equal strength.

The \$25,000 will allow CDVSA to sponsor one statewide training and continue to provide technical assistance to coaches currently implementing the program.

Girls on the Run (GOTR)

Budget: \$50,000

Girls On The Run is a 10-12 week after school program for girls in the 3rd through 5th grade that encourages positive emotional, social, mental and physical development. Participants explore and discuss their own beliefs around experiences and challenges girls face at this age. The program models healthy peer and adult role modeling, healthy relationships and provides the girls with opportunities to explore how they can positively connect with and shape the world. The program now offers a curriculum for 6th-8th grade girls and a "Let Me Run" program is also available for boys.

The \$50,000 will allow AWARE to continue as the statewide coordinator of GOTR and the addition of one new community to the GOTR program.

Community Base Primary Prevention Program (CBPPP) Grants Continuation:

Budget: \$260,000

The **Community Base Primary Prevention Program** serves to strengthen and enhance existing, community based, coalition driven strategies that address the primary prevention of sexual assault (SA), intimate partner violence (IPV) and/or teen dating violence (TDV).

In the fall of 2014, CDVSA awarded CBPPP funds to four Alaskan communities:

Aiding Women in Aid in Crisis (AWAIC), Anchorage

Aiding Women in Abuse and Rape Emergencies (AWARE), Juneau

Sitkans Against Family Violence (SAFV), Sitka

South Peninsula Haven House (SPHH), Homer

CBPPP grantees implemented a variety of strategies intended to build the foundation on which reductions in domestic violence and sexual assault could occur. According to CDC research in Alaska, it may take eight to ten years to see significant change in social norms, these well-designed and targeted prevention strategies have laid the foundation for progress.

Outcomes of each grantee's prevention strategies are organized into categories of programming: capacity building, policy, youth protective factors and bystander engagement

The \$260,000 will fund current grantees at a reduced rate. No new communities will be added.

Possible Prevention Funds Available in FY2016 from other sources

DHSS Comprehensive Behavioral Health Prevention and Early Intervention Services

Granting Authority: 7AAC 78 - Grant Programs, AS 47.37.030; AS 47.30.470-500 Alcoholism and Drug Abuse

Program Total: \$3,814,074 (FY 2015)

Assist and support efforts to reduce and prevent substance use and abuse, suicide and self-destructive behavior; strategies will be comprehensive, integrated prevention and early prevention approaches. Overall, the goal of these grant funds is to "promote healthy communities utilizing effective practices and partnerships" to reduce risk factors and the harmful consequences of substance and poor mental health, and to promote protective factors to empower local communities to create population-level change in behavioral health conditions.

Service Delivery Area Statewide and Method Used to Allocate Resources: attention will be given to a balanced regional representation of programs, making sure there is a fair distribution of grant funds across the state and among rural and urban populations.

Rape Prevention Education (RPE)-Federal Grant to the State through Public Health, Section of Women's, Children's and Family Health

RSA to ANDVSA, \$105,000

- Program specific, 70,359
 - LeadON
 - COMPASS
 - TNTO
- (web design, distribution, marketing, development, trainer fees, venue costs)

PREP Funds (Federal Grant to the State through Public Health, Section of Women's, Children's and Family Health) for Fourth R TRAINING/IMPLEMENTATION: \$157,892

- 146,092 (EED RSA) includes staff/contracts/mini-grants

Center for Disease Control, DELTA funding to ANDVSA: end date 9/30/16

Partially supports Primary Prevention Programming and Statewide Planning:

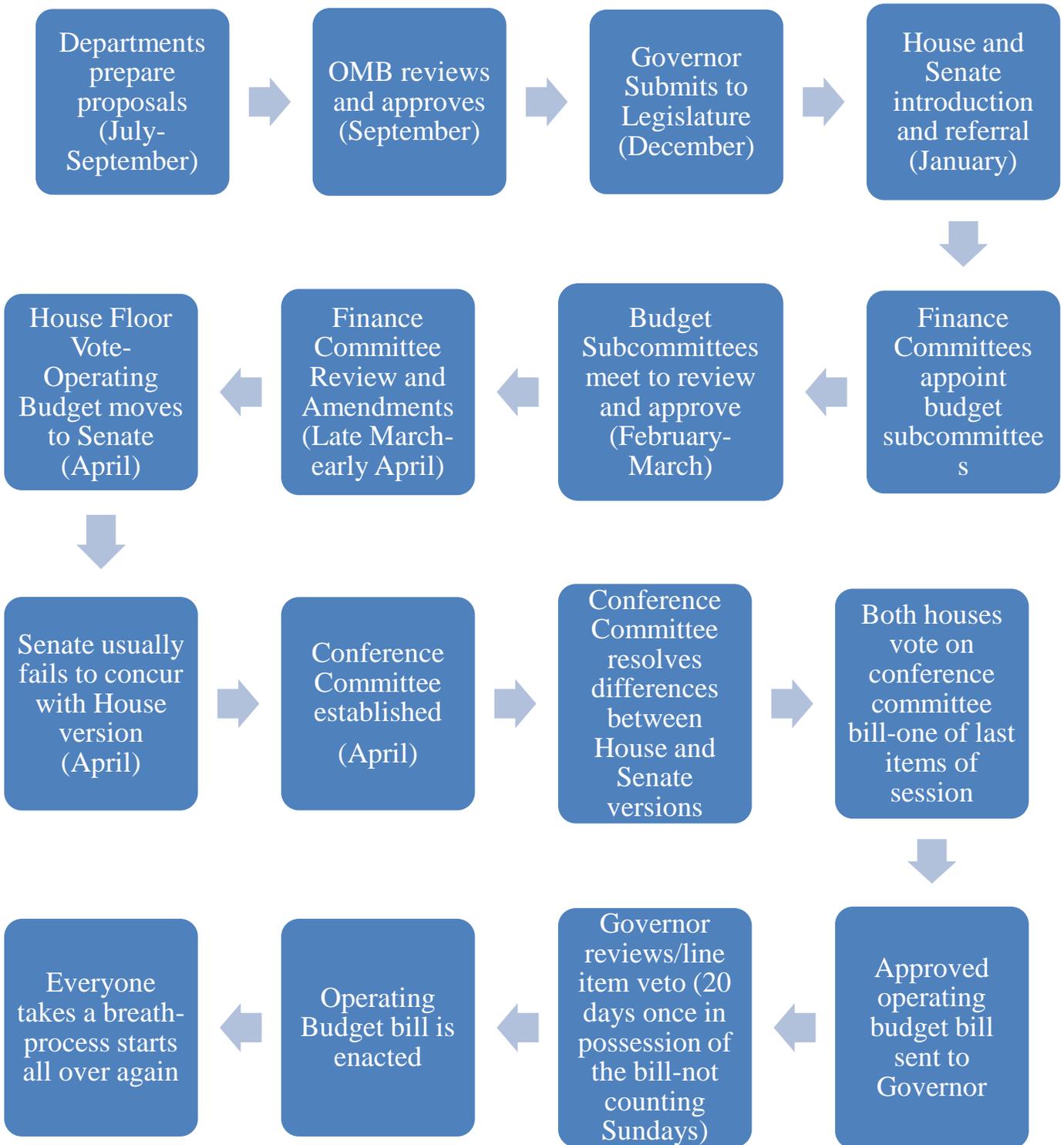
ANDVSA

Pathways Steering Committee

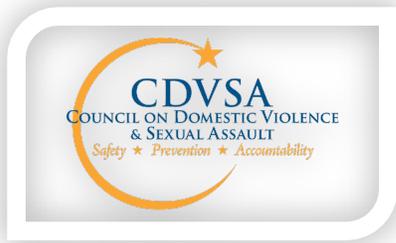
The communities of Juneau and Sitka

FUNDING FLOW CHART

State Budget Process



***FY16 INCREMENTS THAT WERE
NOT ACCEPTED***



FY 2016 Budget Increment Requests Priority #1

Shelter and associated services to keep victim service grants at FY 15 levels **\$367.2**

Why do we need the increment?

Funding was previously allocated from DBH alcohol tax dollars to the Council through a RSA to provide shelter services to women and children at risk and victims of alcohol and substance abuse related violence. Alcohol tax dollars are no longer available and CDVSA requests general funds to replace them.

These funds are part of the overall regular victim service grants. Adding the funds into the Council base grants line will provide flat funding for regional victim service programs.

How is the Program Doing?

The Council requires reporting on the number of program participants for which services were provided, the type of services provided and how the participants thought the services helped them. Whether or not a participant is in need and/or requests assistance due to alcohol or substance abuse related violence is documented as the program collects participant data.

In FY 2014, the four programs that received these funds provided **shelter** to 394 participants; **non-residential support and advocacy** to 604 participants; **counseling** to 284 participants; and, **support groups** for 279 participants who do not currently reside in the shelter.

Program participant response to the outcome measure survey is voluntary. Of those responding, 79% agreed or strongly agreed they were more motivated to stop drinking or using drugs since working with the program; 77% knew more about alcohol and drug abuse; and, 78% understood more about how alcohol and drug abuse affected their life and the lives of their children.

***Shelter:** a participant has physically stayed in a shelter for at least one 24-hour period*

***Non-residential support and advocacy:** assisting a participant who is not physically staying in a shelter with such things as entering a treatment program, protective orders, medical needs, child care, referrals to other services, housing, interacting with law enforcement, assessing for behavioral health needs*

***Counseling:** offered so participants can talk in private and have attention focused only on their concerns*

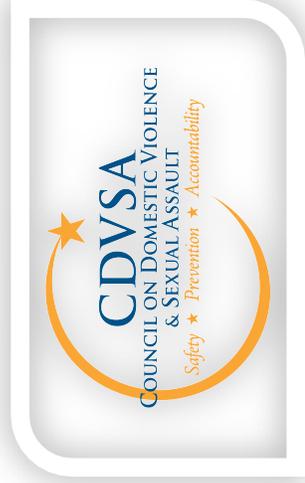
***Support groups:** offered to assist women as they consider their options and choices, and try to make sense of the abuse they have experienced; group offers an opportunity to break isolation and share experiences to help shape how they move forward*

What results can Alaskans expect by when?

Dashboard items 20-24 report on adult/child/domestic violence/sexual assault use of services. Adequate funding should positively affect these numbers. By the end of the 2016-2017 grant cycle, more people will know how to access and will access services; anticipate raising the positive percentages for substance use-related outcome measures into the 80th percentile.

What other agencies may be impacted and how has your agency coordinated with others?

The Council coordinates services to victims with LAW and HSS. State department representatives from LAW, HSS, DEED, DOC and DPS sit on the Council and are involved in all policy decisions. The Council also determines the grant award levels per program.



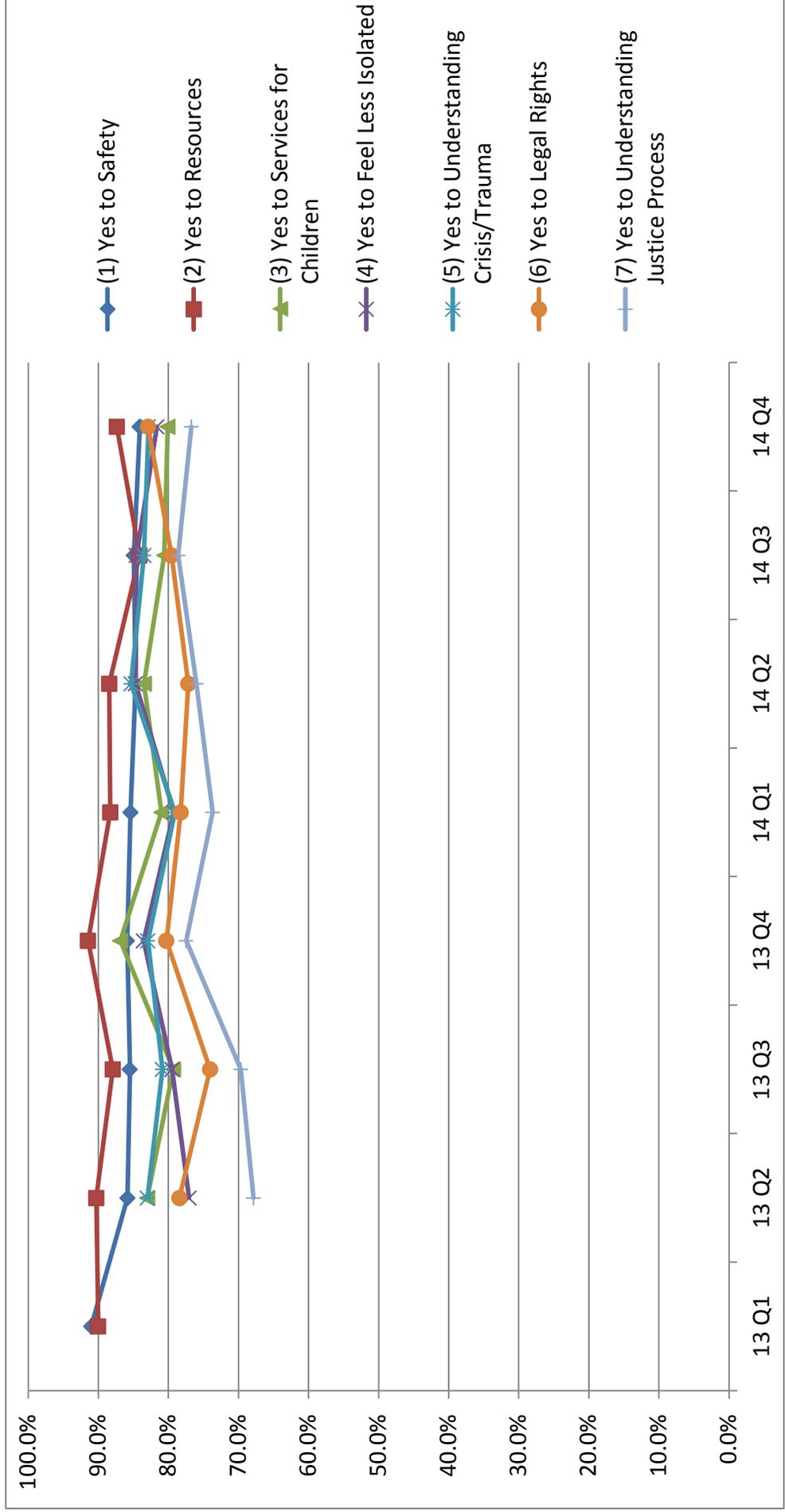
Behavioral Health Outcome Measure Survey FY 2014

Please complete this survey if you received services for concerns or behaviors regarding substance abuse while at this program. One way to know whether we are on the right track or need to change course is to hear from you about the things you learned while receiving services from this program. Please take a couple of minutes to complete this survey. Thank you for your consideration and thoughtful responses.

Please circle the number (5 being strongly agree down to 1 being strongly disagree) that best matches your experience. Please circle N/A if it doesn't apply to you.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	N/A
1. I am more motivated to stop drinking or using drugs since working with this program.	5	4	3	2	1	N/A
2. I understand more about how alcohol and drug abuse affect my life and life of my children since working with this program.	5	4	3	2	1	N/A
3. I know more about alcohol and drug abuse since working with this program.	5	4	3	2	1	N/A
4. I received a referral to access other alcohol and drug counseling services from this program.	5	4	3	2	1	N/A

	(1) Yes to Safety	(2) Yes to Resources	(3) Yes to Services for Children	(4) Yes to Feel Less Isolated	(5) Yes to Understanding Crisis/Trauma	(6) Yes to Legal Rights	(7) Yes to Understanding Justice Process
FY 13 Q1	91.0%	90.0%					
FY 13 Q2	85.8%	90.3%	83.0%	77.0%	83.0%	78.4%	67.8%
FY 13 Q3	85.5%	87.9%	79.3%	79.5%	80.8%	74.0%	69.7%
FY 13 Q4	85.9%	91.5%	86.9%	83.5%	82.9%	80.3%	77.5%
FY 14 Q1	85.4%	88.3%	81.0%	79.2%	79.1%	78.2%	73.7%
FY 14 Q2	84.7%	88.4%	83.5%	84.7%	85.3%	77.2%	76.0%
FY 14 Q3	84.9%	84.1%	80.6%	84.5%	83.5%	79.6%	78.6%
FY 14 Q4	84.1%	87.4%	80.1%	81.6%	82.8%	82.9%	76.7%

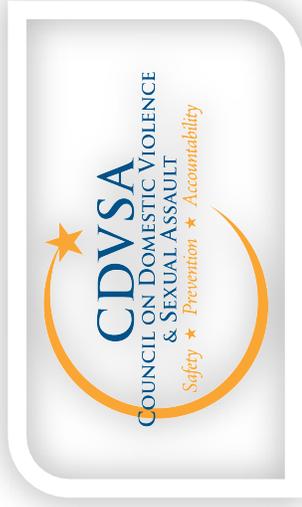


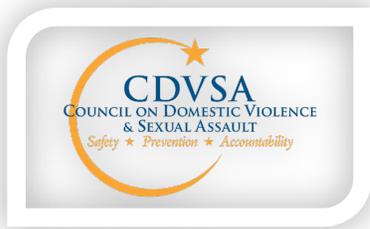
Outcome Measure Survey FY 2013

Your safety and ability to access services is important to us. One way to know whether we are on the right track or need to change course is to hear from you about the things you learned while receiving services from this program. Please take a couple of minutes to complete this survey. We realize it's one more form to fill out and want to thank you for your consideration and thoughtful responses.

Please circle the number (5 being strongly agree down to 1 being strongly disagree) that best matches your experience. Please circle N/A if it doesn't apply to you (for instance circle N/A for #3 if you do not have children).

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	N/A
1. I know more or different intervention strategies for safety than I did before.	5	4	3	2	1	N/A
2. I know more about what resources and help are available and how to access those resources.	5	4	3	2	1	N/A
3. I know more about what services to access for my children.	5	4	3	2	1	N/A
4. I feel less isolated since working with this program.	5	4	3	2	1	N/A
5. I better understand the impact of the crisis and trauma I experienced.	5	4	3	2	1	N/A
6. I know more about my legal rights since working with this program.	5	4	3	2	1	N/A
7. I have a better understanding of how the justice process works	5	4	3	2	1	N/A





FY 2016 Budget Increment Requests Priority #2

Batterer Intervention Program Regulations Skills-building and Evaluation

45.0

Why do we need the increment?

Drafting new regulations has been a multi-year comprehensive project. By FY 2016, the new regulations should be in place and funding will allow the 15 currently approved programs to meet and coordinate the implementation of the new regulations; review national models; and, work with community stakeholders to successfully apply for certification. Potential new applicants for certification will receive technical assistance and training.

Evaluation methods will ensure a baseline measure to gauge whether or not revising the regulations has met goals to broaden the scope of programming and to increase the number of programs available across the state. Further, evaluation over time will allow for the examination of the efficacy of Alaska programming.

Technical support and monitoring will be funded through the current RSA the Council has with DOC. Data gathering and reporting materials will be funded through the Council office GF supplies.

How is the Program Doing?

During FY 2014, under the current regulations, approved programs provided services to offenders in Anchorage, Barrow, Fairbanks, Palmer, Juneau, Kenai, Homer, Kodiak, Valdez and Ketchikan.

The Council funds six of the community based programs and three prison batterer intervention programs. The Council collects data from these programs. During FY 2014, 104 clients were accepted into community based programs and 105 were accepted into prison-based programs. Thirty-nine participants completed the community program and seventeen completed the prison program. Twenty-two community participants were re-arrested for domestic violence during FY 2014 and 16 prison-based participants were re-arrested. Community programs gathered \$46,425 in fees and were still owed \$13,316 at year-end.

During FY 2015, all programs approved under the current regulations will be entering data into a central registry.

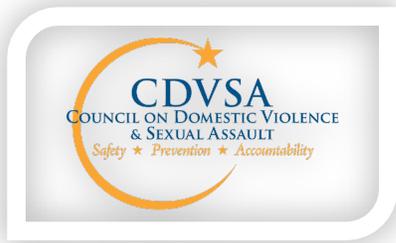
The Council approved moving the draft regulations forward in the review process at their August 2014 meeting and will be coordinating the process with the Governor's Office in FY 2015.

What results can Alaskan expect by when?

In 3-5 years, the information collected will show an increased number of certified programs; a range of programming more suited to cultural diversity and more in line with current practice-informed tools. We should also be able to document the efficacy of the programs in increasing victim safety and changing the way in which program participants choose to interact with their intimate partners.

What other agencies may be impacted and how has your agency coordinated with others?

DOC entered into a memorandum of agreement with CDVSA in FY 2014 to delegate the responsibility for approving and regulating batterer intervention programs to CDVSA. A regulations review committee comprised of victim advocates, batterer intervention program staff, Alaska Court System staff, law enforcement, prosecutors, tribes, ANDVSA and CDVSA staff drafted new regulations during FY 2013-14.



FY 2016 Budget Increment Requests Priority #3

Outreach/Education

\$300.0

These funds will ensure victims know how to access services; provide resource and referral information to communities in regional service areas; assist communities in regional areas in developing local responses; and, maintain activities in schools such as support groups and age appropriate safety classes

Why do we need the increment?

Service Access: A survey of 43 villages showed a lack of familiarity with regional services and how to access them. People in one regional hub community expressed a lack of familiarity with services. A different survey of villages with federal Family Violence Prevention and Services Act dollars showed 15 of those villages were not aware of the regional services provided for their areas. It is definitely time to refresh materials both written (including mailing and posting) and in social media specific to each program.

Further, when regional programs assist local communities to develop relevant responses to victims of domestic violence and sexual assault, the safety net is strengthened for everyone. Training for first responders/service providers in villages has declined significantly since FY 2010. In FY 2010, 4,815 participants received information and skills building opportunities through 388 trainings. In FY 2014 those numbers had fallen to 1,967 participants in 135 trainings.

Maintain activities in schools: School presentations on personal safety for grades K-12 provide Alaska's youth with information on safe, unsafe and confusing forms of touch. The trainings encourage youth who have been or are currently experiencing sexual abuse to seek help from a trusted adult. Trainings also assist teachers, school counselors and administrators understand their roles as mandatory reporters of child abuse. Training in middle school and high school serves to raise awareness about teen dating violence and sexual assault and encourages students to seek help by providing them with information on local and national resources. Overall, school presentation numbers have remained relatively static with 1,677 presentations reaching 32, 514 in FY 2010 and 1,674 reaching 36, 048 in FY 2014.

How is the Program Doing?

During FY 2014, fourteen of the twenty funded programs provided training to village participants. Five programs provided 15 or more trainings while the remaining nine programs provided fewer than 10 each.

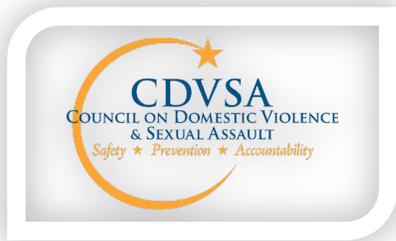
During FY 2014 in schools, 2 programs made less than 10 presentations, 7 programs made more than 10 but fewer than 100, and 5 made over 100 presentations. Standing Together Against Rape focuses efforts on effectively working within the Anchorage School District and was able to provide 652 presentations to 14,896 students!

What results can Alaskans expect by when?

Dashboard items 20-24 report on adult/child/domestic violence/sexual assault use of services. Adequate funding should positively affect these numbers. By the end of the 2016-2017 grant cycle, more people will know how to access and will access services.

What other agencies may be impacted and how has your agency coordinated with others?

State department representatives from LAW, HSS, DEED, DOC and DPS sit on the Council and are involved in all policy decisions.



FY 2016 Budget Increment Requests Priority #4

Legal Assistance for Victims:

\$100.0

Why do we need the increment?

This increment will allow ANDVSA (Alaska Network on Domestic Violence and Sexual Assault) to hire one full time attorney to accept civil legal cases for victims of domestic violence and sexual assault across Alaska. By both supporting pro bono volunteer attorneys and taking cases, adding an attorney will increase the number of victims the project will be able to fully serve by 50.

Based on a random three month sample (April-June 2014), out of 100 persons who sought help with legal services, ANDVSA was able to offer legal assistance to 42, 32 were turned away due to lack of resources and 26 did not meet basic screening guidelines.

In FY 14 ALSC (Alaska Legal Services) had to turn away 247 applicants who were victims of DV due to lack of resources. Additionally, due to limited resources ALS could only provide limited services (pro se assistance, legal counseling or advice only) to an additional 238 victims of domestic violence because they lacked the resources to provide full representation (i.e an attorney to represent the applicants for the entirety of their case).

A national study seeking to explain a decline in domestic violence found the provision of civil legal services in the community of residence to significantly lower the incidence of abuse and was the only service designed to help victims that had this impact (Farmer, Tiefenthaler- *Explaining the Recent Decline in Domestic Violence*, Originally published in the Contemporary Economic Policy, January 2003)

How is the Program Doing?

ANDVSA's Pro Bono Program is supported through federal Services* Training* Officers* Prosecutor (STOP) dollars and \$60.0 state dollars from the Governor's Initiative. In FY 2014 the Pro Bono Program handled 280 civil legal cases for victims of domestic violence and sexual assault. 77 volunteer attorneys accepted 71 new cases and worked a total of 107 of the 280 cases for the year. The 107 cases translate into approximately \$1.2 million in donated legal services during the fiscal year.

20 volunteers staffed the civil legal information and referral hotline 24 times, providing brief legal advice to 58 victims of domestic violence and sexual assault.

A review of cases included several meaningful outcomes for clients including a Muslim victim of abuse who obtained full custody of her children and was able to avoid foreclosure on her home due to the help of two volunteer attorneys. Remarkably, over seven volunteer attorneys reported donating more than 100 hours on their cases. In one case, an attorney from Davis Wright and Tremaine in Anchorage donated 337 hours to help a Russian woman with a disabled son obtain a divorce from her abusive partner!

100% of clients who participated in the client evaluation survey indicated they felt safer due to representation by an attorney. One client said: "I would not have been brave enough to do this by myself. Thank you!"

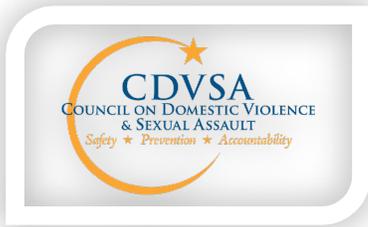
The CLE (continuing legal education) conference focused on how technology can be misused to further harm victims of DV/SA and how attorneys can present that abuse in court. Attended by approximately 60 attorneys from across the state the CLE was intended to improve understanding of how to best represent a client who has been a victim of domestic violence, sexual assault or stalking. 96% of participants rated the CLE as good to excellent and 71% said their ability to represent a victim of DV or SA was improved or greatly improved.

What results can Alaskan expect by when?

Dashboard items 20 and 22 report the rates of adults utilizing services for domestic violence and sexual assault. Performance measures include: 1) increase the knowledge base of attorneys statewide on issues of domestic violence and sexual assault, and actively recruit attorneys to take on pro bono cases; 2) increase the safety of victims of domestic violence and sexual assault and 3) increase the number of attorney hours donated to pro bono cases. Increased availability of legal assistance will hopefully increase the rate of adults utilizing services immediately, by the end of FY 2016.

What other agencies may be impacted and how has your agency coordinated with others?

No other state agency. Both Council staff and members routinely meet with ANDVSA staff in-person and by teleconference to coordinate activities.



FY 2014 Pro Bono Program Recruitment Efforts

In FY 2014, 70 attorneys provided pro bono services handling 107 cases and 20 attorneys staffed a bi-monthly legal help line giving brief legal advice to victims of domestic violence and sexual assault.

Mass email by Chief Justice Fabe in July 2013 to entire bar with video produced by volunteers and donations from law firms to encourage recruitment

Tabling and recruitment events at the FY14 Alaska Bar Association Annual Meeting

Weekly E-news alerts advertising cases through the Alaska Bar Association

In person luncheons with new admittees and solicitation of new admittees at the bi-annual swearing in ceremonies (in conjunction with the Alaska Bar Association)

In person solicitation at local Bar luncheons and the Young Attorney Section (in conjunction with the Alaska Bar Association)

Solicitation through email listservs including the Young Attorneys section and Government Attorneys

Work on the Alaska Bar Association Pro Bono Committee including research and analysis of the possibility of creating a mandatory pro bono rule (there are approximately 15 private and public attorneys that meet every other month as part of this committee)

Solicitation through the ANDVSA webpage and the Alaska Bar Association webpage

Constant individual solicitations through in person meetings, emails and phone calls by Pro Bono Staff

Annual CLE in March 2014 – attorneys were given the option of attending in exchange for donating 20 hours of work to a victim. Over 60 attorneys attended the two day CLE.

Social and Emotional Learning (SEL) Curricula for grades K-5

Amount Requested: \$600,000

SEL Definition: The Collaborative for Academic, Social and Emotional Learning (CASEL) defines **Social and Emotional Learning (SEL)** as "the processes through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions." <http://www.casel.org/>. CASEL has identified five interrelated sets of cognitive, affective and behavioral competencies: Self-awareness, Self-management, Social awareness, Relationship skills, Responsible decision making.

How is the Program Doing? SEL Research-base <http://www.casel.org/social-and-emotional-learning/outcomes/>. Research shows that SEL can have a positive impact on school climate and promote a host of academic, social, and emotional benefits for students. Durlak, Weissberg et al.'s recent meta-analysis of 213 rigorous studies of SEL in schools indicates that students receiving quality SEL instruction demonstrated better academic performance: achievement scores an average of 11 percentile points higher than students who did not receive SEL instruction; improved attitudes and behaviors: greater motivation to learn, deeper commitment to school, increased time devoted to schoolwork, and better classroom behavior; fewer negative behaviors: decreased disruptive class behavior, noncompliance, aggression, delinquent acts, and disciplinary referrals; and reduced emotional distress: fewer reports of student depression, anxiety, stress, and social withdrawal.

Why do we need the increment? Incident rates of suicide, substance abuse, child abuse and domestic and sexual violence are widespread in Alaska and continue to reflect some of the highest per capita rates in the nation. These are compelling conditions which deserve a coordinated effort to implement prevention programs across multiple settings and populations. Schools offer an opportune setting for primary prevention programs. Next to the family, schools have more influence on the lives of young people than any other institution. Focusing on the implementation of K-5 SEL curricula compliments and expands existing statewide, evidence based, primary prevention, school based programming for students in grades 7-9.

What results can Alaskans expect by when? In years 1-3 Alaskans can expect to see: teacher training, curriculum implementation and fidelity monitoring of K-5, SEL, and evidence based programs in participating schools. In years 3-5 student surveys and other performance measures of K-5 students will demonstrate an increase in the five CASEL competencies and an increase in school and family partnerships. In years 5-7, statewide, standardized surveys for youth will show reductions in Alaska's rates of youth suicide, teen dating violence, sexual assault and substance use among teens.

What other agencies may be impacted and how has your agency coordinated with others? State of Alaska: EED, Public Health, Behavioral Health and other state non-profit and community based prevention programs will coordinate efforts to train teachers and administrators, monitor for fidelity and respond to increases in reports of abuse through coordinated services delivery. CDVSA currently chairs a state agency prevention workgroup, chairs a number of prevention subcommittees and is a member of the statewide Pathways primary prevention planning group.

Alaska School Health and Safety

Three-year mini-grant program Safe and Supportive Schools

Justification:

Schools offer an opportune setting for primary prevention programs (preventing problems before they occur). Next to the family, schools have more influence on the lives of young people than any other institution. In Alaska, schools are often the center of the community and schools provide the opportunity to promote safe and healthy relationships and life skills to approximately 130,000 Alaskan students as well as work with their families. In addition, schools are in a unique position to offer a safety net for children with problems (such as children who are victims of abuse or neglect, exposed to violence, or other issues) by being able to identify and address problems early on.

Preventing violence and addressing hot issues such as school bullying can best be addressed through building a comprehensive system of supports and enhancing a positive school climate. As part of this training, teams would be required to assess their school health and safety polices and environment, as well as other programs and services such as school health and mental health services, family and community engagement; and barriers to learning and develop a 2-3 year improvement plan for building a safe and supportive school.

Year One	\$40,000
Travel for teams of 2-4 from schools for 3 day training on building safe and supportive schools. Travel for 30 @ 1,000 each = \$30,000 Coordination and training \$10,000	
Incentive mini-grants for planning to 10 schools @ \$5,000 each (includes \$2,500 each for AASB's Climate and Connectedness Survey)	\$50,000
Staff travel and technical assistance	\$5,000
Materials and supplies	\$5,000
TOTAL	\$100,000
Expected Outcomes (Yr 1):	
<ul style="list-style-type: none"> • School Health and Safety Team • Professional development • Completion and reporting Module I: School Health and Safety Policies and Environment of the CDC School Health Index. • Development of action plan for improving safe and supportive school environment. • School completion of AASB Climate and Connectedness Survey • District completion of middle school and high school YRBS (2013) 	
Year Two	\$40,000
Travel for teams of 2-4 from schools for 3 day training on building safe and supportive schools. Travel for 30 @ 1,000 each = \$30,000 Coordination and training \$10,000	
Implementation mini-grants for 10 schools @ \$15,000 each	\$150,000
Staff travel and technical assistance	\$5,000
Materials and supplies	\$5,000
TOTAL	\$200,000
Expected Outcomes (Yr 2):	
<ul style="list-style-type: none"> • School Health and Safety Team 	

<ul style="list-style-type: none"> • Professional development • Implementation of action plan • Grant reporting 	
Year Three Travel for teams of 2-4 from schools for 3 day annual training on building safe and supportive schools. Travel for 30 @ 1,000 each = \$30,000 Coordination and training \$10,000	\$40,000
Sustainability mini-grants to 10 schools @ \$7,500 each (includes \$2,500 each for AASB's Climate and Connectedness Survey)	\$75,000
Staff travel and technical assistance	\$5,000
Materials and supplies	\$5,000
TOTAL	\$125,000
Expected Outcomes (Yr 3): <ul style="list-style-type: none"> • School Health and Safety Team • Professional development • School completion of AASB Climate and Connectedness Survey • Improvements documented in School Health Index Score and documented success of implementation plan • Increase in community and family partnerships • District completion of middle school and high school YRBS (2015) • Other measures as determined by grantee (i.e., school climate and connectedness survey results, decreased absenteeism, # of referrals etc) 	

Alaska School Health and Safety

3- Year Competitive Safe and Supportive Schools Program Pilot Projects K-6

Justification: Schools offer an opportune setting for primary prevention programs (preventing problems before they occur). Next to the family, schools have more influence on the lives of young people than any other institution. In Alaska, schools are often the center of the community and schools provide the opportunity to promote safe and healthy relationships and life skills to approximately 130,000 Alaskan students as well as work with their families. In addition, schools are in a unique position to offer a safety net for children with problems (such as children who are victims of abuse or neglect, exposed to violence, or other issues) by being able to identify and address problems early on. Focusing on elementary schools offers the earliest opportunity for prevention as well as building protective factors for students.

Preventing violence and addressing hot issues such as school bullying can best be addressed through building a comprehensive system of supports and enhancing a positive school climate. As part of this grant program elementary schools will be required to assess their school health and safety polices and entire school environment in order to build a safe and supportive school within the context of a comprehensive coordinated school health system. Other components of this system include school health services (school nursing); school- based or school- linked mental health services; comprehensive health and safety education; family and community engagement; nutrition and physical education/activity; and health promotion for staff (healthy role models).

Description: Grants @ \$150,000 x 2 districts to assess, plan, implement and evaluate coordinated school health programs. (300,000)	\$312,000
<ul style="list-style-type: none"> • Successful grantees must hire at least a .75 FTE program coordinator. • District travel for school health teams of 2-4 for 2 trainings (\$12,0000) 	
Program Training (\$10,000)	\$15,000
Staff travel and Technical Assistance	\$15,000
Materials and Supplies	\$8,000
TOTAL	350,000
Expected Outcomes (Yr 1):	
<ul style="list-style-type: none"> • School Health and Safety Team • Professional development • Completion and reporting the School Health Index (CSH assessment and planning tool) • Development of school health improvement action plan • District completion of middle school and high school YRBS (2013) 	
Expected Outcomes (Yr 2-3):	
<ul style="list-style-type: none"> • Maintenance of School Health and Safety Team • Professional development • Implementation of school improvement plan • Address and implement at least two of four recommended additional components of the CSH model. • Improvements documented in School Health Index Score • Increased community partnerships • District completion of middle school and high school YRBS (2015) • Other measures as determined by grantee (i.e. # of referrals, school climate and connectedness survey results, decreased absenteeism, etc) 	

Alaska School Health and Safety

3- Year Competitive Safe and Supportive Schools Program Pilot Projects K-6

Justification: Schools offer an opportune setting for primary prevention programs (preventing problems before they occur). Next to the family, schools have more influence on the lives of young people than any other institution. In Alaska, schools are often the center of the community and schools provide the opportunity to promote safe and healthy relationships and life skills to approximately 130,000 Alaskan students as well as work with their families. In addition, schools are in a unique position to offer a safety net for children with problems (such as children who are victims of abuse or neglect, exposed to violence, or other issues) by being able to identify and address problems early on. Focusing on elementary schools offers the earliest opportunity for prevention as well as building protective factors for students.

Preventing violence and addressing hot issues such as school bullying can best be addressed through building a comprehensive system of supports and enhancing a positive school climate. As part of this grant program elementary schools will be required to assess their school health and safety polices and entire school environment in order to build a safe and supportive school within the context of a comprehensive coordinated school health system. Other components of this system include school health services (school nursing); school- based or school- linked mental health services; comprehensive health and safety education; family and community engagement; nutrition and physical education/activity; and health promotion for staff (healthy role models).

Description: Grants @ \$175,000 x 3 districts to assess, plan, implement and evaluate coordinated school health programs. (\$450,000)	\$474,000
<ul style="list-style-type: none"> • Successful grantees must hire at least a .75 FTE program coordinator. • District travel for school health teams of 2-4 for 2 trainings (\$24,0000) 	
Coordinated School Health Training (\$10,000)	\$10,000
Staff travel and Technical Assistance	\$10,000
Materials and Supplies	\$6,000
TOTAL	500,000

Expected Outcomes (Yr 1):

- School Health and Safety Team
- Professional development
- Completion and reporting the School Health Index (CSH assessment and planning tool)
- Development of school health improvement action plan
- Review, adoption, and training on health education curriculum
- Completion of School Health Profiles Principal Survey
- District completion of middle school and high school YRBS (2013)

Expected Outcomes (Yr 2-3):

- Maintenance of School Health and Safety Team
- Professional development
- Implementation of health education curriculum
- Address and implement at least two of four recommended additional components of the CSHP model.
- Improvements documented in School Health Index assessment and School Health Profiles
- District completion of middle school and high school YRBS (2015)
- Other measures as determined by grantee (i.e. # of referrals, school climate and connectedness survey results, decreased absenteeism, etc)

***POTENTIAL AVAILABLE
FUNDING SOURCES***

Potential Available Funding Sources

Current Sources:

State General Funds: 12,241,900.00

Interagency Receipts : 790,000.00
Corrections
???

Federal Funds: 3,711,100.00

Victims of Crime Act
Family Violence Prevention and Services Act
Sexual Assault Services Program
Supervised Visitation Safe Exchange Program
Grants to Encourage Arrest
Services*Training*Officers*Prosecutors

TOTAL 16,743,000.00

Potential Sources:

Federal Funds- Competitive Grants
Office on Violence Against Women
Health and Human Services
National Institute of Justice

Corporate Sponsorship

Local Community Partnerships



State of Alaska



***REVIEW CURRENT STATE AND
FEDERAL FUNDS***

VOCA

Victims of Crime Act (1984)

Crime Victims Fund

- Special account providing programming dollars for all types of crime victims
- Made up of federal criminal fines and penalties
- Supports: children justice act grants, US Attorneys' victim/witness coordinators, FBI victim assistance specialists, federal victim notification system, anti-terrorism emergency reserve, OVC discretionary grants
- Formula victim assistance and victim compensation grants to states

Formula Assistance Grants

- Based on population—each state receives a base amount of \$500.0 (\$200.0 for territories) and the remainder of the allocation is distributed to states proportional to the population
- Grant award period is 4 years
- Alaska's share: FFY 2015--\$4,909.0

Federal requirements

- Purpose areas-domestic violence, sexual assault, child abuse, other violent crimes
- A minimum of 10% of the funds must support each purpose area; 5% may be used for administration
- Other violent crimes includes: DUI/DWI crashes, elder abuse, adults molested as children, survivors of homicide victims, robbery, assault, stalking
- Child abuse includes both physical and sexual abuse

Eligible Organizations

- Public agency, non-profit or combination
- Organization demonstrates:
 - record of providing effective services to victims and has financial resources in addition to VOCA (20% match requirement)
 - Use of volunteers
 - Assistance with VCC filings
 - Coordination of public/private efforts to aid crime victims
- Organization does not discriminate against victims because they disagree with the way the State is prosecuting the criminal case

Services

- Crisis intervention/ crisis lines
- Emergency shelter
- Information and referrals
- Support groups/counseling/therapy
- Legal advocacy
- Support within the criminal justice system
- Personal advocacy
- Emergency financial assistance

Reporting Requirements

- Annual unduplicated number of victims seeking services in each purpose area
- Number of services provided
- Narrative reviewing successes, any barriers to assisting victims file for compensation, coordination of public/private efforts, any work with federal crime victims, notable activities conducted to improve the delivery of services, 4 ways VOCA funds used to assist crime victims, and emerging issues/notable trends impacting crime victim services

Council's VOCA Distribution

- Programs are not required to offer services in each purpose area but are required to document in which areas they will offer services and the amount of funds allocated to each
- Victims for Justice only allocates funds to victims of other crime
- It is the Council's responsibility to ensure the overall percentages are met

RFP Minimum

- Describe use of volunteers/volunteer program
- Describe services for other violent crime victims and victims of child abuse if asking to provide services in either of those purpose areas

FVPSA

Family Violence Prevention
Services Act (1984)

FVPSA Funds

- Authorization level: \$175 million
 - Specialized services for abused parents and their children (25% of any increase of funding over \$130 million –provided in the annual appropriations process)
 - Formula grants
 - 70% to states
 - 10% Tribal grants
 - 10% state and territorial domestic violence coalitions
 - 6% training/technical assistance
 - 2.5% monitoring, evaluation and administrative costs
 - 1.5% discretionary projects

Allotment of funds to State and Territories

- States receive core grant of \$600.0 and remaining funds are distributed based on population (AK receives less than \$750.0 annually)
- Territories are allotted not less than 1/8 of 1% of amounts available for states
- Grant award period is for two years
- Unspent funds will be directed to the CDC for the DELTA program instead of sending the funds back to the Treasury

State Formula Grant

- 5% may be used for administering the grant
- 95% to local dv or community-based agencies to provide shelter and supportive services
 - 70% primary purpose of providing immediate shelter to dv victims
 - Not less than 25%, must be used for supportive services and prevention services

Eligible Organizations

- Non-profit or public agency with demonstrated history of effective work in the field
- Community-based organizations with a demonstrated history of providing services to specific populations, including those identified as underserved, can partner with dv agencies to become eligible for grants

Services

Supportive services offered at shelters/programs are to be used by participants on a voluntary basis. For example—a stay in shelter is not conditioned on the victim's participation in particular services.

Emergency shelter

Supportive services can also include economic justice services—financial literacy, planning and related economic empowerment services, assistance in locating and securing safe/affordable housing, homelessness prevention services and provision of culturally and linguistically appropriate services

Federal Reporting Requirements

- Annual report on unduplicated number of persons seeking services—age, race/ethnicity, gender
- Describe what's being done with FVPSA funds that wouldn't be done without
- Efforts to meet needs of the underserved-ethnic, racial, cultural, language diversity, geographic isolation—
- Describe prevention/outreach activities
- Unmet needs
- Program participant story

Outcome measures

- Resource outcome: Do you know more about what resources and help are available to you and your family and how to access those resources?
- Safety outcome: Do you know more or different intervention strategies for safety than you did before?

Council's Distribution

- Divided proportionately among funded programs with domestic violence residential services
- ## RFP Minimums
- Efforts to meet needs of the underserved
 - Description of prevention/outreach activities

SASP

Sexual Assault Services Program

Overview

- SASP is the first federal funding stream solely dedicated to the provision of direct intervention and related assistance for victims of sexual assault.
- Four different funding streams for States and Territories, Tribes, State Sexual Assault Coalitions, Tribal Coalitions, and culturally specific organizations
- Purpose: to provide intervention, advocacy, accompaniment, support services, and related assistance for adult, youth, and child victims of sexual assault, family and household members of victims, and those collaterally affected by the sexual assault.

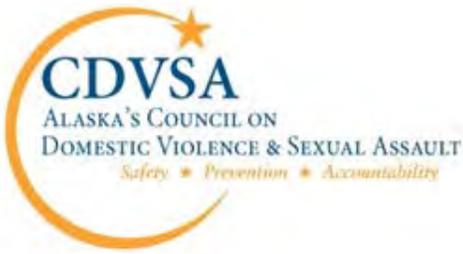
Overview

- SASP supports efforts to help survivors heal from sexual assault trauma through direct intervention and related assistance from social service organizations such as rape crisis centers through 24-hour sexual assault hotlines, crisis intervention, and medical and criminal justice accompaniment.
- SASP supports services through the establishment, maintenance, and expansion of rape crisis centers and other programs and projects to assist those victimized by sexual assault.

Council's Distribution

- Formula based on population after 1.5% of available funds awarded to each of the states, D.C., and P.R, and .25% to four of the territories
- Approx. \$200.0 annually
- SASP does not require match
- Separate RFP from Victim Services, currently:
 - TWC, AWARE, IAC and Kenaitze Indian Tribe

***EXPLORE POTENTIAL OF NEW
REVENUE***



Potential New Revenue

The Office on Violence Against Women usually releases solicitations for their various competitive grant programs in January and awards are usually announced in September for the federal fiscal year starting October 1st. For us, this means we will not know whether or not we have funds to distribute until well into the state fiscal year.

Many grants run for a period of 24 months, but some may be only 12 and a limited number may be longer than 24 months. The grant award period usually may be extended for one 12-month period.

Historically, the Council has not entered into a competitive grant process if the Network or one or more of the funded programs are responding to the solicitation.

When the Council has entered into a competitive grant process the projects are usually of a one-time or limited nature due to the uncertainty of continued funding. Sometimes OVW allows for current grantees to apply for a continuation grant; sometimes not; sometimes, a grantee will have to skip a year before reapplying.

Staff Suggestion:

Appoint an ad hoc subcommittee for the purpose of determining a budget and spending plan for federal funds. Committee members could include a Council member, Council staff, Network representative, a funded program representative from both victim services and batterer intervention programs, a representative from FVPSA tribal grantees and STOP tribal grantees.

Committee work product: an overall plan incorporating federal funds into the Council's budget to include formula grants (STOP, VOCA, FVPSA and SASP) as well as competitive opportunities.

Potential New Revenue

OVW Competitive Awards

Enhanced Training and Services to End Abuse in Later Life Program

addresses elder abuse, neglect, and exploitation, including domestic violence, dating violence, sexual assault, or stalking, against victims who are 50 years of age or older through training and services. Eligible applicants include states and territories, Indian tribal governments and tribal organizations, units of local government, and nonprofit, nongovernmental victim services organizations with demonstrated experience in assisting elderly women or demonstrated experience in addressing sexual assault, domestic violence, dating violence, and stalking.

Grants to Encourage Arrest Policies and Enforcement of Protection Orders

Program encourages state, local, and tribal governments and state, local, and tribal courts to treat domestic violence, dating violence, sexual assault, and stalking as serious violations of criminal law requiring the coordinated involvement of the entire criminal justice system. Eligible applicants are states and territories, units of local government, Indian tribal governments, and state, local, tribal, and territorial courts.

Grants to Support Families in the Justice System^ improves the response of all aspects of the civil and criminal justice system to families with a history of domestic violence, dating violence, sexual assault, and stalking, or in cases involving allegations of child sexual abuse. Eligible applicants are states, units of local government, courts, Indian tribal governments, nonprofit organizations, legal services providers, and victim services providers.

Rural Sexual Assault, Domestic Violence, Dating Violence and Stalking

Assistance Program enhances the safety of rural victims of sexual assault, domestic violence, dating violence and stalking, and supports projects uniquely designed to address and prevent these crimes in rural areas. Eligible applicants are states, territories, Indian tribes, local governments, and nonprofit entities, including tribal nonprofit organizations.

Training and Services to End Violence Against Women with Disabilities

Grant Program establishes and strengthens multidisciplinary collaborative relationships and increases organizational capacity to provide accessible, safe, and effective services to individuals with disabilities and Deaf individuals who are victims of sexual assault, domestic violence, dating violence, and stalking. Eligible applicants are states, units of local governments, Indian tribal governments or tribal organizations, victim services providers, and nonprofit, nongovernmental organizations serving individuals with disabilities.

Transitional Housing Assistance Grants for Victims of Domestic Violence, Dating Violence, Stalking, or Sexual Assault Program

funds organizations to assist victims of domestic violence, dating violence, sexual assault, and stalking who are in need of transitional housing, short-term housing assistance, and related supportive services. Eligible applicants are states, units of local government, Indian tribes, and other organizations with a documented history of effective work concerning sexual assault, domestic violence, dating violence, and stalking.

CDVSA is not eligible to apply, but could assist eligible entities in applying

OVW Competitive Awards

Consolidated Grant Program to Address Children and Youth Experiencing Domestic and Sexual Assault and Engage Men and Boys as Allies+ creates a unique opportunity for communities to increase collaboration among non-profit victim service providers, violence prevention programs, and child and youth organizations serving victims ages 0-24. Additionally, it supports organizations and programs that promote boys' and men's role in combating violence against women and girls. Eligible applicants are nonprofit, nongovernmental entities, Indian tribes or tribal nonprofit organizations, and territorial, tribal or unit of local government entities.

Grants to Enhance Culturally Specific Services for Victims of Sexual Assault, Domestic Violence, Dating Violence, and Stalking Program supports the development of innovative culturally specific strategies and projects to enhance access to services and resources for victims of sexual assault, domestic violence, dating violence, and stalking. Eligible applicants are community-based programs whose primary purpose is providing culturally specific services.

Grants for Outreach and Services to Underserved Populations supports the development and implementation of strategies targeted at adult or youth victims of sexual assault, domestic violence, dating violence, or stalking in underserved populations, and victim services to meet the needs of such populations. Eligible applicants include nonprofit organizations that serve populations traditionally underserved due to geographic location, religion, sexual orientation, gender identity, underserved racial and ethnic populations, and populations underserved because of special needs (such as language barriers, disabilities, alienage status, or age).

Grants to Reduce Sexual Assault, Domestic Violence, Dating Violence, and Stalking on Campus Program strengthens the response of institutions of higher education to the crimes of sexual assault, domestic violence, dating violence and stalking on campuses and enhances collaboration among campuses, local law enforcement, and victim advocacy organizations. Eligible applicants are institutions of higher education.

Legal Assistance for Victims Grant Program strengthens civil and criminal legal assistance programs for adult and youth victims of domestic violence, dating violence, sexual assault, and stalking who are seeking relief in legal matters relating to or arising out of that abuse or violence. Eligible applicants include private nonprofit entities, territorial organizations, Indian tribal governments and tribal organizations, and publicly funded organizations not acting in a governmental capacity, such as law schools.

Sexual Assault Services Culturally Specific Program creates, maintains, and expands sustainable sexual assault services provided by organizations that are uniquely situated to respond to the needs of sexual assault victims from culturally specific populations. Eligible applicants are nonprofit organizations that focus primarily on culturally specific communities.

Tribal Governments Program enhances the ability of tribes to respond to violent crimes against Indian women, enhance victim safety, and develop education and prevention strategies. Eligible applicants are federally-recognized tribes or an organization that is acting as the authorized designee of a federally-recognized Indian tribe. Applications for the Tribal Governments Program are submitted through the DOJ Coordinated Tribal Assistance Solicitation.

Tribal Sexual Assault Services Program enhances the ability of tribes to respond to violent crimes against Indian women, enhance victim safety, and develop education and prevention strategies. Eligible applicants are federally-recognized tribes or an organization that is acting as the authorized designee of a federally-recognized Indian tribe.

VICTIM SERVICES OVERVIEW



Potential Losses from Other Funders

Courtesy of ANDVSA

AFS

Does not have ANY State of Alaska Grant Agreements signed for any of the programs. Most are telling AFS that additional cuts are likely. Supportive match funding for the DVSA program at AFS is from FEMA, personal donations, fundraising activities and the thrift store. Other grants that indirectly support the shelter are also in flux i.e. Medicaid, Mat-Su Health Foundation funds. United Way, Mat-Su Borough Matching funds, BHAP (basis homeless assistance) and ESG.

Total potential reduction-unknown at this time

AWAIC

Anticipates at least a \$30-35k cut in AHFC's BHAP program and \$20-25k in the Human Services Community Matching Grant. AWAIC did lose all funding for the Alaska Domestic Violence & Sexual Assault Intervention Project which would have been approximately \$55k for FY16 for staffing and about \$11k in direct client assistance.

Total potential reduction - \$105,000 - \$115,000

AWARE

Potential loss of \$50K from DHSS for shelter services- we receive \$ 144K from AHFC for BHAP and ESG- for shelter services. **Total potential reduction - \$194,000**

AWIC

Not sure about the Borough funding at this time.

BSWG

Receive funding from the following organizations and do not expect that these funds will be lost because of State cuts: City of Nome, NSEDC, United Way, BSNC, Alaska Missions, Bering Sea Lions Club, SNC.

CFRC

OCS 2 year contract for \$47,000-OCS is unsure at this point if, or at what amount CFRC will be contracted these next 2 years. Also receive \$20,000 from the city but with the shared revenues going away it might not be available next year either.

Total potential reduction - \$67,000

KWRCC

Kodiak Island Borough has decreased the nonprofit allotment in the borough budget resulting in possible \$10,000 decrease to Agency funding.

Total potential reduction - \$10,000+

IAC

Borough potential cut up to \$25,000 used for emergency shelter. AHFC has not awarded hap and ESG funds so it could be another \$30,000 used for the utilities for emergency shelter and \$50,000 used for placement and rental assistance.

Total potential reduction - \$105,000

MFCC

Only federal funds-not expecting reductions.

LeeShore

May lose approximately \$20,000 for the Child Care Assistance Program (and maybe more – don't have the final figure yet) and still waiting to hear from other funders.

Total potential reduction - \$20,000

SAFE

Looking at about \$24,881.00 .

Total potential reduction - \$24,881

SAFV

Potential cut from the pass through state funds to the city. The city is making cuts but haven't heard them mention the line item to SAFV.

Total potential reduction - \$50,000

SPHH

Facing a 4-5% cut (about \$12,500) from DHSS with the CAC grant

Facing about \$90K loss of HAP

One thing that is hard to quantify is that Haven House operates through various contracts through coalition work. The coalitions are losing funding and which will impact by a hit of around \$25K.

Total potential reduction - \$127,500

STAR

The Municipality of Anchorage will provide \$60,987 to STAR to cover what was lost from ADVSAIP funds between July 1- Dec 31, 2015. After that, there may be no more funds. This covers emergency victim assistance and one staff position. The funds will be limited for relocation only to and within Anchorage, as they are Muni funds. The reduction of ADVSAIP funds is thus \$114,000 down to approximately \$61,000. For HSCMG, it's estimated STAR will lose between \$34,250 and \$69,250 (all client assistance funds, no admin or staff positions). An OVC subcontract will end in September, for a loss of \$12,405. STAR lost \$3,500 from United Way.

Total potential reduction – between \$103,155 – 138,155.

TWC

End of DHSS PHAT funds, \$75,000 annual for Children's Program.

Potential loss of portion of BHAP funds. In FY15 received 63K for utilities and housing placement and prevention.

End of federal OVW Trans house grant (In September, 2015), approx 100K a year

Total potential reduction - \$175,000 to \$238,000

USAFV

May lose about \$27,750 in AHFC funds. **Total potential reduction - \$27,750**

WISH

Health and Social Services reductions of \$152,907; **Total potential reduction - \$152,907**

Total potential reductions (low end) is \$1,162,193 (high end) \$1,270,193 plus unknown reductions to AFS and AWIC



Staff Retention Requests

The FY16-17 request for proposal language allowed applicants to describe their intention to create a retention plan or implement a plan. Of the twenty-one applicants, fourteen did not indicate any costs associated with such a plan. Those that did cited use of funds for training on vicarious trauma and trauma-informed care; stress reduction activities; staff retreats; increased supervisory support and employee recognition; college tuition/course reimbursement; use of funds to increase wages and memberships for physical activities. Costs for implementing these plans totaled \$69,779—none of which were funded in FY16.

Here is the introductory paragraph to this concept written into the RFP:

The Council is interested in affirming organizational cultures that support the well-being of their paid and volunteer staff thereby reducing costs associated with hiring and retaining personnel. Studies show that losing and replacing employees can cost up to 1.5 to 2 times the salary of the individual position. In addition to realizing cost savings, the Council is concerned with worker well-being. As more research results are made available regarding trauma-informed care and services for those impacted by violence, it becomes clear that people engaged in providing the care and service are also in need of support. Vicarious trauma shortens staff ability to stay involved in advocacy and support services.

FY16 Activities:

Council staff will participate on a national workgroup to inform state administrators of the need for staff retention and trauma-informed practice.

The Network has formed a committee to review trauma-informed practice models and to develop guidelines for member programs.

The Council may want to task the victim service regulations review committee with adding staff retention into the regulations.

Staff suggestion for FY2017:

Consult with the National Center on Domestic Violence, Trauma & Mental Health to ensure practice-informed development of a model policy to meet said regulations. Hold a statewide training/skills building conference to support the model policy and support funded programs as they implement trauma-informed services. Anticipated cost: \$50.0 plus \$50.0 federal match

Prepare FY18-19 RFP to include specific funds for implementation/stabilization of trauma-informed services. Anticipated cost: \$100.0

OUTCOME MEASURES



Outcome Measures

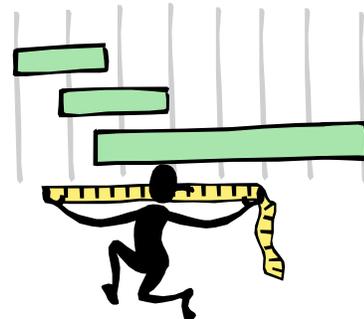
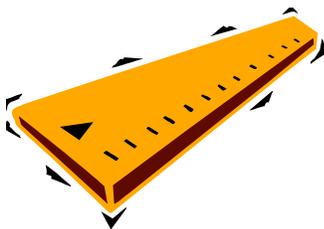
1. Budget: Measures accompany the budget as it winds its way through the legislative process and for FY 2015 aligned under our three mission areas: Prevention, Crisis Intervention and Accountability. The 2 prevention measures dividing our strategies into community engagement and youth engagement will need to be adjusted for FY2016 due to lack of funding. There are 4 crisis intervention measures including FVPSA required measures and an efficiency measure (utilization of services-cost per shelter night). There is 1 accountability measure to ensure batterer intervention services are available.

2. Programs: Victim Service and Batterer Intervention

There are 7 short term outcome measures victim service programs are using for this grant cycle. Development of mid-term outcome measures did not occur in FY15 so there are no mid-term measures for FY16. Our goal is to work on outcome measures concurrently with the victim services regulations revisions.

3. Governor's Initiative: Outcome measures for the pro bono clearinghouse, research-the AVS implementation, and prevention efforts were tracked in FY15. In FY16, the pro bono measures will be tracked through the S*T*O*P federal funding mechanism. AVS measures will only be tracked if the AVS is conducted.

Attached to this document are the victim service outcome measures, pro bono clearinghouse measures and research measures. The prevention measures are in a separate document.



Council on Domestic Violence and Sexual Assault Component

Mission

Provide a system of statewide crisis intervention, perpetrator accountability, and prevention services to Alaskans victimized or impacted by domestic violence and sexual assault.

Core Services

- Safety - Victims are equipped to further access program services for safety, information, and protection when needed
- Prevention - Communities are equipped to further primary prevention strategies
- Accountability - State approved Batterer Intervention programs are available in communities as requested

Mission Results	Core Services
<p>A: Reduce the level of domestic violence and sexual violence in Alaska</p> <p><u>Target #1:</u> The percentage of adult women who report experiencing intimate partner violence or sexual violence in the past year is decreasing</p>	<p>A1: Safety - Victims are equipped to further access program services for safety, information, and protection when needed</p> <p><u>Target #1:</u> As a result of contact with a victim service program, 80% of participants know more ways to plan for their safety</p> <p><u>Target #2:</u> As a result of contact with a victim service program, 80% of participants know more about community resources that will help them</p> <p><u>Target #3:</u> Nights of safe shelter provided by victim service providers</p> <p><u>Target #4:</u> Victim service programs utilization cost per shelter night</p> <p>A2: Prevention - Communities are equipped to further primary prevention strategies</p> <p><u>Target #1:</u> The number of communities that report the formation of a locally based workgroup dedicated to primary prevention is increasing</p> <p><u>Target #2:</u> The number of communities that report implementing at least one primary prevention strategy to address domestic violence or sexual assault is increasing</p> <p><u>Target #3:</u> The number of Alaska youth participating in youth leadership and prevention programming is increasing</p> <p><u>Target #4:</u> The number of youth that report implementing at least one primary prevention strategy in their communities is increasing</p> <p>A3: Accountability - State approved Batterer</p>

	<p>Intervention programs are available in communities as requested</p> <p><u>Target #1:</u> Regulations and standards will be adopted to encourage broad use of batterer intervention programs</p>
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Performance Detail

A: Result - Reduce the level of domestic violence and sexual violence in Alaska

Target #1: The percentage of adult women who report experiencing intimate partner violence or sexual violence in the past year is decreasing

Percentage of Adult Women in Alaska who Report Experiencing Violence in the Past Year

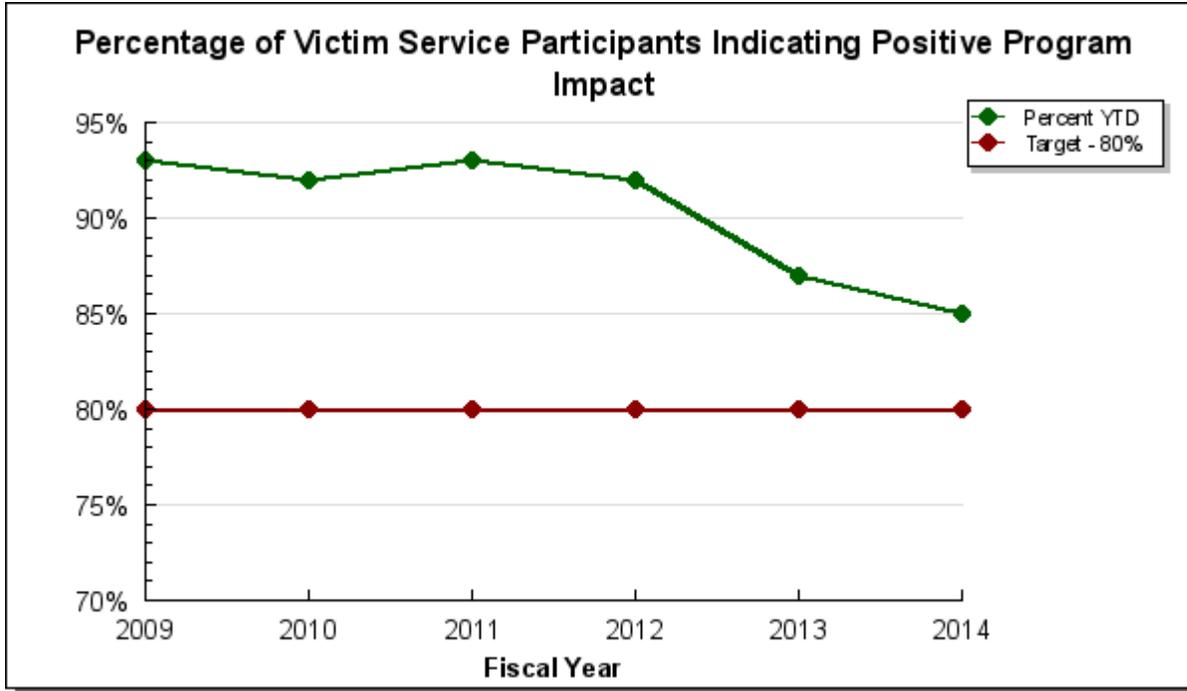
Fiscal Year	# of Responses	% Experiencing Violence	% Intimate Partner	% Sexual Violence
FY 2010	871	11.8%	9.4%	4.3%

Analysis of results and challenges: Data for this measure are gathered from the statewide Alaska Victimization Survey conducted every five years. This random and confidential survey, modeled after the National Intimate Partner and Sexual Violence Survey by the U.S. Centers for Disease Control and Prevention, provides reliable and valid estimates of the prevalence of domestic violence and sexual assault among adult females in Alaska.

An important challenge is that all estimates are conservative because the survey does not include all forms of violence. It also excludes women who do not speak English, women without telephone access, and women not living in a residence. Estimates are also conservative because of the continuing stigma associated with reporting domestic violence and sexual assault. As stigma decreases, and as more women disclose domestic violence and sexual assault, the survey's estimates may increase (even when victimization rates are decreasing).

A1: Core Service - Safety - Victims are equipped to further access program services for safety, information, and protection when needed

Target #1: As a result of contact with a victim service program, 80% of participants know more ways to plan for their safety

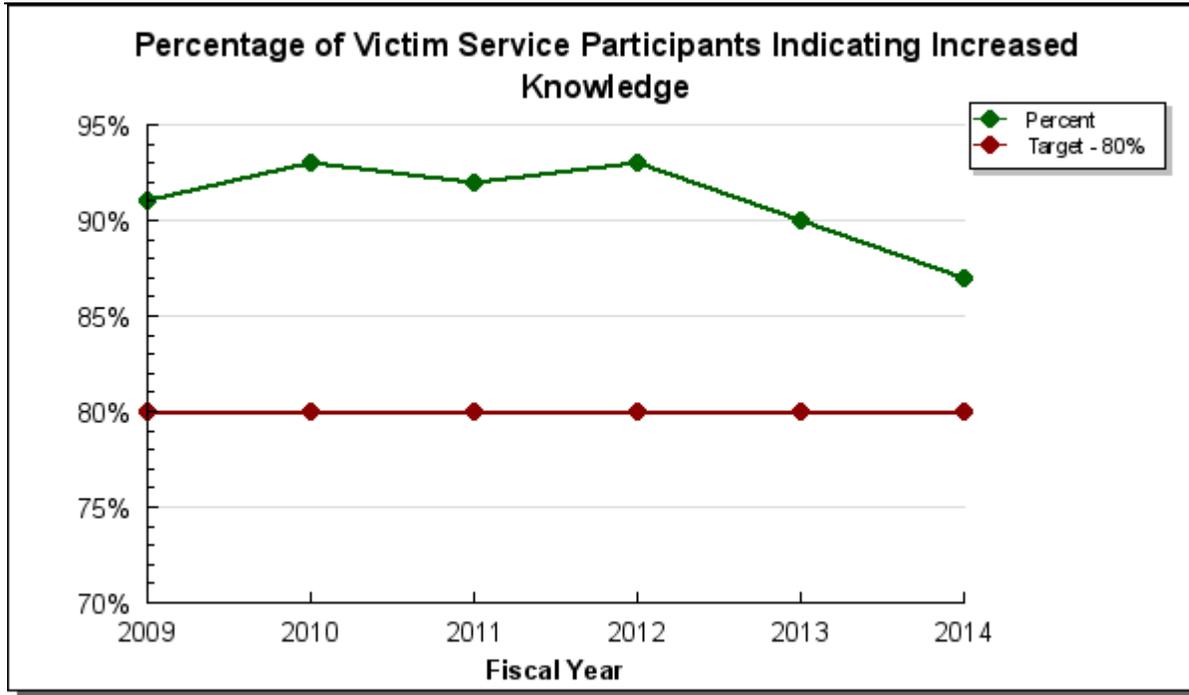


Percentage of Victim Service Participants Indicating Positive Program Impact

Fiscal Year	# of Responses	# Affirmative	Percent YTD
FY 2014	2,466	2,090	85%
FY 2013	2,729	2,375	87%
FY 2012	3,061	2,813	92%
FY 2011	2,985	2,761	93%
FY 2010	2,655	2,454	92%
FY 2009	1,978	1,833	93%

Analysis of results and challenges: Data for this measure are gathered through confidential surveys completed by program participants when they exit program services. Research has demonstrated that increasing victims' knowledge of safety planning and community resources leads to increased safety and well-being over time. Alaska is participating in a national outcome measures project that uses this measure to monitor reduced violence and increased quality of life for victims over time.

Target #2: As a result of contact with a victim service program, 80% of participants know more about community resources that will help them

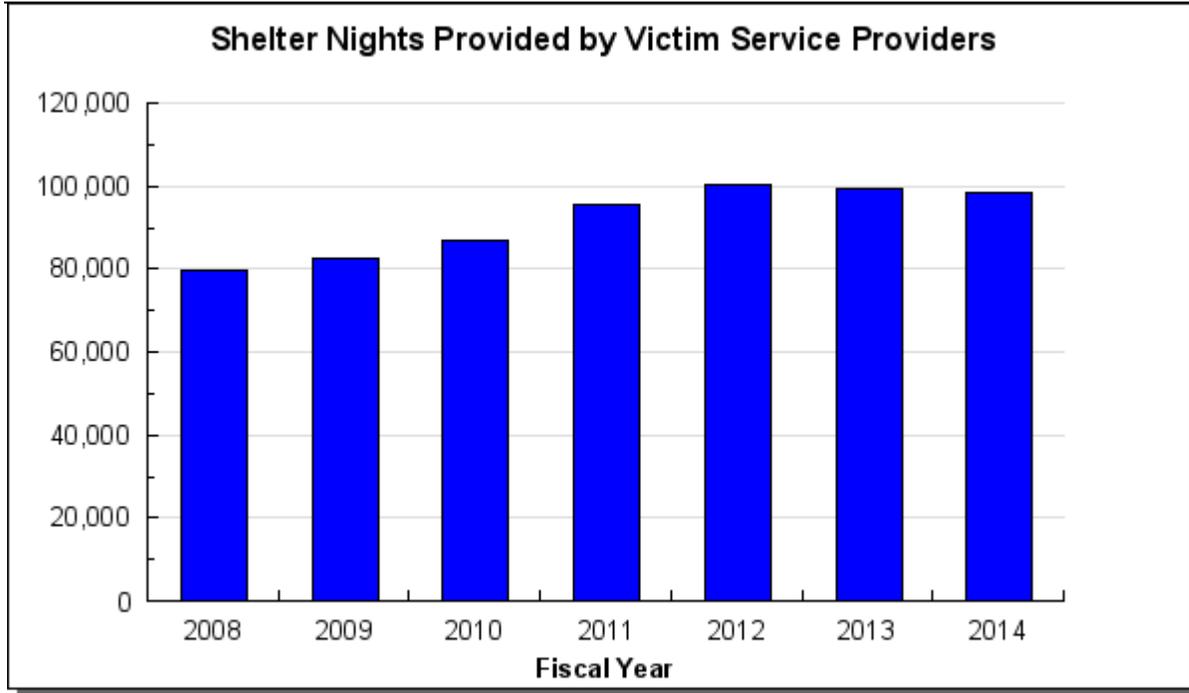


Percentage of Victim Service Participants Indicating Increased Knowledge

Fiscal Year	# of Responses	# Affirmative	Percent
FY 2014	2,506	2,181	87%
FY 2013	2,754	2,474	90%
FY 2012	3,061	2,839	93%
FY 2011	2,990	2,763	92%
FY 2010	2,655	2,456	93%
FY 2009	1,978	1,805	91%

Analysis of results and challenges: Data for this measure are gathered through confidential surveys completed by program participants when they exit program services. Research has demonstrated that increasing victims' knowledge of safety planning and community resources leads to increased safety and well-being over time. Alaska is participating in a national outcome measures project that uses this measure to monitor reduced violence and increased quality of life for victims over time.

Target #3: Nights of safe shelter provided by victim service providers



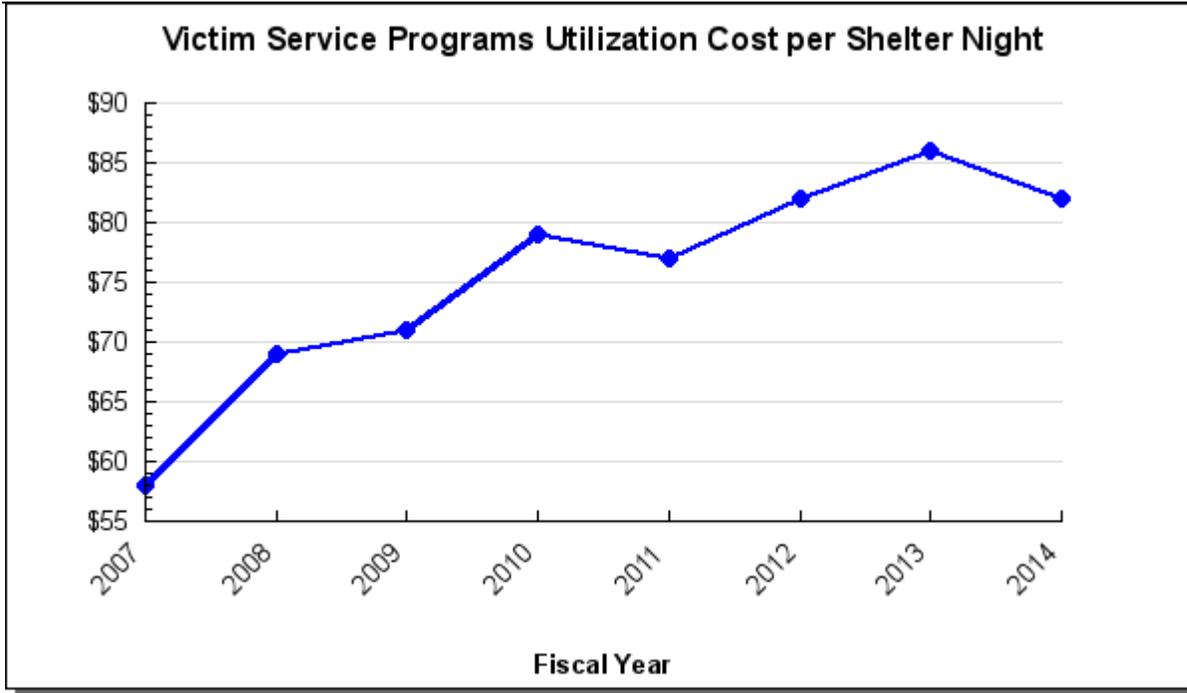
Shelter Nights Provided by Victim Service Providers

Fiscal Year	# of Nights
FY 2014	98,260
FY 2013	99,524
FY 2012	100,535
FY 2011	95,413
FY 2010	86,923
FY 2009	82,379
FY 2008	79,454

Analysis of results and challenges: Data for this measure are gathered from information collected at funded victim service programs. Each night that a person stays in shelter is counted as a night. For example, if on any given date three people stayed in a safe shelter, the number of shelter nights reported would be three.

Knowing the number of shelter nights assists programs in providing adequate food, staffing, utilities, and household items to meet the needs of program participants. Knowing the number of shelter nights statewide allows trends to be examined and questioned. The increasing number of shelter nights does not seem to correlate with an increased number of people accessing safe shelter; rather, it might correlate with the difficulty of obtaining permanent safe housing. As more program participants are able to successfully navigate the new Alaska Housing Finance Corporation sponsored housing vouchers, these nights of shelter are expected to decline.

Target #4: Victim service programs utilization cost per shelter night



Victim Service Programs Utilization Cost per Shelter Night

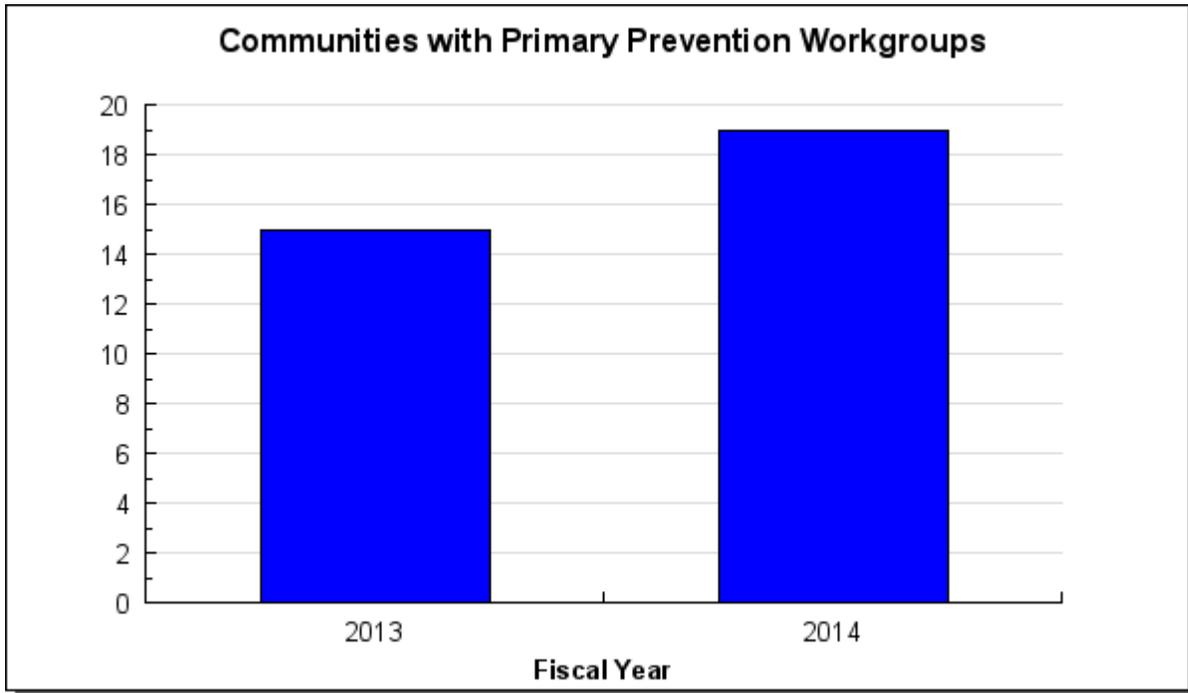
Fiscal Year	Cost per Shelter Night
FY 2014	\$82
FY 2013	\$86
FY 2012	\$82
FY 2011	\$77
FY 2010	\$79
FY 2009	\$71
FY 2008	\$69
FY 2007	\$58

Analysis of results and challenges: The cost of a shelter night is determined by the number of shelter nights divided by the amount of funding allocated to victim service providers that provide emergency safe shelter to victims and their children. The cost per night includes all ancillary services provided in addition to shelter—legal advocacy, medical accompaniment, individual and group support, safety planning, systems advocacy, etc.

A key measure of Governor Sean Parnell's Choose Respect Initiative from the annual Alaska Dashboard report is utilization of services. The council desires to see more people accessing the services they need. A short-term measure for the Choose Respect Initiative, the cost per shelter night shows utilization of services in the required effectiveness and efficiency (numerator/denominator) format.

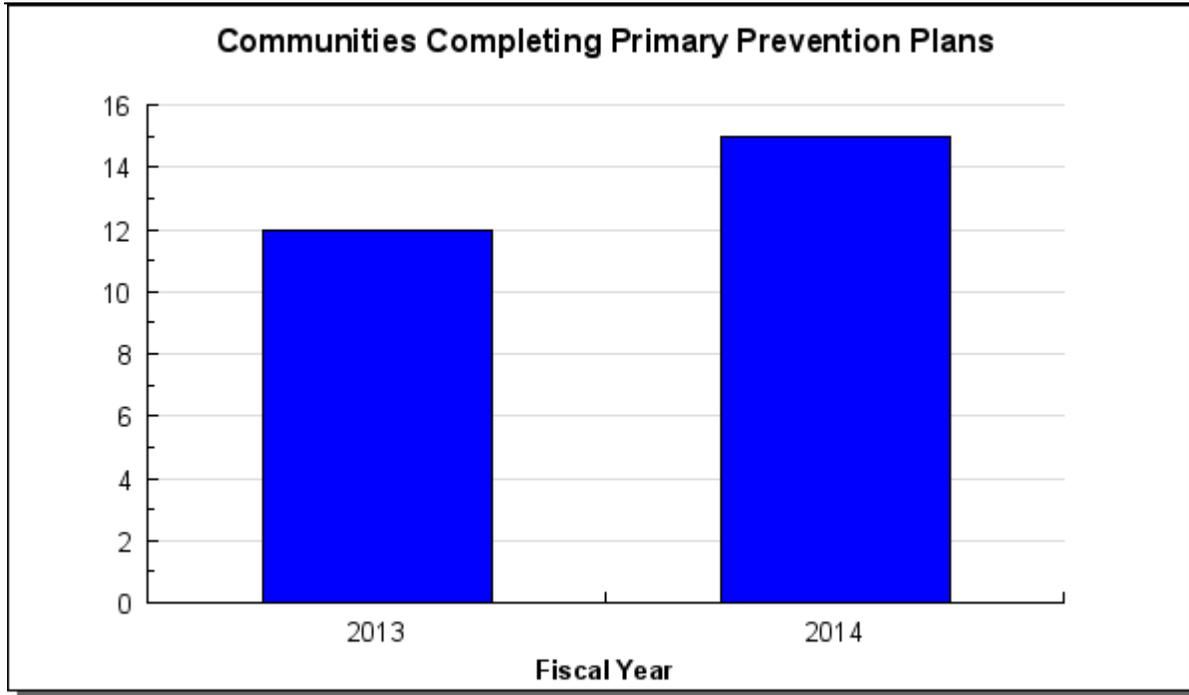
A2: Core Service - Prevention - Communities are equipped to further primary prevention strategies

Target #1: The number of communities that report the formation of a locally based workgroup dedicated to primary prevention is increasing



Analysis of results and challenges: In FY2014, nineteen communities participated in the Putting Prevention to Work 2014 Primary Prevention Summit. This is an increase of four communities when compared to FY2013. The community participants were representatives of locally based service programs. Each community team developed or expanded upon a community plan to address the primary prevention of domestic and/or sexual violence. All nineteen communities attending the summit completed work on plans to address primary prevention in their home communities.

Target #2: The number of communities that report implementing at least one primary prevention strategy to address domestic violence or sexual assault is increasing



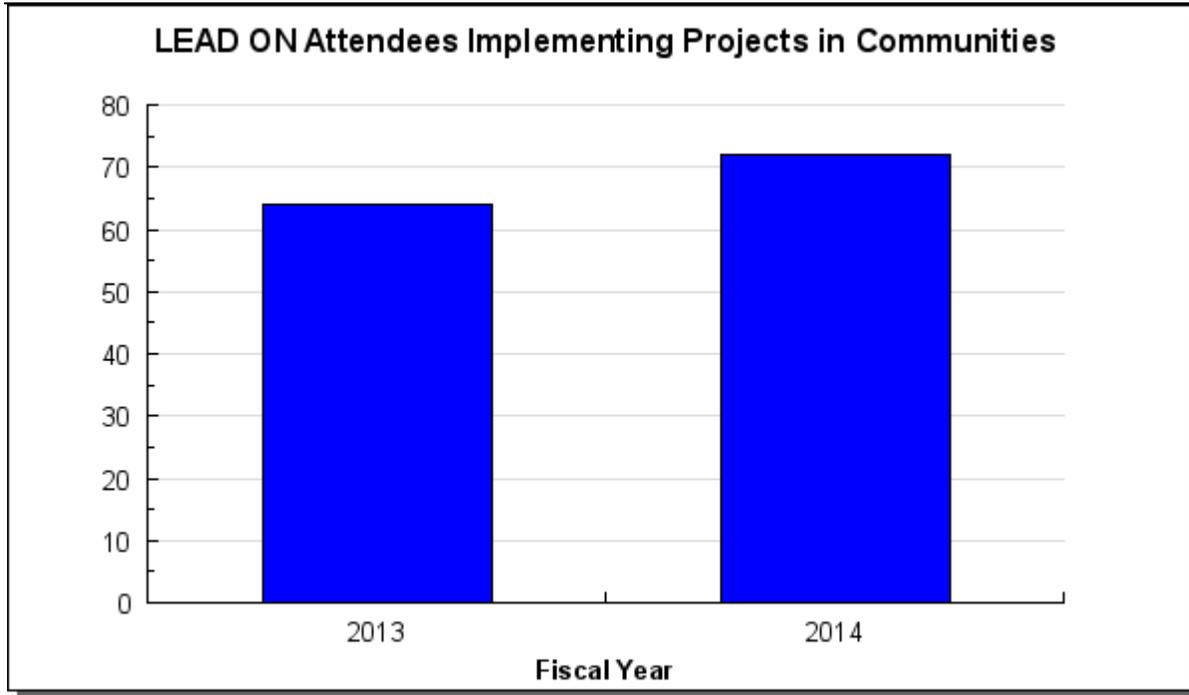
Analysis of results and challenges: In FY2014, fifteen communities that completed plans for primary prevention during the Putting Prevention to Work summit implemented at least one primary prevention strategy. This number is an increase from the twelve communities that implemented a strategy following the summit in FY2013. In this category, the number of implementing communities slightly increased and the percentage rate of participating communities that implemented a strategy after participating in the conference was similar with 79% implementing a project in FY2014 and 80% in FY2013.

In addition to community participation at the statewide prevention summit, seven communities received funding through the Alaska Men Choose Respect mini-grants to implement unique, community based primary prevention programming that enhanced male leadership in the work to end domestic and sexual violence. This is a reduction of three communities from fiscal year 2013. The reduction should be read as a difference in funding available between the two fiscal years to support community based programming rather than a reduction in community capacity to support program implementation. When reviewing the success rate for project implementation for the AMCR programs a slightly higher completion rate (100%) was noted in fiscal year 2014 compared to a 99% success rate in fiscal year 2013.

Target #3: The number of Alaska youth participating in youth leadership and prevention programming is increasing

Analysis of results and challenges: In FY2014, 135 youth applied for the LEAD ON! conference, which is a decrease of eight applicants from FY2013. Eighty-seven youth attended the conference in FY2014, and 87 youth were accepted to the FY2013 conference. Only 80 students were able to attend in FY2013 due to weather. The numbers reflect that the number of youth attending the LEAD ON! program remains steady. This is a conference that covers leadership, equality, peace, and anti-violence; focusing on rural youth leaders.

Target #4: The number of youth that report implementing at least one primary prevention strategy in their communities is increasing



LEAD ON Attendees Implementing Projects in Communities

Fiscal Year	Number Implementing
FY 2014	72
FY 2013	64

Analysis of results and challenges: In FY2014, 72 youth (82%) who attended the LEAD ON conference participated in implementing primary prevention strategies in their home communities. In FY2013, 64 students (80%) completed community projects. The 82% reflects a slight increase in project implementation. Overall, the number of Alaska youth participating in youth leadership and prevention programming is remaining steady over the course of the past two fiscal years.

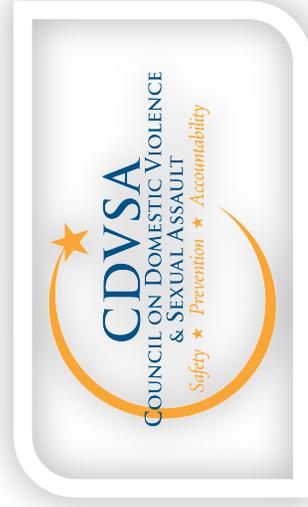
A community's capacity to create and sustain prevention programming takes time, resources, local staff, and on-going technical assistance. The council is encouraged by the steady participation in communities at prevention conferences as reflected in the above two-year comparison and in the high percentage of follow through with implementation for both adult and youth participants. The council is satisfied that both adult and youth programming over the past two fiscal years is trending in the right direction and will reflect increases in pace with increases to local resources, staffing, and technical assistance.

A3: Core Service - Accountability - State approved Batterer Intervention programs are available in communities as requested

Target #1: Regulations and standards will be adopted to encourage broad use of batterer intervention programs

Analysis of results and challenges: In FY2013, a regulations and standards stakeholder committee was formed. A timeline was established to complete the adoption of regulations by 2015.

In FY2014, the stakeholder committee met and produced draft regulations approved by the Council in August 2014. The draft regulations are still on pace to go through the regular process for public comment and finalization in 2015.



Outcome Measure Survey FY 2016

Your safety and ability to access services is important to us. One way to know whether we are on the right track or need to change course is to hear from you about the things you learned while receiving services from this program. Please take a couple of minutes to complete this survey. We realize it's one more form to fill out and want to thank you for your consideration and thoughtful responses.

Please circle the number (5 being strongly agree, down to 1 being strongly disagree) that best matches your experience. Please circle N/A if it doesn't apply to you (for instance circle N/A for #3 if you do not have children).

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	N/A
1. I know more or different intervention strategies for safety than I did before.	5	4	3	2	1	N/A
2. I know more about what resources and help are available and how to access those resources.	5	4	3	2	1	N/A
3. I know more about what services to access for my children.	5	4	3	2	1	N/A
4. I feel less isolated since working with this program.	5	4	3	2	1	N/A
5. I better understand the impact of the crisis and trauma I experienced.	5	4	3	2	1	N/A
6. I know more about my legal rights since working with this program.	5	4	3	2	1	N/A
7. I have a better understanding of how the justice process works	5	4	3	2	1	N/A

CDVSA Outcome Measures for Funded Projects through the Governor's *Choose Respect* Initiative

Alaska Victimization Survey-Measures

Goal: Survey adult women in Alaska about their victimization histories, while minimizing distress, to establish community baselines and increase awareness on violence against women

How much? Number of women surveyed and number of baselines established

How well? Number of distress cases and number of completed cases

What difference did it make? Opportunities to raise awareness

Pro Bono Clearinghouse: Measures

Goal: Increase victim safety through increasing number of trained attorneys taking pro bono cases

of pro bono attorneys recruited and trained at the annual Continuing Legal Education conference

Post conference survey to measure whether attorney's knowledge base and willingness to take pro bono cases increased after the conference

Attorneys participating in the pro bono project will be asked if the training, mentoring and supervision provided by Legal Advocacy Project staff attorneys have made the difference in their ability and willingness to take a pro bono case

Victims provided with attorneys will be surveyed halfway through the substantial completion of services in their cases and asked if having an attorney increased their overall safety

of clients served through the project that would have gone unrepresented without the project
Amount of volunteer attorney hours donated

RESEARCH EVALUATION



Research/Evaluation

FY2016 does not include funding for research/evaluation. Both funding through the DVSA Initiative as well as the evaluation funding in the Council's funding base was eliminated. Being able to support programming through data gathering/evaluation is critical to our ability to seek funding. Research provides a gauge for change over time—to know whether a difference is being made with our funds.

In FY2015 the Council supported the 5-year statewide Alaska Victimization Study; adverse childhood experience questions for the Behavioral Risk Factor Surveillance Survey; incentives for the Youth Risk Behavioral Survey; a Knowledge Attitudes and Beliefs (KAB) study; a baseline batterer intervention programming effectiveness study; and several process-oriented evaluation projects for prevention activities including Green Dot, the Prevention Summit and CBiM.

The Alaska Victimization Survey costs approx. \$500.0 each year. As with the statewide 5-year comparison survey, it is time for 5-year regional surveys to be conducted. The Council will seek to partner with regional organizations to gain funding for the AVS continuation.

2017 will be the year to again pay for DVSA questions to be added to the **Behavioral Risk Factor Surveillance Survey**. The Alaska Department of Health and Social Services first implemented the Behavioral Risk Factor Surveillance System (BRFSS) in 1991. Working with the National Centers for Disease Control and Prevention (CDC), this survey gathers information about the health related lifestyle choices of Alaskan adults. The Council first added questions to BRFSS in 1999. The Council asked for and received permission for the questions to be added in 2001, 2004, 2006, 2009 and 2012. The questions: 1. As a child, did you ever see or hear one of your parents or guardians being hit, slapped, punched, shoved, kicked, or otherwise physically hurt by their spouse or partner? 2. Has anyone ever made you take part in any sexual activity when you really did not want to?--including touch that made you uncomfortable 3. In your lifetime, has an intimate partner ever hit, slapped, punched, shoved, kicked, choked, hurt or threatened you? 4. In the past 5 years, have you ever feared for your safety or been hit, slapped, kicked, choked, or otherwise physically hurt by a current or former intimate partner?

In 2013 another question was added on behalf of the DVSA Initiative about whether or not a healthcare professional talked to the respondent about physical violence or threats by an intimate partner. In FY2015, the Council sponsored adverse childhood experience questions. In FY2017 it will be time to support the original questions posed since 1999. There is a cost per question of \$2,500.

The **Alaska Youth Risk Behavior Survey (YRBS)** is a school-based survey of high school students conducted by the Department of Education & Early Development and the Department of Health and Social Services. It is part of a national survey system, established (1990) by the Centers for Disease Control and Prevention (CDC) and is administered every two years.

The survey collects information on adolescent behaviors that put youth at risk for the most significant health and social problems that can occur during adolescence and adulthood, in order to assist in prevention and intervention planning and evaluation. The Council relies on the survey data to assess trends in teen dating violence and sexual abuse, as well as related problems such as drug and alcohol use, bullying and suicide ideation.

Although the survey is anonymous, the survey requires active written parent permission (opt in) in compliance with Alaska law. The Department of Education & Early Development awards participating schools financial assistance to administer the survey and offset the burden of collecting and tracking permission forms. The Council contributed \$10,000 towards the school grants and the success of this last survey administration (Spring of 2015). The statewide response rate was 63% (60% is the minimum target). Results should be available in the fall – more information is found at <http://dhss.alaska.gov/dph/Chronic/Pages/yrbs/yrbs.aspx>

There is not funding in the FY2016 budget for YRBS. The survey will be active in 2017 and will again need funds for school grants. CDVSA's contribution of \$10,000 is a small but necessary portion of the \$75,000 which will be needed.

The **KAB** and **baseline batterer intervention program** surveys established a baseline from which it is anticipated progress being made in changing social norms and in improving outcomes of BIP participants will be measured. The plan is to resurvey in five years, so funding of \$75.0-\$100.0 will be needed in FY2020.

Prevention evaluations are addressed under separate cover.

FEDERAL PROJECTS

Department of Public Safety
Council on Domestic Violence and Sexual Assault
Federal Grants
(as of 6/30/15)

Grant Name	Award No.	Start	End	Award Amount	Available Balance
Services-Training-Officers-Prosecutors Violence Against Women Formula Grant Program	2012-WF-AX-0028	07/01/12	06/30/15	796,817.00	-
Services-Training-Officers-Prosecutors Violence Against Women Formula Grant Program	2013-WF-AX-0044	07/01/13	06/30/16	785,132.00	99,258.72
Services-Training-Officers-Prosecutors Violence Against Women Formula Grant Program	2014-WF-AX-0055	07/01/14	06/30/16	\$848,842	848,842.00
Victim of Crime Act Victim Assistance Formula	2012-VA-GX-0058	10/01/11	09/30/15	1,307,108.00	-
Victim of Crime Act Victim Assistance Formula	2013-VA-GX-0043	10/01/12	09/30/16	1,415,761.00	5,653.96
Victim of Crime Act Victim Assistance Formula	2014-VA-GX-0050	10/01/13	09/30/17	1,484,376.00	1,484,376.00
Sexual Assault Services Formula Grant Program	2012-KF-AX-0038	08/01/12	07/31/15	231,060.00	-
Sexual Assault Services Formula Grant Program	2013-KF-AX-0032	08/01/13	07/31/16	236,681.00	175,071.63
Sexual Assault Services Formula Grant Program	2014-KF-AX-0003	08/01/14	07/31/16	270,588.00	270,588.00
Alaska Family Violence Prevention Services	G-1401AKFVPS	10/01/13	09/30/15	742,177.00	209,414.43
Alaska Family Violence Prevention Services	G-1501AKFVPS	10/01/14	09/30/16	744,293.00	744,293.00
Grants to Encourage Arrest (Non-Earmark)	2010-WE-AX-0002	03/01/10	08/31/15	633,401.00	-
Grants to Encourage Arrest (Non-Earmark)	2014-WE-AX-0021	03/01/10	09/30/17	649,610.00	617,129.50
Alaska's Supervised Visitation Program	2012-CW-AX-K028	10/01/12	09/30/16	359,721.00	71,650.26
TOTAL:				\$ 10,505,567.00	\$ 4,526,277.50

PREVENTION

PATHWAYS TO PREVENTION



WORKING TOGETHER TO END VIOLENCE

TOGETHER, WE ARE PREVENTING VIOLENCE

The Pathways to Prevention Statewide Steering Committee believes that violence is preventable. Violence is so pervasive in Alaskan homes and communities, primary prevention is urgent.

Nationally, and in Alaska, studies have shown primary prevention works when strategically planned, well-coordinated, and comprehensive.

While it may take several years to see the impact of prevention on domestic violence and sexual assault rates in Alaska, since 2007 we have seen an increase in Alaskans working to end violence.

To effectively stop domestic, sexual, and teen dating violence we must work together to build strong individuals, healthy families, and respectful communities.



PATHWAYS TO PREVENTION 2014-2015

THE PATHWAYS STATEWIDE STEERING COMMITTEE

MEMBERS INCLUDE:

- **The Alaska Network on Domestic Violence and Sexual Assault:** *Lori Grassgreen, Kami Moore and Peggy Brown*
- **The Association of Alaska School Boards:** *Timi Tullis*
- **Alaska Department of Education and Early Development:** *Patty Owen*
- **Aiding Women in Abuse and Rape Emergencies:** *Ati Nasiah*
- **Alaska Department of Health and Social Services, Division of Public Health: Section of Women's, Children's and Family Health & the Alaska Family Violence Prevention Project:** *Mollie Rosier, Jo Gottschalk and Dr. Linda Chamberlain*
- **The Council on Domestic Violence and Sexual Assault:** *Ann Rausch*
- **Clarke Public Health Consulting, Sitka:** *Gretchen Clarke*
- **Alaska Mental Health Trust:** *Natasha Pineda*
- **Mat-Su Health Foundation:** *Melissa Kemberling*
- **SouthCentral Foundation and Alaska Native Justice Center:** *Denise Morris*
- **University of Alaska Anchorage; ISER:** *Virgene Hanna; Circumpolar Health: David Driscoll; School of Nursing: Rachel Muir*
- **Strategic Prevention Solutions:** *Wendi Siebold*
- **Elders and Community Representatives:** *Anna Frank, Doug Modig, Elizabeth Sunnyboy, Pete Hoepfner, Larry Roberts, and Naomi Michalsen*

THANK YOU TO THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS FOR THEIR SUPPORT:

- Centers for Disease Control and Prevention DELTA FOCUS and Rape Prevention Education grant
- Alaska Council on Domestic Violence and Sexual Assault
- Alaska Division of Public Health/Section of Women Children and Family Health
- Alaska Department of Education and Early Development
- Office of Violence Against Women
- Reuben E. Crossett Fund
- Association of Village Council Presidents
- Alaska Division of Behavioral Health
- Rasmuson Foundation
- All Alaska Pediatric Partnership
- Alaska Native Tribal Health Consortium
- Canadian Center for Addictions and Mental Health Prevention Science
- COMPASS Advisory Committee
- Verizon
- Zonta International
- The following community members and groups: youth groups, participating community organizations, schools and teachers across the state and domestic violence and sexual assault programs.

COLLABORATING FOR PREVENTION

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WHAT IS PATHWAYS?

The Pathways to Prevention Statewide Steering Committee is committed to ending violence by stopping violence before it starts and promoting healthy individuals, relationships, and communities. For eight years Pathways has collaboratively planned, implemented, and evaluated violence prevention efforts.

“ WE WORK TO STOP VIOLENCE BEFORE IT EVER STARTS. ”

HIGHLIGHTS IN 2014:

- Supported, connected and **inspired youth to prevent violence.**
- Worked to integrate social and emotional learning, relationship, and violence **prevention curricula into grades K-12.**
- Created tools, training, and **resources for men and engaged men** in preventing violence.
- Established training, support, and **resources for community-based domestic violence and sexual assault prevention.**
- **Increased the number of Alaska communities** promoting healthy relationships and norms that promote safety.
- Compiled data and **developed an Alaska evidence-base for domestic, teen dating, and sexual violence prevention.**
- **Increased the number of organizations** that support equity for all people, across class, race, and gender; thereby addressing the root causes of violence.
- Launched **tools for parents working to prevent violence** and teach healthy relationships.

NEXT STEPS FOR PREVENTION: PRIORITIES 2015-2016

For eight years The Pathways to Prevention Statewide Steering Committee has identified key priorities to build prevention capacity and to work toward ending violence in Alaska.

The Pathways group will focus on strengthening and evaluating the numerous strategies implemented between 2010-2014.



PRIORITIES INCLUDE:

- Fund community-based **staffing to support prevention collaboration** and efforts.
- Develop recommendations for **Health Education Standards** with social and emotional domestic violence and teen dating, and sexual assault prevention components.
- Expand Fourth R implementation and **share Fourth R evaluation outcome** findings.
- Support implementation of **K-6 curricula for healthy relationships**.
- Expand **tools for parents** to talk with youth about relationships and sexual rights.
- Develop approaches to **address the root causes of violence**.
- **Establish a comprehensive training program** on DV/SA primary prevention for key sectors and prevention staff.
- Refresh youth engagement efforts Stand Up Speak Up and **integrate domestic violence and sexual assault prevention efforts into youth groups** and youth coalitions.
- **Expand training and tools for men** to incorporate healthy relationship content into athletic programs, outdoor settings, and subsistence activities.
- Collaborate with Elders to identify prevention activities that will **engage interested Elders** and key community leaders.

For more information visit: www.andvsa.org/pathways

PATHWAYS TO PREVENTION



WORKING TOGETHER TO END VIOLENCE



PARTNERING WITH SCHOOLS

In Alaska, students are engaging in high risk behaviors that put them at risk for injury, health and social problems, as well as academic failure. In 2014, Pathways partners worked statewide to increase Alaskan students' chances for being healthy, safe, and successful in school.

“ [THE FOURTH R] HAS COMPLETELY CHANGED THE WAY I'VE TAUGHT. IT'S REINVIGORATED ME. TO ME, THIS IS SO MUCH MORE IMPORTANT THAN ANYTHING ELSE GOING ON...IF THEY DON'T HAVE THE RELATIONSHIP [SKILLS], IT JUST DOESN'T MATTER. ”

HIGHLIGHTS IN 2014:

- **Trained 92 secondary school staff** and community partners from across Alaska.
- **Completed a companion video** with storyline to support Fourth R classroom discussions.
- **Identified needs** for K-5 social and emotional learning approaches to establish positive relationships and foster learning among students.

WHAT IS THE FOURTH R PROGRAM?



The Fourth R (R=Relationships) is a school-based curriculum for grades 7- 9 that includes lessons on dating violence, healthy relationships, healthy growth and substance abuse prevention. The Fourth R

curriculum has been adapted for use in Alaska. Teachers and community partners from 22 school districts have been trained.

The program focuses on building healthy relationships and decision-making skills through interactive teaching methods such as role play. The Fourth R lessons provide a variety of discussion opportunities to process issues with peers and the teacher, as well as opportunities to examine individual beliefs and boundaries.



THE FOURTH R IS EFFECTIVE

The Fourth R is an evidence-based program that is listed on the Substance Abuse and Mental Health Services Administration's National Registries such as of Evidence-based Programs and Practices among others. International evaluation has found the Fourth R program effective in reducing physical dating violence among boys; reducing acts of violence towards peers; increasing knowledge and awareness of dating violence; substance use and other risky behaviors.

FOURTH R EVALUATION IN ALASKA

The Alaska Fourth R Curriculum Evaluation Project was a three-year, multi-site program evaluation conducted by Strategic Prevention Solutions, in collaboration with organizational partners within Alaska and funded by the State of Alaska, Council on Domestic Violence and Sexual Assault. The purpose of this study was to assess the impact and implementation of the Fourth R Healthy Relationships curriculum in 9th grade health classes in geographically diverse school districts in Alaska. Over 500 ninth graders in thirteen schools across twelve communities in Alaska participated in this study. Six of these schools implemented the Fourth R curriculum, while the remaining seven schools implemented their regular health class and served as a comparison group.

Both quantitative and qualitative findings tell the story that youth who participated in the Fourth R experienced positive improvements, and that Fourth R shows promise for use across Alaska.

“ [THE FOURTH R] HAS TAUGHT ME TO KNOW WHAT I DESERVE IN A RELATIONSHIP ”

THE HEALTHY RELATIONSHIP PLUS PROGRAM

The Healthy Relationships Plus Program is a small groups program (6-25 youth) and has been enhanced to include a strengthened focus on mental health and suicide prevention, and drug and alcohol use. The Healthy Relationship Plus Program applies the same core principles of skill building and awareness as the Fourth R classroom-based programs, but in a non-classroom setting. This project targets the prevention of violence through the promotion of positive, healthy relationships.



The Fourth R was evaluated in Alaska in selected 9th grade health class from 2011-2013.

Findings of youth who participated in the evaluation show:



IMPROVED
awareness
of abuse
behavior



INCREASED
positive social
support among
youth with high
(ACEs)* scores



REDUCED
acceptance
of physical
aggression



REDUCED
acceptance
of rape myths

*Adverse Childhood Experiences



PARTNERING WITH MEN

Alaska Men Choose Respect (AMCR) is a collective movement of men working as allies to end violence by choosing and teaching respect in their communities. AMCR media messages and training opportunities allow men to come together as allies to end violence, promote respect, and strengthen Alaska communities.

“ AS A GROUP OUR BEST CONVERSATIONS OCCURRED THROUGH THE USE OF COMPASS. ”

HIGHLIGHTS IN 2014:

- Hosted 3 trainings for 37 male mentors through COMPASS: A Guide For Men.
- Launched a quarterly Alaska Men Choose Respect newsletter with 47 subscribers.
- Aired TV PSAs featuring Alaskan men 14,717 times.
- Expanded social networks through www.AMCR.org and Twitter @AK_AMCR.
- AMCR.org had over 4,000 page views and visitors from 23 Alaskan communities
- Awarded mini-grant funding to 7 communities.

**ALASKA MEN CHOOSE
RESPECT**

AMCR MINI-GRANTS

Seven communities were awarded funding through AMCR Mini-grants to support community partnerships with men to promote respect and end violence.

Anchorage - Hosted traditional men’s gatherings.

Cordova - Expanded the Cordova Men Choose Respect media campaign.

Fairbanks - Hosted Young Men Choose Respect workshops.

Homer - Created Homer Masculinity Project.

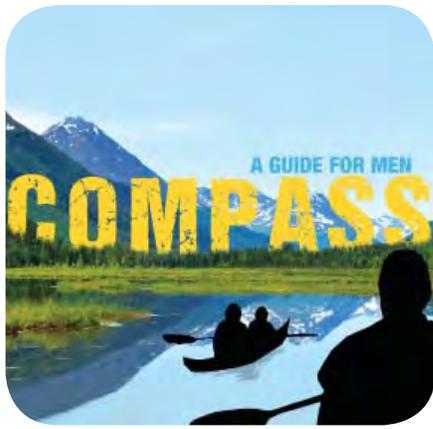
Juneau - Created messages on gender equality

Tanacross - Hosted wellness workshops on respect, culture and creating a safe community.

Unalaska - Media campaign of men promoting messages of respect.

www.AMCR.org

COMPASS: A GUIDE FOR MEN



COMPASS, a Guide for Men, supports male mentors and youth to explore their values, unique identities and respect. COMPASS is a resource for men connecting with young men in outdoor, subsistence, or athletic settings. The

guide promotes meaningful conversations through the use of teachable moments, activities, storytelling, and discussions. In 7 topic areas including knowing who you are, knowing your emotions, respect for self, respect for others, communication, conflict resolution and becoming men.

COMPASS TRAININGS:

COMPASS debuted in communities across Alaska. 37 mentors and community partners, from 16 different communities, were trained in COMPASS. Mentors from the following communities were trained: Ketchikan, Saxman, Anchorage, Bethel, Unalaska, Dillingham, Napaskiak, Sitka, Hoonah, Juneau, Metlakatla, Manokotak, New Stuyahok, Old Harbor, Palmer and Sitka.

The trainings are a combination of skill-building, hands-on experience using COMPASS and networking for mentors. The training topics include healthy masculinity, respect, culture, communication, and violence. On-going support is also provided to each mentor.



COACHING BOYS INTO MEN (CBIM)



Coaching Boys into Men (CBIM) is a coaches' leadership program that promotes respect. The Council on Domestic Violence and Sexual Assault (CDVSA) in partnership with Department of Education and Early Development (EED), work cooperatively to support CBIM trainings and to monitor the needs of coaches who are implementing the program and provide them with technical assistance. In fiscal year 2014, trainings were held in Fairbanks and Juneau and trained nearly 78 coaches in 36 communities.

To learn more about Alaska's project visit:
<https://www.facebook.com/CBIMAlaska>



PARTNERING WITH YOUTH

Pathways to Prevention is committed to engaging and supporting youth working to end violence and promoting healthy relationships.



Stand Up Speak Up Alaska is a youth-led campaign focused on promoting healthy relationships, engaging youth leaders, and developing healthy relationship skills for both youth and their peers.

HIGHLIGHTS IN 2014:

- Refreshed the look and feel of Stand Up Speak Up PSAs, resources and website.
- Received **5,971 page visits** to the Stand Up Speak Up website.
- **131 new likes on the Lead On Facebook page** reaching more than 1000 people each month.
- Awarded **13 mini-grants in 12 communities that impacted 1828** individuals through community work or activities.



STAND UP SPEAK UP MINI-GRANT PROJECTS

- Anchorage:** Connecting Youth and Adults
- Atmautluak:** Healthy Relationship Conversations
- Bethel:** Healthy Relationship Video Project and Teens Lead Ahead
- Cordova:** Believe It Or Not I Care (Bionic)
- Dutch Harbor:** Youth Scavenger Hunt and Community Connections
- Homer:** Bonfire by the Bay- Coping with Stress, Anxiety, and Depression
- Juneau:** Ending Violence Video
- Ketchikan:** Lock-in and Cultural Night
- Kotlik:** Healthy and Positive Alternatives for Youth
- Old Harbor:** Healthy Relationship Community Event
- Sitka:** Youth Leadership Retreat and Teen Talks
- Southeast Region:** Rebound Kayak and Leadership Trip

www.standupspeakupalaska.org



Lead On! youth are at the forefront of the movement to prevent violence in Alaska. The annual Lead On! youth leadership conference inspires, engages, and

supports youth who promote respect and work to end violence in their communities.

Lead On! was held Nov 1-3, 2014 in Anchorage with 35 communities from across Alaska represented. Youth took part in the planning, presented on topics important to them, and co-developed all materials. Participating youth brought Lead On! projects, promoting respect and ending violence, back to their own communities. The Lead On! page on ANDVSA's website received 931 views this year.

35 COMMUNITIES ATTENDED LEADON!

Akiachak	Kake	Nome
Alakanuk	Iliamna	Old Harbor
Anchorage	Juneau	Palmer
Atmautluak	Ketchikan	Ruby
Bethel	Kiana	Sand Point
Cordova	Kodiak	Scammon Bay
Deering	Kotzebue	Sitka
Dillingham	Kwethluk	St. Michael
Fairbanks	Metlakatla	St. Paul
Gambell	Napaskiak	Togiak
Hooper Bay	Nenana	Unalaska
Homer	New Stuyahok	

“ I FOUND MY VOICE AT LEAD ON AND REALIZED THAT YOUTH CAN MAKE A DIFFERENCE ... IT GAVE ME FAITH IN MY GENERATION. ”

LEAD ON! IMPACT

Of the youth who attended the 2013 Lead On! youth leadership conference 88% completed projects in their own communities.

A pre and post survey of 2014 Lead On! youth reported their:

- 100%** increased ability to work with other youth to plan activities supporting healthy relationships and respect;
- 98%** increased understanding of project planning;
- 98%** increased skills to create and share messages for respect;
- 96%** increased leadership skills to prevent violence.





WHEN I AM AN ELDER

When I am an Elder is a youth campaign that challenges communities to stop the cycle of violence. This campaign is based on a poem written by a Bethel Teens Acting Against Violence (TAAV), which imagined a world without violence for future generations.

“ THIS IS A WAY FOR OUR YOUTH TO SHARE THEIR DREAMS FOR A BETTER FUTURE. ”

HIGHLIGHTS IN 2014:

- The **ideas of 15 youth** were turned in to TV Public Service Announcements.
- Old Harbor TV **PSAs were aired** along with When I am an Elder developed with youth in Barrow, Bethel, Minto, Sitka, Ketchikan, and Juneau.
- These TV PSAs **reached 540,000 viewers 2.1 times.**
- They were highlighted through online engagement with **13 video PSAs on YouTube**, 6,047 views total.

To see the When I am an Elder PSAs visit:
www.andvsa.org/awareness-campaigns/

Youth from the Alutiq village of Old Harbor wrote When I am an Elder poems in collaboration with the Old Harbor Tribal Council and the Kodiak Women's Resource and Crisis Center. After discussing ideas with Elders in the community, youth wrote poems emphasizing the importance of Alutiq culture, community connection, youth leadership, and safe homes.





PARTNERING WITH PARENTS

Domestic violence and sexual assault in Alaska rank among the highest in the country with many patterns developing in adolescence. Parents have a unique opportunity to connect with youth and to foster healthy relationship conversations and skills for life.

“ THE QUESTIONS ARE EASY TO ASK, NOT THREATENING, AND LEAD TO GREAT CONVERSATIONS. ”



Talk Now Talk Often AK (TNTO) is a statewide collaborative between agencies, parents, and caregivers to help increase conversations with teens around healthy relationships. In 2015, we will continue to build on the interest and commitment of parents across Alaska to support parents and teens talking about healthy relationships.



www.tntoak.org

HIGHLIGHTS IN 2014:

- Released materials including the Talk Now Talk Often AK **conversation cards**, a **web based PSA**, and a **website**.
- Distributed **1,500 sets of conversation cards**.
- **Conducted 8 parent interviews** in Barrow, Dillingham, Kotzebue, Kodiak, Sitka, and Unalaska.
- Participated in **5 statewide radio interviews**.
- Worked with parents from Barrow, Sitka and Unalaska to create **3 op-eds**.
- tntoak.org had **2,212 page views** from 23 Alaskan communities.
- Online advertising resulted in **234,408 impressions**.
- Hosted **3 community events** reaching **175 adults and teens** in Dillingham, Old Harbor, and Juneau.



TRAINING AND INFRASTRUCTURE

State and local partners collaborate to expand existing networks, and tools to support prevention statewide.

“GETTING AN OVERALL BETTER UNDERSTANDING OF COMPREHENSIVE WORK IS VERY HELPFUL.”

HIGHLIGHTS IN 2014:

- Brought together **over 20 prevention staff** from domestic violence and sexual assault programs.
- Enhanced collaboration through the training and infrastructure committee (comprised of state, non-profit, and community members) and the state agency Prevention Workgroup. Convened by the Council on Domestic Violence and Sexual Assault, both met to **coordinate training, initiatives, and technical assistance.**
- The Department of Health and Social Services maintained the Alaska Health Education Library Project (AHELP), an **online searchable database to include local and statewide projects.** Materials and primary prevention contacts: <http://www.ahelp.org/>

ANNUAL PREVENTION MEETING

Prevention staff from ANDVSA and local domestic violence and sexual assault programs from Anchorage, Bethel, Dillingham, Homer, Juneau, Fairbanks, Sitka, and Unalaska met to deepen prevention knowledge, skills, and networks.



Participants reported a significant increase in knowledge in:

- Connecting culture and prevention
- Coalition building and collaboration across Alaska
- Prevention concepts and language
- Expanding prevention work to be more comprehensive



ADDRESSING THE ROOTS OF VIOLENCE

Pathways is committed to addressing the circumstances, systems, and conditions that support or hinder our health, safety, and well-being.

“ THIS HAS BEEN A WONDERFUL RESOURCE TO HELP ME BUILD COLLABORATION WITH OTHER SERVICE PROVIDERS. ”

HIGHLIGHTS IN 2014:

- Drafted an **equity assessment tool** for use in organizations and community collaboratives. The tool includes discussion questions, scales, action planning tools, and activities to explore policies, programs, and processes.
- Pathway Statewide Steering Committee, community coalitions and other partners used the equity assessment tool and **provided feedback for improvement of the tool.**
- **Planned web-conference for 2015** that highlights how equity work is being addressed in Alaska and nationally.

EQUITY ASSESSMENT:

The equity tool allows organizations to explore how to create access and improve health, opportunities, and safety for communities. This tool is a way for groups and organizations to assess where they are and how they consider equity when: Developing policies, Planning and developing, programs Evaluation, Organizational assessments.

WEB-CONFERENCE SERIES

Emerging research shows preventing violence requires changes in social, political, and economic structures that perpetuate inequities in health and safety. The monthly web-conference series “Addressing Barriers to Health and Safety” explores the social and structural determinants of health and safety. The purpose of this series is to better understand how to end violence, change social conditions that perpetuate violence, and improve wellness of communities.



Past web-conferences are available at: www.andvsa.org/prevention-webinars



PARTNERING WITH COMMUNITIES

It takes the whole community to shift norms, behaviors, and systems to create safe and healthy communities. Communities across the state are coming together to end violence.

“ THE COMMUNITY CAFE WORKSHOP WAS INTERACTIVE & VALUABLE. ”

HIGHLIGHT IN 2014:

- **10 community teams gathered** in Homer for a prevention retreat dedicated to comprehensive and culturally relevant prevention.
- The **Pathways Community Engagement Committee met** to consider how to best connect with specific geographic and identify communities across the state for future prevention planning.

PREVENTION STAFFING:

- There are **3 prevention Americorps VISTA Volunteers** supporting prevention work at domestic violence and sexual assault programs across the state.
- There are **8 communities that have paid staff** dedicated specifically to domestic violence and sexual assault primary prevention activities, many are taking steps towards implementing prevention strategies.

PREVENTION STRATEGIES

- Girls on the Run
- Coaching Boys into Men
- Community conversations and seminars
- Compass: A Guide for Men
- Culture Camps and Programs
- Green Dot or bystander intervention
- Media and Norms Campaigns
- Programs with Parents
- Systems Equity Work
- Youth Leadership/Peer Education Programs

To see websites for these programs, visit:
www.andvsa.org

COMMUNITY BASED PRIMARY PREVENTION PROGRAMS GRANT:

The purpose of the Community Based Primary Prevention Programs (CBP), funded by the Council on Domestic Violence and Sexual Assault, is to strengthen existing, community based, coalition driven, strategies that address the primary prevention of violence. Awardees will work to strengthen existing prevention activities with individuals, key influencers, or focused on norms change that reinforces prevention messages across settings and populations. This is consistent with best-practice and is likely to have the most impact on reducing violence in Alaska. The following programs were funded:

Abused Women's Aid in Crisis, (AWAIC)

Anchorage: AWAIC's project will expand the Green Dot strategy for prevention currently being implemented with adults at the community level to include a new population and a new setting. The new project will focus on engaging youth aged 14-21 through a series of Green Dot youth summits and public service announcements.



Aiding Women in Abuse and Rape Emergencies, (AWARE) Juneau:

Outcomes from this project will be used to strengthen school partnerships and work towards improving comprehensive health education curricula and wrap around prevention with Juneau school partners.



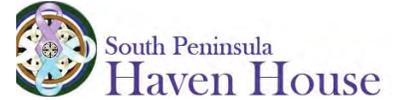
Sitka's Against Family Violence (SAFV), Sitka/

Kake: Sitka's project for this award expands their focus to include young boys through Boys Run; expansion of Girls on the Run to Kake; training and implementation of Coaching Boys into Men (CBIM); revision of the Basic Arts Institute (BAI) culture in the classroom units in middle and high school; and through intensive community seminars/workshops around social emotional learning (SEL) and positive parenting support.



South Peninsula Haven House (SPHH),

Homer: SPHH's project will expand three strategies: Girls on the Run (GOTR) a national, evidence-based program that uses running to promote emotional and physical wellness, a comprehensive health curriculum in 8th grade middle school at Homer Middles School and the Green Dot bystander intervention program used in the community.



PREVENTION STRATEGY HIGHLIGHT

Girls on the Run

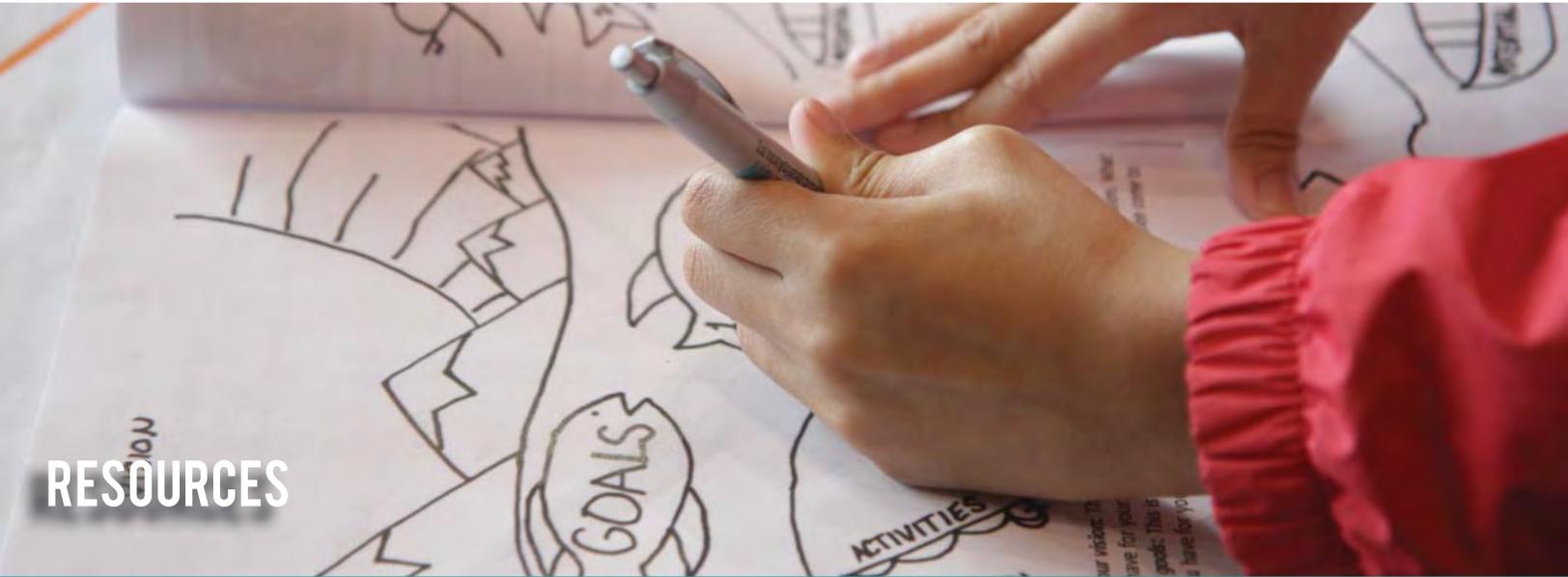
Girls on the Run (GOTR) is a physical activity based positive youth development program for girls in 3rd-8th grade. The program teaches life skills through dynamic, interactive lessons and running games. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5k running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness.



Green Dot

The Green Dot Violence Prevention Strategy harnesses the power of individual choices to shift current cultural norms (from bystander inaction to a community that is actively and visibly intolerant of violence). CDVSA in partnership with Green Dot developers and six pilot sites are in the second year of a three year pilot project that adapts the Green Dot strategy to Alaskan communities.





RESOURCES

PARTNERING WITH SCHOOLS

The Fourth R: www.youthrelationships.org

PARTNERING WITH MEN

Alaska Men Choose Respect: www.amcr.org

PARTNERING WITH YOUTH

Stand up speak Up Alaska and Lead On!
www.standupspeakupalaska.org

PARTNERING WITH PARENTS

Talk Now Talk Often AK conversation cards:
www.tntoak.org

PARTNERING WITH COMMUNITIES

Community Prevention Snapshots:
www.andvsa.org/community-prevention

Council on Domestic Violence and Sexual Assault: dps.alaska.gov/cdvsa/

Girls on the Run: www.gotr-sealaska.org

Green Dot: www.greendotalaska.com

TRAINING AND INFRASTRUCTURE

Prevention Web-Conference Series:
www.andvsa.org/prevention-webinars

MEDIA CAMPAIGNS

When I am an Elder: www.andvsa.org/media

SOCIAL MEDIA

AMCR on Twitter: www.twitter.com/AK_AMCR

Stand Up Speak Up Alaska on Facebook:
www.facebook.com/standupspeakupak

Stand Up Speak Up Alaska on Instagram:
www.instagram.com/standupspeakupalaska

PREVENTION MODULES:

ANDVSA AmeriCorps VISTA Leader developed 7 domestic violence and sexual assault prevention orientation modules that are available online.

While the ANDVSA statewide primary prevention orientation has been designed for domestic violence and sexual assault programs, it is available on YouTube to anyone. There have been **over 413 views of these modules in 2014.**

Modules Included:

- Introduction to Domestic Violence, Sexual Assault, and Teen Dating Violence in Alaska
- Introduction to Prevention
- Primary Prevention
- Community Mobilization
- Primary Prevention Plans
- Primary Prevention Programs
- Evaluation

www.andvsa.org/prevention-101

**DOMESTIC VIOLENCE AND TEEN DATING VIOLENCE
HAVE REAL AND SIGNIFICANT COSTS FOR ALASKANS,
BOTH PERSONALLY AND FINANCIALLY.**

**VIOLENCE IS PREVENTABLE. WITH A
COORDINATED AND INTENTIONAL APPROACH,
WE CAN SHIFT THE TRENDS OF VIOLENCE IN
ALASKA TO ENSURE SAFE AND RESPECTFUL
RELATIONSHIPS FOR ALL ALASKANS.**

**EACH OF US HAS A ROLE TO PLAY IN
PREVENTING VIOLENCE. THE
PATHWAYS AND STRATEGIES
OUTLINED IN THIS PLAN PROVIDE
POSSIBLE STEPS OR A ROADMAP FOR
ANYONE TO USE.**

FOR MORE INFORMATION, PLEASE CONTACT:



ANDVSA

Alaska Network on Domestic Violence
& Sexual Assault

**130 Seward St., Suite 214
Juneau, Alaska 99801
(907) 586-3650
www.andvsa.org**



Evaluation of Prevention Strategies

2015

Definitions:

There are many definitions across disciplines that frame the evaluation conversation. For the purposes of this document, the terms process evaluation, outcome evaluation, performance measures, evaluation plan, and rigorous evaluation are defined below.

Process Evaluation: Usually assesses whether the strategy was implemented as planned and identifies possible areas for improvement. This may include the number, dosage, and distribution of activities. Process evaluation may assess whether the strategy is implemented with fidelity, if the resources and training are adequate, or specific input and outputs related to planned activities.

Common Tools: Surveys, forms, focus groups, interviews, tracking metrics.

Purpose: Process evaluation provides significant information for the long term success of a strategy.

Outcome Evaluation: Outcome evaluation measures the changes in risk or protective factors at an individual relationship community or systems level as a direct result of a specific strategy or set of strategies. Often there are proximal outcomes that are “stepping stones” towards the primary change we are working to create. On an individual level this often means a change in knowledge, attitudes, skills, self-efficacy, behavioral intentions, or behavior. At a relationship level this measures interactions and norms. At a community level this measures changes in norms and conditions.

Common Tools: Pre-test Post-tests, surveys, focus groups, blind third party observations.

Performance Measures: Ways to objectively measure the degree of success a program has had in achieving its stated objectives, goals, and planned program activities.

Evaluation Plan: This is a comprehensive approach to your process and outcome evaluation efforts. It outlines 1. What data will be collected? 2. What instruments/measures will be used? 3. Who will collect the data? 4. How will the data be collected? 5. When will the data be collected? 6. What system or process (e.g., Excel) will be used to enter, track and analyze the data?

Rigorous Evaluation: This refers to evaluation that would stand up to peer review and scientific standards often using an experimental or quasi-experimental design.

Evaluation Costs:

Costs associated with an evaluation study exist on a continuum and are based on the overall evaluation research design for any given strategy. On one end of the continuum, a research design may be a very simple one time pre-post survey to measure the result of a planned and/or completed activity. Or the design could be complex and developed to evaluate the short-term and long-term changes in key knowledge, attitudes, beliefs and values related to the exposure to the strategy through time. Other elements that come into play when considering evaluation costs include:

- *Contract costs for professional services*
- *What will be done-the intervention activities planned and/or completed;*
- *Where and how the measurement data will be obtained; and*
- *How to measure alternative factors that may have influenced any observed effects (if possible).*

All prevention strategies implemented with CDVSA funding include some form of research and evaluation components as part of the work. As mentioned above these evaluation methods vary from the simple to the complex. For example, beginning in fiscal year 2010, CDVSA partnered with the University of Alaska, Anchorage Justice Center to design a survey that would provide reliable and valid estimates of intimate partner violence and sexual violence against adult women in Alaska. A baseline survey was conducted in 2010, followed by regional survey's from 2011-2014 with a new 2015 statewide survey having just completed. The results of this survey are used to:

- *guide planning and policy development,*
- *effectively evaluate the impact of prevention and intervention services, and*
- *provide greater empirical support for preventing and responding to violence against women.*

The Alaska Victimization Survey costs approximately \$500,000 per fiscal year.

In fiscal year 2012, CDVSA began funding a three year, multi-site program evaluation of the Fourth R Curriculum. The purpose of this evaluation study was to assess the impact and implementation of the Fourth R Healthy Relationships curriculum in 9th grade health classes in geographically diverse school districts in Alaska. Evaluation findings showed that youth who participated in the Fourth R showed improved awareness of abusive behavior, reduced adherence to rape myths and reduced acceptance of physical aggression. Specifically, youth with high adverse childhood experiences scores (ACE) demonstrated increased positive social support. Additionally, qualitative findings explained that students and teachers who participated in the Fourth R developed and used a shared language around behavioral intentions like: effective communication, conflict resolution, healthy/unhealthy relationships and bystander behavior. Students enjoyed the interactive content of the Fourth R that allowed them to practice those skills. Finally, teachers who had experience with other health curricula prefer the Fourth R to any other curricula. The overall evaluation research design was funded at \$100,000 per

year for three years. Both the Alaska Victimization Survey and the Fourth R are examples of rigorous research and evaluation that would stand up to peer review.

The research and evaluation design for the Alaska Green Dot project was process only. Focus groups were conducted in the fall of 2014 to assess the pilots' implementation and identify possible areas of successes and improvements moving forward. In addition, quarterly survey monkeys were sent to key stakeholders to gather feedback on the projects implementation and perceived impact. This design and evaluation was funded at \$30,000 for one year. The process evaluation provided significant information on the successes and challenges associated with community wide implementation of a violence prevention bystander strategy. Results are helping us plan ways to improve future community work.

The research and evaluation methodology for the Alaska Prevention Summit included a pre-test survey link which sent via email by Council staff to participants registered for the Prevention Summit. Ninety-nine registered participants completed the survey. The Prevention Summit was held March 4-6, 2015. The post-survey link was sent out by staff on March 30th to Summit participants. Seventy-four participants completed the post-test survey. Attendees were given approximately one month to complete the post-survey. Respondents were entered into a drawing to win one of two \$50 Amazon gift cards for completing the pre survey and/or the post-survey. The survey asked participants to provide their name and email address to enable pre-post comparisons before and after the 2015 Prevention Summit. This report includes comparisons between the pre- and post-survey responses for respondents that took both surveys and some overall comparisons between the 2013 and 2015 Prevention Summits survey data. This study was funded at a cost of \$3,000 for the past two fiscal years. Results of the study assist CDVSA assess the growth in community based primary prevention organizational capacity for prevention, comprehensiveness of prevention planning and prioritization of prevention programming (in addition to providing information on the actual summit).

Evaluation is critical to understanding the impact of our prevention work. It demands its own funding and dedicated trained staff to design implement and report on the findings.