

Monday, November 14, 2016

Guest speakers and sessions may be subject to change

8:30-9:30

OPENING CEREMONY



9:30-10:30

KEYNOTE – Kimber Olson, LCSW



Why Self Care Doesn't Matter: Moving Beyond Kale Milkshakes & Yoga Classes to Battle Compassion Fatigue

This keynote will be motivating and inspiring on the topic of Compassion Fatigue. Unlike other trainings on this subject, the presenter aims to leave attendees feeling uplifted, engaged, and hopeful. Learning objectives:

- ❖ Improve Participant's Morale and Professional Confidence
- ❖ Increase Participant's Awareness of Compassion Fatigue and how to prevent/treat it
- ❖ Decrease participant's sense of isolation
- ❖ Teach specific information regarding complex trauma and VT; dual relationships, rural practice
- ❖ Teach self-awareness and self-reflective exercises

10:30-10:45

Break

10:45-12:15

SESSIONS A:

1. **Retinal Hemorrhage in Infancy - Gil Binenbaum, MD MSCE**



Retinal hemorrhage is an important sign of potential abusive head trauma in infants. While the differential diagnosis of retinal hemorrhages in children includes numerous potential etiologies, the retinal hemorrhage pattern and associated findings can help to narrow the list considerably. This talk will review the many causes of retinal hemorrhages in young children and highlight important features to consider when evaluating the pattern of hemorrhage. We will cover multiple elements, such as hemorrhage number, location, and type; macular findings of retinoschisis, hemorrhagic cyst, and retinal folds; relevant aspects of ocular anatomy; mechanisms thought to underlie retinal hemorrhages; systemic considerations, like patient age, medical history, and associated systemic signs; and how best to document and when best to perform ophthalmologic examinations. The overall purpose will be to help physicians, social workers, and those involved in law enforcement and the justice system, as they work to determine the most likely cause or causes of retinal hemorrhages in a given case, keeping in mind the degree of certainty with which the diagnosis can be made. Participants will be able to:

- ❖ review the differential diagnosis of retinal hemorrhages in infants and young children
- ❖ distinguish among different patterns of retinal hemorrhages and retinal findings that are specific to trauma or to other causes of retinal hemorrhages
- ❖ understand the evidence base underlying our current understanding of the mechanisms by which retinal hemorrhages develop in abusive head trauma
- ❖ describe best practices for the methods, documentation, and timing of retinal examinations in young children with possible abusive head trauma

2. **The Nuts & Bolts of the OCS Practice Model – Tammy Sandoval**  How does OCS make decisions on family’s cases? This workshop focuses on the Office of Children’s Services’ practice model – the way business is done with regard to decision-making throughout the life of the case. How children are determined to be at risk and/or unsafe, why children are removed from a parent’s home and how Initial Assessments are completed. Specific decision making tools will also be shared. Participants will:
- ❖ Gain an understanding of the decision-making process.
 - ❖ Understand how best to work with OCS to improve outcomes for children and families.
 - ❖ Learn how to access decision-making tools to use while working with a family.
3. **Cultural strategies for working with youth and families – traditional healing & therapy – Meda DeWitt Schleifman**  Participants will be provided with foundational information on Alaska Native traditional health practices. They will be introduced to beliefs, attitudes, and knowledge of health promotion and maintenance. This discussion will examine major changes leading to the current health status of the Alaska Native community. Special emphasis will be placed on potential cultural strategies for working with youth and families. Participants will:
- ❖ Increase knowledge of foundational information on Alaska Native traditional health practices.
 - ❖ Increase understanding by examining major changes leading to the current health status of Alaska Native people.
 - ❖ Engage in special emphasis on identifying potential strategies for improving health.
4. **The Brain Explains! Mind-Body Practices to Promote Children's Self-Regulation and Resilience - Linda Chamberlain, PhD, MPH**  While stress has an important role in healthy development and survival, too much stress can compromise brain function. Ongoing and overwhelming stress initiates a cascade of biochemical and physical changes that have far-reaching effects. Participants will follow the pathway of stress through the brain and body to understand how stress interferes with self-regulation and can lead to physical health problems. There is a growing body of evidence that supports the effectiveness of mind-body practices with children to manage stress and improve self-regulation. We will look at how focused breathing, mindfulness and movement are being used with children from pre-school through high school age and discuss applications in a wide range of settings. Participants will be able to:
- ❖ Describe the pathway by which stress affects the brain and physical health.
 - ❖ List three positive effects of mind-body practices for children.
 - ❖ Identify three strategies and/or resources that help children to self-regulate and manage stress through mind-body practices

12:15-1:45 Lunch on your own

1:45-3:15 SESSIONS B:

1. **Eye Exam Skills for Pediatric Providers: A Focus on Trauma - Gil Binenbaum, MD MSCE**  Eye trauma occurs frequently in children and is a common problem managed by pediatricians and other pediatric providers. Although retinal hemorrhage is an important sign of head trauma in children, multiple other types of eye trauma may occur as the result of child abuse. Accurate diagnosis and description of such injuries is important not only for child abuse evaluations but also for identification of potentially vision threatening conditions, regardless of whether the trauma was accidental or abusive. The workshop will provide pediatric providers and other professionals with the skills to perform a basic pediatric eye examination using readily available tools and will review ocular injuries. The presentation will include a review of eye anatomy, which lays an essential groundwork for eye exam skills; direct, clear instructions and high-yield pearls for examining the eyelids, anterior segment structures (conjunctiva, cornea, anterior chamber, iris, lens), red reflexes, pupils, optic disc, visual function, and ocular motility; general tips for

examining children's eyes; and a review of the diagnostic signs and management approaches to ocular injuries, including eyelid laceration, corneal abrasion, conjunctival laceration and hemorrhage, hyphema, open globe injury, and orbital fractures. Participants will be able:

- ❖ To describe key clinically relevant anatomical features of the eye, eyelids, and orbit, as they relate to accidental and abusive eye injuries.
- ❖ To comfortably and effectively perform a systematic pediatric ophthalmological examination, including assessment of anterior segment structures of the eye, visual function, red reflexes, optic disc, and ocular motility.
- ❖ To diagnose eye conditions resulting from blunt trauma, including hyphema and orbital fractures; penetrating trauma, including open globe injuries; burns and chemical exposures; and superficial injuries, such as corneal abrasions.

2. Engaging Treatment Resistant/Unprotective Parents – JT Bolin, LCSW

Have you ever worked with a parent who refuses to acknowledge safety concerns? Parents who seem to refuse to follow case plans and treatment goals? It's an experience that is both frustrating and infuriating to work with, leaving us to write them off as "unprotective" or "noncompliant". This leads to higher rates of burnout from service providers as well as increased resistance and decreased trust from families. This presentation will discuss the following:

- ❖ Preconceptions service providers bring to the table.
- ❖ Strategies for building relationships and engaging seemingly resistant families.
- ❖ Techniques to reduce provider frustration with these families.

3. Boundaries & Relationship Skills, Techniques & Strategies for Advocates– Pauline Bialy, Carolyn

Norton, Diane Payne 

Family Advocates are challenged with building and keeping the trust of the child and the non-offending caregiver, while communicating with the MDT and balancing boundaries and ethics that all advocates must have in social justice arenas. This workshop will focus on defining the difference between CAC advocacy and community advocacy roles, and how to work with the MDT. During this session we will use hypothetical scenarios and role plays to explore confidentiality dilemmas and some of the emotional challenges that Family Advocates must navigate. Attendees will:

- ❖ Understand the unique role that Advocates have in facilitating trust between the MDT member agencies and victims and their families
- ❖ Learn about confidentiality and ethical considerations Advocates deal with.
- ❖ Learn how working with and through the advocate reduces stress and anxiety for children and caregivers and often improves outcomes for children.

4. Capacitar: Self-Care and Healing Practices for Personal and Professional Use- Linda Chamberlain,

PhD, MPH    This presentation will introduce the vision and work of Capacitar International, a network of individuals, groups and organizations offering trauma-informed interventions in over 30 countries, including North America. Capacitar is especially dedicated to places of poverty and trauma, giving people accessible skills that can be easily learned and shared across cultures. Capacitar teaches simple, mind-body practices to empower people to heal themselves, their families and communities. Capacitar methods can be used for self-care as well as with individuals and groups in a wide range of settings including therapy, education, mental health, social work, volunteer work and community service. Attendees will be able to:

- ❖ Explain how Capacitar International theory supports real world application of brain-based strategies for self-care and healing transformation
- ❖ List three types of body-mind-spirit modalities that are part of the Capacitar Toolkit for self-care and healing transformation
- ❖ Demonstrate three body-mind-spirit modalities found to be effective for centering, relaxation and dealing with traumatic stress

3:15-3:30 **Break**

3:30-5:00 **SESSIONS C:**

1. Child Neglect-Dr. Barbara Knox, MD 

This presentation describes clinical findings and case characteristics of children who are victims of child neglect. Diagnostic criteria and appropriate medical responses will be addressed. Approaches to specific forms of child neglect including failure to thrive, medical neglect, drug endangered children, and when obesity constitutes neglect will also be discussed. Participants will:

- ❖ Review the signs and symptoms of neglect
- ❖ Discuss diagnostic criteria for neglect in childhood
- ❖ Learn appropriate medical documentation for cases of child neglect
- ❖ Address appropriate medical responses for neglect intervention

2. Mind Control in Ritual Abuse & Child Trafficking-Alison Miller, PhD 

In the early 1990s, Alison Miller was forced to face the reality of ritual abuse and mind control when she had four clients from the same satanic cult group. Since then she has treated many more adult survivors as well as children and adolescents, and has written a book for therapists on treatment as well as a self-help book for survivors. Alaska is no exception to stories of ritual abuse. Therapists working in this area are aware of organized crime and child trafficking that occur alongside satanic ritual abuse throughout the state. This workshop will cover the basics of what ritual abuse is, the mind control involved in ritually abusive and other perpetrator groups, the dissociative disorders of survivors, how to recognize a victim, what to do with a disclosure, and what treatment entails. Participants will:

- ❖ Understand the basics of what ritually abusing and mind-controlling groups do to children and adult members;
- ❖ Be aware of the indicators that such abuse has occurred;
- ❖ Have a beginning understanding of what treatment entails.

3. Engaging Queer Clients in the MDT Process: History, How-To, and Hope- Kris Pitts, MPS 

Conversations regarding Queer communities are taking place daily as community advocates speak up for equality in all sectors- this workshop provides a place for participants to discuss how and why a client or families status as Queer matters when working with a MDT, as well as information regarding providing more culturally competent care and support. Content includes population(s) numbers, language usage, historical context, best practices, and individualized goal-setting. This workshop is a combination of lecture, audience participation, and public/anonymous Q&A designed to give participants a well-rounded overview; this workshop is suited for participants from all MDT backgrounds, as well as participants who may have a need to understand the application across many professions. After this workshop, participants will:

- ❖ have learned basic terminology used by and associated with Queer communities,
- ❖ have an understanding of the scope of Queer communities/populations in Alaska and the US,
- ❖ be able to briefly discuss the historical context Queer populations and/or individuals may have regarding professions associated with MDT's and why this may create barriers to service, as well as ways professionals may overcome these potential barriers
- ❖ both understand the relevance of, and learn, practical skills for working across MDT's more competently with Queer clients and families to create better outcomes, and
- ❖ concretely articulate individualized goals for creating inclusivity for Queer clients in practice moving forward.

4. Alaska Resilience Initiative Laura Avellaneda-Cruz. LMSW 

The Alaska Resilience Initiative is a statewide, cross-sector Collective Impact project aimed at supporting healthy families and communities, supporting children and adults who have experienced childhood trauma, and preventing the intergenerational transmission of trauma. The Initiative aims to bring together people from across Alaska in a strong and equitable network in which tools and resources can be shared, activities

can be coordinated to be mutually beneficial, and our voices can be organized and amplified to bring forward needed change in social norms, practice, and policy. The Initiative does not replace any of the efforts already taking place in organizations, schools, tribes, government, or communities, but rather, aims to multiply the effect of those efforts. This Initiative is still young, and so information will be shared about its history, process, use of a Collective Impact approach, goals, as well as how audience members can get involved. Participants will be able to:

- ❖ Describe the approach of the Alaska Resilience Initiative, including naming 3 or more of the features of a Collective Impact project
- ❖ Name the common agenda shared by members of the Alaska Resilience Initiative
- ❖ Describe how to get in contact with and become involved in the Alaska Resilience Initiative

5:15-6:45 Child/Adolescent Forensic-Exam Skills Lab - Angie Ellis, BSN, RN, SANE-A, SANE-P; Colleen Wells, ANP; RN, BSN, BA, SANE-A, SANE-P; Amy Dressel, MD; Mary Kay McCarty, FNP-BC; Angelia Trujillo, DNP, MS, RN, SANE-P

MEDICAL ONLY 

The workshop will provide attendees with review and hands on practice of exam and evidence collection techniques including photography, ALS, physical abuse and adolescent and pediatrics evidence collection kits.

Attendees will:

- ❖ Identify the correct techniques for an examination of an infant, child and adolescents
- ❖ Review and discuss the proper identification and workup for suspected child/adolescent abuse utilizing clinical pathways
- ❖ Describe the components of complete evidence collection and preservation for both the pediatric and adolescent patient.
- ❖ Identify and apply evidence collection in a lab situation utilizing the proper evidence kit.
- ❖ Identify the essentials of photography.
- ❖ Demonstrate proper forensic photography techniques
- ❖ Discuss advanced photography techniques using alternative lights and filters to illuminate and capture evidence.

Tuesday, November 15, 2016

Guest speakers and sessions may be subject to change

8:30-10:00

KEYNOTE – Dr. Mary Clyde Pierce - The "TEN-4" on Bruising and Child Abuse  



Bruising is the most common sign of child abuse to be overlooked or misinterpreted as incidental or accidental; bruising is the most common injury to precede the death or near death of a child when abuse is the cause of death. A skin exam is essential on all patients under 4 years of age (4 and down, get in a gown). Knowledge of typical vs. typical bruising, and high-risk bruising is essential in order to prevent ongoing harm from abuse including lethal trauma. This session will review previous and current work on skin injury findings that help differentiate abuse from accidental and incidental trauma. Attendees will:

- ❖ Understand terms and structure of skin
- ❖ Define atypical vs typical skin injuries
- ❖ Describe 3 key characteristics that distinguish abusive vs accidental cutaneous injuries
- ❖ Identify 3 key practice standards that will improve accuracy in the diagnosis and prevention of physical child abuse

10:00-10:15

Break

10:15-11:45

SESSIONS D:

1. Torture as a Form of Child Abuse-Barbara Knox, MD   

This presentation describes clinical findings and case characteristics of children who are victims of severe and multiple forms of abuse; and discusses clinical criteria that indicate child abuse by torture. System-wide failures and red-flags which can allow for earlier intervention of tortured children will be addressed.

Participants will:

- ❖ Discuss the diagnosis of child torture as a form of child abuse and summarize inclusion criteria for this medical diagnosis
- ❖ Review system-wide failures and address red-flags which can allow for earlier intervention of tortured children by child protective services, law enforcement, and the medical community
- ❖ Address needs of the child victims including mental health support

2. Long-term Risks of Abuse & Effecting Resiliency: What You Can Do - Kiti Freier Randall, PhD 



This presentation will address risk factors of the abused child and the intersection of Child Abuse and Substance Abuse. However, the presentation is solution focused and emphasizes that it is never too early or too late to intervene on behalf of the child. Scientific theory and literature will be included to present the capacity of resiliency models to ameliorate the impact of trauma on children. It will also offer strategies for prevention. Important conclusions will be drawn on how each participant is a potential agent of positive change in life trajectory of the child. Participants will:

- ❖ Understand how child abuse and substance abuse are intertwined.
- ❖ Acquire a basic understanding of Resiliency and how it applies to high risk children.
- ❖ Be able to describe how you can be an agent of change for the high risk child.

11:45-1:15

Lunch on your own

1:15-2:45 **SESSIONS E:**

1. **Unraveling the Mystery of the MDT Case Review - Cory Bryant, MSW**  The MDT and Case review are a necessary and powerful tool within the CAC arena. But often case review is frustrating for members because it is misunderstood. During this presentation case review will be defined based on National Standards, and an MDT of experts in their discipline will provide a “mock” case review. Trainees will practice case review with help from the presenters. Participants will:
 - ❖ gain an understanding of the National Standards for their discipline in regards to Case Review
 - ❖ be able to identify each disciplines role and the importance of each role in the Case Review process
 - ❖ gain a deeper perspective about what should be discussed at Case Review through observation and practice
2. **radKids, (Resisting Aggression Defensively) Becky Hesser & David Horst**  radKIDS is the national leader in Children’s Safety education and is committed to reducing violence through multi-sensory learning. The program emphasizes essential decision-making skills as well as physical resistance options to escape violence. Children from 5-13 years of age participate in the program with their adult partners to create a true safety partnership. In this workshop you will learn what the radKIDS program has to offer to the community and how to become a certified radKIDS instructor. (www.radkids.org) radKIDS is designed for boys and girls ages 5-13 and covers a variety of topics including Bullying Prevention Program (Taught Through the Eyes of a Child), Internet Safety; Home, School, Vehicle, Out & About Safety, predator tricks, as well as Good, Bad and Uncomfortable/Unwanted Touch. In this workshop you will learn what the radKIDS program has to offer the community and how to become a certified radKIDS instructor. (www.radkids.org)

2:45-3:00 **Break**

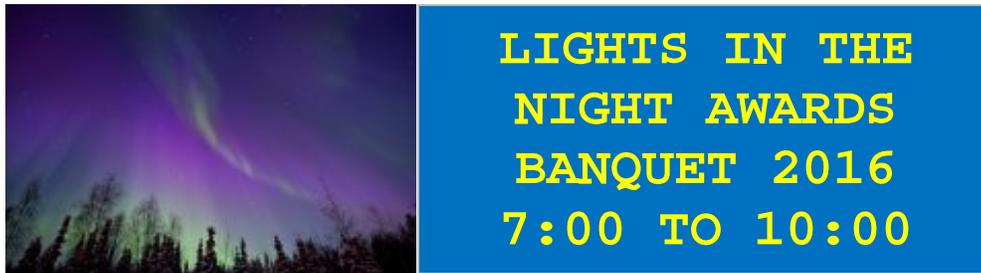
3:00-4:30 **SESSIONS F:**

1. **Fractures: Give me a break – is this plausible? Mary Clyde Pierce, MD**  Fractures are one of the most common injuries from physical child abuse, but can also occur from accidental events. Bone disease can also contribute to the likelihood of fracture. This talk aims to address the basics of why and how bones break with the goal to help identify cases of abusive fractures vs. accidental trauma. Actual cases will be used to demonstrate different concepts to enhance understanding injury plausibility. Attendees will learn to:
 - ❖ Apply simple biomechanics concepts to assess fracture types and clinical characteristics
 - ❖ Use biomechanical principles to determine if the history and injury are compatible
 - ❖ Apply concepts of an injury plausibility model for assessing fracture cases
2. **Trauma Informed Mental Health Treatment for Infants & Toddlers – Shayle Hutchison, LCSW**  This workshop will provide an overview of trauma-informed models for providing mental health treatment to infants and toddlers. Included will be a brief description of traumatic symptoms in infants and toddlers, the relationship between early childhood trauma and attachment, and current research on best practices for treating young children and their caregivers. This workshop is a basic introduction for those new to the field of infant and early childhood mental health. Participants will:
 - ❖ Identify the importance of providing clinical mental health services to children aged birth to five.
 - ❖ Be able to identify common signs and symptoms of trauma in children aged birth to five.
 - ❖ Be able to identify evidence based therapeutic approaches to treating children birth to five
3. **Engaging Ambivalent Parents - Pam Karalunas and Kimber Olsen**  Learning their child has been molested generates a firestorm of emotions for caregivers, particularly when, as is usually the case, the perpetrator is someone who is known, trusted and loved. During a time when they are most in need of support and information, caregivers often feel judged and devalued by the system at the same time the

perpetrator increases their manipulation of the caregiver, other family members and the community. Research indicates that disclosure of sexual abuse is not a gateway to better mental health outcomes for the child, unless that disclosure is met with support by non-offending caregivers. The need for support, advocacy and information is an on-going process for the non-offending caregivers and family members. Caregiver support is not static, but susceptible to intervention. Participants will:

- ❖ Understand it's normal for caregivers to be ambivalent
- ❖ Learn about the power of perpetrator manipulation
- ❖ Learn strategies for working with non-offending caregivers

4. **RAD (Rape Aggression Defense) Basic Physical Defense for Teens & Women** **Becky Hesser & Amanda Hesser.** The R.A.D. Basic Physical Defense is a basis physical defense against abduction for all females ages 13 and older. It may be taught to teens only, mother/daughter classes or mixed aged classes. www.rad-systems.com. The R.A.D. system is the national standard in self-defense Instructor Certification, and is internationally recognized for programming quality and organizational commitment to excellence. R.A.D. Systems balances the needs of women to acquire self-defense education in a relatively short period of time. Empowering women through self-defense: Educating women (Risk Awareness, Reduction, Recognition and Avoidance), Dependency on self and Making their own decisions, Self-realization of physical power through physical training



We hope you will join us in honoring this year's Lights in the Night, individuals and a team who have made a substantial and significant difference in the lives of children in Alaska.

Wednesday, November 16, 2016

Guest speakers and sessions may be subject to change

8:30-10:00 SESSIONS G:

- 1. Abusive Head Trauma & Injury Biomechanics - Mary Clyde Pierce, MD** 

This presentation will examine how biomechanical studies have evolved and how they have contributed to our understanding of what we see clinically in cases of SBS/AHT. A foundation will be presented first regarding terms and concepts to allow a more meaningful discussion. Both strengths and weaknesses of the current state of knowledge will be explored. Participants will be able to:

 - ❖ Describe and understand the meaning of 5 key terms from a clinical perspective: injury biomechanics, injury thresholds, modeling, biofidelic and validation
 - ❖ List key differences and advances in early to current work in injury biomechanics including key weaknesses and strengths of different models and studies
 - ❖ Describe the current state of injury biomechanics models as it relates to the judicial system and testimony
- 2. Working with Families of Kids with Sexual Behavior Problems– Mike Hopper, PhD & Shayle Hutchison, LCSW** 

This workshop identifies helpful tools for professionals working with families of kids with sexual behavior problems, including identifying risk factors, establishing safety plans, exploring attitudes and beliefs surrounding children and sexuality, and ideas to help children and caregivers heal. While this workshop can apply to children with multiple kinds of sexual behavior problems, a particular emphasis will be on working with sibling incest. Participants will:

 - ❖ Be able to identify risk factors that contribute to sexual behavior problems in children and youth.
 - ❖ Be able to collaboratively create safety plans with families of children with sexual behavior problems.
 - ❖ Increase their knowledge and comfort level in working with sexual behavior problems as a treatment issue.
- 3. The Effects of Trauma on Child Development – Leigh Bolin, MSW** 

Posttraumatic stress is not the only effect on children who have experienced trauma. In this session we will be discussing how trauma effects brain development prenatally and in children as their brains develop into adulthood. Young children have higher rates of abuse and neglect which is when children's brains are developing rapidly. This can change a child's world view, response to their environment and their ability regulate emotions. Research has been conducted regarding the impact of trauma over generations on children and discussion of these theories will take place. Attendees will learn:

 - ❖ Traumatic event versus the perception of the event
 - ❖ Changes from normal development may affect the way children who have experienced trauma respond to stress and danger throughout their lifespan
 - ❖ What is epigenetic inheritance?
- 4. Creating Safe Spaces for LGBTQ Youth – Billy Farrell** 

This training will provide a foundation in understanding terminology and barriers related to LGBTQ experiences. We will explore best practices for creating safe spaces focusing on inter-personal interactions and inclusive policy. Attendees will:

 - ❖ Understand the varied and constantly evolving terminology related to LGBTQ Experiences.
 - ❖ Become more comfortable working with LGBTQ clients/people.
 - ❖ Gain resources to help improve LGBTQ youth growth and development

10:00-10:15 Break

- 1. Corroborating Evidence: Strengthening a Child’s Credibility- Melissa Howard, JD & Detective Deven Cunningham**  A child victim is usually the only witness to their abuse. Corroborating evidence is essential for juries to understand and find credible what happened from a child’s perspective. Anything from photos of the room in which much of the abuse occurred to the ballerina lamp the child would “go into” while her dad was doing bad things to her assist decision making, enhance a child’s credibility, and improve the capacity of the system to protect current and future child victims. Participants will be able to:

 - ❖ Identify corroborating evidence
 - ❖ Identify sources of and methods of collecting corroborating evidence
 - ❖ Present corroborating evidence to a jury

- 2. Updated Guidelines for Evaluating Children & Adolescents for Sexual Abuse – Cathy Baldwin-Johnson, MD, FAAFP**  The last 2 years have brought significant updated recommendations for evaluating children and teens for possible sexual abuse based on new research. This presentation will review these recommendations, including the Updated Guidelines from Dr. Joyce Adams et al, the CDC 2015 STD Treatment Guidelines, and the 2016 Department of Justice National Protocol for pediatric medical forensic exams. As a result of attending this workshop, attendees will be able to:

 - ❖ Understand advantages and disadvantages for newest methodologies for STI testing
 - ❖ Use newest recommendations to guide decision making for forensic evidence collection and STI testing
 - ❖ Identify the differences between the 3 categories of exam findings

- 3. The Traumatized Child: Indications, risks and benefits of psychotropic medication use- Tracey Wiese ANP, FNP-BC, PMHNP-BC**   Via lecture, case reviews and discussion, participants will have an opportunity to learn about the effects of trauma on the developing brain. In addition, the group will learn about and discuss medications as one component of a treatment plan for children who have been exposed to trauma. Participants will have the opportunity to:

 - ❖ Learn the basic neurobiology of trauma and the “end symptoms” of trauma which create disruption in the home and academic environments
 - ❖ Learn the risks and benefits of psychotropic medication use in children who have experienced trauma
 - ❖ Participate in 3 case reviews of children who are on psychotropic medication and have histories of trauma exposure.

- 4. Sensory Integration Activities for Treating Trauma in Infants & Young Children-Shayle Hutchison, LCSW**  The impact of trauma on the brain and the need to incorporate sensory input that targets affected areas of the brain has received an increasing amount of research attention in recent years. However, most therapies that involve a neurological approach to treating trauma were developed with and for adults. How can we translate the latest research on the science of trauma into developmentally appropriate treatment for young children? Incorporating targeted sensory integration play therapy activities into trauma treatment may help children re-organize and integrate their traumatic experiences at the neurobiological level. This session will explore the impact of trauma on the developing brain and will offer specific sensory integration strategies that can be incorporated into any evidence-based treatment model for young children. Participants will:

 - ❖ Understand how trauma impacts brain development in children five years and under.
 - ❖ Gain an appreciation of the importance of incorporating sensory integration activities when treating young children for trauma.
 - ❖ Learn specific sensory integration play therapy activities that can be used when treating young children for trauma.

5. **Preparing & Supporting Children Through the Justice Maze- Diane Payne**  The criminal justice system is designed for adults, not children. Non-offending caregivers can be overwhelmed with the need to support the child, so the advocate has a crucial role in guiding caregivers and preparing them for the justice process is crucial to supporting the child. During this session we will share the importance of relationship and trust as well as specific approaches that help children of different ages and their non-offending caregivers through the steps in the legal casework such as grand jury, plea arrangements, trial and sentencing. Attendees will:
- ❖ Understand the importance of trust and relationship in supporting children and caregivers through the justice maze, including preparation and debriefing.
 - ❖ Learn techniques that help children and their family members with court proceedings.
 - ❖ Learn how to develop Victim Impact Statements with children and non-offending family members.

6. Youth Prevention Initiatives in Alaska

11:45-1:15 Lunch on your own

1:15-2:45 SESSIONS I:

1. **Documentation Beyond Words – Sgt. Amanda Fisher, MA**  
By the end of this workshop, attendees will be able to:
 - ❖ Recognize the value of photography to present a story that goes far beyond what a victim’s words can show.
 - ❖ Understand basic principles of photography and how they relate to documenting evidence.
 - ❖ Understand how photographs can be used to show the perspective of a victim.

2. **Sexual Abuse Case Review for Medical Providers- Cathy Baldwin-Johnson, MD, FAAFP**  This workshop will allow the opportunity for medical providers to bring challenging cases for review and discussion by attendees. The presenter will also provide case examples of interesting or diagnostically challenging cases as time permits. As a result of attending this workshop, attendees will:
 - ❖ Have exposure to findings they may not have seen before
 - ❖ Share thoughts and ideas with peers
 - ❖ Increase confidence in diagnostic acumen in future cases

3. **Neurodevelopmental Approach to Evaluating & Treating Children Who Have Experienced Adversity – Erin Rockey, ANP, PMHNP-BC, SANE-P**   Trauma impacts children in unique ways based on individual genetic, epigenetic and environmental factors. This is an introduction to a framework of clinical problem solving based in concepts of child development, neurodevelopment, and resiliency. This theoretical lens encourages professionals to consider the child’s history and its impact on current functioning. The development of a “brain map” can be used to determine appropriate timing and sequencing of therapeutic interventions in order to meet the individual needs of children. Attendees will be able to:
 - ❖ Identify the fundamentals of brain development including the influence of genetics, epigenetics, sequential development, activity-dependent neurodevelopment and plasticity.
 - ❖ Identify the differential response to threat (dissociation vs hyperarousal) and its impact on brain functioning and clinical presentation.
 - ❖ Understand the importance of multidisciplinary interventions to successful treatment of childhood trauma.

4. **Finger-paint, bubblewrap & other tools for client-centered crisis management & safety planning-Diane Payne & Leigh Bolin, MSW**  Immediate and ongoing assessment of child and caregiver needs for support, education and services is a fundamental and essential role of the Family Advocate. Often these needs change in response to pressure from others after court action begins and as the child moves through

the healing journey. This session will explore a range of circumstances that bring up crisis and ongoing issues for children of different ages who have experienced victimization, and discuss ways in which caregivers and others in the child's circle can provide support for healing and opportunity for growth.

Participants will learn:

- ❖ What it means to provide client-centered services
- ❖ What circumstances could instigate a crisis
- ❖ What supports can be provided to children and families in crisis

- 5. Healthy Families the Yup'ik Way**  **David Simon** In Yupik tradition, family is where children learn how to be a human being. It is where they learn to talk, to think, to feel, to behave and how to treat others and the world, in the ways of their people and their culture. This session will talk about the development of this program, and the successes and challenges as their participants begin, or continue along, the path of self-healing. The session will introduce a Healthy Children and Youth program which is in development and close to completion.

2:45-3:00 **Break**

3:00-4:30 **SESSIONS J:**

- 1. Investigating and Prosecuting Commercial Sexual Exploitation of Children in Alaska,-Adam Alexander, JD**  This presentation will highlight the relevant state and federal law criminalizing commercial child sexual exploitation in Alaska and encourage a discussion among stakeholders regarding shared experiences and gaps in services. Participants will:
 - ❖ Discuss common victim/survivor characteristics
 - ❖ Identify gaps in services
 - ❖ Become more familiar with both law enforcement assets and service provider resources in Alaska
- 2. Human Trafficking and the Healthcare Needs of Victims-Jordon Greenbaum, MD**  A significant proportion of human trafficking victims in the U.S. seek medical care at some point during their period of exploitation. Healthcare providers are in a unique position to recognize trafficked persons and offer services. In this talk we will discuss child labor and sex trafficking in the U.S. and how trafficked youth may present for medical care. We will describe the advantages to a trauma-informed approach to patient care and discuss ways to use this approach when interacting with trafficked persons. We will use case examples to understand the healthcare response to human trafficking and discuss appropriate medical referrals. Attendees will be able to:
 - ❖ Recall the definition of human trafficking and describe which populations are at highest risk,
 - ❖ Describe how trafficked children may present for medical care
 - ❖ Recall 3 aspects of a trauma-informed approach to patient care.
- 3. Drug Endangered Children: Risk Factors & Neuropsychological & Psychosocial Development-Kiti Freier Randall, Ph.D.**  This presentation will address the risk factors of the Drug Endangered Child. It will present both neurodevelopmental and psychosocial risk and impact on long-term trajectory. It will include a discussion of types of interventions that are effective for responding to children exposed to drugs; pre and postnatally. Strategies for caregivers (parents, foster parents, extended family) will be offered. Further, interventions and treatment modalities/programs that have been found to be effective will also be shared. Participants will:
 - ❖ Gain a basic understanding of the risk factors for DEC.
 - ❖ Discuss the impact of drug environments (pre and postnatal) on the child from a psychosocial and developmental perspective.
 - ❖ Learn strategies and interventions that are effective for working with drug endangered children

- 4. Public Participation in Child Protection: The Work of the Alaska Citizen Review Panel-Diwakar Vadapalli, Ph.D.** Child maltreatment is a community's challenge. One agency cannot address all dimensions of it. Public participation in designing, implementing, and evaluating child protection policy, practice, and procedures is extremely useful in helping child protection service agencies in being responsive to the needs of the communities they serve. Congress recognized this and amended CAPTA in 1996 and required each state to have at least one 'Citizen Review Panel' (CRP). Alaska Citizen Review Panel has been active since 2002, and grew over the years into a structured and meaningful mechanism for public participation in child protection practice and policy. Currently, the Panel's work involves an extensive array of activities that serve the three main components of its federal and state statutory mandates – review, outreach, and advocate. This broad mandate requires the Panel to connect with every stakeholder of Alaska's child protection enterprise. This session provides an in-depth view of these activities, methods used, and products of the Panel's efforts each year. The session will end with a discussion of ways to get involved. Attendees will learn:
- ❖ Why is CRP an important institution for public participation in child protection? CRP is the only mandated mechanism for public participation in child protection. Congressional intent, federal statute, federal regulations, Alaska legislative intent, and Alaska state statute collectively enable and require Alaska CRP to perform certain duties. The audience will get a comprehensive idea of the CRP's mandate and its implications.
 - ❖ What has Alaska CRP done so far? The current form of Alaska CRP existed since 2002. Over the last 14 years, there were several accomplishments, and many lessons learnt. The audience will learn about the history of Alaska CRP.
 - ❖ What is Alaska CRP doing now, and how can you participate? The Panel's work includes review of policy, practice, and procedure; extensive public outreach; and advocacy grounded in evidence. The annual report is a product of discussions with more than 100 stakeholders (individuals and agencies) from across the state. Audience will learn about the current work that can help them identify ways to engage with the Panel.



Advanced Forensic Interviewing

Friday
November 18, 2016
8:00-5:00

This interactive day will consist of two workshops in the morning and case examples & practice in the afternoon.

8:00-9:45 Interviewing Juvenile Sex Trafficking Victims which will address the fundamental and most critical component of investigations involving child/adolescent victims of commercial sexual exploitation-the interview of the victim. Participants will learn about the FBI's forensic interviewing protocol and how it is utilized when interviewing this victim. Victim dynamics and barriers that impact the victims' reluctance to disclose will be addressed. Participants will gain tools and skills necessary to identify and overcome the challenges of these difficult interviews, including:

- * Identification of roadblocks of disclosure with the juvenile sex trafficking victim.
- * An understanding of how these interviews are different from traditional victim interviews.
- * An understanding of FBI interviewing protocol for JST victims.

10:00-noon A Picture is Worth A Thousand Words: Presenting Evidence in the Forensic Interview

The use of technology has impacted how children/adolescents are victimized. Research supports that the use of technology during victimization can increase the likelihood that a victim will not disclose. Most interview models are designed for children who have previously disclosed and who transition easily from the beginning of the interview to a substantive interview. Reluctant children may need more cues which may mean utilizing evidence in the forensic interview. This module will discuss the use of evidence, with emphasis on images, in the interview. Participants will:

- * Understand the importance of using evidence in a forensic interview.
- * Learn how to present evidence in a forensic interview.
- * Learn how technology impacts the disclosure process.

"Inaccurate statements may result from choosing an inappropriate setting. Interviewers should use a neutral location, such as a child advocacy center, unless it proves inappropriate, is not available, or does NOT allow for the presentation of evidence."

OUR PRESENTERS



Catherine S. Connell LMSW, ACSW is currently employed with the FBI as a Child/Adolescent Forensic Interviewer with the Office of Victim Assistance. She provides interviews, consultation and training for FBI Agents, Assistant United States Attorney's, and other federal, state and international law enforcement. She has conducted approximately 4500 forensic interviews.



Detective Derek Stigerts has served with the Sacramento Police Department since 1991. In 2006, he became a full time member of the Sacramento FBI Division's, Innocence Lost Task Force. The task force combines Special Agents of the FBI and local law enforcement detectives in combating commercial sexual exploitation of children cases and prosecuting those responsible for their exploitation.

Registration

Early Bird:
\$100

After Oct. 31
\$150

Register on-line
www.akcmc.com



CONFERENCE FACULTY

Guest Speakers may be subject to change

Adam Alexander, JD is an Assistant Attorney General in the Office of Special Prosecutions who focuses on prosecuting crimes of child sexual exploitation statewide. He received his law degree from Northeastern University

Laura Avellaneda-Cruz, LMSW is the Program Director for the Alaska Resilience Initiative at the Alaska Children's Trust, where she is working to support and grow community efforts across Alaska to prevent child trauma and build healthy, resilient families and communities using a Collective Impact approach. Laura spent the previous 5+ years at the Alaska Native Tribal Health Consortium working on the issues of adverse childhood experiences (ACEs), domestic and sexual violence, maternal child health, and health equity. In this role, she collaborated with Alaskans in every region to create culturally-relevant and engaging resources and trainings, to lead quality improvement efforts and coordinate research, and to improve and disseminate data. She has also worked as a sexual assault victim advocate and as an educator at multiple grade levels. Laura's work is also informed by her interests and experience in visual arts, community organizing, and parenting.

Cathy Baldwin-Johnson, MD, FAAFP is a board-certified family physician, life-long Alaskan, and mother of two grown children. She serves as the medical director for Alaska CARES, the Child Advocacy Center in Anchorage and a department of The Children's Hospital at Providence. As part of her duties she oversees the SCAN (Suspected Child Abuse and Neglect) Teams at Providence Alaska and Mat-Su Regional Medical Centers, and provides trainings for medical providers and multidisciplinary team members on child abuse topics. She is the co-founder and volunteer medical director of The Children's Place, a Child Advocacy Center in the Mat-Su Borough. She has served on the Alaska Children's Justice Act Task Force since its inception and as chair from 2007 – 2011; is an active member of the Alaska Maternal-Infant-Child Mortality Review Committee; and is on the board of the Alaska Children's Alliance. She is a 1980 graduate of the University Of Washington School Of Medicine and completed the Swedish Hospital Medical Center Family Practice Residency program in 1983. Honors have included:

- 2015 Mother Joseph Award from the Sisters of Providence
- 2014 Light in the Night Award from the Alaska Children's Alliance
- 2010 Light of Hope Award Mat-Su Valley
- 2009 Alaska March of Dimes "Friend of Nursing" Award
- 2006 Horowitz-Barker Professional Leadership Award from the National Children's Alliance
- 2002 National Family Physician of the Year from the American Academy of Family Physicians
- 2002 Certificate of Appreciation from United States Department of Justice, Office of Justice Programs, Office for Victims of Crime
- 2000 Alaskan Family Physician of the Year from the Alaska Academy of Family Physicians)
- 1999 First Lady's Volunteer of the Year Award from Alaska First Lady Susan Knowles

Pauline Bialy moved to Bethel from Mountain Village in 2000. She worked at UAF Kuskokwim Campus for almost 10 years. In 2009 she began working as a Family Advocate at Tundra Women's Coalition Child Advocacy Center: Irniamta Ikayurviat. In 2012 she accepted her current position as the CAC Program Manager.

Gil Binenbaum MD MSCE is an Attending Surgeon at The Children's Hospital of Philadelphia and Associate Professor of Ophthalmology at the Perelman School of Medicine of the University of Pennsylvania. He completed medical school, postgraduate clinical training, and graduate studies in clinical epidemiology and biostatistics at these same institutions. His research focuses upon eye disease in infancy, including retinopathy of prematurity and mechanisms and patterns of intraocular injury in pediatric head trauma, and comparative clinical effectiveness in pediatric ophthalmology. He is a research mentor for many trainees, and his work is supported by the National Institutes of Health.

J.T. Bolin, LCSW is a Child Therapist at the Behavioral Health department of the Bristol Bay Area Health Corporation in Dillingham where he provides community mental health and psychotherapy services to children, families, and adults in remote villages and towns across the Bristol Bay region. Previously, he provided community mental health and family therapy services to inner-city youth and their families. Additionally, he provided dialectical behavior therapy (DBT) to adolescents and young adults diagnosed with personality disorders or found to engage in chronically suicidal or self-harm behavior. His other work experiences include working with forensic clients in Missouri Department of Mental Health custody, resettling immigrants and refugees, human trafficking, suicide prevention, and implementing neighborhood youth programs. He has a Master of Social Work and is a licensed clinical social worker in both Alaska and Missouri and currently serves as the treasurer of the Alaska Chapter of the NASW. He specializes in child and family therapy, personality disorders, chronically suicidal and destructive behaviors, and treatment resistant individuals as well as extensive experience collaborating with child protective workers and family courts.

Cory Bryant, MSW is a Trainer with the Child Welfare Academy at the University of Alaska Anchorage and provides training and technical assistance to professionals who work in the child maltreatment field. Cory has been working in this capacity for two years but has over 20 years of experience working with children and families in the child welfare system. Before becoming a trainer, she lead and developed programs at Providence Health and Services, Alaska CARES, the Child Advocacy Center in Anchorage, which evaluates approximately 900 children each year for allegations of child maltreatment. Additionally she provides leadership coaching to leaders who work in the child welfare system in Alaska and has experience coaching leaders in the health care industry. Cory received a Master of Social Work Degree in 1990 and is working towards her Certification in Leadership Coaching.

Linda Chamberlain, PhD, MPH Scientist, author, professor, dog musher, and founder of the Alaska Family Violence Prevention Project, Dr. Linda Chamberlain is an internationally recognized keynote speaker and advocate for health issues related to domestic violence, adverse childhood experiences, brain development and trauma, and the amazing adolescent brain. She is known for her abilities to translate science into practical information with diverse audiences and convey a message of hope and opportunity. Dr. Chamberlain holds faculty appointments at the University of Alaska and Johns Hopkins Bloomberg School of Public Health. She earned public health degrees from Yale School of Medicine and Johns Hopkins University. For the past decade, her work has focused on creating tools that combine the latest science with best practices and practical strategies that front-line service providers, parents, and communities can integrate into daily practices. Recognition for her work include a National Kellogg Leadership Fellowship, an Alaska Women of Achievement Award, and the Inaugural Scattergood Foundation Scholar on Child Behavioral Health. Dr. Chamberlain, a Scholar with the Fulbright Arctic Initiative (2015-2016), is working on a community education toolkit on a trauma-informed approach to domestic violence and Adverse Childhood Experiences (ACEs). She is certified in Tension and Trauma Releasing Exercise (TRE) and is currently training as a Capacitar facilitator and a Feldenkrais (Awareness Through Movement) practitioner. She lives on a rural homestead with her husband and dog team outside of Homer, Alaska.

Catherine S. Connell LMSW, ACSW is a state licensed Clinical Social Worker. Ms Connell received her Bachelors of Social Work at Michigan State University and her Masters of Social Work, at Wayne State University, Detroit, Michigan. She is currently employed with the FBI as a Child/Adolescent Forensic Interviewer with the Office of Victim Assistance. She provides interviews, consultation and training for FBI Agents, Assistant United

States Attorney's, and other federal, state and international law enforcement. Prior to the Bureau Ms Connell was the Director of Intervention and Treatment, at CARE House, a Child Advocacy Center in Pontiac, Michigan. She was responsible for the collaboration of the multidisciplinary team, conducting and supervising forensic interviews, and the coordination of follow-up services for child victims and their families. Prior to this, she was the Forensic Interviewer for 7 years, at Care House in Mt. Clemens, Michigan. Ms Connell has conducted approximately 4500 interviews. Ms Connell was on the Executive committee for MACE, a multi-jurisdictional task force for Internet crimes. Ms Connell has been qualified as an expert witness on multiple subjects in civil and criminal cases, in Federal and local jurisdictions. Ms Connell has coauthored and published "Interviewing Compliant Adolescent Victims" and "A Picture Is Worth a Thousand Words: Incorporating Child Pornography Images in the Forensic Interview".

Shannon Cross-Azbill, LCSW received her Master in Social Work from Tulane University in New Orleans, Louisiana in 1995, where her emphasis was on mental health. Prior to moving to Alaska, Shannon had over 16 years of experience working in Residential Psychiatric Treatment Centers (RPTCs) where the last 5 years of this experience were spent helping to create and develop RPTC treatment programs specific for individuals who experience FASDs. Shannon's work has focused on being an advocate and as a treatment provider who strives to build on the individual's and family's strengths aimed at helping them find their own success. Much of her focus in RPTCs also revolved around how to successfully transition youth back into their homes, families and communities. Shannon worked part-time as an outpatient therapist for 5 years for children, adolescents and young adults and their families at Good Samaritan Counseling. Shannon worked for Department of Behavioral Health on the RPTC/FASD waiver where she collaborated with community mental health agencies to better serve individuals and families who experience FASDs in the community. Shannon currently works for Division of Juvenile Justice (DJJ) as the Clinical Director, where she supervises the DJJ mental health clinicians across the state. She has played an integral part of training staff and implementing Trauma Informed Care and Seven Challenges Substance Abuse Treatment Program throughout DJJ.

Meda DeWitt Meda's Tlingit names are Tsa Tsée Naakw, Khaatukhl.aat, and adopted Cree name is Boss Eagle Spirit Woman "Boss." Her clan is Naanyaa.aayí, and she is a child of the Kaach.aadi, and her family comes from Shtuxéen kwaan (now referred to as Wrangell, AK.) Meda's lineage also comes from Oregon, Washington, and the Yukon Territories. Currently she lives in Wasilla Alaska with her four children. Meda's work revolves around the personal credo "Leave a world that can support life and a culture worth living for." Her work experience draws from her training as an Alaska Native traditional healer and Healthy Native Communities capacity building facilitator. Meda has provided individual traditional healing services since 2007 and has worked on a community healing level since 2011. Some of the groups that she has worked with or is now working with are UAF as an adjunct educator for Alaska Plants as Food as Medicine since 2012, 13, 14, 15; UAA Center for Human Development, curriculum creation and adjunct educator for Traditional Alaska Native Health Practices for Alaska's Behavioral Health providers 2015 and 2016; UAA Alaska Native Oratory Society (AKNOS) organizer for 2014's statewide event; Alaska Native Tribal Health Consortium's (ANTHC) Wellness department's Co-chair, organizer, presenter, and host of the Alaskan Plants as Food and Medicine symposium 2012, 2013, 2014, and 2015. Organization and facilitation of Individual and Community Capacity Building trainings on Alaskan Plants as Food and Medicine, Alaska Native Digital Story Telling trainer and trainer of trainers, and Women's Rites of Passage pilot project. Content editor and co-author for: Selected Alaska Native Medicinal Plants- Applications, Wisdom, and Cautions for NIH-National Library of Medicine. ANTHC's Behavioral Health department's Doorway to a Sacred Place guide's co-author, content editor, training creator, community trainer, presenter, and trainer of trainers 2014, 2015, and 2016. Alaska Association of Native Healers through creating a network of practitioners, providing support activities for traditional healers, and cultivation of partnerships. Such activities include the facilitation of traditional healing based activities.

Meda's current project is based on the transformational process of telling story. The creation of Haa Jooní Productions is for the purpose of engagement and empowering communities through the power of telling story, with multi-media and traditional indigenous healing methods. Haa Jooní means "Our Dream" to represent the process of co-creating a worldview based on strengths and bringing to the forefront stories that highlight the process of succeeding, inspiring others to dare to dream.

Brittany Dunlop, JD received her BA in Political Science from UAA and her JD from Hamline University School of Law. She served on the school's Law Review in her second year. She is an Assistant District Attorney, currently in Palmer, and prosecutes a wide variety of felony level crime; although for several years she has focused on sexual assault and child sexual abuse. She regularly instructs prosecutors and law enforcement officers in the fields of child forensic interviewing, sexual assault investigations, and courtroom testimony. She has been an instructor with ChildFirst™ Alaska since its inception.

Billy Farrell has been managing the Youth Program at Identity Inc. for the past 2 years. He is passionate about providing education and inspiring young LGBTQ Alaskans to be change makers in their communities.

Amanda Fisher, Sgt. MA has been with the Anchorage Police Department for more than 15 years. While her day to day duties at APD entail her being a Patrol Supervisor on day shift, the classroom is where she loves to be. She holds a Bachelors and Master's degree in Education and was a teacher with the Anchorage School District prior to joining APD in 2001. Throughout her years of being an instructor with the Anchorage Police Department, she has been privileged to teach law enforcement professionals from all over the state of Alaska. She has also enjoyed many opportunities to teach Anchorage citizens about APD's response to major crime scenes. Sgt. Fisher has been a member of APD's Major Crime Scene Response Team since 2007 and has responded to more than 85 major crime scenes with the team. She attended the FBI's Crime Scene Photography course in Quantico, VA. and is also a proud graduate of the National Forensic Academy in Oakridge, TN, where she attended the 10-week, intensive training program known as "The Harvard of Hellish Violence".

While she loves being a sergeant and Crime Scene Team member- the most important title she will ever hold is "Momma". The real joy in her life comes from keeping up with three kiddos at home and spending time with the love of her life. She is honored to be able to spend time with other professionals who are dedicated to protecting those who can't protect themselves.

Jordon Greenbaum, MD is a child abuse physician who received her degree from Yale School of Medicine. She is the director of the Global Health and Wellbeing Initiative with the International Centre for Missing and Exploited Children. She is Clinical Assistant Professor, Dept. of Pediatrics, Emory School of Medicine. In addition, she works with victims of suspected physical/sexual abuse, neglect and sex trafficking at the Stephanie Blank Center for Safe and Healthy Children at Children's Healthcare of Atlanta. Jordan provides trainings on all aspects of child maltreatment for medical and nonmedical professionals working with children. She gives trainings locally, nationally and internationally, working with child-serving professionals to prevent, identify and intervene in cases of suspected abuse and sex trafficking.

Muranda Griggs, MS, CDCI, MAC, is a Family Care Coordinator at the Alaska CARES Child Advocacy Center in Anchorage, Alaska. Muranda provides crisis assessments intervention; conducts forensic interviews; and teaches trauma education, specifically on how trauma affects children. Although working specifically with children in a mental health setting has been a regular theme throughout her career, as a therapist, she has also worked with populations such as Veterans who had a primary diagnosis of PTSD and often struggled with substance abuse. In inpatient and outpatient settings, Muranda provided individual, group, and family therapy to adolescents with co-occurring substance use and mental health disorders. She has also worked in juvenile detention centers in both Alaska and Washington as a mental health officer. Muranda holds a Master of Science in Community Mental Health and Substance Abuse from Southern New Hampshire University where she was able to specialize in child and adolescent mental health. She also holds a Bachelor of Arts in Counseling and focuses on issues facing women, children, and underprivileged populations. She works closely with local agencies as an advocate and voice for the marginalized, homeless, and traumatized

Kim Guay, MSC has 16 years of work experience focusing on children and families in the child welfare system. As the Child Welfare Administrator for the State of Alaska Office of Children's Services (OCS), she is responsible for developing and selecting trainings and overseeing implementation of initiatives to improve child welfare practice in the state. Kim is currently the Chair of ChildFirst Alaska Forensic Interviewing Leadership Team, Vice Chair of the Children's Justice Act Task Force, and the State of Alaska liaison with the Child Welfare Academy at University of Alaska, Anchorage

Amanda Hesser holds multiple certifications from the R.A.D. Systems of Defense including: basic physical defense, advanced self-defense, weapons defense, key-chain defense, and replicating adverse dynamics. She is a 2011 graduate of UAA with a degree in general psychology. Amanda received her master's degree in industrial and organizational psychology in 2015 and is currently employed by a local communications company in the human resources department. Amanda's co-instructor is her mother, Becky Hesser.

Becky Hesser holds a certification from radKIDS® and multiple certifications from the R.A.D. Systems of Defense including: basic physical defense, advanced self-defense, self-defense for seniors and for men, weapons defense, and replicating adverse dynamics. She received a degree in education from the Ohio State University in 1976 and while at the university Becky began her martial arts training in Shotokan Karate. She currently holds a 3rd degree black belt from the Japan Karate Association. Upon graduation Becky moved to Alaska and taught in the Anchorage school district and from 1986 until June 2016 was the executive director and an instructor for the Alaska Moving Arts Center, Inc. Becky's co-instructors, David Horst and Amanda Hesser, are her husband and daughter.

Ben Hofmeister graduated from law school from the University of Notre Dame in 2001 and moved to Alaska to clerk for Superior Court Judge John E. Reese in Anchorage. After completing his clerkship, he started working at the Anchorage District Attorney's Office. He began his career handling misdemeanor offenses and eventually was transferred to the felony narcotics unit. In 2005, Ben moved to Dillingham where he was the sole prosecutor for the Bristol Bay area – prosecuting everything from fish and wildlife violations to homicides. He returned to the Anchorage District Attorney's Office in 2007 and started working in the sexual assault unit, maintaining a caseload of adult sexual assaults, sexual assaults on minors, and felony assaults on children. He remained with the Anchorage office until 2010, at which point he accepted a position with the torts section of the Attorney General's Office. During that time he represented state employees – including prosecutors and troopers – and state agencies in tort actions. In 2013, Ben returned to the criminal division – this time accepting a position with the Ketchikan District Attorney's Office. He continues to live and work in Ketchikan with his family.

David Horst holds a certification from radKIDS®. He is a veteran of the U.S. Airforce and in 2014 after 41 years of service he retired from the Department of Defense as a program manager. David began his martial arts studies with the Alaska Moving Arts Center and currently holds a 1st degree black belt in Shotokan Karate. He co-instructs radKIDS with his wife, Becky Hesser.

Shayle Hutchison, LCSW has been working with families and children affected by trauma for the past 16 years in Alaska. Her past positions have included working as a mental health clinician in the community mental health system, working at a child advocacy center, and working at a domestic violence shelter. She has been the recipient of several honors and awards including the Light of Hope Child Advocate Award and the Citizen's Service Medal from the City of Fairbanks. She currently is an LCSW providing clinical mental health services at Hope Counseling Center in Fairbanks, Alaska, where she specializes in working with children in foster care and in providing services to children under the age of five.

Mike Hopper, PhD received his Ph.D. from UC, Irvine in 1976, followed by a year's postdoctoral fellowship in child/adolescent psychology at USC Medical Center. He came to Alaska in 1984 from the first residential program designed specifically for abused children in the United States: the Village of Childhelp in Beaumont, CA. In his two years there he learned that the most difficult part about housing and treating abused kids was keeping them from sexually "abusing" each other or even getting them to realize "inappropriate" touching wasn't good for them. In the ensuing thirty years of practice with abused children and adolescents of Interior Alaska in a variety of correctional, therapeutic, adoptive and community settings, he has learned only that residential settings have not cornered the market on that puzzling problem. He was the first mental health clinician at the Fairbanks Youth Facility, where he designed and implemented an adolescent sex offender program involving group and individual counseling. He continued on a contract basis to provide clinical consultation and group services for 25 years during which time he facilitated a childhood issues group that explored the histories of abuse and neglect of every new resident, as well as a dream group in which residents learned to take their dreams and emotions seriously and to prepare for release. Dr. Hopper worked as the Clinical supervisor at Fairbanks Counselling & Adoption for fifteen years, specializing in the creative treatment of abused and neglected children and adolescents and facilitating an ongoing support group for teens in foster care. He also contracted for six years with Tanana Chiefs Conference to provide group facilitation and clinical supervision at an adolescent residential treatment program specializing in Native youth. He has been in private practice since 2004, and continues to provide direct services primarily to high

risk youth and abused children. He currently provides group supervision to both adult and child services staff at Fairbanks Community Behavioral Health Center. In his spare time Dr. Hopper and his wife Annie own and operate the Lodge at Black Rapids.

Pam Karalunas has been involved in the area of child sexual abuse since 1986, when she began as a volunteer providing support for non-offending caregivers of children who had been molested. From 1988 to 2001 she worked with the Resource Center for Parents & Children in Fairbanks providing coordination, counseling, information, education and support services to non-offending parents in families where child sexual abuse had occurred. She worked with many of those families over a number of years and thus was able to follow their progress and the outcomes of the system intervention. Ms. Karalunas was the founding manager for RCPC Stevie's Place Child Advocacy Center in Fairbanks, Alaska for six years. She assisted with a therapy group for convicted Sex Offenders. For the past 7 years Pam has served as the Chapter Coordinator of the Alaska Children's Alliance, an accredited state chapter of the National Children's Alliance. She has provided many workshops, lectures and trainings on child sexual abuse, the CAC model and multidisciplinary response to child abuse. She provides consultation services and testifies as an expert in both civil and criminal court cases involving child sexual abuse, and is a Site Reviewer for National Children's Alliance members seeking accreditation or re-accreditation. She is a founding member of the Statewide Office of Juvenile Justice and Delinquency Prevention Children's Justice Act Task Force established to identify problems or barriers limiting Alaska's child protection system effectiveness and to recommend solutions, including changes in laws, policies, practices and resources.

Barbara Knox, MD is the Medical Director of the University of Wisconsin Child Protection Program at the American Family Children's Hospital in Madison, Wisconsin. She completed her residency at the Mayo Clinic in Rochester, Minnesota. She then completed a fellowship in Child Abuse Pediatrics at Cincinnati Children's Hospital Medical Center before joining the faculty in the Department of Pediatrics at the University of Wisconsin, where she is currently an Associate Professor. She is board certified in General Pediatrics and Child Abuse Pediatrics.

Dr. Knox is Chair of the Wisconsin Chapter of the American Academy of Pediatric Section on Child Abuse and Neglect and is a member of the Ray E. Helfer Society of Child Abuse Physicians. She is the Past Chair of the Wisconsin Child Abuse and Neglect Prevention Board that administers the Wisconsin Children's Trust Fund. She is also a team member serving on the Department of Justice's Statewide Child Fatality review team that advises state agencies and the Legislature on law, policy and practice modification in an on-going effort to reduce preventable childhood deaths. She co-directs a statewide Medical Peer Review project in Wisconsin.

Areas of research interest for Dr. Knox include child physical/psychological torture as a form of child abuse and sexual torture as a form of child abuse. She has published on many topics, including child torture as a form of child abuse, burns of abuse, abusive head trauma, and is currently an editor for the book *The Investigation, Diagnosis and Prosecution of Child Torture*. She also reviews current child abuse medical research journal articles for *The Quarterly Update*. As part of her practice she cares for children who have been or are suspected of being victims of physical abuse, sexual abuse, medical child abuse, and neglect.

Alison Miller, Ph.D. has an M.A. from the University of Delhi (India), a Ph.D. from the University of British Columbia and is a semi-retired psychologist in private practice in Victoria, British Columbia, Canada. She has worked with survivors of ritual abuse and mind control since 1991. She has been a fellow of the ISST-D (International Society for the Study of Trauma & Dissociation) since 2013. She is a member of the Board of Directors of Survivorship, and is the Chair-Elect of the Ritual Abuse and Mind Control Special Interest Group of the International Society for the Study of Trauma and Dissociation. Her books include: *Becoming Yourself: Overcoming Mind Control and Ritual Abuse* (for survivors), *Healing the Unimaginable: Treating Ritual Abuse and Mind Control* (for therapists), and "Recognizing and treating survivors of abuse by organized criminal groups," a chapter in *Ritual Abuse in the 21st Century* (Noblitt, Randy & Noblitt, Pamela Perskin, Eds).

Carolyn Norton is the Coordinator of the Kenai Peninsula Children's Advocacy Centers, located in Homer and Kenai and implemented by South Peninsula Haven House. She has provided advocacy for families and children dealing with abuse, as well as for adult victims of domestic violence and sexual assault, for the last seven years. Her first experience with helping children heal from trauma was as a community youth theater instructor about twenty years ago, seeing the "problem kids" flourish as they explored and expressed emotion in a safe space. Carolyn is a lifelong resident of the Kenai Peninsula, where she lives with her husband and son.

Kimber Olson, LCSW, BCD, C-ACFYSW - Her nearly 20 years of mental health experience includes work in outpatient community mental health centers, in school-based programs, providing city-wide on-call and crisis management services, home-based and hospital-based therapy, community health development coordination, and long-term residential treatment. She is currently in private practice where she specializes in the treatment of complex trauma with both children and adults. Kimber is the Chair of the Alaska Regional Component Group of the International Society for the Study of Trauma and Dissociation, and facilitates group consultation for therapists working with children who have a history of trauma, attachment difficulties and dissociation. Kimber has taught in the social work and human services departments at the Kachemak Bay Branch of Kenai Peninsula College, and has provided trainings nationally and internationally, teaching professionals in the areas of trauma, sexual abuse, attachment, dissociation, ethics, vicarious trauma and eating disorders among others. She has had the distinct privilege of traveling and providing training throughout Alaska and in Indian Country, and to have worked intimately in a number of Alaskan villages. She authored the Pathway to Hope Video Guidebook (Department of Justice, 2007), a companion resource for the Pathway to Hope: Healing Child Sexual Abuse video developed to help Native communities in Alaska understand and address the sexual abuse of children and to promote healing. She is the co-author with Peggy Ellen Kleinleder of *The Thursday Group: A Story and Information for Girls Healing from Sexual Abuse* (Neri Press, 2009), and co-author with Diane Payne and Jared Parrish of Pathway to Hope: an Indigenous Approach to Healing Child Sexual Abuse (International Circumpolar Health Journal, in press). Kimber Olson is a board certified, licensed clinical social worker. She is currently in private practice where she specializes in the treatment of complex trauma and dissociation.

Diane Payne owns Justice for Native Children (JNC) providing targeted technical assistance, program development support, training and curriculum development related to responding to child abuse for Tribes, Tribal organizations and agencies serving Native children and families, with a focus on empowering Tribal efforts to prevent and respond to child sexual abuse, drug endangered children and children exposed to violence. Diane has been an outspoken advocate for child victims and non-offending caregivers for more than 30 years in roles such as lobbyist, paralegal, victim advocate and teacher. She has developed and authored numerous Tribal training and skills development resources including an Indian Child Welfare Act Basic Manual, Child Abuse Protocol Guide, child-specific units of the National American Indian/Alaska Native Victim Assistance Training curriculum, and led the development of Alaska-specific curriculum "Pathway to Hope: Healing Child Sexual Abuse". In addition to being sought as a keynote speaker and workshop presenter for conferences in the US and Canada, Diane has served on many national boards and Alaska and Washington state committees addressing needs of Tribal children. During her 34 years in Alaska, Diane has worked for the regional Native non-profits serving Cook Inlet and Chugach regions, Alaska Legal Services Corporation and directed the Alaska office of the national Tribal non-profit Tribal Law & Policy Institute. Diane is a mother of two and grandmother and auntie to many. Diane's commitment and passion for working on justice for Native children and families is inspired by her adopted mother from the N. Cheyenne Nation in Montana.

Mary Clyde Pierce, MD is a Professor of Pediatrics at Northwestern University's Feinberg School of Medicine in Chicago, Illinois and an attending physician in the pediatric emergency department at Ann and Robert H. Lurie Children's Hospital of Chicago. Dr. Pierce's subspecialty training is in Pediatric Emergency Medicine with additional training in the area of child abuse. She received her medical degree from Louisiana State University of New Orleans, her specialty training in Pediatrics from Johns Hopkins Hospital, and her subspecialty training in Pediatric Emergency Medicine from the University of Pittsburgh, Children's Hospital. Dr. Pierce is a member of the American Academy of Pediatrics as well as the Society for Pediatric Research. Her research has focused primarily on injuries in children with an emphasis on differentiating abusive from accidental trauma. Dr. Pierce is currently the Director of Research and faculty development for the division of child abuse pediatrics and also serves in a similar role for pediatric emergency medicine at Lurie Children's Hospital. She is also the Medical Director of the Injury Risk Assessment and Prevention Laboratory at the University of Louisville, which is a multi-disciplinary lab with emphasis on injury biomechanics. This lab combines the expertise of medicine and

engineering and utilizes both a clinical and an experimental approach. Dr. Pierce's research focus is the development of injury plausibility models, including clinical decision rules, for differentiating abusive and accidental trauma in the young child that combines medical, social, biologic, and engineering knowledge. This collaborative work results in translational research that is guided by case-based studies with clinical, social, and basic science research, experiments, and modeling directly linked to pertinent clinic issues.

Kris Pitts, MPS is a Family Care Coordinator at the Alaska CARES Child Advocacy Center in Anchorage, Alaska. Kris conducts child and developmentally-delayed adult forensic interviews, provides crisis intervention and resource referral, and educates families and children affected by neglect, maltreatment, physical abuse, and sexual violence. Additionally, Kris is co-owner/operator of 3-Squared Consulting, Behavioral Health and Social Services consulting for community members and professionals. Kris has a history of working in sexual assault victim's advocacy and community education, as well as with homeless, at-risk, and otherwise underserved or marginalized youth and adult populations. Kris obtained a Master's of Professional Studies in Multicultural Humanistic Education from the State University of New York at New Paltz and also holds a Bachelor of Arts in Human Services/Women's Studies, with a focus in Communications. Kris is passionate about community organizing, accessible education and services, youth mentoring, and Queer issues.

Kiti Freier Randall, PhD is a Pediatric Neurodevelopmental Psychologist with extensive experience, spanning over 26 years, with infant, child, and adolescent populations. She has specialized expertise in the area pediatric psychology, infant and toddler populations, developmental disability, trauma, and pre and postnatal substance exposure. She works as a consultant expert on high risk 0-5 year olds, for Children's Network and First Five of San Bernardino County' California. She is author/director of the Trauma, Loss & Compassion (TLC) bereavement support group for preschoolers which has been implemented in San Bernardino County Preschools for 7 years. She has also developed 'Time-In' strategies to assist schools in enhancing social/emotional development and learning.

Dr. Kiti has a considerable academic career with professorship positions at University of Miami, Brown University, Andrews University and Loma Linda University. She is Director of Psychological Services, Department of Pediatrics, Loma Linda University Health Care and Medical Director for the Inland Empire Autism Assessment Center of Excellence. Dr Kiti was awarded the Health Ministries Medal of Distinction (2016) from the SDA General Conference, Shine a Light Award (2013) from San Bernardino County, Telly Award (Bronze) With members of the TV Series "Unhooked" as Co-Host of the series Produced by Hope Channel (2012), and the Distinguished Service Award (2007) and the Centennial Vanguard Award for her service in 'Wholeness' (2006) from Loma Linda University.

Dr. Kiti is a Board Member for the National Alliance for Drug Endangered Children, Making A Difference Association and the International Commission for the Prevention of Alcoholism and Drug Dependency. She is a member of the DEC Canada Steering Committee. Through her work Dr. Kiti has facilitated moving from understanding risk to promoting resiliency via training in over 40 countries and throughout the United States.

Dr. Kiti has dedicated her career to providing direct service and/or training to children, families, professionals, organizations and communities to enhance the physical, cognitive, emotional, and spiritual lives of children and their families in order to promote optimal and healthy living. She is especially committed to ameliorating the trajectories of children in her local and global community.

Erin Rockey, ANP, PMHNP-BC, SANE-P is an Advanced Nurse Practitioner with The Children's Place, the child advocacy center for the Mat-Su Borough. She is board certified in Psychiatric Mental-Health nursing and is currently enrolled in the Neurosequential Model of Therapeutics Individual Certification program through the Child Trauma Academy. She and her husband grew up in the Mat-Su Valley and continue to live and work there today as they raise their own four children.

Tammy Sandoval, MSW currently serves as the Director of the Alaska Child Welfare Academy, where she leads efforts in planning, designing, training and coaching of state child welfare staff and other professionals in the child welfare arena. Ms. Sandoval has over 30 years of experience in public child welfare holding positions in Wisconsin, New Mexico and Alaska, including previously serving as the Alaska Child Welfare Director. Her experience also includes Senior Associate for ACTION for Child Protection and the National Resource Center on Child Maltreatment. In that role she provided consultation, technical assistance and training with state child

welfare agencies across the United States. She has a Master of Social Work and is currently working on her ICF accreditation in Executive Coaching.

Angelia Trujillo, DNP, RN is an Associate Professor with the University of Alaska Anchorage, School of Nursing. Ms. Trujillo has worked in the field of interpersonal violence, sexual assault and public health for approximately 14 years. Angelia obtained her Doctor of Nursing Practice (DNP) with a focus on Forensic Nursing in 2008 from the University of Tennessee Health Science Center in Memphis and also holds a Master's of Science – Advanced Community Health Nursing from the University of Alaska Anchorage. She has been a forensic nurse examiner for Alaska CARES (2009-2016) – the Anchorage based child advocacy center working with children who have been physically and sexually abused and also a program manager and forensic nurse for the Anchorage SART team (2002-2007). In addition, Angelia has presented at the local, state and national level on issues of interpersonal violence and public health, serves on the Alaska Violent Death Reporting System Advisory Board and is a manuscript reviewer for the Journal of Forensic Nursing.

Diwakar Vadapalli, Ph.D. is an Assistant Professor of Public Policy at the Institute of Social and Economic Research (ISER), UAA, the Chair of the Alaska Citizen Review Panel, and a member of the National CRP Advisory Board. His research is primarily on child protection. He was an ICWA worker in Sleetmute, AK before earning his PhD in Social Welfare from Case Western Reserve University. He is an observer of Alaska's child protection services system and publishes periodic updates on various related topics.

Tracey Wiese, ANP, FNP-BC, PMHNP-BC is a both a Family and Psychiatric/Mental Health Nurse Practitioner who has completed a doctoral level of education in the science of nursing. Advanced Nurse Practitioners are licensed by the state of Alaska to provide comprehensive assessments, diagnosis and treatment of medical and mental health conditions. She has worked with vulnerable youth and families in multiple settings around the State of Alaska since 2006. From 2009-2015, Dr. Wiese worked as a Forensic Nurse, initially in Adult Sexual Assault Response, and provided 5 years of care to children who had experienced physical and sexual abuse at Alaska CARES. Dr. Wiese currently provides outpatient mental health services to include psychiatric assessment, diagnosis and medication management to vulnerable youth in OCS and DJJ care. In addition, Dr. Wiese provides medical evaluations to children undergoing the FASD diagnostic process, as well as supportive and medical services to adults and youth who identify as transgender. Dr. Wiese continues to train other professionals and health care providers as a member of the state wide Multidisciplinary Strangulation training team, as well as a variety of other topics related to her expertise, statewide and nationally. Dr. Wiese is active in advocating for state and national policies and legislation which address access to care barriers. She is the current Immediate Past President of the Alaska Nurse Practitioner Association, as well as the current co-chair for the Advanced Practice Registered Nurse Alliance; and is a Board member for Standing Together Against Rape (STAR).

Melissa Winger-Howard, JD received her BA in Criminal Justice with a minor in Political Science from UAA and graduated Cum Laude from Seattle University School of Law in May of 2008. She returned to Alaska and began working at the Anchorage District Attorney's Office in August of 2008 and has known no law other than criminal prosecution since she transferred to the Palmer District Attorney's Office in August of 2010. Throughout her prosecution career, Mrs. Winger-Howard has prosecuted a wide variety of felony level crime; although her transfer to the Palmer DAO has afforded her the welcomed opportunity to prosecute sexual assault and child sexual abuse cases.