

# LIFE IS A TEAM EFFORT!



## ALASKA WILDLIFE TROOPERS

Darrell Hildebrand

Thomas Akelkok

Jon Simeon

877-266-HELP

CARELINE

24/7

43

CALL OR TEXT

Text 4HELP to 839836 (Limited Hours)

## Find Your Strong

Need to talk? Call CARELINE, 24/7

Alaska's suicide prevention & someone-to-talk-to line

877-266-HELP (4357)

text 4help to 839863 (limited hours)