



# VOA Alaska

VOA Alaska is a professional service non-profit organization focused on serving Alaska's most vulnerable, our youth. Our behavioral health services educate and support youth struggling with substance misuse and mental health conditions, while also providing a safe space for healing. Additionally, our public health team is on the frontline of prevention, working to strengthen and promote healthy communities.

**Our Vision** A community that supports the hope, health and healing of every Alaskan.

**Our Mission** To empower Alaskans and uplift the human spirit through recovery services, housing, and promoting healthy communities.

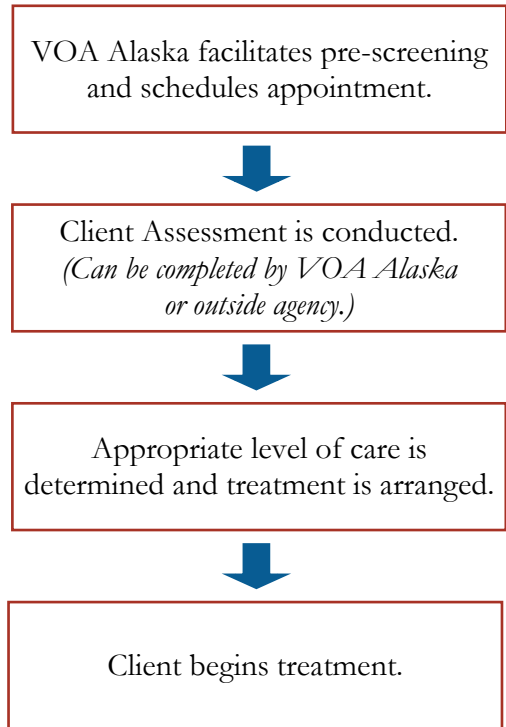
**Our Values**

- Courage
- Connection
- Hope
- Innovation
- Joy
- Responsibility

## Behavioral Health Services We Offer

- **Assist Outpatient** serves youth 13-18 years of age and transition aged youth 18-21 years of age who are struggling with substance misuse and mental health conditions that have impacted their quality of life. Services include assessment, appropriate placement with individual and family case management and coordination, education, individual, family and group therapy.
- **Adolescent Residential Center for Help (ARCH)** serves youth 13-18 years of age with substance misuse and mental health conditions requiring residential care. Youth are supported in a 24-hour safe, structured living environment which offers an opportunity to stabilize and engage in effective care. We place strong emphasis on building the skills necessary for lasting recovery by maximizing individual strengths and building healthy, supportive relationships.
- **School-Based Mental Health** currently serves youth in-school at three Anchorage schools: Bartlett, East and Benny Benson. In-school services provide trauma-informed care for youth struggling with mental health conditions, such as ADHD, depression, and anxiety.
- **Permanent Supportive Housing (PSH)** identifies the most vulnerable individuals experiencing homelessness between the ages of 18-24 years of age and places them into permanent housing with supports. Supports encompass daily living, case management, and treatment for substance misuse and mental health conditions.
- **Prime for Life (PFL)** helps youth realize how the combination of influences and personal choices can determine outcomes across their lifespan. Youth self-assess, identify personal values and explore decisions that protect these values. PFL classes are held for middle and high school age youth every week.

## Entry Process



### Hours

Monday - Friday 9:00 AM - 6:00 PM  
Saturday 9:00 AM - 5:00 PM

### Location

2600 Cordova Street, Suite 101  
Anchorage, AK 99503

## Fees & Insurance

We will support eligible families in applying for Denali KidCare. A sliding fee scale is available to all customers not eligible for Denali KidCare, even those with insurance.

**Call for your appointment today.**

(907) 279-9640

**Visit our website for more info:**

[www.voaak.org](http://www.voaak.org)