



For Immediate Release

December 15, 2015

**KEEP COOKING SAFETY IN MIND THIS HOLIDAY SEASON**

The Alaska State Fire Marshal's Office wants you and your loved ones to have a fire safe holiday season. This time of the year, cooking fires become more prevalent and can lead to fatalities. Fire does not discriminate and will absolutely wreak havoc on your life. House fires are largely preventable, but this can only be done by using common sense, good (unimpaired) judgment and following the safety tips listed below:

- Never leave cooking unattended, especially when frying and sautéing with oil.
- Be alert and focused when cooking. It's easy to get distracted when there is a lot of activity around you.
- Keep things that can catch fire, such as oven mitts, wooden utensils, food wrappers, and towels away from the cooking area.
- Keep your kitchen free from clutter to prevent trips and falls near cooking.
- Always keep matches and utility lighters out of reach of children.
- Make sure kids stay at least three feet away from the stove and oven, hot food, and liquids.
- Have working Smoke Alarms and Carbon Monoxide Detectors.

[Cooking fire safety outreach materials](#)

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**REMEMBER: FIRE SAFETY IS EVERYONE'S FIGHT**

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