



SURVIVE & THRIVE

Sponsored By:

U.S. Department of Justice,
Bureau of Justice Assistance

Hosted By:

Alaska State Troopers

Cohosted By:

United States Attorney's Office,
District of Alaska

Alaska Department of
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Western States
Information
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Protecting
You and
Your Fellow
Officers

August 22-23, 2024
Palmer, Alaska

<http://s.iir.com/VALORSTPalmerAK082224>



8:00 a.m. - 5:00 p.m., AKDT
One-hour lunch break (on your own)

Training Location:
Palmer State Office Building
515 East Dahlia Avenue, Suite 200, Palmer, AK 99645

This training provides law enforcement officers at the patrol and supervisory levels with information and techniques to utilize throughout their careers.

Hear from **law enforcement experts** on:

- ◆ Causes of officer assaults, injuries, and deaths
- ◆ Safety and preparedness mindset
- ◆ Physical health
- ◆ Officer-citizen encounters
- ◆ Mitigating stress
- ◆ Weapon concealment
- ◆ Intentional wellness mindset
- ◆ Surviving an assault
- ◆ Casualty care and rescue tactics
- ◆ Personal protective factors
- ◆ Deaths not associated with assaults
- ◆ Vehicle safety
- ◆ Officer survivor story

Additional topics covered throughout the course include professionalism, leadership, and critical decision-making.



Certificate of attendance
for 16 hours available

This project was supported by Grant No. 15PBJA-22-GK-01404-VALO awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice's Office of Justice Programs, which also includes the Bureau of Justice Statistics, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the Office for Victims of Crime, and the SMART Office. Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

**Grant-funded training to physically
and mentally prepare you for duty**