The Council promotes the prevention of domestic violence and sexual assault and provides safety for Alaskans victimized or impacted by domestic violence, sexual assault, and other violent crimes through a statewide system of prevention, crisis intervention, support, service, and perpetrator accountability.
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Alaska, freed from domestic & sexual violence

- OUR VISION

Council Board Members

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Angela Garay
Linda Stanford
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Interim Chair, Public Member
Interim Vice Chair, Public Member
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Department of Public Safety
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Executive Director
Research Analyst II
Research Analyst II
Criminal Justice Planner
Administrative Officer I
Grants Administrator II
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Program Coordinator I/II
Administrative Assistant II
A word from our...

Board Chair
TERESA LOWE

I am excited to have this opportunity to report on the progress, strengths, and challenges CDVSA faced in fiscal year 2019 (FY19). The Board of Directors experienced many changes this year due to a newly elected Governor which changed four of the five department commissioner designees; additionally, two public members left the Board. We began the year with Michelle Dewitt (public member from Bethel) as the Chair of our Board, we ended the year with me as the Interim Chair, completing Michelle’s term. We also lost Jody Potts, a public member from Fairbanks. This is the nature of Boards of Directors and not at all unusual. Change brings new ideas, thoughts, and perspective—the FY19 Board of Directors worked hard for CDVSA and helped guide numerous changes and new initiatives.

In November 2018, CDVSA held its annual rural outreach Board meeting in Nome, visiting the Bering Sea Women’s Group, the Nome Police Department, and holding a community dialogue that was moving, emotional, and focused on changing the community’s response to victims of sexual assault in Nome, especially Alaska Native women and girls. It was a discussion about using their voices to demand change and to ask to be part of the solution. It was a powerful dialogue that supported a movement.

Funding remained strong in FY19, with overall funds increasing by 9% in available federal spending authority. New victim services grant awards were made at the end of FY18, following a vigorous and competitive Request for Proposals. Twenty-four victim services programs received funding in FY19, increasing from twenty programs in FY18. New programs were funded in Craig, Petersburg, Emmonak, and Kenaitze Indian Tribe in Kenai.

We invite everyone reading this report to join us in reaching our goal to end domestic and sexual violence in Alaska—we cannot do it alone. We all have a part to play to change the dynamics that allow domestic and sexual violence to continue in our state. Please join us!

Executive Director
L. DIANE CASTO

State fiscal year 2019 (FY19) continued the trajectory of forward movement. There was a renewed focus on the role of the Council on Domestic Violence and Sexual Assault as an agency who receives, distributes, and monitors public funds.

Being the ‘keeper’ of public funds is a responsibility CDVSA takes seriously—in FY19, the CDVSA budget was $22,045,200. Our budget is a combination of state general funds and federal DOJ and DHHS funds. State funds constitute 58% of our FY19 budget and federal funds represent 42%.
The focus for FY19 was finding the right balance between adhering to state and federal grant guidelines and policies, while minimizing the impact of these policy and practice changes on the community-based service providers receiving the funds. While we need flexibility, we also need clear policies that meet the public standards for accountability and fairness that we are asked to uphold—transparency, justification, and measurable outcomes. Are the funds we are entrusted with being used to the best of our ability? We can unequivocally say yes!

FY19 showed improvement in our ability to document, analyze, and tell a story with data—how did our funds meet the needs of victims, survivors, family members, and communities? How many Alaskans received services, what services were most needed, and where and what were the greatest needs? How many communities develop community prevention coalitions to focus on reducing and eliminating domestic and sexual violence for the next generation?

Much of this year’s report will highlight the outcomes and data collected, reflecting the hard work and dedication of our 26 funded programs across Alaska. We are proud of the collective work of CDVSA’s Board and staff, our funded community-based programs, our multiple collaborators and partners, and the people of Alaska who are working to make domestic and sexual violence unacceptable in our families, our communities and in our state.
FY19 Snapshot

The Council on Domestic Violence and Sexual Assault experienced a successful, busy, and ever-changing FY19. This report will present a snapshot of activities, accomplishments, and challenges.

- CDVSA AWARDED $18.2 MILLION to fund 24 victim services programs, 12 prevention programs, and six battering intervention programs. Funds were distributed across Alaska from Utqiagvik to Unalaska. Among these awards are four new victim services sub-grantees in Emmonak, Kenaitze Indian Tribe/Kenai, Petersburg, and Craig.

- Critical CHANGES TO SUB-GRANTEE POLICIES, PROCEDURES, AND PRACTICES for all CDVSA grant funded programs, resulted from findings of non-compliance with a federal review in FY18. While changes were necessary and important, it created a year of challenge and learning for CDVSA and all funded programs.

- The first ever ALL-GRANTEE MEETING was held in September 2018 in Anchorage.

Training topics included data and evaluation, managing substance use in shelters, effective use of social media, agency strategic planning, financial and succession planning, and other important topics.
• **STAFF CHANGES** saw increased staff, departing staff, and new faces—during FY19, CDVSA received approval for two new full-time positions: Criminal Justice Planner and Grants Administrator II, both positions filled by April 2019. Our Research Analyst II (RAII) resigned in February and a new RAI was hired in May. By early FY20, CDVSA should be fully staffed!

• **NEW PARTNERSHIPS WITH UAA** created opportunities for individuals across the state. One opportunity was with the School of Nursing to support the creation of the Alaska Comprehensive Forensic Training Academy. Eighteen Alaska healthcare providers completed the first academy that included 25 hours of online training and a 3-day, hands-on skills training on the UAA campus. Individuals from Anchorage, North Pole, Mat-Su, Soldotna, Talkeetna, St. Paul Island, Nelson Lagoon, Kenai, and Kotzebue completed the academy in May 2019. Another opportunity was with the School of Social Work to provide CDVSA sub-grantees the opportunity to receive individualized data collection, research, and evaluation support to improve programming, outcomes, and policymaking. Sub-grantees in Petersburg, Kenai, Juneau, and Anchorage received evaluation support in FY19.

• CDVSA’s annual **RURAL OUTREACH BOARD OF DIRECTOR’S MEETING** was held November 1-2 in Nome, hosted by the Bering Sea Women’s Group (BSWG). The Board met with community members, toured the BSWG shelter program, talked with staff, heard presentations from community members working in partnership with the Nome City Council and the Nome Police Department to address incidence and response to sexual assault of women (particularly Alaska Native women), toured the Nome Police Department, and held an emotional, impactful Community Dialogue the evening of November 1.

• CDVSA and its partner’s (Alaska State Troopers, Department of Law, and ANDVSA) held two **SEXUAL ASSAULT RESPONSE TEAM (SART) TRAININGS**—one in Ketchikan November 6-9 and one in Anchorage April 16-19. Over 100 community SART members received training in FY19.

• Development of a CDVSA **LANGUAGE ACCESS PLAN (LAP)** began in collaboration with the Alaska Immigration Justice Project to create opportunities for all Alaskans, regardless of language, to access information, services, and resources to address domestic and sexual violence—the LAP will be completed in FY20.

• **SIGNIFICANT LEGISLATION PASSED TO IMPROVE CRIMINAL JUSTICE IN GENERAL AND SEXUAL ASSAULT SPECIFICALLY.** Three important bills were HB 12 to strengthen Protection Orders, HB 14 to create a “Justin Schneider fix” to guarantee those who commit crimes of sexual violence receive equitable sentences, and HB 49—an omnibus crime bill that addresses numerous fixes to laws related to sexual assault in Alaska.
The most important and impactful responsibility of CDVSA is the funding of community-based programs to provide prevention programming, emergency services for victims and survivors, and programming to address the perpetrators of this violence. In FY19, $18,456,020 was awarded to 25 community-based programs and one statewide program; resources to support comprehensive programming to meet individual community needs. During FY19, 9,107 unique men, women, and children were provided emergency victim safety and services.

Eighty-four percent (84%) of the CDVSA budget supports programming to guarantee safety and services for victims, as well as develop strong prevention programming and to address perpetrator rehabilitation. CDVSA is responsible for state general funds, interagency receipts, and federal formula funding to specifically address domestic and sexual violence.

There is a high bar for awarding, monitoring and creating opportunities to use public funding and CDVSA takes this responsibility seriously and respectfully.

Everything else the Council does, while extremely important, does not rise to the responsibility for guiding and defending these important resources for those impacted by domestic, sexual, and other violent crimes.

**FY19 Total Funds Expended by Region**

- **SOUTHEAST**
  - 21% $3,784,048
- **ANCHORAGE**
  - 17% $3,078,455
- **STATEWIDE NETWORK**
  - 1% $236,607
- **NORTHERN**
  - 13% $2,455,712
- **WESTERN**
  - 27% $4,843,098
- **SOUTHCENTRAL**
  - 21% $3,728,487
Regions

CDVSA provides funding across the state of Alaska from Unalaska to Utqiagvik and many places in-between, in all regions of the state.
## Subgrantee Acronyms

### NORTHERN
- Arctic Women in Crisis (Utqiagvik)
- Interior Alaska Center for Nonviolent Living (Fairbanks)

### SOUTHEAST
- Aiding Women in Abuse and Rape Emergencies (Juneau)
- Helping Ourselves Prevent Emergencies (Craig)
- Ketchikan Indian Community (Ketchikan)
- Sitkans Against Family Violence (Sitka)
- Working Against Violence for Everyone (Petersburg)
- Women in Safe Homes (Ketchikan)

### ANCHORAGE
- Abused Women’s Aid in Crisis (Anchorage)
- Standing Together Against Rape (Anchorage)
- Victims for Justice (Anchorage)

### SOUTH CENTRAL
- Alaska Family Services (Palmer)
- Advocates for Victims of Violence (Valdez)
- Cordova Family Resource Center (Cordova)
- Kenaitze Indian Tribe (Kenai)
- The LeeShore Center (Kenai)
- Seaview Community Services (Seward)
- South Peninsula Haven House (Homer)

### WESTERN
- Bering Sea Women’s Group (Nome)
- Emmonak Women’s Services (Emmonak)
- Kodiak Women’s Resource and Crisis Center (Kodiak)
- Maniilaq Family Crisis Center (Kotzebue)
- Safe and Fear Free Environment (Dillingham)
- Tundra Women’s Coalition (Bethel)
- Unalaskan’s Against Sexual Assault and Family Violence (Unalaska)

### SUBGRANTEE ACRONYMS BY REGION

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<th>Acronym</th>
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</table>
Northern Region

GRANTEE
AWIC and IAC

CDVSA OVERALL FUNDING 13%

VICTIM SERVICES FUNDING 12%

KEY HIGHLIGHTS
• Individual activities with children and child/dependent care assistance (15%)
• #1 victimization Intimate Partner Violence

VICTIM SERVICES HIGHLIGHTS
• Served a large population of youth ages 0-17 (26%)
• Provided more individual activities with children and child/dependent care assistance than any other region (15%)
• Number one victimization for this region: Intimate Partner Violence
• 15 trainings were provided to over 90 village/community providers and service providers and safe homes

BIP PROGRAM HIGHLIGHTS
• Average participant age was 34 years old
• 79% of participants reported having experienced childhood trauma—27% higher than the average participant rate

PREVENTION WORK/HIGHLIGHTS:
• 7 Coalition meetings on primary prevention work
• Green Dot Bystander Intervention Program & Girls on the Run Empowerment Program
Southeast Region

GRANTEES
AWARE, HOPE, KIC, SAFV, WAVE, and WISH

CDVSA OVERALL FUNDING 21%

VICTIM SERVICES FUNDING 12%

KEY HIGHLIGHTS
• Individual advocacy (58%)
• #1 victimization Family violence (23%) and adult physical assault (11%)

VICTIM SERVICES HIGHLIGHTS
• Served a large population of youth ages 0-17 (26%)
• Provided more individual advocacy services than any other region (58%)
• Family violence (23%) and adult physical assault (11%) were the most commonly reported victimizations
• Over 90 educational presentations on domestic violence and sexual assault were provided to community members

BIP PROGRAM HIGHLIGHTS
• Over 100 safety checks were completed on victims of participants
• $4,975 was collected in fees from BIP participants

PREVENTION WORK/HIGHLIGHTS
• 109 Coalition meetings on primary prevention work
• Green Dot Bystander Intervention Program, Girls on the Run Empowerment Program, Boys Run Program, Let Me Run wellness-focused program, and Fourth R School Curriculum
GRANTEE
AWAIC, STAR, and VFJ

CDVSA OVERALL FUNDING 17%

VICTIM SERVICES FUNDING 27%

KEY HIGHLIGHTS
• Information on the criminal justice system (4%)
• #1 victimization sexual assault for adults (25%) and children (9%), also higher than any other region

VICTIM SERVICES HIGHLIGHTS
• Provided a large amount of services outside of shelter services (72%)
• Provided more information on the criminal justice system than any other region (4%)
• Sexual assault for adults (25%) and children (9%) were the highest reported victimizations compared to any other region
• Over 10,000 students received age-appropriate presentations on interpersonal violence

PREVENTION WORK/HIGHLIGHTS
• 10 Coalition meetings held on Community Readiness and Capacity Building
• Girls on the Run Empowerment program
GRANTEES
AFS, AVV, CFRC, KIT, LSC, SCS, and SPHH

CDVSA OVERALL FUNDING 21%

VICTIM SERVICES FUNDING 29%

KEY HIGHLIGHTS
- Individual counseling (18%)
- #1 victimization Intimate partner violence (41%)

VICTIM SERVICES HIGHLIGHTS
- Participants were primarily white (51%)
- Provided a large amount of individual counseling to participants (18%)
- Intimate partner violence makes up the primary victimization in this region (41%)
- Provided training to over 4,000 first responders who interact with victims of violence

BIP PROGRAM HIGHLIGHTS
- 140 participants reported having a substance abuse history
- 55% of participants identified their race as white

PREVENTION WORK/HIGHLIGHTS
- 39 Coalition meetings on primary prevention work
- Green Dot Bystander Intervention Program, Girls on the Run Empowerment program, and Fourth R School Curriculum
Western Region

**GRANTEES**
BSWG, EWS, KWRCC, MFCC, SAFE, TWC, and USAFV.

**CDVSA OVERALL FUNDING**  27%

**VICTIM SERVICES FUNDING**  20%

**KEY HIGHLIGHTS**
- Transportation and financial assistance services (19%)
- #1 victimization related to homelessness

**VICTIM SERVICES HIGHLIGHTS**
- Participants were primarily Alaska Native (79%)
- Provided more transportation and financial assistance to participants than any other region (19%)
- One of the top victimizations reported in this region related to homelessness

**PREVENTION WORK/HIGHLIGHTS**
- Over 300 media and special community events took place
- 6 Coalition meetings held on Community Readiness and Capacity Building
- Teens Acting Against Violence
Victim Services Data

Emergency Shelter, Safety, and Support Services

The most critical services CDVSA funds and its community partners provide is emergency services to victims of domestic and sexual violence. Providing safe shelter, support, and other services for victims and their family members. Emergency services are those that cannot wait; they are needed immediately to help victims and other family members find refuge from homes and relationships that are violent, unhealthy, and damaging to those who both experience the abuse and those who have witnessed the violence.

- Total unique men, women, and children served was 9,107 (stable from 2019).
- The average victim service program participant was: Alaska Native (33%), White (31%), Female (81%), or between the ages of 18-64 (76%).
- Shelter services make up approximately 30% of services provided to participants in CDVSA funded programs. 3,097 unique men, women, and children accessed shelter services in FY19, a decrease of 8.7% from 2018.
- Victim service programs provided 103,057 shelter nights, an increase of 4.5% from 2018.
- Highest reported primary victimization for participants is “intimate partner violence and family violence” (50%), with “adult sexual assault” ranking second (14%).
- Other services provided to participants were individual advocacy (38%), followed by individual counseling (12%), and crisis intervention (7%).

CDVSA Funded Victim Service Programs served 9,107 unique men, women, and children during 2019

- Average victim service participant was...
  - 33% Alaska Native
  - 31% White
  - 81% Female
  - 76% Ages 18-64
Overview Data

- 336 unique men participated in programs in FY19
- 44 new intakes occurred while 167 participants carried over from the previous year
- 125 discharges occurred in FY19: 72 participants discharged successfully (58%), 48 discharged non-compliant (38%), and 5 were other discharges (4%)
- 568 safety checks on victims of Battering Intervention Program (BIP) participants were completed
- 81 victims of those safety checks received support services
- More than half of BIP participants report some type of childhood trauma (62%) including physical abuse as a child (27%), parents in an abusive relationship (26%), and sexual abuse as a child (9%)
In FY19, 12 grantees who are receiving funding from CDVSA to improve their primary prevention efforts completed their second year in a four-year funding cycle.

**PRIMARY PREVENTION GRANTEES ARE...**
- Increasingly creating social involvement opportunities for youth and adults
- Growing agency partnerships for broader reach and enhancing collaboration
- Increasing IPV/TDV/SA knowledge and awareness to community resources

**Highlights**

10,800+ COMMUNITY MEMBERS were trained on DV/SA programs.

1,300+ ALASKANS were trained in Green Dot or another bystander program.

13,100+ YOUTH took part in facilitated prevention activities.

24 UNIQUE PRIMARY PREVENTION STRATEGIES were implemented in 11 communities; including Girls on the Run, Green Dot, Boys Run, the Fourth R, and Let Me Run.

**Participation in Prevention Activities Trending by Age**

A complete 2019 Prevention Evaluation Report is available at DPS.ALASKA.GOV/GETMEDIA/C80C250D-4DEE-4171-8617-C899F3739A80/FY19-PREVENTION-EVALUATION-REPORT.PDF
Girls on the Run (GOTR)

"Girls on the Run helps us build our star power and feel more confident."
- 4th Grade participant

"I love the running, the 5k, learning, and the awesome coaches. My favorite day was the day that we played the game where you run to a coach and run through the two lines of girls and they say something positive to you."
- GOTR Participant

Green Dot

"Inspiring, encouraging, a good reminder to take action and be a part of the solution."
- Green Dot Overview

"It's important! Violence is not OK, we can be the change we want to see."
- Green Dot Overview

"Green Dot will help spread more awareness and lead to prevention in Homer. I learned at Green Dot that there are safe ways to intervene. I expect you to acknowledge that [our community] is not violence free. I believe that our community can have an impact on personal lives through Green Dot."
- Survey Respondent

Boys Run | Toowu Klatseen

"This was a great experience for me, both as a coach, and as a mentor to our young boys! I thought the lessons and activities were engaging and challenging, and that the boys were mostly engaged and excited about meeting those challenges. I also especially liked the professionalism and dedication towards supporting our kids and families that I witnessed from our two partner organizations: AWARE, and Tlingit and Haida! I think the kids felt it too, and felt welcomed to be part of a fun and rewarding club."
- Fall '17 BRITK Coach

"To me, being a strong man means: to exercise every day. To stretch and sleep good. To play 60 minutes a day." "Respecting women and adults." "To work out and help others."
- Fall '17 BRITK Student Participants

115 hours
PER WEEK ON AVERAGE WERE DEDICATED TO PREVENTION

10,823 community
MEMBERS WERE TRAINED ON DV/SA AWARENESS

128 public schools
IMPLEMENTED SOCIAL AND EMOTIONAL LEARNING CURRICULA

12 prevention grantees
COMPLETED THEIR SECOND YEAR OF FUNDING IN 2019
Domestic Violence Awareness Month

Domestic Violence Awareness Month (DVAM) took place during October 2018 and is a national event that unites communities as they work toward ending domestic violence. CDVSA worked with an agency partner in the development of a multi-channel social marketing campaign that was implemented and monitored across multiple social media platforms.

Both paid ads and organic posts were utilized for this year’s “It’s Time” campaign. Paid advertising included YouTube, Snapchat, Facebook, and Instagram. Viewers were referred to national websites for assistance and/or to learn how to engage in local efforts to prevent violence. In addition, CDVSA developed a month-long post bank of organic/free posts that included posts delivered Monday-Friday for the entire month on Facebook.

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Sexual Assault Awareness Month

April was Sexual Assault Awareness Month (SAAM). SAAM seeks to raise public awareness about sexual harassment, assault, and abuse and educate communities on how to prevent it. The theme for FY19 was “I ASK,” which focuses on the topic of Consent.

Like October’s DVAM campaign, CDVSA worked with an agency to develop a multi-channel social marketing campaign which was implemented and monitored, on multiple social media platforms.

Both paid ads and organic posts were utilized for this year’s “I ASK” campaign. Paid advertising included YouTube, Snapchat, and Facebook. Viewers were referred to national websites for assistance and/or to learn how to engage in local efforts to prevent sexual harassment, assault, and abuse.

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Teen Dating Violence Awareness & Prevention Month

Teen Dating Violence Awareness & Prevention Month (TDVAPM) took place during February 2019. Among the many strategies, our social marketing agency helped implement and monitor a strategic digital campaign on social media.

Both paid ads and organic posts were utilized for this campaign. For the paid digital, two ads were produced using creative supplied by the Sitka Youth Leadership Committee. The ads ran to a targeted audience of youth for the entire month of February, utilizing a budget of $1,149.96. As for organic posts, CDVSA developed a month-long post bank that included posts made M-F for the entire month. On February 12th, Orange 4 Love Day, our agency partner created a Facebook filter that users could add to their profile picture to show support and spread awareness. This effort was also supported by an organic sponsored post and Snapchat filter supplied by KTUU.

<table>
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<th>SPOTLIGHT</th>
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Bit.ly was used as a tracking mechanism for the traffic coming from these ads, and all ads were directed to susuak.org. The Facebook ads generated 8,283 visits to that website between February 1st and March 1st.
Alaska’s efforts to end domestic violence, sexual assault, and other violent crimes in Alaska are a State, Federal, and community partnership to fund and provide needed services to promote and increase safety, support, and services for victims, survivors, and their families across Alaska.

### FY19 CDVSA Approved Budget by Funding Type

- **STATE GENERAL FUNDS**: 48% | $10,649,600
- **FEDERAL FUNDS**: 42% | $9,218,400
- **INTER-AGENCY**: 1% | $177,200
- **DESIGNATED GF**: 9% | $2,000,000

Total Budget: $22,045,200
How CDVSA Distributed Funding

FY19 CDVSA Expenditures by Budget Categories
$21,001,450

- PAYROLL: 4% $875,876
- TRAVEL: 1% $76,035
- SERVICES & CONTRACTS: 6% $1,264,604
- RSA: 3% $636,395
- COMMODITIES: 0% $22,135
- GRANTS TO COMMUNITIES: 86% $18,126,406

FY19 Total Funds Expended by Program Type
$18,126,406

- VAWA-VS: 1% $240,8027
- JFF: 1% $142,363
- VICTIM SERVICES: 89% $16,081,695
- BIP: 1% $240,868
- PBP: 1% $114,896
- CR: 4% $488,824
- CBPPP: 3% $816,956
Each year, CDVSA funds diverse community-based agencies to provide a variety of service—victim support and safety, prevention, perpetrator rehabilitation, and services for children. In addition to the funds provided by CDVSA, sub grantees are required to provide local community match funding in the form of cash or in-kind contributions. The chart shows how funds are used and expended within Alaska communities.