

ALASKA PRIMARY PREVENTION SUMMIT

March 6-8, 2019 | BP Energy Center

**Finding
Common
Ground**

WELCOME

The planning committee for the 2019 Alaska Primary Prevention Summit: Finding Common Ground-Working Together to Prevent Violence is pleased to welcome you to this year's event!

We look forward to meeting each of you and hope that the Summit offers you the opportunity to acquire new prevention skills, identify common links across multiple areas of concern and enhance opportunities for collaborative prevention programming in your community. We are very excited about the agenda for this year's pre-conference workshops on March 6th and the two-day summit on March 7-8, 2019. All events will take place in Anchorage at the BP-Energy Center, 900 E. Benson Blvd.

Summit workshop topics include:

- Tools for Prevention Planning and Programming
- Prevention Programming in Alaska's Schools
- Community and Cultural Co-Creation of Prevention
- How We Do This Work Together

Pre-Summit workshops on March 6th are designed to provide participants with opportunities for in-depth skill building development in the areas of group facilitation, social media and marketing, school curriculum review of developing materials through the Department of Education and statewide strategic planning for the Girls on the Run program.

Registration for pre-summit workshops begins at 8:00 a.m. at the BP-Energy center and is open all day. Two workshops, How to Make Your Facilitations and Trainings "FUN"omenal, and Girls on the Run of Southcentral and Greater Alaska will begin at 8:30 a.m. and conclude at 4:30 p.m. Curriculum Development for the Alaska Safe Children's Act begins at 11:00 a.m. and concludes at 5:15 p.m. Social Media and Marketing: Leveraging Both to Instill Change, begins at 1:45 p.m. and concludes at 5:15 p.m.

On March 7th-8th registration will begin at 8:00 a.m. and we will start each morning at 8:30 a.m. with opening remarks followed by a plenary session. Workshops will follow each plenary and we highly encourage community teams to branch out throughout the conference to make sure that someone from your team is available to sit in on each of the workshops offered. You'll have time to share what you've learned during the community team time which is scheduled on each of the two days of the Summit.

On March 8th, we will be including a four-hour workshop which will run concurrently with the main agenda. The four-hour program, titled, “Decolonization,” is an opportunity for participants to learn about and experience activities used to discuss the effects of racism, historical trauma, and colonization that can support both individual and community healing. This session is limited to 20-participants. The program begins at 12:45 p.m. on March 8th and ends at 4:45 p.m.

On March 7th and 8th we have set aside time each day for community teams to either begin building a prevention plan to implement in their home community or to enhance an existing plan. We have assigned a group facilitator to each community team. The facilitator’s main role is to help move your local discussions forward with a goal of either working with your team to identify some building blocks towards prevention or to enhance your existing plan.

If your community is new to prevention work, the community time will be used to begin the dialogue and identify a few key strategies that you can continue to build upon following the Summit. Communities with developed prevention plans can use your community time to review how it is working, celebrate your successes and explore any areas that you may wish to emphasize and/or change.

We know you are all experts on your local communities, and we honor that expertise. You bring with you a wealth of community organizing and planning experience and an interest in ending domestic violence, sexual assault and related social challenges in your area.

Thank you for the work you do at home to celebrate healthy communities and to prevent all forms of violence. Thank you in advance for the work you will do at the 2019 Primary Prevention Summit.

Sincerely,



Ann K Rausch

Program Coordinator II
Ann.rausch@alaska.gov
907.465.5015

IMPORTANT INFORMATION

CONFERENCE VENUE INFORMATION

BP Energy Center
900 E. Benson Blvd.
Anchorage, Alaska 99519
Tel. 907-743-4270

CONFERENCE COMMITTEE

The Conference is brought to you by the Council on Domestic Violence & Sexual Assault (CDVSA) and the 2019 Planning Committee.

REGISTRATION AND GENERAL ASSISTANCE

Please stop by the registration desk for questions and assistance.

PHOTOS

Photos will be taken and potentially used for future publicity of the Summit. Please notify one of the registration staff if you do not wish to have your photos used in any future publications.

SILENCE CELL PHONES

Please remember to turn off your cell phones at all times during the conference including all meal functions.

NAME BADGES

Name badges serve as the conference attendee's entrance to all sessions and events. Please be sure to wear your name badge at all times.

INTERNET

Complimentary wireless internet is available in the meeting space area. Please see the registration desk for the wireless code.

PARKING

Parking is available at the following locations:

- Next to the BP Energy Center
- BP South parking lot
- BP East parking lot
- BP West parking lot

RESTURANTS

There are many eateries around the venue, including: Subway, Qdoba, Wendys, Fred Meyer deli. See the registration desk for more locations.



2019 ALASKA'S PRIMARY PREVENTION SUMMIT: Finding Common Ground: Working Together to Prevent Violence

How to Make Your Facilitations and Trainings “FUN”omenal

Facilitator: Timi Tullis

8:30 a.m.-4:30 p.m.
Spruce/Willow Room

Are you having trouble making your meetings and trainings engaging? Do you sometimes feel that you can't help move the group forward? This session will cover several tips from how to set the stage for a meeting as well as figuring out tips on helping move ideas forward. This interactive session will be full of ideas and activities to help you become a better facilitator!

Girls on the Run of Southcentral and Greater Alaska

Facilitators: Natalie Watson, Britta Tonnessen, Kirk Burke and Austin Tagaban, Kennis Brady, Shaina Sidner, Elizabeth (Liz) Sunnyboy and Ayyu Qassataq

8:30 a.m.-4:30 p.m.
Birch Room

Girls on the Run is a life-changing empowerment program for 3rd-8th grade girls that combines training for a 5K fun run with healthy living and self-esteem enhancing curricula. It's also designed for the women, men and allies who are transformed by their involvement with the program. Girls on the Run envisions a world where every girl knows and activates her limitless potential to boldly pursue her dreams.

Join us for a one-day journey to explore women and girls' empowerment where we will celebrate our differences and find strength in our connectedness. Over the day we will dive into the mission, spirit and core values of the program. The session is designed for those interested in learning more about how to start a GOTR program in their community, for partners who are already implementing the program and want to strengthen their impacts, and for those looking to feel the strength and spirit found when we unplug from the “girl box” and activate our authentic, vulnerable and powerful truths in the movement towards gender equity.

Curriculum Development for the Alaska Safe Children's Act

Facilitators: Kami Moore, Kristen Rankin

11:00 a.m.-5:15 p.m. (please bring a bag lunch)
Aspen Room

This workshop will provide an overview of the work the State of Alaska, Department of Education and Early Development (DEED) is doing to develop a statewide curriculum for grades 7-8, 9-10 and 11-12, and allow participants to provide input and feedback around content, resources and training for educators on how to best teach sensitive topics.

Social Media & Marketing: Leveraging Both to Instill Change

Facilitators: Amy Tribbett, Kelby Holtfreter

1:45-5:15 p.m.
Alder/Cottonwood Room

Social Media & Marketing: Leveraging Both to Instill Change is an interactive workshop designed to teach participants how to leverage both social media and social marketing tools to ignite behavior change among target audiences. In this half-day workshop, you will learn the difference between social media and social marketing, how to effectively reach your target audience online and best practices for organic/paid marketing. We'll take a deep dive into the 10-step social marketing process and share ways to develop and implement your own social marketing campaign. Participants will leave the workshop knowing how to use both mediums to improve engagement and outcomes.

WELCOME AND OPENING REMARKS

2019 Alaska's Primary Prevention Summit: Finding Common Ground Working Together to Prevent Violence

8:30-9:15 a.m.
Birch Room

Morning Welcome: Ann Rausch

Guest Speakers: Amanda Price, Tamra Truett Jerue, L. Diane Casto

Where are Your Connections? Working Towards a Coordinated Community Approach to Primary Prevention

Facilitators: Gretchen Clarke

9:15-10:00 a.m.
Birch Room

PLENARY

Comprehensive primary prevention has evolved over time and is increasingly informed by innovative and emerging efforts. As evaluation and the development of best practices and evidence-informed approaches emerge, there is a growing trend towards collaboration across issues to meet the resource demands in addressing today's problems. The purpose of this plenary is to highlight emerging concepts and the importance and interconnectedness of our efforts. We will review primary prevention concepts, collaboration, intersections of community sectors and root causes.

MORNING WORKSHOPS

Shared Protective Factors and Sexual Violence Prevention

Facilitators: Mollie Rosier, Marcia Howell,
Laurie Orell, Sylvia Craig

10:15-11:30 a.m.
Alder/Cottonwood Room

Presenters will briefly describe the shared risk and protective factor framework that is growing in Alaska and other parts of the country. The presentation will include a description of the scientific rigor being used to determine which factors are truly shared between health issues. They will then share the results of a year-long process of exploring the protective factor framework as it applies to sexual violence prevention. Finally, opportunities to participate in the blooming shared factor research and exploration in Alaska and on multiple issues will be announced.

Understanding Strengths, Resiliency and Well-Being from an Alaska Native Perspective

Facilitator: Jessica Black, Ph.D.

10:15-11:30 a.m.
Birch Room

This presentation will emphasize what it means to look at communities from a strengths-based perspective versus a deficits perspective, especially as it pertains to research with Alaska Native Communities. The presenter, who is an Alaska Native woman, will share her experiences conducting research with her own community and various communities around the state and share several examples of research that focused on strengths versus deficits. The practice and policy implications will also be discussed. There will be time at the end of the presentation to dialogue with attendees what strengths exist in their own community that they can build on to reach their individual, work and community goals.

Alaska Safe Children's Act

Facilitator: Kami Moore

10:15-11:30 a.m.
Aspen Room

This presentation will cover the requirements under the Alaska Safe Children's Act. This will include recent changes to the law, materials that are currently available, materials being developed and how to support and work with school districts related to implementing Erin and Bree's Law.

Strategic Planning 101 (Logic models, goal setting, workplan)

Facilitators: Brittany N. Freitas Murrell,
Lexi Prunella

10:15-11:30 a.m.
Spruce/Willow Room

How do you know you have reached your destination if you don't know where you are going? Participants in this workshop will revisit basics of strategic planning including writing program outcomes, planning activities and developing logic models. These planning tools provide the foundation for which a program is implemented and serve as a framework for the evaluation. This workshop will highlight the importance of a logic model as a continuous planning tool that connects goals with outcomes, guide participants through activities to strengthen skills in writing outcomes and reviewing the comprehensiveness of their implementation plan.

Lunch Break and Panel Discussion- Leading the Way: Youth Working for Community Change

Facilitators: Megan Juneau, Rae Romberg
Panelists: Keegan Blain Juneau,
Erin Cole, Corinne James,
Leena Robinson, Sonya Robinson,
Aaní (Aanyaanáaxh tláa) Perkins,
Esther Burdick

11:30 a.m.-12:00 p.m. (LUNCH PROVIDED),
12:00-1:00 p.m. Panel Discussion
Birch Room

Youth from Anchorage, Nenana, Juneau and Sitka will share their experiences as change makers in their communities. Hear about their varied efforts to build on the strengths and address the challenges of their local communities. Students will provide insight into the unique experience of being a teen advocate for change, while offering suggestions as to how adults offer meaningful support. Bring your questions for these extraordinary youth leaders!

AFTERNOON WORKSHOPS

Getting Organized: Data & Evaluation

Facilitators: Brittany N. Freitas Murrell,
Lexi Prunella

1:10-2:25 p.m.
Spruce/Willow Room

How do you know if you're on the path that leads to your destination? Did you take the wrong turn at Albuquerque? Data collection and evaluation is a series of successive actions. The process of evaluation includes familiarizing yourself with resources and capacity (what populations can you access, how much time do you have), data and project management (who is monitoring and collecting information), and course corrections (how is the information being used)? During this workshop, we will review and discuss strategies for managing data collection, differences between quantitative and qualitative methods, the benefits of a mixed-methods approach and how to keep data collection feasible.

Nuts, Bolts and Benefits of Youth Led Programs

Facilitators: Aani' Perkins,
Esther Burdick

1:10-2:25 p.m.
Alder/Cottonwood Room

Does your community support youth leadership? Hear from members of the Sitka Youth Leadership Committee (SYLC) about how to best support youth led programs. They will share the nuts and bolts of running a successful program, as well as detail the benefits of encouraging youth to step into leadership roles. Whatever stage of development you are in, this workshop will provide useful insight and concrete tools for working with young people.

Economic Supports for Families as Prevention

Facilitator: Kristen Rankin

1:10-2:25 p.m.
Aspen Room

What do housing issues, childcare, food assistance and wage gaps have to do with intimate partner violence? A great deal, researchers are discovering. This session explores how socioeconomic factors, particularly wage gaps, might connect to violence and what prevention-focused organizations and groups are doing in Alaska and elsewhere to support economic opportunity. The Alaska Network on Domestic Violence and Sexual Assault and the YWCA of Alaska will describe their efforts to reduce the gender pay gap in the state. Participants will explore the connections between socioeconomic factors and violence in their own communities and brainstorm how their own violence prevention efforts might integrate or link to economic supports for families.

Truth, Racial Healing and Transformation

Facilitators: Andrea Akall'eq Sanders,
Kacey Hopson, Anna Clock

1:10-2:25 p.m.
Birch Room

First Alaskans Institute (FAI) is embarking on a statewide Truth, Racial Healing and Transformation (TRHT) process. This endeavor is in direct response to the call from our communities to grow a shared understanding of Alaska's true history, to right the wrongs that continue to inhibit our true potential as a state, and to help our communities and our state heal to achieve an equitable future for all. This will be an interactive workshop.

Community Planning

2:30-3:40 p.m.

Birch Room: Anchorage, Mat-Su,
Fairbanks, Cordova, Valdez
Aspen Room: Alakanuk, Bethel,
Utqiagvik, Emmonak

Alder/Cottonwood Room: Ketchikan, Petersburg,
Sitka, Juneau, Hydaburg, Wrangell

Spruce/Willow Room: Homer, Kenai, Dillingham, Old
Harbor, Port Heiden, Unalaska

Time for community planning on March 7th and March 8th is intended to support community teams to either begin building a prevention plan to implement in their home communities or to enhance and existing plan. Each team is assigned a facilitator. The facilitator's main role is to help move your local discussions forward with a goal of either working with your team to identify some building blocks towards prevention or to enhance your existing plan. If your community is new to prevention work, the community time will be used to begin the dialogue and identify a few key strategies that you can continue to build upon following the summit. Communities with developed prevention plans can use your community time to review how it is working, celebrate your successes and explore any areas that you may wish to emphasize and/or change.

Trauma Informed Schools Framework

Facilitator: Lori Grassgreen

3:45-5:00 p.m.

Alder/Cottonwood Room

What is the impact of trauma on the brain and how can we promote resilience in our students and communities? Communities and organizations across the state have worked hard to deepen their understanding of the impact of trauma and resilience on Alaskan student learning and lifelong success. In partnership with the Department of Education and Early Development, the Association of Alaska School also worked to understand and map out what this means for Alaskan communities and students. Teachers, parents and board members shared stories and ideas contributing to the development of a statewide framework for trauma-engaged practice. This framework aims to help schools and communities translate this understanding into action through policies and practices that support the whole child. This tool was created for all Alaskans – educators, families and community members – who want to be involved in leading their schools to trauma-engaged change. Join this workshop to learn about this framework, good practices for trauma informed schools and hear examples of communities doing this work.

Coordinating our Efforts to Reduce Disparities in Alaska's Response to Domestic Violence of Alaska Native Victims in Rural Alaska

Facilitator: Tamra Truett Jerue

3:45-5:00 p.m.

Birch Room

This workshop will explore the roles of Alaska Native Tribal, State and Federal Governments and Non-profit organizations and their efforts to coordinate system responses that will lead to reduced disparities in responses to Alaska Native victims of domestic violence with a special emphasis on rural Alaska. The workshop will examine existing disparities and highlight possible solutions that are based in the true circumstances of the communities experiencing these forms of violence.

Collective Impact: What is it? How do you make it happen?

Facilitators: Desire' Shepler, Julia Smith, Hillary Young

3:45-5:00 p.m.

Aspen Room

What does collective impact mean and will it work in my community? How do you bring partners from different sectors together to tackle a complex social problem? This session will provide an overview of collective impact as a framework for building cross-sector partnerships to tackle complex social problems. As a part of that overview, representatives from Alaskan communities using the collective impact framework will share what it looks like to “do” collective impact in their communities. Whether you have never heard of collective impact before or have worked with cross-sector partners for many years, this session will inspire you to consider using the collective impact framework in your community.

Because of Her, We Can! An Alaskan Story of Hope and Friendship-Honoring Rita Blumenstein and Dottie Baumgartner

Facilitators: Naomi Michalsen, Rita Blumenstein, Dorothy Baumgartner

3:45-5:00 p.m.

Spruce/Willow Room

During this workshop, participants will have the opportunity to learn about prevention through the lens of relationship building across time, culture, family and the world, leaving participants with an appreciation for connecting with one heart. It's all about relationships!

- Two Women
- Two Cultures
- Two Families
- Two Worlds
- One Heart

WELCOME AND OPENING REMARKS

2019 Alaska's Primary Prevention Summit: Finding Common Ground Working Together to Prevent Violence

8:30-9:00 a.m.
Birch Room

Morning Welcome: Ann Rausch

Guest Speakers: Rae Romberg, Alaska Network on Domestic Violence and Sexual Assault

The Brain, Body and Stress: The Essential Role of Brain-Mind Body Practices in Primary Prevention

Facilitator: Linda Chamberlain,
Ph.D., MPH

9:00-9:50 a.m.
Birch Room

PLENARY

Learning to cope with stress is an essential part of healthy development and well being. Dr. Chamberlain describes how the brain and body respond to stress and how overwhelming and prolonged stress, in the absence of effective coping skills, can lead to predictable physical, mental, cognitive and behavioral challenges. Participants will learn how mind-body practices can prevent toxic stress response and engage the natural instinct of our bodies to calm the brain and heal. The audience will participate in two brain-mind-body practices to promote resilience and well-being. Resources for personal and organizational use will be highlighted.

MORNING WORKSHOPS

Alaska Association of School Boards- Supporting Transitions and Educational Promise Southeast (STEPS) Grant

Facilitators: Lori Grassgreen,
Claudia Plesa, Konrad Frank

10:00-11:15 a.m.
Spruce/Willow Room

STEPS Alaska is a collaborative project between the Association of Alaska School Boards (AASB) and schools, tribal and local organizations in seven Southeast Alaska communities. The scope of the grant work is cradle to career, and it works to enhance current ongoing community work to engage families and the community, implement culturally responsive teaching practices and provide multi-tiered systems of support for all students. Join this workshop to learn about the potential of collective impact projects, learn best practices for partnering to support positive youth outcomes and hear community examples of partnerships working to support students cradle to career.

Garden of Roses: a Traditional Approach to Healing from Sexual Assault

Facilitators: Ingrid Stevens,
Panganga Pungowiyi
(Pangaanga Pangawiyi)

10:00-11:15 a.m.
Birch Room

This session will focus on sharing the Alaska Native Tribal Health Consortium's Domestic Violence Prevention resources, highlighting collaborated work with the Kawerak's Garden of Roses camp for girls, and provide an opportunity to participate in small round table discussion of domestic violence and sexual assault priorities in rural Alaska.

The Garden of Roses camp is a free three-day camp that offers a healing space through traditional values for AN girls ages 8 to 17 who are survivors of sexual abuse. Activities incorporated in the camp include participating in healing and talking circles, creating traditional crafts and dance and participating in non-confrontational discussions to encourage healing and support.



A Community's Journey Toward Embracing Prevention

Facilitators: Melissa Kemberling,
Amy Gorn

10:00-11:15 a.m.
Alder/Cottonwood Room

This workshop will examine how, over the last five years, the Mat-Su has developed a multi-level approach to prevention, specifically focused on children and families. This framework has prioritized resident resilience-building aided by a collaborative collective impact, multiple strategies with the local school district, community education, endeavors with the child welfare system, and an exciting pilot initiative bringing an Icelandic model of prevention for youth to Alaska.

LUNCH ON YOUR OWN, 11:15 a.m.-12:45 p.m. AFTERNOON WORKSHOPS

Kawarek-Decolonization

Facilitators: Panganga Pungowiya
(Pangaanga Pangawiyi),
Kari van Delden

12:45-4:45 p.m.
Special 4-hour session
Aspen Room

The Decolonization Workshop was developed locally, utilizing several components of various trainings which address Historic Trauma, Oppression and Colonization. Tools from Undoing Racism, Knowing Who You Are, ANDORE (Racial Equity Discussions), Native Organizing Training, Family Wellness Warriors Initiative, Lee Mun Wah and resources/knowledge shared from local and statewide experts. The workshop focuses on self-awareness and healing by leading participants in activities to discuss the effects of Racism, Historical Trauma, and Colonization. Participants are introduced to the process of Decolonization and think about what it looks like when communities are healing from Colonization. The goal of the workshop is to promote community empowerment and sustainable wellness.

Good News: Simple Tools to promote Resilience, Self-Regulation and Well-Being

Facilitator: Linda Chamberlain,
Ph.D. MPH

12:45-2:00 p.m.
Birch Room

This toolkit helps families understand how unaddressed stress can lead to difficult behaviors, problems with self-regulation and health issues. Dr. Chamberlain uses visual props to explain how our brains respond to stress and strategies that adults and children can use to calm the brain. The capacity to change our brains, referred to as growth mindset, is something we can do at any age. Growth mindset is a leading predictor of academic achievement and well-being. Dr. Chamberlain translates the latest scientific evidence into user-friendly content to demonstrate how mind-body interventions work with the brain from the "bottom-up" to release stress from the body, facilitate co-regulation between caregivers and children and enhance resiliency skills. Participants will practice simple mind-body tools including how to use their breath, progressive relaxation, mindfulness and movement as part of positive parenting, managing stress and well-being.

Sustainability – What Did We Find and What Do We Do with It?

Facilitators: Brittany N. Freitas Murrell,
Lexi Prunella

12:45-2:00 p.m.
Alder/Cottonwood Room

You've reached the destination – time to look back, reflect and write trip reviews. One huge disservice is that the information is rarely used beyond reporting. There are a variety of ways the information you have collected can be leveraged to support future action. This workshop focuses on using evaluation data to improve future programming decisions, drawing conclusions and how to share findings with diverse stakeholders. We will also discuss sustainability, that is, the ability to maintain a program and its benefits over time. Sustainability involves learning from experience (ongoing evaluation), making decisions about which elements of the program to sustain (continuous quality improvement), selecting the right strategies and using the right tools to build support for your program.

AGENDA MARCH 8, 2019

Co-creation in the Sitka School District

Facilitators: Nancy Douglas, Phil Burdick

12:45-2:00 p.m.

Spruce/Willow Room

Facilitators will provide participants with an inside look at what co-creation looks like in practice within the Sitka district. Facilitators will share how they've worked to align initiative efforts and what next steps might look like

Community Planning

2:05-3:15 p.m.

Birch Room: Anchorage, Mat-Su, Fairbanks, Cordova, Valdez, Bethel, Emmonak

Alder/Cottonwood Room: Ketchikan, Petersburg,

Sitka, Juneau, Hydaburg, Wrangell, Alakanukl

Spruce/Willow Room: Homer, Kenai, Dillingham, Old Harbor, Port Heiden, Unalaska, Utqiagvik

Time for community planning on March 7th and March 8th is intended to support community teams to either begin building a prevention plan to implement in their home communities or to enhance and existing plan. Each team is assigned a facilitator. The facilitator's main role is to help move your local discussions forward with a goal of either working with your team to identify some building blocks towards prevention or to enhance your existing plan. If your community is new to prevention work, the community time will be used to begin the dialogue and identify a few key strategies that you can continue to build upon following the summit. Communities with developed prevention plans can use your community time to review how it is working, celebrate your successes and explore any areas that you may wish to emphasize and/or change.

Strategic Planning 101 (Repeat from March 7)

Facilitators: Brittany N. Freitas Murrel, Lexi Prunella

3:20-4:35 p.m.

Spruce/Willow

How do you know you have reached your destination if you don't know where you are going? Participants in this workshop will revisit basics of strategic planning including writing program outcomes, planning activities and developing logic models. These planning tools provide the foundation for which a program is implemented and serve as a framework for the evaluation. This workshop will highlight the importance of a logic model as a continuous planning tool that connects goals with outcomes, guide participants through activities to strengthen skills in writing outcomes and reviewing the comprehensiveness of their implementation plan.

Haa Shageinyaa "Our Protecting Power/ Thanking Our Ancestors"

Facilitator: Naomi Michalsen

3:20-4:35 p.m.

Birch Room

This presentation will focus on the importance of honoring our cultures in Alaska for their roles in prevention, intervention and healing. Examples of risk and protective factors within Alaska Native cultures will be shared, and we will celebrate the healing elements of traditional ceremonies, foods and medicines. The traditional values, uniquely held within each community, are the foundation and tools that support, strengthen and sustain individuals, families and communities in helping to prevent violence.

As part of the workshop, participants will have the opportunity to sample traditional foods, providing participants with a personal experience of how these traditional plants/foods can still be shared today.

Rape Prevention Education and the UAA Bringing in the Bystander Program

Facilitators: Mollie Rosier, Betty Bang, Hannah Guzzi, UAA Peer Health Educators

3:20-4:35 p.m.

Alder/Cottonwood

This workshop will provide an overview of Rape Prevention Education funds in Alaska programs supported by these funds. The University of Alaska Anchorage Bringing in the Bystander program will be highlighted throughout this discussion.

PRESENTER BIOS



Dottie Baumgartner

Grandmother Dottie Baumgartner (born in 1924) is an elder and humanitarian who has lived and raised her family in each of the main regions of Alaska. Dottie moved from Florida to Alaska in the late 1950's with her husband and five boys. While living in Barrow, Dottie and her husband Tom adopted a baby girl.

Later, in the 1960's she and her husband had the honor of being adopted into the Tlingit tribe in Hoonah. Her greatest joy today is her family that now looks like a meeting of the United Nations, in that family members and their spouses are of European, Alaska Native, African American, Filipino, Persian, Siberian, Chinese, Japanese, Hispanic descent and more.



Jessica Black, Ph.D.

Dr. Jessica Black is from the villages of Fort Yukon and Nenana, Alaska. Her childhood was spent under the guidance of her maternal grandparents from Ft. Yukon, along the banks of the Yukon River, and greatly shaped her work. In her current capacity as an assistant professor at the University of Alaska

Fairbanks, she works to increase opportunities for students to learn about Alaska Native ways of life, knowledge systems, strength and resiliency. Dr. Black co-leads several large research projects focused on governance, well-being and resiliency.



Dr. Rita Pitka Blumenstein

Grandmother Rita Pitka Blumenstein (born 1936) is a Yupik Elder and the first certified traditional doctor in Alaska. She is also an artist, a teacher, speaker and storyteller. Rita's teachings of the "Talking Circle" have been recorded and published, and she has

traveled the world to teach song, dance, basket weaving and cultural issues. In her presentations around the world, Rita has focused on the health and social development of people. She is an able emissary for promoting international goodwill as well as the status of women. She is a learned voice for passing on the knowledge of the environment and ways of the land.

She currently works for the Alaska Native Tribal Health Consortium. Grandmother Rita has been a member of the International Council of 13 Indigenous Grandmothers – a group of spiritual elders, medicine women and wisdom keepers – since its founding in 2004. February 18, 2006 began the annual celebration as Rita Pitka Blumenstein Day.



Kennis Brady, MPA

Kennis Brady is a hyper social, highly engaged, life-long Alaskan with an insatiable desire for learning. Serving first as a Solemates Coordinator, then as

board member, and finally as Council Director, she has been involved in Girls on the Run Southcentral Alaska since 2011. Kennis graduated from the University of Washington in 2008 and with a Master of Public Administration from the University of Alaska Anchorage in 2013. In her professional life, Kennis works for the U.S. Senator Lisa Murkowski. She has a passion for encouraging learning and opportunities for youth to develop the next strong generation of Alaskans by volunteering with organizations such as Arctic Winter Games – Team Alaska, Our Alaska, Kids2College and the Youth Entrepreneurs Academy. She enjoys playing outside any chance she gets, especially in or near the water with her dog Goose.



Phil Burdick

Phil Burdick has been with the Sitka School District for the past 23 years. He started his education career as an English and Social Studies teacher and

moved into the role of co-principal at Pacific High School in 2010. Since 2015 he has been Co-Assistant Superintendent of the district working mainly in the areas of professional learning and educator evaluation. His areas of focus are co-creating a culturally responsive education in partnership with the Sitka Tribe of Alaska through Culturally Responsive Embedded Social Emotional Learning (CRESEL) and supporting all staff in Culturally Responsive teaching practices.



Kirk Burke

Kirk Burke is thrilled to be working with AWARE in Juneau. He grew up in Hampton, VA, and has lived in Alaska since 2000. He has worked at various non-profits

such as the Anchorage Senior Activity Center, Catholic Community Services and Juneau Youth Services. He strives to make his community better every day. Kirk has always been inspired by working with youth. He has coached for the Juneau Youth Football League, Juneau-Douglas High School junior varsity team and Thunder Mountain High School varsity team. Kirk was the first lead coach for the Rocksteady Boxing program in Juneau, which helps people fight back against Parkinson's disease.



L. Diane Casto, MPA

L. Diane Casto is the Executive Director for the Council on Domestic Violence and Sexual Assault. She is a lifelong advocate for children, parents, families and

healthy communities, having worked in the areas of child abuse and neglect, youth services, fetal alcohol syndrome, substance abuse prevention, mental wellness, criminal justice and healthy families and communities since 1978. Diane's philosophy is that partnerships, coalitions and collaboration are always better than working in isolation. Working toward a collective impact and population health has been her life's work. Diane has a B.A. degree in Anthropology from Central Washington University and a Master of Public Administration from the University of Washington, Daniel J. Evans School of Public Affairs.



Linda Chamberlain, Ph.D., MPH

Linda Chamberlain is a scientist, author, professor, dog musher and founder of the Alaska Family Violence Prevention Project. Dr. Chamberlain is an internationally recognized keynote speaker and advocate on domestic violence, Adverse Childhood

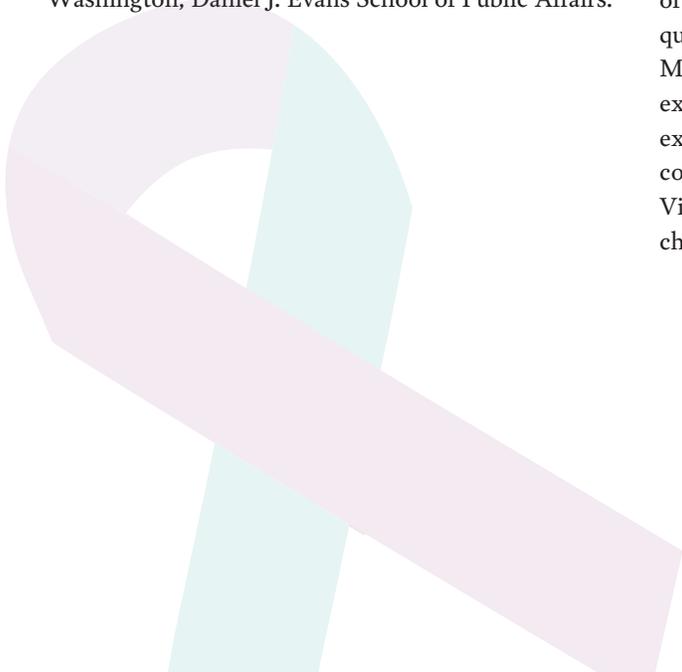
Experiences (ACEs), brain development and trauma and the amazing adolescent brain. Known for her abilities to translate science into practical strategies with diverse audiences, she conveys a message of hope. Her current work focuses on brain-body strategies that work with the brain from the bottom-up to address how stress/trauma are stored in the body and to engage our instinct to heal. Certified in several practices to promote resilience, self-regulation and well-being, she demonstrates simple skills that can be taught to children, adolescents and families. Dr. Chamberlain teaches at the University of Alaska and earned public health degrees from Yale School of Medicine and Johns Hopkins University. The author of numerous national curricula and the Amazing Brain Series, she recently released an online toolkit on Addressing the Intersections Between Domestic Violence and Adverse Childhood Experiences. Recognition for her work includes a Scientist Scholar with the Fulbright Arctic Initiative, a National Kellogg Leadership Fellowship, an Alaska Women of Achievement Award and the Inaugural Scattergood Foundation Scholar on Child Behavioral Health.



Gretchen Clarke

Ms. Clarke has 16 years of public health experience living and working in rural Alaska. Her work includes design and implementation of qualitative and quantitative evaluation approaches, project and team management and coordinating dissemination

efforts for various audiences. She has extensive experience in cultural competence and providing training and technical assistance (TTA) to tribal communities in planning, implementation and evaluation of programs including collection and analysis of qualitative and quantitative data. Ms. Clarke currently serves as a Research Science Manager for ICF where her work requires sensitivity to the unique experiences of women, the aged, and AI/AN populations as well as extensive collaboration with tribal entities, schools, workplaces and community coalitions. She is also a member on the Alaska Domestic Violence Prevention Statewide Steering Committee (Pathways) and is chair of KCAW—Raven Radio board of directors.





Anna Ts'aayeneekeelno Clock

Anna Ts'aayeneekeelno Clock (Koyukon Athabascan) is the Indigenous and Intergovernmental Affairs Coordinator for First

Alaskans Institute. She works across governance structures and communities to build relationships, connections and unity in order to amplify the self-determination of Native peoples through advancing and protecting Alaska Native ways of living, being, healing and knowing. Ts'aayeneekeelno was raised in Seward. Her father's family is Koyukon Athabascan from Kaltag and Eyak from Cordova. Her mother's ancestors are from Germany and England. She holds a Bachelor of Arts in Japanese Studies from Middlebury College. After college, Ts'aayeneekeelno worked for Crowley Marine Services in the Prince William Sound. Most recently, she was a 2018 First Alaskans Institute Summer Intern in the Office of Governor Bill Walker. Afterwards she was hired to stay on the team as a Policy & Program Analyst and Special Assistant to Lieutenant Governor Valerie Davidson until the end of their term. Ts'aayeneekeelno's favorite things are Native languages, traditional foods, snowboarding, beadwork and being out on the land and water.



Sylvia Craig, MPH

Sylvia Craig, is a senior healthcare consultant at McDowell Group specializing in public health and health promotion. She has experience in community-level prevention efforts with

expertise in injury and violence prevention. Sylvia assists communities with public health needs assessments, grant evaluations and strategic planning. Before joining McDowell Group, Sylvia worked for the Center for Safe Alaskans as a Projects Director where she was involved with the design, implementation and evaluation of local and statewide injury prevention efforts. Sylvia has lived in Alaska most of her life with family ties to Ketchikan, Cordova, Valdez, Fairbanks and the Copper River Valley.



Nancy Douglas

Nancy Douglas is the Cultural Director of the Sitka School District, and a leader in the local Alaska Native community as well as within the District. She is the 2013 recipient of Shee Atika Corporation Kaal.átk' or Charlie Joseph Sr. Cultural and Heritage

Award for her lifelong commitment and continued support of Native education, 2014 Alaska Arts Education Consortium Champion of the Arts and 2015 Sitka Tribe of Alaska Tribal Citizen of the Year. She has been a Teaching Artist during Basic Arts and Advanced Arts, Culture and Technology Institutes, and has been a leader working with teachers to help instill them with the confidence to infuse Alaska Native arts and culture in all Alaskan classrooms.



Konrad Frank

My English name is Konrad Frank, and in Tlingit I go by Shák' Sháani Éesh. I grew up in Angoon where my father's people are from, while my mother's side comes from Sitka. As a recent graduate from University of Alaska Southeast in Alaska Native

Studies with experience growing up in rural Alaska, I hope to be a great resource. I look forward to learning from you all.

Gunalchéesh axh'éit yísa áxh.ée.



Brittany N. Freitas Murrell, M.S., Ph.D. Candidate

Brittany N. Freitas Murrell is a Senior Research Associate at Strategic Prevention Solutions. She came to Alaska over a decade ago to pursue a degree in clinical psychology. After training and experiences

providing individual and group counseling in community mental health and primary care settings, she became interested in primary prevention and social determinants of mental health. In working with individuals, families and other providers, it became apparent that many of the common difficulties experienced were associated with the environment. She moved away from institutional spaces, to addressing root causes and being part of collaborative interventions developed from within and for communities. Ms. Freitas Murrell currently works as a consultant and evaluator for various state, tribal and government entities. Her work focuses on prevention science and research, program planning and evaluation, methods and data analysis, empowerment evaluation, and the assessment and enhancement of organizational and community capacity for prevention.



Amy Gorn,

Amy Gorn is a Program Officer with the Mat-Su Foundation. She joined the foundation in 2017 and is the Program Officer for the Healthy Families focus area. She is passionate that all children are well cared for, protected, thriving and successful.

She currently sits on the Steering Committees for R.O.C.K. Mat-Su and the Alaska Resilience Initiative. She is an Advisory Committee member for the Alaska Afterschool Network. Through Furman University, Amy is currently working on an afterschool policy fellowship with The Riley Institute. Amy has lived in rural Alaska working for radio, the Division of Juvenile Justice, and she spent years supporting tribal communities through the non-profit RurAL CAP promoting positive youth development and primary prevention. Amy is Vice-Chair of the Governor-appointed Alaska Juvenile Justice Advisory Committee. Most importantly, she is the proud mother of her lively and sweet young daughter.



Girls on the Run Training Team

Girls on the Run is a life-changing empowerment program for 3rd-8th grade girls that combines training for a 5K fun run with healthy living and self-esteem enhancing curricula. It's also designed for

the women, men and allies who are transformed by their involvement with the program. Girls on the Run envisions a world where every girl knows and activates her limitless potential to boldly pursue her dreams. The training team for the 2019 Primary Prevention Summit pre-summit workshop is comprised of trainers from Juneau and Southcentral Alaska and include: Natalie Watson, Britta Tonnessen, Kirk Burke, Austin Tagaban, Kennis Brady, Shaina Sidner, Elizabeth (Liz) Sunnyboy and Ayyu Qassataq.



Lori Grassgreen

Lori has been working on prevention, community engagement, youth leadership and creating systems change in Alaska and internationally for more than 20 years. In her current role at the Association of Alaska School Boards as the Director for the Alaska Initiative for Community Engagement, Lori and her team

seek to advance community coordination to effectively support youth resilience and conditions for learning.



Kelby Holtfreter Murphy

Kelby Holtfreter Murphy is the vice president of client services at Walsh|Sheppard and supervises all client accounts. She is informed

and experienced in social marketing and public health policy, and has an extensive background in behavioral neuroscience and addictions research, health literacy and health communications, and the development and implementation of public health campaigns. Kelby has 16 years' experience in behavioral research and data analysis, and has conducted extensive research in rural areas of Alaska. Since 2014, she has led all social marketing efforts for Walsh|Sheppard's clients, which have included Alaska Mental Health Trust, DOT's Alaska Highway Safety Office, Alaska Office of Boating Safety, DHSS Tobacco Prevention and Control Programs and CDVSA.



Kacey Hopson

Kacey Purruq Qunmigu Hopson (Iñupiaq) is First Alaskans Institute's Indigenous Knowledge Advocate and works to advance the work of FAI's Alaska Native Policy Center. Qunmigu is the

daughter of Muriel Qutuk Hopson from Ulġniq (Wainwright) and Safdar Hussain from Kashmir, Pakistan. She was born and raised in Utqiagvik and Anchorage and graduated from Pomona College with a bachelor's degree in Public Policy Analysis. Qunmigu recently served as an AmeriCorps VISTA Volunteer at FAI where she was focused on helping to diversify and increase the long-term sustainability of the organization. Prior to FAI, she was a Summer Policy Associate with the Environmental Equity team at the Greenlining Institute, where she developed her skills in race equity advocacy and public policy research. Qunmigu is dedicated to advancing political, social and economic frameworks grounded in indigenous ways of knowing as a pathway for a more regenerative, equitable society. As the Indigenous Knowledge Advocate, she will identify and carry out critical knowledge sharing, research, analysis and advocacy to produce technical and culturally relatable content that tells the true history of Alaska, and seeks to the hearts and minds of Alaska Native and broader Alaskan communities on issues that impact us.



Marcia Howell, JD

Marcia Howell has served as the Executive Director for the Alaska Injury Prevention Center since October 2008. Marcia's work has focused on research, implementation and evaluation

of multiple public health issues since 2000. She has been involved in multiple community collaborative assessments and strategic planning efforts focusing on transportation safety, the negative impacts of alcohol, opioid misuse and heroin use and bullying in Anchorage. Through this varied work, she has become increasingly interested how multiple issues have inter-related risk and protective factors, and how focusing on the shared factors can help us leverage resources and make our initiatives more sustainable.



Megan Juneau

Megan Juneau, and her cat Bubba, live in Juneau, AK, where she works for the Alaska Network on Domestic Violence and Sexual Assault as their Youth Engagement Coordinator.

She runs the LeadOn initiative. Megan recently completed her Master's in International Education from SIT Graduate Institute, with a focus on youth leadership development. She is a former Roller Girl and a Returned Peace Corps Volunteer. She has been working with youth all over the world for almost a decade. She recently achieved a lifelong dream of owning a dog after welcoming her puppy Lulu to the family.



Lisa Keller

Lisa Keller was born and raised in Anchorage. Lisa has enjoyed sports and fitness from a young age. She is a past winner of multiple race, including the Gold Nugget Triathlon and the Eagle

River Triathlon. She is a two-time Alaska Triathlete of the Year and has achieved All-American status in USA Triathlon age group rankings. In 2002 Lisa was diagnosed with breast cancer. She is one of the founding board members of the Alaska Run for Women. She owns Multisport Training of Alaska and is the General Manager of Running Free Alaska.



Melissa Kemberling, Ph.D., MPH

Melissa Kemberling is the Vice President of Programs with the Mat-Su Health Foundation. She joined the foundation in 2012. She oversees the Foundation's program work, which includes grants, scholarships, and community systems change, as well as managing research and evaluation. She began her career as

a pediatric physical therapist in the Neonatal Intensive Care Unit at Boston City Hospital in Massachusetts, as well as working in local schools. Melissa holds a Ph.D. in Sociology from Tulane University and a Master in Public Health from Columbia University. During her graduate school, she worked as an education director at a Head Start Program in northern Manhattan and was a Center for Women in Policy Fellow at SUNY Albany. Her career in public health began with international work evaluating HIV/AIDS prevention efforts in Central America, as well as health clinics in Trinidad and Tobago. When she first arrived in Alaska she taught in the Sociology Department at UAA. She also spent six years at the Alaska Native Epidemiology Center at ANTHC where she served as the Senior Epidemiologist.



Naomi Michalsen

Naomi Michalsen, Kaasei (Tlingit), is Wooshkeetaan, Eagle/Wolf of the Shark House. Naomi and her husband live in Ketchikan and have five adult children and nine grandchildren. Naomi has been a lifelong advocate for children, youth and Alaskan families. She has worked in the areas of education,

domestic violence and sexual assault services, substance abuse prevention and cultural preservation. Naomi weaves her work in prevention and education efforts through use of indigenous knowledge and value systems and supports prevention systems that are driven by cultural and relationship-based programs and practices.

Naomi appreciates sharing time with elders and other plant enthusiasts, pursuing her love of traditional Native foods and medicines. Her favorite thing to do is gather local foods and plants with her family and grandchildren in the amazing Alaskan outdoors.



Kami Moore, MPH

Kami Moore holds a Bachelor of Science in both Education and Health Promotion & Health Behavior as well as a Master of Public Health. Kami currently serves as the School Health and Safety Program Coordinator for the Department of Education and Early Development. Prior to joining the DEED

Health and safety team, she spent nearly eight years working to prevent domestic and sexual violence in Alaska.



Laurie Orell, MPH, CPH

Laurie Orell, is a healthcare analyst with McDowell Group and has extensive experience in community substance use and behavioral health prevention efforts in Alaska. Before joining McDowell Group, Laurie worked as an epidemiologist in the Alaska Native Epidemiology Center of the Alaska Native Tribal Health Consortium (ANTHC). There, she received the Champion of Care Award for efforts to make public health data more accessible within the organization. Prior to ANTHC, Laurie served as a researcher for Southcentral Foundation where she received the Living Our Values Award for her work in community-level, behavioral-health prevention. Laurie's public health research has been published in several peer-reviewed journals.



Panganga Pungowiya (Pangaanga Pangawiyi)

Panganga Pungowiya (Pangaanga Pangawiyi) is the Program Director for the Kawerak Wellness Program in Nome, AK. Originally from Savoonga, Pangaanga works to ruralize and indigenize training curricula to ensure the information is communicated in a culturally appropriate manner. She has partnered with community members to do presentations with youth and adults on true local history, and how it relates to the social issues we see today. Her passion lies in community empowerment; using the strengths within individuals and communities is the key to true wellness.



Claudia Plesa

Claudia Plesa is a graduate Eastern Oregon University with a Bachelor of Science in Sociology, with a minor in Gender Studies. She also has her Master of Science in Sociology from Portland State University. After receiving her master's, she spent a year teaching undergraduate level sociology classes at Eastern Oregon University. Although she enjoyed teaching, Claudia wanted to work in a field where she could feel that she was making a real difference. This brought her to Alaska, where she spent over five years working to engage youth and communities in violence prevention programming. She is now working at AASB and is enjoying working with communities and school districts to engage youth in leadership and advocacy work.



Commissioner Amanda Price, Alaska Department of Public Safety

Commissioner Amanda Price is a lifelong-Alaskan from a law enforcement family who brings two decades of experience in government affairs, fiscal operation and organization management. Commissioner Price served as the Senior Advisor on Crime Policy and Prevention to Governor Bill Walker, during which she uncovered a trend of un-submitted, untested sexual assault kits. She worked with statewide law enforcement to understand the scope of the problem, secured federal funding, and proposed legislation to improve the state's response to sexual assaults, which led to a significant movement underway in Alaska. Prior to her time in Governor Walker's Office, Price served as the Executive Director of Standing Together Against Rape (STAR), the only Statewide, Stand-alone rape crisis center in Alaska. In that role, she worked laterally with the Special Victims and Crimes Against Children Units of the Anchorage Police Department, as well as the Alaska Bureau of Investigation to effectively respond to sexual assaults in a victim-centered manner, improving investigatory capacity and success rates in the criminal justice process. During her tenure at STAR, Price also developed, hosted and facilitated a bi-partisan multi-state summit to address violence in the military in response to the National Guard sexual assault allegations. Commissioner Price has served on the National Criminal Justice Association (member), the Alaska Network on Domestic Violence and Sexual Assault (Finance Committee Chair, Legislative Committee member), the Anchorage Child Abuse Caucus (member), the Governor's Criminal Justice Data Initiative (member) and the Municipality of Anchorage Housing and Neighborhood Development Oversight Committee.





Lexi Prunella, MPH, CHES

Lexi Prunella is a Senior Research Associate at Strategic Prevention Solutions. She has experience and formal training across the public health spectrum and has worked in health and wellness promotion within nonprofits, educational institutions, state government and the private sector for the past 12 years. Lexi has a strong background in community assessments, strategic planning, capacity building, program planning and empowerment evaluation. She has partnered and consulted with variety of professionals including those in healthcare, child welfare, juvenile justice, public safety/law enforcement, military, education, tribal entities, behavioral health, substance abuse, social services, public assistance, domestic violence advocacy, and sexual assault prevention and response.



Kristen Rankin

Kristen Rankin is the Prevention Specialist at the Alaska Network on Domestic Violence and Sexual Assault and the Project Director of the CDC grant DELTA Impact in Alaska. Kristen comes from a global health background, with additional experience in microfinance and financial inclusion, and has an Master of Science in International Development Management with a focus on public health. Prior to this position she was conducting research on the state of IPV prevention evidence globally.



Ann Rausch

Ann Rausch is a Program Coordinator II with the Council on Domestic Violence and Sexual Assault. Ann began working in the field of domestic violence and sexual assault in Juneau in 1983. Her work history includes direct service advocacy, social work, foster care licensing, community education, curriculum development and prevention programming. Prior to her work with the Council, she's held positions at Aiding Women in Abuse and Rape Emergencies, the Alaska Network on Domestic Violence and Sexual Assault and the Office of Children's Services at the Juneau Field Office. Ann currently coordinates prevention programming funded by CDVSA including the Green Dot bystander intervention program and the Coaching Boys into Men mentoring program for high school male athletic teams. She administers prevention program funds to twelve community grantees and participates on the statewide Pathways for Prevention Steering Committee, the Alaska Statewide Violence and Injury Prevention planning committee and is a member at large on the Alaska Resilience Initiative Steering Committee. She received a Bachelor of Arts in Women's Studies from the University of Washington and a Master of Arts in Community Psychology from the University of Alaska Fairbanks. She lives in Juneau.



Rachel (Rae) Romberg

Rae Romberg is the Prevention Director at the Alaska Network on Domestic Violence and Sexual Assault, where she has worked since April 2017. Before working at the statewide level in violence prevention, she was the Prevention Director at South Peninsula Haven House in Homer. She started her work in the field of domestic violence and sexual assault almost ten years ago in direct services, as an advocate and shelter manager, and is honored to carry with her the incredible stories of many survivors. She has experience working with youth in the arts and in the promotion of health and wellness. Rae can be found with her dog, Mowgli, on the beach or on the trail when she isn't working to create Alaskan environments where violence cannot occur and where all Alaskans can live to their full potential.



Mollie Rosier, MPH

Mollie Rosier is the Child and Adolescent Health Unit Manager in the Section of Women's, Children's and Family Health, Alaska Division of Public Health where she oversees the oral health program, the school nursing program and the adolescent health program. She holds a Master in Public Health degree from the University of Michigan. Previously, Mollie worked for the Alaska Section of Epidemiology in HIV prevention and care. She cares about issues of social justice, the health of Alaskans and violence prevention. Mollie is a lifelong Alaskan who recruited her husband to the great north and together they are parenting four sweet little boys, which takes all their time and energy.



Andrea Akall'eq Sanders

Andrea Akall'eq Sanders, Yup'ik, was born and raised in Bethel Alaska. Her maternal grandparents are Katie Cleveland and the late Ham Cleveland Sr. They were both originally from the Southwest village of Eek, later raising their family in Quinhagak along the Qanirtuuq River. Her parents are Stella Cleveland

and Brian Sanders.

Andrea currently serves as Director of the Alaska Native Policy Center at First Alaskans Institute. Andrea also serves on the Board of Trustees of the Institute of American Indian Art and Native Peoples Action. She graduated from Georgetown University focusing on government and political science. Andrea is a mother and a social justice advocate, and she works every day to advance our traditional ways of life and Indigenous ways of knowing.



Shaina Seidner

Shaina has been involved with Girls on the Run since 2011, starting as a coach and then as a board member a few years later. She stepped into the role of Program Coordinator in 2015. Originally from New England, Shaina has been in Alaska for more than a decade.

She enjoys leaving town for a few months every fall in search of warmth and fall colors. When not traveling, you can find Shaina biking or skiing at Kincaid Park, at the rock gym or having a cupcake at Middleway Café.



Desire' Shepler, MPH

Desire' Shepler is the director of Raising Our Children with Kindness (R.O.C.K.) Mat-Su. Desire' oversees a collaborative working towards increasing family resilience and creating a culture that supports children and families, as well as ending child maltreatment and reducing the number of

Adverse Childhood Experiences (ACEs) Mat-Su children experience. Desire' was previously a program officer and program associate with the Mat-Su Health Foundation. Prior to that she worked as social services administrator for Alaska Island Community Services. She holds a Master of Public Health degree from the University of Alaska Anchorage and a bachelor's degree from the same school. Desire' lives in her hometown of Palmer with her partner and teenage daughter.



Julia Smith

Julia Smith is the Prevention Director at Sitkans Against Family Violence (SAFV) in Sitka. She started the local prevention coalition, Pathways to a Safer Sitka, which has been

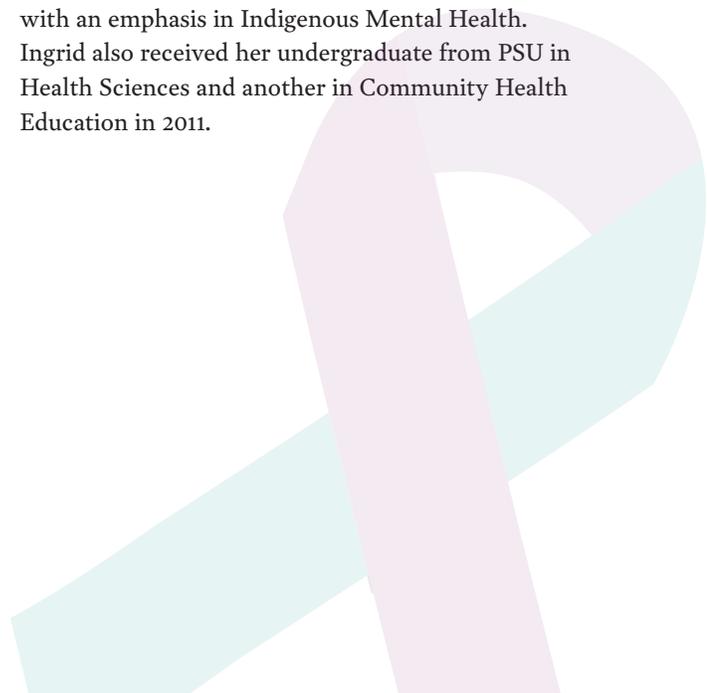
using the Collective Impact Framework to more effectively address the root causes of violence. Julia has developed and implemented several primary prevention programs during her time in Sitka including the girls' empowerment program, Girls on the Run; Boys Run I toowú klatseen - a cultural, running, and social emotional program; and the Sitka Youth Leadership Committee (SYLC) - a youth leadership program for teens. Julia is excited to participate in this year's Prevention Summit to share highlights from her coalition's collective impact work and youth leadership program.



Ingrid Stevens, MPH

Ingrid Stevens is a tribal member of the Yupiit of Andreafski from St. Mary's. Ingrid works in Anchorage for the Alaska Native Tribal Health Consortium and manages the

Injury Prevention program in the Wellness and Prevention department, which focuses on reducing unintentional and intentional injuries with Alaska Native populations and promoting safe and healthy living. Ingrid received her Master of Public Health degree in Health Promotion from Portland State University's school of Community Health in 2016, with an emphasis in Indigenous Mental Health. Ingrid also received her undergraduate from PSU in Health Sciences and another in Community Health Education in 2011.





Elizabeth Sunnyboy

Elizabeth “Liz” Sunnyboy is a Yup’ik Elder from the Bethel region, presently living in Anchorage. She has a long and extensive history of working in behavioral health for the Yukon-Kuskokwim Health Corporation, and in working with communities around grief and healing work, all from a traditional and cultural perspective. She has taught extensively for University of Alaska Fairbanks Rural Human Services certificate program. In the past, Liz was awarded the substance abuse counselor of the year for Alaska and is close to attaining her Bachelor of Arts in Rural Development from the University of Alaska Fairbanks. Her current work is as an Elder with Returning to Harmony, a project composed of several recognized Elders who work with communities in promoting well-being from a traditional and cultural perspective. Liz loves working with Alaskan youth and has been working to support the LeadOn! for Peace and Equality youth conference for the past decade.



Naawéiyaa Austin Tagaban

Naawéiyaa Austin Tagaban started at AWARE in Juneau as the Girls on the Run and Boys Run I toowú Klatseen local coordinator. He now serves as the Equity Coordinator. Austin loves tan mochas, languages, travel, sharing power, smashing the patriarchy and weaving basekts from spruce roots.



Amy Tribbett

Amy Tribbett is a marketing professional with more than 30 years of experience. Specializing in earned media and digital marketing, Amy has spent 15 years focusing on healthcare marketing. For 10 years, she was director of marketing and access for a nonprofit hospice agency in northern Indiana. Not only did she work to change perception of hospice care in her local community, she advocated for the hospice Medicare benefit on Capitol Hill. She was also a founding member of the Indiana Hospice Veterans Partnership, a collaboration between the National Hospice and Palliative Care Organization (NHPCO) and the Veterans Administration. Amy was a regular presenter at NHPCO’s annual conference, covering topics like Content Marketing, Social Media and Public Relations. Since joining Walsh|Sheppard in 2018 as an account manager, Amy has been working on social marketing campaigns for the Council on Domestic Violence and Sexual Assault (CDVSA), the Alaska Highway Safety Office and the Supplemental Nutrition Assistance Program (SNAP).



Britta Tonnessen

Britta Tonnessen has been a girl on the run from a young age when her mom had to tie her down in the stroller. Presently Britta is a Girl on the Run in the capacity as a Sparkling Solemate, Substitute Coach and as admin staff for GOTR of Greater Alaska. In addition to supporting the GOTR program in Juneau as AWARE’s Community Services Manager, Britta is a community trainer and liaison. She is responsible for the rural outreach to nine northern Southeast Alaska communities, providing both intervention and prevention programming support. Britta supports AWARE’s team through internal administrative responsibilities. Currently, Britta’s main goal at AWARE is to move from community outreach to genuine, sustained community engagement across intervention and prevention programming.



Tamra Truett Jerue

Tamra Truett Jerue currently lives in Fairbanks, having just moved from Anvik, a small Athabascan community on the Yukon River. She is the mother of four children and the grandmother of five. She has worked in the field of Domestic Violence and Sexual Assault for the last 40 years in various capacities. Ms. Jerue’s education includes a bachelor's degree in Social Work, Community Psychology and Secondary Education. She has been involved with many non-profit boards over the years and has worked most of her professional life in rural Alaska in many fields such as Therapist, Sexual Assault Counselor, Teacher, Tribal Administrator, ICWA Social Worker and Trainer. She currently works as the Executive Director of the Alaska Native Women’s Resource Center. Her many experiences and that of her family and friends with Domestic Violence and Sexual Assault have kept Ms. Jerue passionate in helping facilitate change at a community level, within systems, and families to help survivors live a violence-free life.



Timi Tullis

Timi Tullis serves as the Associate Executive Director of the Association of Alaska School Boards. Her responsibilities include ensuring that board members have professional development opportunities that allow them to govern their districts knowledgeably.

Her passion is training and facilitating groups of adults and/or youth. She specifically loves topics around social justice and equity. She oversees AASB's annual conference, facilitates in-district workshops with school boards, charter school boards and advisory boards as well as leading districts or schools through the strategic planning process. Timi started with AASB in the summer of 2001 and found her home with them. She enjoys traveling across the great land of Alaska and working with her 350 board members in every corner of the state. Timi has an Master of Arts in Education from Michigan State University.



UAA Peer Health Educators

UAA Peer Health Educators (PHEs) at the University of Alaska, Anchorage are students that promote sexual safety, physical and mental health resources here on campus. By conducting the Bringing in the Bystander Training®, they create a safe space for learning about sexual assault statistics, prevention,

consent, relationship red flags, ways to intervene in tense situations and inspiring participants to be pro-social bystanders.

PHEs come to UAA with different career aspirations, but work diligently together to create a safe and informed campus environment. Travis Klover (Computer Systems major), Jacob Powell (Mechanical Engineering major), Amelia Smith (Legal Studies major), Alex Jorgensen (Political Science major) and Derek Canlas (Health Science major).



Hilary Young

Hilary Young oversees the Juneau Suicide Prevention Coalition efforts. In this capacity, she is a member of and provides backbone support to Raising Our Children With Kindness (R.O.C.K. Juneau), a collective impact initiative aimed at decreasing Adverse Childhood Experiences and increasing equity

for all of Juneau's youth. She is a Licensed Clinical Social Worker and has been working on suicide prevention efforts for almost seven years. Previously she worked as a program clinician at Juneau Youth Services' residential and school-based programs. Hilary and her husband are both from Juneau and are expecting their first child in April.



Kari van Delden

Kari van Delden is a Emeritus Professor at the University of Alaska, Fairbanks. She is part of a team that has been working in Nome, the Bering Straits Region and other locations around Alaska

to promote racial equity. She has worked closely with Nome's Social Justice Task force, Community Alcohol Safety team and Kawerak Wellness program. She has been a member of teams that have offered workshops on Decolonization and Healing, Cultural Humility and Violence Prevention.



Natalie Watson

Natalie Watson says that, as a young person, she was one of the last people you might expect to represent Girls on the Run. She was known to gloomily stalk through cemeteries

listening to Requiem death masses, meditating on meaninglessness. After a series of world-shaking experiences, including head injury, entheogenic revelations, divorce, becoming a mother, and seven years in a Zen commune, Natalie lost most of her self-centered angst and became able to unabashedly devote her life to service and activism. After several years in the Chicago area trying to make safer, healthier streets, she moved back home to Juneau to be close to her mom and breathe clean air. She is thrilled to support Girls on the Run of Greater Alaska as the Statewide Coordinator, and help empower women and girls in every corner of our great state to boldly pursue their dreams.

Anchorage

Keegan Blain is an 18-year-old senior attending AJ Dimond High School. She was strongly involved in the March for our Lives Alaska movement last spring, and is now working with Mental Health Advocacy Through Storytelling, a community project working to spread mental health awareness through the youth population of Anchorage. Keegan is an avid debater and spends time playing with her dog, Izzy, and downhill skiing.

Juneau

Erin Cole is a junior at Thunder Mountain High school. She likes to make people smile and cuddle with her cat. She also enjoys helping other people and her community by being an intern advocate at the Aiding Women in Abuse and Rape Emergencies (AWARE) program and advocating for social justice for the LGBTQ community.

Corinne James' Tlingit name is Kanik. She is a freshman in high school and is an intern for the Aiding Women in Abuse and Rape Emergencies (AWARE) program.

Nenana

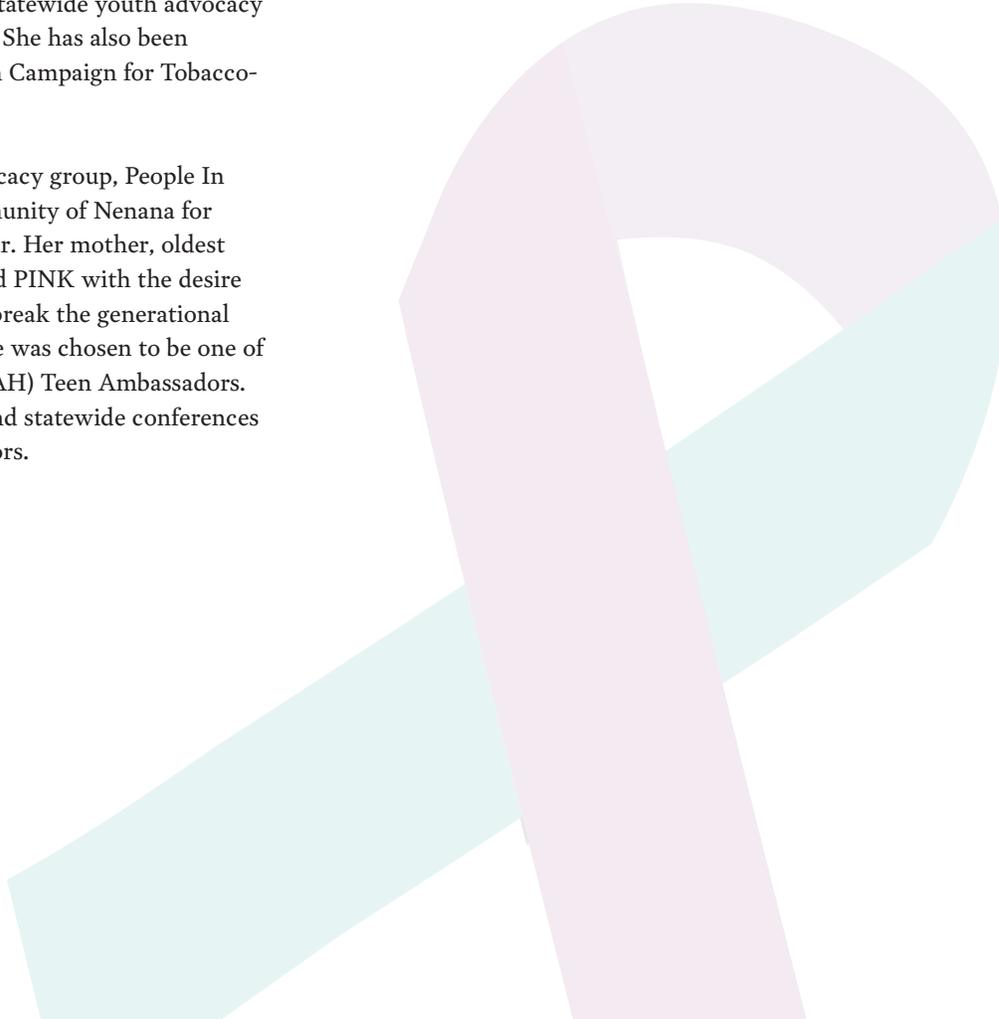
Leena Robinson has been part of a youth advocacy group, People In Need of Knowledge (PINK), in her home community of Nenana for nine years. The last three years, she has been part of Youth Encouraging Alaskans Health (YEAH) Teen Ambassador, a statewide youth advocacy group with adult support through RurAL CAP. She has also been involved in advocacy at a national level through Campaign for Tobacco-Free Kids Youth advocates this past year.

Sonja Robinson has been part of a youth advocacy group, People In Need of Knowledge (PINK), in her home community of Nenana for nine years. She started at the ripe old age of four. Her mother, oldest sister and another young lady in Nenana started PINK with the desire of giving the youth of the community hope to break the generational continuance of unhealthy choices. This year she was chosen to be one of eight Youth Encouraging Alaskans Health (YEAH) Teen Ambassadors. They are expected to do community projects and statewide conferences as part of their involvement as Teen Ambassadors.

Sitka

Aani (Aanyaanáaxh tláa) Perkins is from Sitka. She attends Sitka High School and has been a member of the Sitka Youth Leadership Committee (SYLC) for three years. One of her favorite things about being in SYLC is seeing her fellow SYLC members grow and evolve over the years. More than anything, she is grateful and proud of what SYLC has accomplished and looks forward to seeing SYLC's progress long after she graduates high school.

Esther Burdick is a sophomore at Mt. Edgecumbe High School and is from Sitka. Her hobbies are reading, writing and poetry. She decided to join Sitka Youth Leadership Committee (SYLC) because she has always seen injustices and inequalities throughout her life, but was never able to make an impact to actually do something about it. With SYLC's help, she can. She thinks that youth leadership is important because the future people's voices can be heard. Esther thinks it is good to see other youth leaders making a change rather than adults.



2019 PREVENTION SUMMIT PLANNING TEAM

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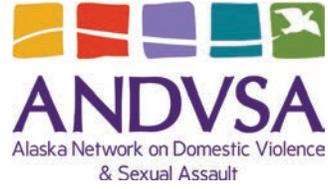
MOLLIE ROSIER

Division of Public Health, State of Alaska

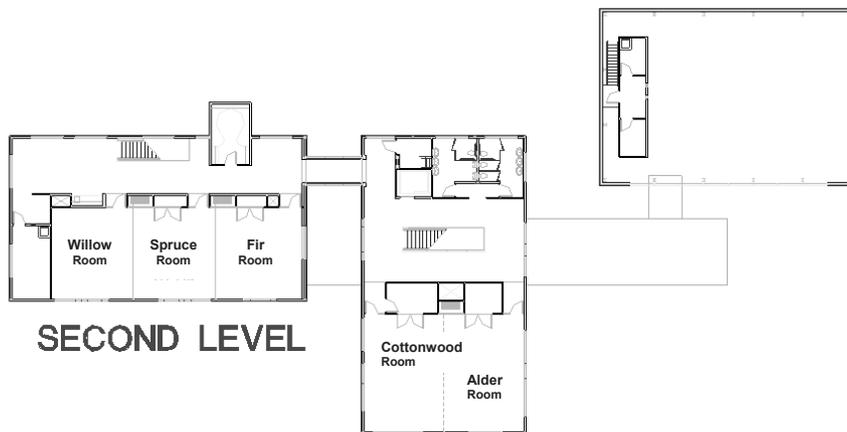
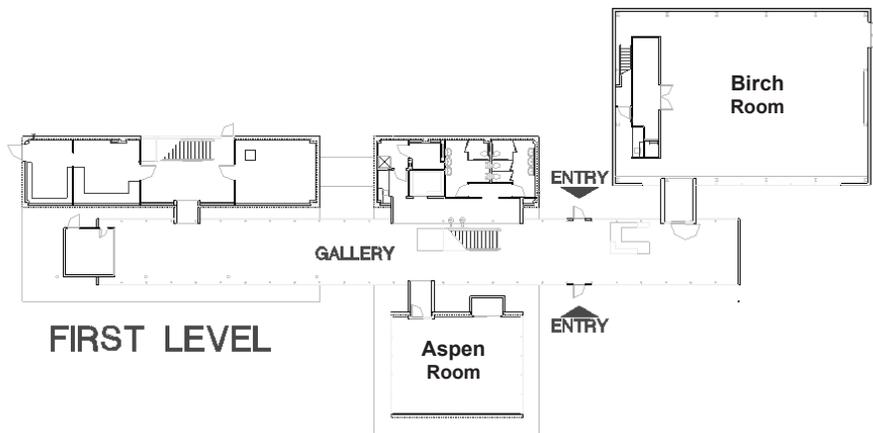
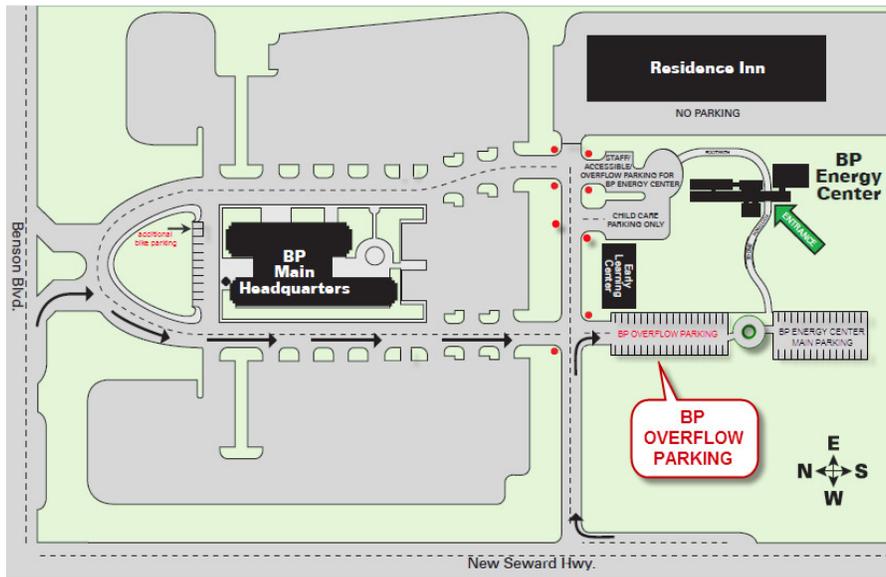
JULIA SMITH

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MAP TO BP ENERGY CENTER 900 E BENSON BLVD.





Alaska's Council on
Domestic Violence
& Sexual Assault

