

2024 EXECUTIVE DEVELOPMENT CONFERENCE



“Refreshing your Leadership”



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FBI National Academy Associates
Alaska Chapter

Monday 12/2/24	Tuesday 12/3/24	Wednesday 12/4/24	Thursday 12/5/24	Friday 12/6/24
<p>9:00 am - 4:00 pm</p> <p>APSC Meeting <i>Alaska Police Standards Council – Regular Meeting</i> ABI Conference Room - 5500 Tudor Rd.</p>		<p>8:00 am to 8:30 am</p> <p>Opening Ceremonies</p> <p>8:30 am to 12:00 pm</p> <p>Surviving Suicide & The Walk of an Injured Officer <i>Karen & Doug Monda</i></p>	<p>8:00 am to 11:45 am</p> <p>The Science of 11 Rings: Blueprint for Public Safety Well-Being & Peer Support Mastery <i>Mitch Javidi, PH.D.</i></p>	<p>8:00 am to 11:45 am</p> <p>Leadership Strategies in Turbulent Times <i>John Forquor</i></p>
		<p>1200-1315 hours</p> <p>LUNCH Provided by Northwest Accreditation Alliance</p>	<p>11:45 am to 1300 hours</p> <p>LUNCH Provided by AACOP Board</p>	<p>1145 to 1300 hours</p> <p>LUNCH on your own</p>
<p>Hotel Captain Cook room rate:- \$179 (single or Double)</p> <p>Booking link: 2024 FBINAA</p> <p>Booking Code: 24FBINAA</p>	<p>12:00 pm to 1:30 pm</p> <p>APOA Meeting <i>Alaska Peace Officers Association – all are welcome at the Anchorage Chapter APOA monthly membership meeting at the Golden Corral</i></p> <p>2:00 pm to 3:30 pm</p> <p>AACOP Meeting <i>Alaska Association of Chiefs of Police (AACOP) Membership Meeting</i></p>	<p>1315 to 1600 hours</p> <p>Dark Night of the Soul <i>AJ DeAndre</i></p>	<p>1300 to 1630 hours- Continuation of</p> <p>The Science of 11 Rings: Blueprint for Public Safety Well-Being & Peer Support Mastery <i>Mitch Javidi, PH. D</i></p>	<p>1:00 pm to 2:00 pm</p> <p>FLETC - Tentative</p> <p>Drug Investigation - Tentative</p> <p>1400 to 1430 hours</p> <p>FBINAA Alaska Chapter Board Members and FBI</p> <p>1430 to 1530 hours Update in Laws <i>John Skidmore - Director Criminal Division</i></p>
	<p>3:30 pm to 5:00 pm</p> <p>FBINAA Meeting <i>FBI National Academy Associates (FBINAA) Alaska Chapter Membership Meeting</i></p>		<p>1800 to 2100 hours</p> <p>Conference Banquet and FBINAA Christmas Party at Bridge Seafood Restaurant at 221 W. Ship Creek Ave.</p>	<p>APOA Meeting <i>Alaska Peace Officers Association – Christmas Party December 14th.</i></p>
<p>Contributors: APSC, Verizon, First Tactical, Panasonic, 5.11</p> <p><i>*All meetings/presentations will be held at the Anchorage Police Department Headquarters at 716 W. 4th Ave.</i></p>				

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PRESENTERS

WEDNESDAY MORNING (0845-1200)

Surviving Suicide



Founder, Survive First | Co-Founder Trauma Behind the Badge | Director of Law of Law Enforcement Relations, After Action

Doug Monda, a retired narcotics agent, is a leader in the field of mental health advocacy for first responders and their families. After his own personal struggles with depression and a failed suicide attempt in 2013, Monda has dedicated his life to helping first responders acknowledge and address career related mental health issues afflicting the responder community.

As the founder of Survive First, Doug’s visionary leadership has paved the way for greater access to crucial mental health resources, ensuring the well-being of those who serve our communities. A respected national speaker, Doug passionately addresses the importance of mental health and resiliency among first responders. His powerful insights and commitment to the cause have inspired change and fostered stronger support networks within the first responder community.

In addition to his role at Survive First, Doug is the co-founder of Trauma Behind the Badge and serves as a trustee of the Florida Police Chiefs Association’s Education and Research Foundation. His dedication to bettering the lives of first responders also extends to academia, where he contributes as an advisory member on Lynn University’s Crisis Resiliency and First Responder Trauma Training Council. Doug Monda’s tireless advocacy and leadership have left a mark on the mental health landscape for first responders, ensuring they receive the care and support they deserve.

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The Walk of an Injured Officer



Karen Monda

Executive Director, Survive First | Mental Health Advocate

Karen Monda is the Executive Director of Survive First; a nonprofit organization dedicated to improving access to mental health and wellness programs for first responders. As a law enforcement spouse, Karen Monda has seen firsthand the devastating effects of a loved-one’s battle over depression, PTSD, and attempted suicide. With a strong background in education, leadership, and mental health advocacy, Karen’s expertise cultivates a culture of excellence and trust in the first responder community through integrity and purpose. Karen's strategic planning skills and ability to drive growth have been instrumental in advancing the mission of Survive First. She oversees the day-to-day operations, ensuring that the organization remains responsive to the evolving needs of first responders and their families.

Holding both Bachelor and Masters degrees from the University of Central Florida, Karen contributes as a member of Lynn University’s Crisis, Resilience, and First Responder Trauma Training Advisory Council. As a passionate advocate for improving mental health access for first responders and a respected national speaker on the challenges faced by first responder families, Karen is committed to building resilient marriages and communities in the public safety profession. Her dedication to this cause is evident in her tireless efforts to raise awareness, provide support, and foster positive change within the first responder community.

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WEDNESDAY AFTERNOON (1315-1600)

Dark Nights of the Soul



AJ DeAndrea

Deputy Chief at the Arvada Police Department (Retired) Owner/CEO Centurio Training and Consulting LLC

Dark Nights of the Soul; When Terror Hits Home: Deputy Chief AJ DeAndrea (Retired) was in a leadership role in three school shootings that changed the fabric of American society and police response to active shootings around the world. The primary events were Columbine High School, Platte Canyon High School and the Youth With A Mission (YWAM) shootings. He takes a deep dive into these tragic events and more importantly analyzes the positive things that developed out of them from decision making, improved tactics, and mental health practices. These events have lead to the creation of our Eight Pillars of Awareness and Preparation that can help prevent active shootings from occurring or help stop and manage them more effectively if one is to happen in your jurisdiction. During this presentation AJ passionately speaks from a few different perspectives pertaining to the world of Active Shooting. First, from the perspective of having been inside the building during the aforementioned active shootings. Second, to developing tactics across the world to help prevent and or stop them from occurring. Third, from the perspective of a father whose oldest daughter survived the Borderline Bar and Grill active shooting in 2018 where 12 people were killed including Sergeant Helus, a responding Ventura County Deputy. UPON COMPLETION ATTENDEES WILL BE ABLE TO: • Understand the tactical decision making matrix, “P.I.E.” (Priorities, Intel, & Environment) and be able to apply it to real world situations. • Understand the Eight Pillars of awareness and preparation that can help prevent active shootings from occurring or help stop and manage them more effectively if one occurs. • Create a resilient and positive mental health culture in their agency. • Apply

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protective factors to their day-to-day life and the lives of their colleagues and loved ones to make them more resilient in the aftermath of trauma.

THURSDAY (0800-1600)

The Science of 11 Rings: Blueprint for Public Safety Well-Being & Peer Support Mastery

Mitch, a seasoned peak performance and human behaviorist, brings over 35 years of hands-on experience across diverse industries such as Academia, Military, Public Safety, Government, Pharma, and Technology. He is the mastermind behind “*MAGNUS OVEA*,” a general theory of human behaviors through 11 Rings for enhancing interoperability and interconnectivity. He co-founded MAGNUSWorx in collaboration with Jeff Kingsfield. He is also the founder and the driving force behind the [National Command & Staff College](#), the Institute for Credible Leadership Development, and the Criminal Justice Commission for Credible Leadership Development. As a true entrepreneur, he is also the co-founder of [Epochal Technologies](#), Inc., [Mindset Readiness Project](#), and [Power of Awareness](#).



Mitch’s expertise is underscored by his training at the Joint Special Operations Command (JSOC) and the US Army Special Operations Command (USASOC). His exceptional contributions have earned him distinctions, including honorary membership in the United States Army Special Operations Command in 1999, honorary Sheriff by the National Sheriffs’ Association in 2016, honorary Police Commander by the Santa Fe ISD Police Department in 2019, and an honorary Life-Time member of the Indiana Sheriff’s Association in 2023. Furthermore, he was honored with the “Spirit Award” from the National Tactical Officers’ Association in 2019, recognizing his life-saving work. Previously a tenured Professor at NC State University for 16 years, Mitch opted for early retirement but remains committed to academia as an unpaid Adjunct Professor at NC State and Illinois State Universities.

Notably, he is a distinguished “Academy of Outstanding Teachers and Scholars” member at NC State University and a 2004 Alumni Awardee of the University of Oklahoma. Mitch’s influence extends globally with over 10,000 conference presentations and speaking engagements for esteemed Fortune 500 companies, Government entities, and Law Enforcement Association / Agencies.

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FRIDAY MORNING (0800-1200)

Leadership Strategies in Turbulent Times



John Forquer

John Forquer instructs and facilitates leadership development for Law Enforcement, Military, and private industry the world over. He taught 6 years for the FBI National Academy, the Law Enforcement Executive Development Session (LEEDS), the International Law Enforcement Academy (ILEA) in Budapest, Hungary, the Independent Commission Against Corruption (ICAC) in Hong Kong, the Australian Institute of Police Management (AIPM). John Forquer was a 32 year “Mustang” in the Marine Corps, rising from the rank of Private to Colonel, and served primarily in law enforcement billets from Patrolman to Chief of Police, culminating in his final military tour as the Commander of the Military Component for the Naval Criminal Investigative Service (NCIS). With NCIS, then Colonel Forquer served as the Director of the Joint Prosecution and Exploitation Center (JPEC) in Fallujah, Iraq. The JPEC was the “CSI” of Iraq. He provides leadership development to MHA Nation tribal leaders. Mr. Forquer attended the 184th FBI National Academy (FBINA), the 65th Law Enforcement Executive Development Session (LEEDS), the Domestic Security Executive Academy (DSEA) Session VII, and the National Executive Institute Session XXXIV. John Forquer has a Master of Art’s in National Strategy and Strategic Studies from the Navy War College, a Bachelor of Arts in Criminal Justice from National University, and attended the Marine Corps Command and Staff College. Gold and Silver Medals- Ironman Triathlon World Championship (2.4 mile swim, 112 mile bike, 26.2 mile run)-Kona, HI 1989/1990. Associations: International Association of Chiefs of Police (IACP), Law Enforcement Executive Development Associates (LEEDA), FBI National Academy Associates (FBINAA).

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FRIDAY AFTERNOON

Updates in Laws

John Skidmore - Criminal Division Director - Department of Law

John Skidmore is the Director for the Criminal Division for the State of Alaska, Department of Law. Mr. Skidmore received a B.S. in Communications from Bradley University in 1994 and a JD from the University of Oregon Law School in 1997. He has dedicated his career to public service as a prosecutor starting as an intern and extern for the Roseburg District Attorney’s Office in 1996-1997. Mr. Skidmore began developing his courtroom skills at this early stage of career trying numerous jury trials. After graduation he joined the Alaska Department Law in 1997 starting at the Kenai District Attorney’s Office. Over the next seventeen years he prosecuted misdemeanor and felony cases including domestic violence, sexual assault, property offenses, robberies, murder, public corruption, and white collar crimes. Mr. Skidmore has conducted trials and court hearings all across the state, including Anchorage, Kenai, Palmer, Bethel, St. Mary’s, Dillingham, Naknek, Togiak, Juneau, Fairbanks, and Homer. He served in the Bethel DAO, the Dillingham DAO, and the Anchorage DAO. At the Anchorage District Attorney’s Office, Mr. Skidmore served as a misdemeanor unit trial attorney, property unit trial attorney, property unit supervisor, violent crimes unit trial attorney, and violent crimes unit supervisor. He served as the Supervisor for the Office of Special Prosecutions before being named the Director of the Criminal Division. As Director he is now responsible for policy development and implementation statewide, overseeing the budget for the Criminal Division, and managing 12 District Attorney Offices, the Office of Special Prosecutions, the Office of Criminal Appeals, and the Criminal Division Central.



2024 Executive Development Conference

Meetings on December 3rd, conference December 4th-6th. Meetings & Conference at Anchorage Police Department Headquarters, 716 West 4th Avenue, Anchorage. Hotel accommodations are available at the Hotel Captain Cook, 939 W.5th Avenue, Anchorage AK 99501 with the conference rate of \$179 (both single or double occupancy). Rate includes: complimentary use of the Captain Cook Athletic Club, and complimentary high -speed wireless internet throughout the Hotel. To make reservations please call 907-276-6000 or toll free 1-800-843-1950 and reference the 24**FBINAA** Event to capture the special rate.

Booking link [2024 FBINAA](#) Booking Code 24FBINAA

Name _____ Title/Rank _____

Agency _____

Contact Info. _____

Work/Cell Phone _____

E-mail address _____

- ☛ AACOP, FBI NAA, meetings will be held on Tuesday, December 3rd at the Anchorage Police Department HQ. **Membership dues for FBINAA and/or AACOP are not accepted through this registration. Check with the individual organization for payment of dues.**

Conference Registration

Please indicate below which day(s) you plan to attend:

SEGMENT	Check Box	Fee
Full Conference		\$300 (Active FBINA Alaska Chapter Member) \$375 (General Law Enforcement & Active FBINA Member)
Weds. December 4 th <i>Surviving Suicide & The Walk of an Injured Officer Dark Night of the Soul</i>		\$125
Thurs. December 5 th <i>The Science of 11 Rings: Blueprint for Public Safety Well-Being & Peer Support Mastery</i>		\$125
Fri. December 6 th <i>Leadership Strategies in Turbulent Times FLETC - Tentative Drug Investigation -Tentative Update in Laws</i>		\$125
Board Member (Comp)		Total \$0

Everyone is invited to the FBI NAA Christmas Banquet. It will be held Thursday, December 5th at the Bridges Restaurant, 6:00 p.m. – 9:00 p.m. Limited to 50 guests!!

Banquet Tickets

# OF TICKETS	COST	TOTAL
1	\$50.00	

Conference registration and banquet tickets:

Payment Options:

Submit Registration forms to alaska.fbinaa@gmail.com

By Check: Send to:
To FBINAA-AK
POB 90374
Anchorage Alaska 99509

Credit Card Payment: <https://fbinaaak.org/registration>

Click on Pay by Credit card button

Pay in Person at event (registration forms must be sent prior to arrival)