Anchorage Police Department
Crisis Intervention Team (CIT) Training
40-hour basic course
9/28 – 10/2/2026
APSC approved course

The Anchorage Police Department Crisis Intervention Team (CIT) is an innovative police-based first responder program that is based on the "Memphis model" of pre-arrest jail diversion for those experiencing a crisis. The CIT program is a community partnership of law enforcement, mental health and addiction professionals, individuals who live with mental illness and/or addiction disorders, their families, and other partners to improve community responses to mental health crises. While CIT programs are known for CIT-trained officers, successful programs also focus on improving the crisis response system, advocating for needed services, and strengthening partnerships across the community.

National outcomes have shown CIT to be effective in developing empathy, positive perceptions, and increased confidence among first responders; providing efficient crisis response times; increasing jail diversion among those with mental illness; improving the likelihood of treatment continuity with community- based providers; and impacting psychiatric symptomatology for those living with a serious mental illness as well as substance abuse disorders. This was all accomplished while significantly decreasing police officer and citizen injury rates.

The target audience for APD CIT is first responder personnel, which includes, but is not limited to police officers, dispatchers, report takers, Fire and EMS, police and fire chaplains, child and adult case workers, adult and juvenile probation officers, DOC employees, United States Military, mental health case or social workers, school personnel, hospital staff, and mental health service providers.

If you have any questions or to register for this course, please email **Ruth Adolf at** ruth.adolf@anchorageak.gov (contact phone for questions: 907-792-9188).

The course if offered at no cost; class size is limited to 30 persons.

In partnership with

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