



Veterans in Crisis

“First Responders understanding Veterans: Mental Health and Suicide Prevention”

**Jewel Lake Training Center
3760 W Dimond Boulevard,
Anchorage, AK 99502**

**May 5 2020
8am – 5 pm**

(Lunch is on your own)

Learning Objectives:

- 1) This training aims to improve first responders' engagement with Veterans in crisis.
- 2) Teaches audience about post Deployment issues combat vets may experience upon returning home.
- 3) Education on mental health issues including: Post Traumatic Stress (PTSD) and Suicide Prevention
- 4) Participants will learn practical tips and when responding to a veteran in crisis
- 5) The training will provide information on resources that are available through the VA and community

Program Outline

A team presentation by VA Police officers (also Veterans), Clinicians:

- ◆ Veteran Demographics, Transition/Adjustment Considerations.
- ◆ Current Issues facing the Veteran Community.
- ◆ The Role of First Responders.
- ◆ PTSD: What it is, and what isn't.
- ◆ Veteran Suicide / Prevention Strategies
- ◆ Veteran Contacts: First Responder Strategies for De-for Escalation
- ◆ Veteran-Involved Critical Incidents & Officer Safety Considerations
- ◆ Veteran-Involved Hostage/Barricade Situations & Negotiation Strategies
- ◆ VA Resources and local Points of Contact
- ◆ First Responder Wellness- You Are Not Immune

Brought to you by: Department of Veterans Affairs Law Enforcement Training Center, in a coordinated effort between the Office of Security and Law Enforcement, VETERANS Health Administration, and VASDHCS.

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VA National First Responder Training Initiative

Point of Contact: Lt John Rocca , John.Rocca@va.gov , 781-687-2402

Local Point of Contact: Courtney Dreher, Courtney.Dreher@va.gov , (907) 273-4090